



Irvine Senior Services Volunteer Opportunities

Thank you for your interest in volunteering with Irvine Senior Services. To ensure we are meeting the needs of our senior community, we ask that all volunteers commit to volunteering a minimum of three hours per week for at least three months, some positions require six months. The majority of our volunteer opportunities are Monday through Friday between the hours of 10 a.m. to 2 p.m. Below you will find a listing of our current volunteer openings. If you are interested in any of these opportunities, please contact Crystal Nguyen at 949-724-6096 or crnguyen@cityofirvine.org.

Rose Garden Café Servers | Lakeview Senior Center

Serve lunch to seniors during the lunch program at the Rose Garden Café.

- **Duties:** This volunteer Position requires serving plated meals, and drinks to seniors.
- **Requirements:** Must be 14+, negative Tuberculosis (TB) test within the past year.
- **Available Shifts:** Monday, Tuesday, or Friday 11:00 a.m.-1:30 p.m.

Driver for Non-Emergency Medical Appointments | Lakeview Senior Center

Help seniors in Irvine have access to medical care by becoming a volunteer driver.

- **Duties:** Drivers assist seniors with rides to and from local non-emergency medical appointments.
- **Requirements:** Must be 21+, have vehicle and insurance and clear Live Scan fingerprinting through the Department of Justice (at no charge to you). A six month commitment is required.
- **Available Shifts:** Monday through Friday from 9 a.m.-5 p.m. Drivers are able to accept or decline transportation assignments based on their availability.

Fitness Center Attendant | Rancho Senior Center and Trabuco Senior Center

Help oversee the operations of the Rancho or Trabuco Fitness Centers

- **Duties:** Help ensure members are following policies, pull member files and help monitor expiration dates, assist members with equipment, and answer questions as needed.
- **Requirements:** Must be 18+ and have general knowledge about how to use the fitness equipment.
- **Available Shifts:**
 - **Rancho Fitness Center:** **Wednesday:** 12-2 p.m.; **Thursday:** 10-12 p.m., 12-2 p.m.; **Saturday:** 9-11 a.m.; **Sunday:** 9-11 a.m.
 - **Trabuco Fitness Center:** **Monday:** 12-2 p.m.; **Tuesday:** 8-10 a.m.; **Wednesday:** 10-12 p.m.; **Friday:** 8-10 a.m., 10-12 p.m.; **Saturday:** 11-1 p.m.

Meals on Wheels Driver | Lakeview Senior Center

Deliver both hot and cold meals to homebound seniors in Irvine.

- **Duties:** Pick up prepared food containers and deliver meals to homebound seniors.
- **Shifts:** A minimum of once a week or twice a month. Shifts may be up to 2 hours in length. Drivers should be able to fill in for emergency drives if needed.
- **Requirements:** Must be 21+, have vehicle and insurance and clear Live Scan fingerprinting through the Department of Justice (at no charge to you). A six month commitment is required.

Technology Lab Assistant | Lakeview Senior Center

Assist computer lab members with computer questions

- **Duties:** Help ensure members are following policies, assist with problems that arise with equipment, and answer questions as needed.
- **Requirements:** Must be 18+ and have experienced knowledge of computer equipment.
- **Available Shifts:** Monday through Friday, times vary. Please contact us if you are interested in this position.