Food Collection Event
*Neighbors Helping Neighbors*
supported by the City of Irvine

Saturday, October 17: 9am-12pm

Requests for food assistance continue to be in high demand. With the holidays approaching, our pantry is also in need of ingredients to make a Thanksgiving meal.

Since the COVID-19 outbreak, Families Forward has provided food assistance to more than 47,000 individuals.

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This is a drop-and-go event; all food items need to be placed in the trunk of your vehicle. Please remain in your vehicle when dropping off!

**Most Needed Food Items:**

**Thanksgiving Items:**
- $20 Grocery Store Gift Card for a Turkey
- Cans of Corn
- Cans of Gravy
- Cans of Green Beans
- Cans of Sweet Potatoes or Yams
- Boxes of Stuffing
- Boxes of Dessert Mix (Cake/Cookie/etc.)
- Boxes of Muffin or Corn Bread Mix
- Boxes of Potatoes (Mashed or Scalloped)

**Pantry Staples:**
- Pasta Sauce
- Dried Pasta
- Peanut Butter
- Cereal
- Canned Chicken or Tuna

While all food donations are appreciated, the above list provides essential nutrition for a family.

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**FAMILIES FORWARD**

**DIGNITY • EMPOWERMENT • HOPE**

Since 1984, Irvine-based Families Forward has existed to help families in need achieve and maintain self-sufficiency through housing, food, counseling, education, and other support services. Our on-site food pantry serves anyone in need, including families, seniors and veterans.

If you need food assistance, or would like more information about Families Forward, please visit www.families-forward.org or email info@families-forward.org

The City of Irvine is proud to support this Families Forward event.