



## Disability Services Reference & Referral Guide – Health Care

### **Health Care**

#### **Cal Med Disability Advocates, Costa Mesa**

Phone: (714) 545-7350

Website: <http://www.officeonaging.ocgov.com/Detail.aspx?1582;1>

#### **CalOptima**

Phone: (888) 587-8088 Toll Free

TTY: (714) 246-8523

Website: [www.caloptima.org](http://www.caloptima.org)

#### **In Home Supportive Services**

Phone: (714) 825-3000

Website: [www.dds.ca.gov/SupportSvcs/IHSS.cfm](http://www.dds.ca.gov/SupportSvcs/IHSS.cfm)

#### **O.C. Health Care/CCS, Santa Ana**

Phone: (714) 347-0300

Website: NONE