

FOR Families

Assistance for Individuals • Couples • Families



The link between the need & the solution

FOR Families provides information and short-term support to individuals, couples and families living in Irvine who need assistance identifying and accessing services and resources.

FOR Families staff offers free, confidential consultations by appointment to community members to help assess needs and develop action plans through creative problem solving, goal setting, and resource and referral linkage.

FOR Families participants seek help with a wide variety of issues including:



- Parenting issues
- Stress
- Depression, anxiety, mental health issues
- Substance abuse concerns
- Family violence
- Separation, divorce
- Financial issues
- Legal issues
- Adolescent issues







Information and Appointments: 949-724-6650 | forfamilies@cityofirvine.org

Office hours:

Monday-Friday | 8 a.m.-5 p.m.

FOR Families services offered by the City of Irvine Community Services Department

cityofirvine.org/forfamilies