

## **MINUTES**

# SENIOR CITIZENS COUNCIL MEETING

February 21, 2013
9 AM
Lakeview Senior Center
20 Lake Road
Irvine, California

#### **CALL TO ORDER**

A regular meeting of the Irvine Senior Citizens Council was called to order on February 21, 2013, 9:02 a.m. at Lakeview Senior Center, 20 Lake Road, Irvine, California, by Chair Wong.

#### **MEMBERS PRESENT**

COUNCILMEMBER CHARLIE CHOI
COUNCILMEMBER GRETA JACOBS
COUNCILMEMBER JANET KLEIN
COUNCILMEMBER NAJMA QUADER

VICE CHAIR KATHLEEN PFEIFFER

CHAIR PK WONG

**MEMBERS ABSENT** 

COUNCILMEMBER HELEN KENNEDY

PLEDGE OF ALLEGIANCE - Councilmember Choi

**MOMENT OF SILENCE** – Councilmember Choi

#### INTRODUCTIONS

### Senior Council Member Spotlights

Chair Wong introduced the idea of Senior Council Member Spotlights and stated the purpose of this item is to provide Council an opportunity to learn more about each member. Chair Wong and Vice Chair Pfeiffer provided spotlights highlighting their families, previous work experiences and why they are interested in serving senior citizens.

#### **PRESENTATIONS**

## Distinguished Service Award

Supervisor Kaleikini presented a Distinguished Service Award to Hank Mickleson for his volunteer support including picking up bread donations for the Nutrition program and serving as Santa for the Holiday Luncheon.

Mr. Mickleson thanked the Council and commented that he is honored to receive this award.

## 2. Senior Center Naming Survey Results

Superintendent Driscoll presented a PowerPoint slideshow with additional handouts highlighting the results of the Naming Survey. This survey was developed to seek input from Irvine residents age 50 and older on their preference of the use of the word "senior" in the senior center titles.

Following discussion, Council requested staff return to the March meeting with the following information:

- Details from the survey results showing the correlation between the age groups responding and the preference of a name change to gain more insight as to the interest of the younger senior versus older senior.
- Data obtained from surveying other cities and results from their name changes.

## 3. Senior Services Strategic Plan 2<sup>nd</sup> Quarter Update

Sheila Driscoll, Community Services Superintendent, gave a PowerPoint presentation providing 2<sup>nd</sup> quarter updates on the Senior Services Strategic Plan.

#### **RECESS**

Chair Wong recessed the Senior Citizens Council meeting at 10:08 a.m.

#### RECONVENE TO THE SENIOR CITIZENS COUNCIL MEETING

Chair Wong reconvened the Senior Citizens Council meeting at 10:24 a.m.

Item taken out of order to accommodate schedules

Irvine Evergreen Chinese Senior Association Report

President Lin shared information about the upcoming Chinese New Year event which will include a luncheon on February 22, 2013 and shared highlights of the Club event held on Saturday, February 16.

#### **ANNOUNCEMENTS**

1. True Neighbor Village

Social Services Supervisor Conger provided an update on the True Neighbor Village, now offering memberships and services at Woodbridge Manor and the Meadows Mobile Home Park. Services and activities being offered include a Technology Assistance Day, computer and exercise classes, excursions, handyman services and more. The True Neighbor Village website is www.true-neighbors.org.

2. Irvine Korean Evergreen Association (IKEA) Update

Supervisor Kaleikini provided updates on the developing partnership with the Lakeview Senior Center and IKEA.

## 3. Senior Council Emeritus Appointments to City Council

Superintendent Driscoll announced that the Senior Council Emeritus Appointments will be going as a Consent item on the April 9, 2013 City Council agenda. Once the official appointments have been made, staff will work with Senior Council to schedule a reception to congratulate the new Emeritus members.

## 4. Irvine Adult Day Health Services Board Member Recruitment

Superintendent Driscoll announced the Irvine Adult Day Health Services Board is seeking to fill two vacancies. Suggestions were made to staff on possible recruits.

## 5. Volunteer Recognition Event April 5, 2013

Supervisor Kaleikini announced the annual Volunteer Recognition event is scheduled for Friday, April 5, 2013.

## 6. Program Update

Program Coordinator Gutfeld presented an update on programs and activities at Lakeview and Rancho Senior Centers and provided a flyer with details.

COUNCILMEMBER UPDATES None

CORRESPONDENCE None

ADDITIONS AND DELETIONS TO THE AGENDA None

#### **PUBLIC COMMENTS**

Vice Chair Pfeiffer read an email from Ellen Welch, requesting the Council's consideration of donating toward her fundraising efforts in support of the organization Women for Women International. Ms. Welch will be participating in a walk-a-thon event in San Francisco on March 16, 2013.

#### COMMITTEE/GROUP/AGENCY REPORTS

## 1. Senior Services Support/Interest Groups

- A. Irvine Adult Day Health Services No report.
- B. Irvine Multicultural Association

Boardmember Jacobs reported on upcoming events including: Slovenia in March; an Italian movie in April; Korea in August; and Native Americans in November.

C. Friends of Outreach

President Pfeiffer reported on the success of the Bingo Marathon. The Ruby's Diner fundraiser held on February 13 had a light attendance.

- D. Irvine Senior Travelers No report.
- E. NEDA Association of Iranian American Seniors

Member Massy Alavi reported on two events which are planned to celebrate the Iranian New Year, including a dinner on March 20, 2013 and a luncheon on March 27, 2013.

F. Leadership Committee - No report.

Supervisor Kaleikini announced a tour to the Norman P Murray Community and Senior Center in Mission Viejo will be scheduled for a Monday or Tuesday, to view the facility and furnishings.

## 2. Orange County Senior Citizens Advisory Council (SCAC)-Affiliated Committees

 A. Housing / Transportation - Chair Wong and Councilmember Jacobs

No report.

B. Orange County Senior Citizens Advisory Council (SCAC)-Councilmember Quader

The general SCAC meeting was held on February 8, 2013 at the Sea Country Senior and Community Center in Laguna Niguel. Agenda items included an Elderly Nutrition Report provided by Age Well Senior Services, a presentation on cardiovascular health provided by Dr. Shaista Malik from University California, Irvine (UCI) and standing committee reports.

C. Health and Nutrition - Councilmembers Choi and Quader

Councilmember Quader reported on the diabetes presentation made by Mary Christian, Professor in the Department of Health and Disabilities at UCI. Ms. Christian spoke about the ways and means to control diabetes through diet, exercise and positive mindset. The Committee also reviewed goals, one of which was to work with the state's Healthier Living Coalition, made up of 18 senior center leaders from various cities.

Councilmember Quader requested that the California Department of Public Health "Healthier Living Coalition" program be presented at Irvine Senior Services.

D. Legislative - Vice Chair Pfeiffer and Councilmember Klein

Vice Chair Pfeiffer announced the passing of long-term member Bobbie Day. The Committee made selections of Co-Chairs and will be working on 2013 proposals for senior legislation.

Councilmember Klein inquired about updates on Medicare changes and it was suggested that these updates be shared at a future Council meeting.

#### 3. Senior Citizens Council Committees

A. Facilities Committee – Chair Wong; Councilmember Jacobs

Chair Wong reported on the Committee's review of plans for the Rose Garden and patio area. If ready, Staff may present plans to Senior Council at the March meeting.

Discussion ensued regarding the new recycle and trash bins located at the Lakeview Senior Center entrance and the possible loss of fundraising revenue to the Friends of Outreach recycle program.

B. Nutrition Committee – Vice Chair Pfeiffer and Councilmember Quader

Social Services Supervisor Conger reported the Meals on Wheels program is moving forward with plans to purchase recyclable food trays and eliminate the current cardboard trays. There will be an up-front cost to purchase, but a great long-term savings and reduction in environmental waste.

C. Donor Committee – Chair Wong, Councilmembers Choi and Klein

Social Services Supervisor Conger indicated she would be communicating with committee members via email to discuss upcoming grant opportunities. Staff is researching information on Restaurant Week.

It was suggested that staff research PIMCO as a potential donor.

Councilmember Choi commented that he recently met with the president of Hyundai Capital, Daniel Kwon, and gave him the donation solicitation package.

## **COUNCIL BUSINESS**

1. Senior Citizens Council Committee Assignments

This item was tabled to the March meeting so that all members could be present.

2. Minutes

**ACTION:** It was moved by Councilmember Jacobs, and seconded by Councilmember Choi, to approve the minutes of a regular meeting held on January 17, 2013.

#### **END COUNCIL BUSINESS**

ADJOURNMENT at 11:20 a.m. on Thursday, February 21, 2013.

P K WONG

Chair

Date

ATHENA MARTINEZ
Recording Secretary