



# MINUTES

## SENIOR CITIZENS COUNCIL MEETING

**June 20, 2013**

**9 AM**

**Lakeview Senior Center**

**20 Lake Road**

**Irvine, California**

### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on June 20, 2013 at 9:02 a.m. at Lakeview Senior Center, 20 Lake Road, Irvine, California, by Chair Wong.

### ROLL CALL

COUNCILMEMBER	CHARLIE CHOI
COUNCILMEMBER	GRETA JACOBS
COUNCILMEMBER	JANET KLEIN
COUNCILMEMBER	NAJMA QUADER
COUNCILMEMBER	SIMA RANJBAR
VICE CHAIR	KATHLEEN PFEIFFER
CHAIR	PK WONG

**PLEDGE OF ALLEGIANCE** – Councilmember Quader

**MOMENT OF SILENCE** – Councilmember Quader

### INTRODUCTIONS

Senior Council Member Spotlight - Councilmember Choi shared about his background, work experiences, health challenges and how he overcame them, and why he is interested in serving senior citizens.

## **PRESENTATIONS**

### 1. Distinguished Service Awards

Community Services Specialist Murphy presented this award to Mo Balegh in recognition of his dedicated weekend and evening volunteer service over the past five years.

Social Services Supervisor Conger presented this award to Carol Watson for her dedicated volunteerism of the past 10 years in the Rose Garden Café and the Keen Center for Senior Resources.

### 2. 2/11 Committee Presentation

Bill Sandlin, Committee Vice President and Tina Anderson, Committee Events Coordinator, provided a PowerPoint presentation highlighting the work of the Irvine 2/11 Marine Adoption Committee and distributed information on upcoming fundraising events.

### 3. Program Update

Community Services Senior Leader Desselle presented an update on programs and activities at Lakeview and Rancho Senior Centers and provided materials with details.

## **ANNOUNCEMENTS**

### 1. Program Coordinator Recruitment Update

Community Services Superintendent Driscoll reported that interviews have been completed and the vacancy should be filled within the month. The new employee will be introduced at a future meeting.

### 2. OCTA Transportation Workshop

Social Services Supervisor Conger announced the event has been confirmed for Friday, July 26, 2013 from 9 – 10:30 a.m. at Lakeview Senior Center and will be conducted in a town hall meeting/panel format made up of transportation providers throughout the County. The focus will be transportation and aging, and marketing materials will be distributed as they become available.

## **RECONVENE TO THE SENIOR CITIZENS COUNCIL MEETING**

Chair Wong reconvened the Senior Citizens Council meeting at 10:12 a.m.

### **COMMITTEE/GROUP/AGENCY REPORTS**

#### **1. Senior Services Support/Interest Groups**

A. Irvine Adult Day Health Services – No report

B. Irvine Evergreen Chinese Senior Association

Co-President Wong reported elections were held in May and four new Directors were appointed. The group meets on the third Saturday of each month.

C. Irvine Multicultural Association

Member Yousef announced a July 3 event highlighting Cuba. On August 3, a group from the east coast will be present to highlight Korea with various cultural presentations and a traditional Korean meal. The group meets on the first Wednesday of each month.

D. Friends of Outreach

Vice President Yousef reported the Chili's restaurant fundraiser event on June 12, 2013 raised \$50.00. A new Bingo board will be purchased. Pageant of the Masters has donated 95 tickets for fundraising purposes, and tickets for the July 8 and 9 events will be sold for \$10.00 each. Opportunity drawing tickets for two afghans are being distributed for a drawing to be held at the July 3, 2013 luncheon. Proceeds from the drawing will be used to purchase special yarn to make Chemo Caps. The group meets the second Wednesday of each month. Councilmember Klein expressed her interest in becoming a Friends of Outreach member.

E. Irvine Senior Travelers

Vice President Chaikin reported that the group donated \$2,780.52 to Senior Services for the purchase of a television and projector. An excursion to the California Science Center to view the Space Shuttle was held on June 19, 2013 and had over 100 participants. The group will have a resource table at the Fitness Expo to be held on June 28,

2013 at the Rancho Senior Center. A trip to the Anacapa Islands is being planned for August 2013.

F. NEDA – Association of Iranian American Seniors

Member Alavi announced there will be a gathering on June 20, 2013 from 5 - 7 p.m. and the group is conducting an outreach campaign to attract younger seniors. July will be the 18<sup>th</sup> anniversary celebration of the group's formation. The group meets on the third Thursday of each month.

**2. Orange County Senior Citizens Advisory Council-Affiliated Committees**

A. Housing / Transportation

Chair Wong reported the housing market is doing better, which leads to a spike in rates, consequently leading to a cooling down period. There may be cuts to HUD programs due to the federal sequestration.

B. Orange County Senior Citizens Advisory Council

Councilmember Quader reported on the June 14, 2013 meeting in Mission Viejo. A presentation on dementia diagnosis and effects on the individual and their family was made by Cordula Dick-Muehlke, Ph.D. from UCI. The Ad Hoc committee updated attendees on the progress of the County's Senior Newsletter. Various standing committee reports were also presented.

C. Health and Nutrition

Councilmember Quader reported on the February 20, 2013 meeting and presentations made by Erin Ulibarri on the well-being of seniors. Mary Jane Christiansen from UCI spoke on Diabetes care. Goals of the Committee were discussed.

D. Legislative

Vice Chair Pfeiffer reported on the June 17, 2013 meeting. Reverend Gary Tucker, a volunteer with the Alzheimer's Association, Orange County Chapter, spoke on hospice issues related to Alzheimer's Disease. Various Bills currently before the California State Legislature

were pulled from the floor by Bill Yamada due to improper formatting. Committee members were asked to participate in a focus group, which requires County Board of Supervisors permission. An Ad Hoc committee is being formed to review and discuss rules of efficacy for all SCAC Committees. Lakeview Senior Center staff, Kimberly May was mentioned at this meeting and it was requested that Irvine staff provide the information from the presentation on spices to all senior centers in Orange County. A Bill on parcel tax will be presented to the state legislature and research needs to be done on how it will affect seniors. Parliamentary procedure was questioned regarding Chairs of committees being allowed to vote only in the case of breaking a tie.

### **3. Senior Citizens Council Committees**

#### **A. Facilities Committee**

Councilmember Jacobs reported the sand has been removed from the horseshoe pit and has been replaced with base rock. Five sets of patio furniture with cushions will be ordered for the Lakeview Senior Center, similar to the furniture at the Oasis Senior Center. Carpeting and baseboards will be replaced throughout Lakeview Senior Center. Staff has obtained quotes to reconfigure staff work areas to maximize space and make more “worker” friendly due to high traffic volume. The issue of air-conditioning throughout Lakeview Senior Center is being worked on and should be resolved soon. Computer Lab user sign-in and out issues were discussed. It was suggested that the system used at the Irvine Valley College library be looked into. It was announced the Computer Lab will no longer be available on weekends.

#### **B. Nutrition Committee**

Social Services Supervisor Conger distributed a publication from the National Association of Nutrition and Aging Services Providers, outlining a current campaign called “Don’t Empty My Plate”, for seniors to write a note on a paper plate to their local government officials and legislators about the importance of nutrition programs for seniors and the impact of federal sequestration on Senior Nutrition Programs. While attending the National Association of Nutrition and Aging Services Program Conference in San Diego this month, staff visited a senior center with a self-monitoring chair/booth with a built-in computer is used by center patrons to help them track their vital statistics, similar to a blood pressure booth found in pharmacies. The

Orange County Register will be doing ride-a-longs with the Meals on Wheels Program on June 21, 2013. Effective July 15, 2013, Dining room registration hours will be changed to 11:45 a.m. to 12:30 p.m. to address capacity issues.

C. Donor Committee

True Neighbor Village donated \$472 raised at a recent event to the Irvine Meals on Wheels program. Thank you to Councilmember Ranjbar for translation assistance at the True Neighbor Village health fair held last week.

D. Leadership Committee

Committee will now meet on a quarterly basis.

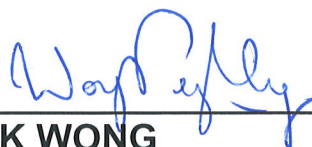
**COUNCIL BUSINESS**

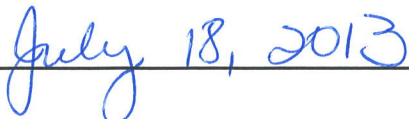
**1. Minutes**

**ACTION:** Motion made by Vice Chair Pfeiffer, seconded by Councilmember Jacobs, and carried unanimously to approve the minutes of a regular meeting held on May 16, 2013.

**END COUNCIL BUSINESS**

**ADJOURNMENT** at 11:15 a.m. on Thursday, June 20, 2013.

  
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**P K WONG**  
**CHAIR**

  
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**Date**

  
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**ATHENA MARTINEZ**  
Recording Secretary