

MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

May 21, 2015

Lakeview Senior Center 20 Lake Road Irvine, California

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on May 21, 2015, 9:00 a.m. at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Wong presiding.

ROLL CALL

COUNCILMEMBER VACANT

COUNCILMEMBER KATHY LEE

COUNCILMEMBER DONALD PERDUE
COUNCILMEMBER SIMA RANJBAR

VICE CHAIR GRETA JACOBS

CHAIR PK WONG

ABSENT

COUNCILMEMBER STAN JONES

PLEDGE OF ALLEGIANCE

Vice Chair Jacobs led the Pledge of Allegiance and a moment of silence in honor of the passing of Chair Wong's father-in-law.

INTRODUCTIONS

There were none.

PRESENTATIONS

1. Distinguished Service Award: Shirley Maldonado, Nutrition Volunteer

Recipient was unable to attend the meeting, however Social Services Supervisor Lynne Conger shared about Shirley's many years of dedicated service to the Nutrition program.

2. Keen Center for Senior Resources

Presentation given by Supervisor Conger, Program Specialist Karen Springer and Program Coordinator Lucy Tseng.

Discussion included situations requiring mandated reporting; determination of how surveys are conducted; operating hours; socialization efforts for homebound seniors; need for additional space and private consultation areas; marketing efforts.

3. Program Update

Program Coordinator Laura Murphy provided updates on programs and upcoming events at Lakeview and Rancho Senior Centers.

ANNOUNCEMENTS

1. Solaria at Pavilion Park Apartments

Supervisor Conger reported the application process is now closed for this senior housing development and a lottery will be held to select residents.

2. Fiscal Year 2015-16 Budget Update

Superintendent Sheila Driscoll reported the Citywide budget will be presented to City Council for adoption on June 9, 2015. Capital Improvement Project items are presented in the Public Works budget for all City projects.

3. Trabuco Center Update

Superintendent Driscoll provided a slideshow of pictures on the progress of the Trabuco Center project. A staff report regarding the naming of the center will be presented to Senior Council at the June meeting. A survey to solicit community input on the center's naming is to be conducted. Surveys are being distributed at each senior center and participants in contract classes citywide.

Discussion included: stages and process of plan development; how decision was reached to build a child care site next to center.

Member of the Public, Xiomara Hiller, commented regarding the lack of signage about the future facility; suggested building upon existing clubs and groups to market the Trabuco center; after-hours senior programing for the younger senior still working; and recommended an internet café for social activities.

ADDITIONS AND DELETIONS TO THE AGENDA

There were none.

COUNCILMEMBER UPDATES

Councilmember Ranjbar reported she attended a meeting hosted by Councilwoman Shea for all her commission and committee appointees and shared the need for the expansion of the Lakeview Senior Center.

RECESS

Chair Wong recessed the Senior Citizens Council meeting at 10:18 a.m.

RECONVENE

Chair Wong reconvened the Senior Citizens Council meeting at 10:36 a.m.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

A. Irvine Adult Day Health Services (IADHS)

Executive Director Beeson reported IADHS is partnering with University of California, Irvine's Neuropsychiatric Research Program to present a free screening of the movie *Still Alice*, followed by a panel discussion on memory loss and Alzheimer's disease. Event is scheduled for May 26, 2015 at 5 p.m. at the Starlight Cinema City Theater in Anaheim. Some plumbing at IADHS has been replaced.

Councilmember Ranjbar reported she received a tour of IADHS and was very impressed by all services being offered.

B. Irvine Evergreen Chinese Senior Association (IECSA)

Co-President Wong reported IECSA board selections were made on May 16 and five incumbents were re-appointed with one new board member filling the sixth position. The new board will hold elections at their meeting on May 25.

C. Irvine Multicultural Association (IMA)

Member Jacobs reported a presentation on Amsterdam was provided on May 6. Presentations scheduled for the remainder of the year are: Seoul, Korea in June featuring presentations by students from Korea; France in July featuring the movie *My Mother's Castle*; nothing has been selected for August as of yet; Norway is tentative for September; dark for October post-Irvine Global Village Festival; and holiday events in November and December.

D. Friends of Outreach (FOO)

President Pfeiffer reported FOO's general meeting will be held June 11 at 10 a.m. A Chili's fundraiser is also scheduled for June 11 and 20 percent of proceeds from checks accompanied by FOO flier will go back to FOO. Tickets for the July 2 Independence Day opportunity drawings are now on sale and prizes include a handmade blanket made by International Crafters or a handmade pen made by John Rogers. Jane Olinger, a local realtor and Irvine resident, has created a new resident welcome packet containing information promoting City programs and services. Bingo instruction is being provided the first Tuesday of each month prior to the start of scheduled Bingo activities and has become very popular. FOO is considering providing written Bingo instructions or possibly creating a short YouTube video on how to play.

- E. Irvine Senior Travelers No report.
- F. NEDA Association of Iranian American Seniors No report.
- G. Irvine Korean Evergreen Association (IKEA) No report.

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council

Vice Chair Jacobs reported a presentation was made by Barbara Collins on the CalOptima Program for All-inclusive Care for the Elderly (PACE). Councilmember Ranjbar reported the Office on Aging website had 6,558 hits for the month of April, with 2,463 hits categorized as "unique visitors". The most popular pages were 1) volunteer opportunities 2) events calendar and 3) online resource directory.

B. Health and Nutrition

Vice Chair Jacobs reported a presentation on low/poor vision was given by an ophthalmologist who also discussed special telescopic implants as treatment for macular degeneration. Another topic of discussion was the need for more fall prevention awareness in conjunction with low/poor vision, which also contributes to falls.

C. Housing and Transportation

Councilmember Lee reported a presentation was given by Orange County Transportation Authority (OCTA) on pedestrian and bicycle safety and many fliers and brochures were distributed. An OC Foothills Bikeways Collaboration roundtable discussion will be held at Irvine City Hall on June 4 from 5:30-7:30 p.m. covering study areas of Anaheim Hills, Irvine, Orange, Tustin, Villa Park and Yorba Linda.

D. Legislative

Councilmember Ranjbar reported the Committee is a large group with no other public members present. Irvine seems to be the only city that is consistently represented by visitors. Many legislative items were discussed.

Supervisor Conger reported two members of SCAC have joined the Orange County Aging Services Collaborative.

3. Senior Citizens Council Committees

A. Facilities Committee

Councilmember Perdue suggested Facility Specialist Andrew Chen continue to serve on this committee as an alternate in the event Supervisor Kaleikini is unable to attend.

Councilmember Perdue reported additional items of discussion were: the naming of Trabuco Center; Rancho Senior Center shade structure; lighting and sound system in the Lakeview Senior Center auditorium; alternative uses for the green benches that are being replaced at Lakeview Senior Center; donor wall and donor plaques projects and control joints at the front entry slab at Lakeview Senior Center. Additional information was requested regarding the configuration of Rancho Senior Center shade structure and status of the Lakeview Senior Center patio rehabilitation project.

B. Nutrition Committee

Councilmember Ranjbar reported the County of Orange nutrition contract has been renewed with an addition of \$91,000 in funding. Staff is doing an excellent job in providing services during extenuating circumstances (leaks in the facility, power outages, construction/repair

projects) and remain present, dedicated and active. A new combination oven is being purchased and installation is pending. Development and care of menu preparation allows for no repetition of items for a six week period. Most popular items on the menu are fish and burgers. The volunteers play a crucial role in the nutrition program.

Supervisor Conger reported Councilmember Ranjbar has suggested the development of a special events team to assist with planning of events and room set-up. This will be researched further for implementation.

C. Leadership Committee – No report.

PUBLIC COMMENTS

Xiomara Hiller commented on the following:

- City's response regarding a proposal she submitted to develop an interactive website for Lakeview Senior Center to assist with promoting programs and services to technologically savvy seniors.
- Suggested extended or after-hour classes for the working senior.
- Suggested offering a reduced, one-time fee for drop-in opportunities to see if the class being offered is a good fit before committing to a higher fee for the senior on a fixed income.
- Suggested offering free classes taught by volunteers such as gardening, art, music, games, current events, sports, crafts, cooking and fitness.
- Suggested offering TedTalks followed by group discussions.
- Suggested including Senior Strategic Plan outcomes on the City's website.

Yaddi Mohammad commented on the following:

- Often volunteers to pick up donuts but was informed that items must be individually wrapped in plastic for safety reasons.
- Has heard various complaints regarding certain foods served in the Nutrition program.

COUNCIL BUSINESS

1. MINUTES

ACTION: Moved by Councilmember Perdue, seconded by Vice Chair Jacobs and carried unanimously to approve the minutes of a regular meeting held on April 16, 2015.

Ayes: 5 Jacobs, Lee, Perdue, Ranjbar, Wong

Noes: 0

Absent: 1 Jones

2. SENIOR CITIZENS COUNCIL COMMITTEE ASSIGNMENTS

ACTION: Moved by Councilmember Perdue, seconded by Chair Wong and carried unanimously to appoint representatives to the Orange County Senior Citizens Advisory Council-Affiliated Committees and Senior Citizens Council Subcommittees as follows:

Orange County Senior Citizens Advisory Council - Affiliated Committees

General – Vice Chair Jacobs and Councilmember Ranjbar Health and Nutrition – Vice Chair Jacobs* and Chair Wong Housing and Transportation – Councilmembers Lee* and Perdue Legislation – Councilmembers Jones and Ranjbar (* denotes holds a position on SCAC Committee Board)

Senior Citizens Council Committees

Facilities – Chair Wong, Vice Chair Jacobs and Councilmember Perdue Leadership – Vice Chair Jacobs and Councilmembers Jones and Ranjbar Nutrition – Vice Chair Jacobs and Councilmembers Lee and Ranjbar

Discussion included: Brown Act adherence for committee activity and communications; definition of quorum when main body has a vacancy.

Ayes:

Jacobs, Lee, Perdue, Ranjbar, Wong

Noes:

0

Absent:

Jones

ADJOURNMENT at 11:50 a.m. on Thursday, May 21, 2015.

PK WONG, CHAIR

Athena Martinez

Recording Secretary

Date