

# **MINUTES**

# IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**November 19, 2015** 

Lakeview Senior Center 20 Lake Road Irvine, California

#### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on November 19, 2015, 9:03 a.m. in the Homer W. Guimond Studio at the Lakeview Senior Center, 20 Lake Road, Irvine, California; Vice Chair Jacobs presiding.

#### **ROLL CALL**

COUNCILMEMBER CAROLYN INMON\*
COUNCILMEMBER STAN JONES
COUNCILMEMBER KATHY LEE
COUNCILMEMBER SIMA RANJBAR
COUNCILMEMBER BETTY JO WOOLLETT
COUNCILMEMBER GARY YATES
VICE CHAIR GRETA JACOBS
\* arrived at 9:40 a.m.

#### PLEDGE OF ALLEGIANCE

Councilmember Betty Jo Woollett led the Pledge of Allegiance.

#### INTRODUCTIONS

Community Services Superintendent Sheila Driscoll introduced new Member-at-Large Gary Yates, a long-time resident of Irvine and former President/CEO of the California Wellness Foundation Superintendent Driscoll also announced the selection of Carolyn Inmon as a member-at-large and shared that Carolyn would be arriving late due a conflict with her schedule.

#### **PRESENTATIONS**

## 1. Distinguished Service Award

Community Services Supervisor Ed Kaleikini and Community Services Program Specialist Karen Springer presented the award to Brigette Campos for her dedicated volunteer service in the Hospitality program and Keen Center.

## 2. Irvine Global Village Recap

Community Services Superintendent Mya Sanders and Community Services Supervisor Shawntee McCauley provided a presentation summarizing the 2015 Irvine Global Village Festival.

Suggestions provided by the Senior Council included: enhanced signage for ticket booths; strategic placement of ticket booths such as festival entry points; inclusion of ADA access routes on festival maps/marketing materials; and security presence.

3. Senior Services Strategic Plan Update: Overview of Year 3 Outcomes

Superintendent Driscoll and Supervisors Conger and Kaleikini provided a presentation on Senior Services Strategic Plan Year 3 Outcomes.

# 4. Program Update

Community Services Program Coordinator Kristen Reid provided updates on programs and upcoming events at Lakeview and Rancho Senior Centers.

#### **ANNOUNCEMENTS**

1. Senior Council Holiday Party, December 17, 2015

Superintendent Driscoll announced the Senior Council holiday gathering has been confirmed for December 17, 2015 at 9:30 a.m. in the Homer W. Guimond Studio.

#### ADDITIONS AND DELETIONS TO THE AGENDA

There were none.

#### **CORRESPONDENCE**

Thank you letters for recent donations received were announced.

#### **COUNCILMEMBER UPDATES**

At this time, Superintendent Driscoll introduced new Member-at-Large Carolyn Inmon, returning to the Senior Council after a year away.

#### **RECESS**

Vice Chair Jacobs recessed the Senior Citizens Council meeting at 10:10 a.m.

#### RECONVENE

Vice Chair Jacobs reconvened the Senior Citizens Council meeting at 10:30 a.m.

#### COMMITTEE/GROUP/AGENCY REPORTS

# 1. Senior Services Support/Interest Groups

A. Irvine Adult Day Health Services (IADHS)

Executive Director Kimberly Beeson reported the October 24, 2015 Casino Night fundraiser raised over \$131,000 and thanked the City of Irvine and Hoag Hospital for each providing a \$20,000 donation match, toward the success of the event.

- B. Irvine Evergreen Chinese Senior Association (IECSA) No report.
- C. Irvine Multicultural Association (IMA)

Member Greta Jacobs reported January's meeting will include a screening of the film "Joyeux Noel" about the unofficial Christmas truce during World War I in December 1914. Other planned presentations include Chile in February and Bulgaria in March.

D. Friends of Outreach (FOO)

International Crafters member Sarah Smith announced tickets are on sale for an opportunity drawing to be held at the Thanksgiving

Luncheon on November 20, 2015. Funds raised will be used to purchase special yarn to make chemo caps for cancer patients. President Kathleen Pfeiffer reported FOO approved the budget for 2016. FOO members are working on making 200 holiday gift bags to be delivered to homebound seniors, and donations are still being accepted.

#### E. Irvine Senior Travelers

Representative Natalie Chaikin reported new officers have been elected. The group had a successful 2015, with a \$7,500 donation to the City of Irvine to be made before year end, adding to the \$2,500 donation made earlier in the year. A donation of \$500 was also made to IADHS. The 2016 list of excursions and trips is being created and suggestions are welcome.

# F. NEDA – Association of Iranian American Seniors (NEDA)

Member Massy Alavi reported NEDA has now been in existence for 21 years and is seeking active members. Monthly meeting will be held on November 19, 2015 with a social from 5-7 p.m., a meeting from 7-8 p.m. and dancing from 8-9 p.m.

# G. Irvine Korean Evergreen Association (IKEA)

Senior Councilmember Kathy Lee reported IKEA is preparing for elections for the 2016 Board.

# 2. Orange County Senior Citizens Advisory Council-Affiliated Committees

# A. Orange County Senior Citizens Advisory Council

Vice Chair Jacobs reported that Holly Hagler, CEO of SeniorServ made a presentation and suggested the same be done at a future Senior Council meeting.

#### B. Health and Nutrition

Vice Chair Jacobs reported information on the Dayle McIntosh Center and hospice programs were provided at the November 18, 2015 meeting.

# C. Housing and Transportation

Councilmember Lee reported the November meeting was the committee's holiday party, no formal meeting held.

#### D. Legislative

Councilmember Jones reported the End of Life Bill (ABX215 and SB128) recently passed legislation and outstanding questions/issues regarding the Bill have yet to be addressed. Councilmember Ranjbar distributed the 2015 California Legislative Report Card.

#### 3. Senior Citizens Council Committees

#### A. Facilities Committee

Supervisor Kaleikini reported on the progress of the donor wall project and the donation plaques in the rose garden at the Lakeview Senior Center.

#### B. Nutrition Committee

Councilmember Ranjbar reported the Nutrition Services Program Coordinator recruitment is open. A registered dietician intern conducted a study of 252 café patrons, and findings of note are:

- 50% take three or more prescribed medications daily
- 40% eat fewer than the recommended fruit/vegetable daily allowance
- 30% eat alone
- A third consume 3-4 beverages containing alcohol daily
- 24% have an illness that directly affects their eating habits
- For many, their primary meal is the meal they consume at the café

# C. Leadership Committee – No report.

#### **PUBLIC COMMENTS**

Xiomara Hiller, resident of The Groves, thanked Supervisor Conger for meeting with residents of The Groves in efforts to bridge services and provide linkages to services for the residents and for assistance provided during three recent resident emergency. Additional gratitude was expressed to Supervisor Kaleikini for assistance with social media services.

#### COUNCIL BUSINESS

#### 1. MINUTES

ACTION: Moved by Councilmember Jones, seconded by Councilmember Woollett and carried as recorded below to approve the minutes of a regular meeting held on October 15, 2015.

Ayes:

6

Jacobs, Jones, Lee, Ranjbar, Woollett, Yates

Noes:

0

Abstentions: 1

Inmon

Absent:

0

# 2. SENIOR CITIZENS COUNCIL MEETING SCHEDULE FOR CALENDAR **YEAR 2016**

Discussion included possible change of start time.

ACTION: Moved by Councilmember Inmon, seconded by Councilmember Yates and carried unanimously to approve the Senior Citizens Council Meeting Schedule for calendar year 2016.

Ayes:

7

Inmon, Jacobs, Jones, Lee, Ranjbar, Woollett, Yates

Noes:

0

Abstentions: 0

Absent:

0

ADJOURNMENT at 11:15 a.m. on Thursday, November 19, 2015.

**GRETA JACOBS** 

**VICE CHAIR** 

Recording Secretary

Date