



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**July 21, 2016**

Lakeview Senior Center  
20 Lake Road  
Irvine, California

### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on July 21, 2016, 9:01 a.m. at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Jacobs presiding.

### ROLL CALL

COUNCILMEMBER	STAN JONES
COUNCILMEMBER	KATHY LEE
COUNCILMEMBER	SIMA RANJBAR
COUNCILMEMBER	BETTY JO WOOLLETT
VICE CHAIR	CAROLYN INMON
CHAIR	GRETA JACOBS

### ABSENT

COUNCILMEMBER	GARY YATES
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### PLEDGE OF ALLEGIANCE

Chair Jacobs led the Pledge of Allegiance and a moment of silence.

### INTRODUCTIONS

Community Services Supervisor Ed Kaleikini introduced Nikki Owens, Community Services Leader III who works in the fitness centers at the Rancho Senior Center and Trabuco Center.

## **PRESENTATIONS**

### 1. Distinguished Service Award

Program Coordinator Kristen Reid presented this award to Darlene Hoag for providing 735 volunteer hours at the Rancho Senior Center Fitness Center.

### 2. Trabuco Center Update

Community Services Program Coordinator Laura Murphy provided an update on Trabuco Center services and programming since opening on February 20, 2016:

- The center is averaging 80 participants daily.
- The Fitness Center has 139 active memberships and averages 18 visitors daily.
- On May 11, 2016, Fitness Center hours were extended to include Wednesday evenings from 6 to 9 p.m. and Sundays from 9 a.m. to 1 p.m.
- Thriving programs include: Thursday Morning Socials; Senior Striders; Open Dance Studio; Friday Movie Matinee.
- New classes to begin are: Barre Strength and Stretch, Broadway Dance; Guided Autobiography.
- Facility Rentals began in May and the center has hosted 15 reservations to date, with 60 reservations confirmed beyond June 10.

### 3. Program Update

Community Services Program Coordinator Amber Castrey provided updates on programs and upcoming events at Trabuco Center and Lakeview and Rancho Senior Centers.

## **ANNOUNCEMENTS**

### 1. Council on Aging Office Relocation

Social Services Supervisor Lynne Conger provided information on the new location, and clarified difference between the Council on Aging (a nonprofit organization) and the Office on Aging (a department within the County of Orange organization).

### 2. Age Well Non-Emergency Senior Transportation

Supervisor Conger announced that when the Laguna Hills-based Age Well transportation service depletes their funding before the end of the fiscal year, transportation services for Irvine's residents are heavily impacted. With the

July 1 start of a new fiscal year, funding is restored and transportation services provided by Age Well and the City's offerings should be less impacted.

Councilmember Woollett announced her appointment to the Orange County Transportation Authority Special Needs Committee for a 3-year term.

3. Senior Newsletter Update

Community Services Superintendent Sheila Driscoll announced the redesign of the Senior Newsletter is progressing and a draft of the November/December issue will be shared at the next regular meeting.

Superintendent Driscoll also announced the Irvine Unified School District is seeking volunteers to serve on the independent Measure E Citizens Oversight Committee.

**ADDITIONS AND DELETIONS TO THE AGENDA**

There were none.

**COUNCILMEMBER UPDATES**

Councilmember Ranjbar shared information from a recent article about the "Baby Boomer" generation.

**COMMITTEE/GROUP/AGENCY REPORTS**

*(Items taken out of order based on speakers's availability)*

1. **Senior Services Support/Interest Groups**

- B. Irvine Evergreen Chinese Senior Association – No report.
- C. Friends of Outreach (FOO)

Vice President Maria Yousef reported work has begun in preparing holiday gift bags, to be distributed on November 30, 2016. Many donations have been received and are still being accepted. Recent funds raised were: \$995 from sales of Pageant of the Masters tickets; \$776 from the Bingo marathon; \$284 from an opportunity drawing to be used to purchase special yarn for chemo caps. FOO will be selling water at the remaining Sizzlin' Summer Concerts to raise additional funds. The International Crafters will once again "yarn bomb" items at the Irvine Global Village Festival.

A. Irvine Adult Day Health Services (IADHS)

Executive Director Kimberly Beeson reported the annual Take a Chance on Seniors annual casino night fundraiser is scheduled for October 8, 2016 and will have a masquerade ball theme. Nearly \$40,000 has been raised to date, and the planning committee is seeking items for the silent auction portion. IADHS received a donation of \$20,000 from the United Way for the skilled nursing program. Attendance has been averaging at 48 visitors per day, with an increase in new visitors. Releases are being obtained from Memories in the Making art program participants to create notecards as a fundraiser for the program. IADHS added a new Development Director position to the organization, and Hollis Parmely will be transitioning from Program Director to this new roll. The recruitment for a new Program Director is underway.

D. Irvine Senior Travelers – No report.

E. NEDA-Association of Iranian American Seniors – No report.

F. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported he is working to help members of IKEA understand the importance of assimilating to the culture in which they now live in. IKEA is growing in strength and new direction. President Kim hopes to use the City's Senior Services Strategic Plan as a guideline to help establish IKEA's direction and purpose.

**2. Orange County Senior Citizens Advisory Council-Affiliated Committees**

A. Orange County Senior Citizens Advisory Council

Chair Jacobs reported the topic of the meeting was fall prevention and referenced resources available.

B. Health and Nutrition

Chair Jacobs reported a pharmacy presentation was provided on proper disposal of expired medications and resources to do so in the City of Tustin. Chair Jacobs suggested staff research this resource to see if a similar process can be implemented at senior center facilities in Irvine.

C. Housing and Transportation

Councilmember Woollett reported the meetings emphasis was on fall prevention, and a presentation was made by Adapt 2 It, a home medical supply company.

D. Legislative

Councilmember Ranjbar reported information was presented about the Orange County Grand Jury structure and areas of jurisdiction.

Councilmember Jones reported additional Grand Jury information regarding cases heard and process of final reporting.

Vice Chair Inmon reported updates regarding new estate laws.

3. **Senior Citizens Council Committees**

A. Facilities Committee

Supervisor Kaleikini provided the following updates:

- The donor wall at Lakeview Senior Center has been stripped in preparation of the upgrade project.
- Rancho Senior Center fire sprinklers and AC/Heating systems will be upgraded.
- Trabuco Center had new sound panels installed in the lobby.
- Rancho Senior Center parking lot has been painted with cautionary language to deter speeding.
- A new double deck oven has been installed in the Lakeview Senior Center kitchen.
- Electrical panels were upgraded at Lakeview and Rancho Senior Centers.
- New duraposts were installed in front of IADHS to prevent damage to awning structure.

B. Leadership Committee

Councilmember Jones reported the resources offered by the Keen Center for Senior Resources were reviewed. The Afghan Group is meeting each Wednesday from 2-4 p.m. The billiard tables are being resurfaced. The computer lab is averaging 30-40 visitors daily.

C. Nutrition Committee

Chair Jacobs reported new equipment and new carpeting were installed in the Lakeview Senior Center kitchen and café, respectively. Supervisor Conger reported the Nutrition Program provided over 100,000 meals during Fiscal Year 2015-16.

**PUBLIC COMMENTS**

Debra Miller-Osorio shared information obtained from a presentation made by Lisa Ramsey at a recent Collaborative Coalition meeting regarding long-term care benefits. Additional fraud prevention information was shared from the Council on Aging meeting.

Jessie Tromberg from Osher Lifelong Learning Institute (OLLI) provided information on OLLI's services and announced their relocation to the Irvine Station is still pending occupancy permit. The Fall 2016 course catalog is now available, and the \$200 annual membership fee includes six classes per semester. Visit [olliuci.wordpress.com](http://olliuci.wordpress.com) for more information.

**COUNCIL BUSINESS**

**1. MINUTES**

**ACTION:** Moved by Councilmember Woollett, seconded by Councilmember Jones and carried unanimously by members present to approve the minutes of a regular meeting held on June 16, 2016.

Ayes:	6	Inmon, Jacobs, Jones, Lee, Ranjbar, Woollett
Noes:	0	
Absent:	1	Yates

**ADJOURNMENT** at 10:38 a.m. on Thursday, July 21, 2016.



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GRETA JACOBS, CHAIR



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Athena Martinez  
Recording Secretary

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August 18, 2016  
Date