

# **MINUTES**

# IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

September 15, 2016

Lakeview Senior Center 20 Lake Road Irvine, California

#### **CALL TO ORDER**

A regular meeting of the Irvine Senior Citizens Council was called to order on September 15, 2016, 9:01 a.m. at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Jacobs presiding.

#### **ROLL CALL**

COUNCILMEMBER

STAN JONES

COUNCILMEMBER

KATHY LEE

COUNCILMEMBER

SIMA RANJBAR

COUNCILMEMBER

**BETTY JO WOOLLETT** 

COUNCILMEMBER

**GARY YATES** 

VICE CHAIR

CAROLYN INMON

CHAIR

**GRETA JACOBS** 

#### PLEDGE OF ALLEGIANCE

Vice Chair Inmon led the Pledge of Allegiance.

#### INTRODUCTIONS

Community Services Supervisor Ed Kaleikini introduced Caryn Kawamoto, recently promoted to Community Services Senior Leader supporting Rancho Senior Center programs.

#### **PRESENTATIONS**

#### 1. Distinguished Service Award

Community Services Program Specialist Karen Springer presented this award to Cindy Chow for her dedicated 385 volunteer hours provided to the Keen Center for Senior Resources and Irvine Senior Travelers.

2. Summary of Intruder Response Training Given to Senior Center Employees

Public Safety Program Specialist Ray Chips provided a presentation. Key points:

- Call 9-1-1 for any suspicious activity or threat.
- Always be aware of your surroundings and entry/exit doors.
- Run if possible, hide if you cannot leave, fight as a last resort.
- Threats by armed individuals are on the rise, and can be a known program participant.
- Verbal threats or altercations are not acceptable.
- Access to buildings and rooms within buildings should be limited as much as possible.
- Identifications badges are critical.

## 3. Program Update

Community Services Program Coordinator Kristen Reid provided updates on programs and upcoming events at Trabuco Center and Lakeview and Rancho Senior Centers.

#### **ANNOUNCEMENTS**

1. Senior Transportation Guide

Social Services Supervisor Lynne Conger announced a new brochure is being developed as a resource for available transportation services and will include eligibility requirements.

2. Patio Resurfacing Project – Funded through Community Development Block Grant (CDBG)

Supervisor Kaleikini reported the project is with Public Works and is in the Request for Proposal phase. Items to be addressed with CDBG-funds are:

- Replacement of concrete
- Installation of new drainage system
- Replacement of perimeter landscaping with low-water use materials
- Installation of new irrigation for perimeter landscape
- Existing planter boxes to be raised to allow for additional seating
- Painting of existing shade structure

# 3. 2016 Congress of California Seniors Conference

Supervisor Conger announced the event is scheduled for Tuesday, October 25, 2016 at the Angelus Plaza Senior Community and Activity Center in Los Angeles, approximately one mile from Union Station for those interested in taking the train.

#### **PUBLIC COMMENTS**

Pam McGovern, Osher Lifelong Learning Institute (OLLI), announced OLLI's move from the Woodbridge Shopping Center to the Irvine Train Station is complete, and classes are in session. The new space has allowed for new technology and upgraded facilities. OLLI and the City have entered into a Memorandum of Understanding for use of the space, and OLLI's services are in line with the City's Senior Services Strategic Plan, solidifying the OLLI/City collaborative partnership.

#### ADDITIONS AND DELETIONS TO THE AGENDA

There were none.

#### **COUNCILMEMBER UPDATES**

Councilmember Ranjbar reported the Irvine Multicultural Association was able to secure half price tickets at the Irvine Barclay Theater for the September 29, 2016 concert "Ann Hampton Callaway – From Sassy to Devine: The Sarah Vaughan Project".

Councilmember Woollett announced her appointment to the Irvine Unified School District's Measure E Citizens Oversight Committee.

#### RECESS

Chair Jacobs recessed the Senior Citizens Council meeting at 9:58 a.m.

#### RECONVENE

Chair Jacobs reconvened the Senior Citizens Council meeting at 10:15 a.m.

#### **COMMITTEE/GROUP/AGENCY REPORTS**

#### 1. Senior Services Support/Interest Groups

- A. Irvine Adult Day Health Services (IADHS) No report.
- B. Irvine Evergreen Chinese Senior Association (IECSA) No report.
- C. Friends of Outreach (FOO)

President Kathleen Pfeiffer reported Hoag Health Center will host a Grand Opening Health and Wellness Fair on Saturday, September 17, 2016 from 8 a.m. to 2 p.m., and free flu shots will be available. FOO and Senior Services staff will have a table at this event to promote programs and services. Don Jose's Restaurant in Tustin will offer a fundraiser on Wednesday, September 21, 2016 of which 20% of sales, when accompanied by the fundraiser flier, will be gifted to FOO. The Senior Fitness Expo will be on Friday, September 30, 2016, and FOO will work with Nutrition Program staff offering free smoothies. Senior Councilmembers are invited to assist with assembly of the 200 holiday gift bags to be distributed in December to homebound seniors.

- D. Irvine Senior Travelers No report.
- E. NEDA-Association of Iranian American Seniors No report.
- F. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported requests for housing assistance have increased among the Korean community. IKEA is considering ways to bridge services to other cultural communities, and is working to ensure efforts are in line with the goals of the Senior Services Strategic Plan. President Kim expressed considering options to outreach to seniors most in need of services. IKEA's guitar classes have been very successful, and the first concert earned an invitation to perform at a local church.

# 2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council

Chair Jacobs reported a presentation was given on Medications Management (interactions, side effects, proper use, etc.)

- B. Health and Nutrition No report.
- C. Housing and Transportation

Councilmember Woollett distributed information about the Walk, Jog or Bike Challenge for Seniors on October 12, 2016. Councilmember Lee shared information about a presentation on How to Ride the Bus Basics. Orange County Transportation Authority has many printed resources on routes and schedules and can be obtained by calling 714-560-5766.

D. Legislative – No report.

#### 3. Senior Citizens Council Committees

#### A. Facilities Committee

Councilmember Woollett reported violent intruder information was shared with the Committee, as well as information about the patio project and auditorium speakers at Lakeview Senior Center.

### B. Leadership Committee

No report, however Councilmember Jones suggested that all cultural group users of the senior centers be given the Violent Intruder Training in their language to ensure safety during events with large attendance.

Discussion included: safety alterations being made to doors; evaluation of accessibility to all centers; consideration being given to ID/Member card implementation; quarterly fire drills; planning for safety drill during lunch service at Lakeview Senior Center; Gold Card program.

#### C. Nutrition Committee

Councilmember Woollett reported Meals on Wheels updates were provided and the addition of a new route is being considered. Councilmember Lee reported lunch service in the Café is very popular, affordable and food is delicious.

#### **COUNCIL BUSINESS**

#### 1. MINUTES

**ACTION**: Moved by Councilmember Woollett, seconded by Councilmember Yates and carried unanimously by members present to approve the minutes of a regular meeting held on August 18, 2016.

Ayes:

7

Inmon, Jacobs, Jones, Lee, Ranjbar, Woollett, Yates

Noes:

0

Absent:

0

Abstention: 0

ADJOURNMENT at 10:55 a.m. on Thursday, September 15, 2016.

GRETA JACOBS, CHAIR

Athena Martinez

Recording Secretary

Date