



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

July 20, 2017

Lakeview Senior Center
20 Lake Road
Irvine, California

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on July 20, 2017, 9:00 AM at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Inmon presiding.

ROLL CALL

COUNCILMEMBER	STAN JONES	Appointed by: Mayor Pro Tem Schott
COUNCILMEMBER	JUNEU KIM	Appointed by: Councilmember Fox
COUNCILMEMBER	RACHEL OWENS	Appointed by: Mayor Wagner
COUNCILMEMBER	GARY YATES	Member-at-Large
VICE CHAIR	BETTY JO WOOLLETT	Appointed by: Councilmember Lalloway
CHAIR	CAROLYN INMON	Member-at-Large

ABSENT

COUNCILMEMBER	SIMA RANJBAR	Appointed by: Councilwoman Shea
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PLEDGE OF ALLEGIANCE

Councilmember Owens led the Pledge of Allegiance

INTRODUCTIONS

There were none.

PRESENTATIONS

Orange County Strategic Plan for Aging Initiative (Plan) Update - Christine Chow, Alzheimer's Orange County Director of Community Relations, provided a presentation with handouts and responded to Senior Council inquiries.

Discussion included: potential redundancies of services; marketing efforts and awareness of technology savvy users versus non-technology users; involvements of cities and respective senior centers; marketing available in multiple languages; transportation limitations to access services; involvement of legislators and their staff; funding for the initiative.

ANNOUNCEMENTS

Acting Manager Sheila Driscoll made the following announcements:

- Preparations for the 2017 Irvine Global Village Festival are in full swing and event is on September 23. A rack card was also distributed.
- The City will host a grand opening for the first phase of the Great Park Sports Complex on Saturday, August 5 from 2-9 p.m. All fields will open at 2 p.m., with the ribbon cutting scheduled for 3:30 p.m., followed by a soccer match inside the stadium. Various exhibitions are planned throughout the day on the soccer fields, tennis courts and volleyball courts, and a new children's play area will also be open. Food trucks will be onsite from 2-8 p.m. and a family concert is planned in the stadium at 7:15 p.m.
- The Senior Fitness Expo will be on August 25 from 9 a.m. to 12 p.m. at the Rancho Senior Center and will include exercise and fitness demonstrations, free health screenings, exhibitors, nutrition presentations and opportunity drawings.
- A free (registration required) Guided Autobiography class is being offered at Rancho Senior Center on Thursdays from 10 a.m. to 12 p.m. beginning August 3 through August 31. Guided Autobiography is a process that helps participants recall and record significant moments in life, and this interactive class teaches how to write your own life story. Birren Center-certified instructor provided by Volunteer Action for Aging.

PUBLIC COMMENTS

There were none.

ADDITIONS AND DELETIONS

There were none.

COUNCILMEMBER UPDATES

There were none.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

A. Irvine Adult Day Health Services (IADHS)

Executive Director Kimberly Beeson reported the following grants have been awarded to IADHS:

- \$500 – Community Partnership Grant from Mayor Pro Tem Schott.
- \$500 – Community Partnership Grant from Councilmember Fox
- \$500 – OC Community Foundation
- \$10,000 – United Way for skilled nursing services
- \$20,000 – Community Development Block Grant (CDBG) award
- \$150,000 – Hoag grant over 18 months for transportation services

IADHS has begun planning for the October 7 casino night fundraiser. Hoag has committed \$25,000 and the City of Irvine has committed \$20,000 in matching funds. IADHS will host an open house anniversary celebration on July 28 from 10 a.m. to 2 p.m.

B. Irvine Evergreen Chinese Senior Association (IECSA)

Director Jerry Chang reported IECSA meets the third Saturday of each month and begins with a health lecture, followed by social activities. Last month's health lecture was about Alzheimer's disease. IECSA will celebrate the Chinese Lunar New Year/Moon Festival on August 19, and will distribute moon cakes to all attendees. IECSA will have a booth at the Irvine Global Village Festival. Director Chang thanked those involved with the recent room dedication in memory of Clara Lin on July 12. IECSA has 294 members, with an average of 150-180 members in attendance at monthly events. Director Chang thanked the City and senior center staff for continued support of IECSA.

C. Friends of Outreach (FOO)

President Pat Hendee reported Bingo attendance has been down lately, but income remains stable thanks to generous members. FOO will provide items for opportunity drawings at the Senior Fitness Expo. FOO is actively seeking volunteers for Tuesday Bingo. International

Crafters have completed 150 scarves for the holiday gift bags. Fundraisers have been confirmed at Chick-Fil-A at the Irvine Marketplace on August 28 and at the California Pizza Kitchen on Alton and Jeffrey on October 10. The Pageant of the Masters fundraiser was a success, with 99 of 100 tickets sold. FOO has raised \$122 in bottled water sales at the past two summer concerts.

D. Irvine Senior Travelers – No report.

E. NEDA-Association of Iranian American Seniors (NEDA)

Member Massy Alavi reported NEDA has new officers that will attend future Senior Council meetings to provide reports; President Lily Noble and Treasurer Dr. Fathi. Member Alavi will have the designation of Founder/Advisor. NEDA will have their monthly meeting this evening.

F. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported about an article in a Korean newspaper announcing an event hosted by Representative Mimi Walters at Lakeview Senior Center on July 22 from 10 a.m. to noon.

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Councilmember Owens reported Patty Moulton from Alzheimer's Orange County provided a presentation. Over 90,000 people in Orange County have or are at risk of dementia and dementia is the third leading cause of death in the county. There are over 25 causes of dementia that mimic and are not related to Alzheimer's so proper diagnosis and care is critical. Within 10 years, the county will have more seniors over 85 years old than anywhere else in the country. SCAC has two vacancies and is seeking applicants. There is a \$30 per meeting per diem for these positions.

B. Health and Nutrition

Councilmember Jones reported a presentation was given by Mallory Vega, Chair of the Orange County Adult Day Services Coalition, about the coordinated efforts of the 14 adult day care centers in the county, and the outcomes of a countywide survey of three questions

seeking input on the problems, needs and barriers to services for seniors.

Vice Chair Woollett reported that at the May committee meeting, cities were asked to report on waiting lists for meal service programs. The City of Irvine nutrition program ranks high in service.

Councilmember Jones commented the City's Senior Council maintains exemplary representation/attendance at the County's committee meetings.

C. Housing and Transportation

Councilmember Yates reported a presentation was given by the Orange County Transportation Authority regarding the 405 Freeway Improvement Project. Additional lanes will be added to both sides of the freeway between the 73 toll road and 605 freeway, commencing in early 2018 at a projected cost of \$2 Billion in Measure M funds over six years. The existing carpool lanes will become toll lanes, and 18 bridges will be demolished and reconfigured. Statistics were also shared about the 2017 homeless count.

D. Legislative

Chair Inmon reported the committee began review of its goals and objectives, the move to align future speakers with revised goals and objectives, and to better coordinate with other committees. A speaker from the Grand Jury shared about recent activities. A standing house committee on aging and long term care exists, but there is nothing for the senate and that is being discussed.

3. Senior Citizens Council Committees

A. Facilities Committee

Vice Chair Woollett reported a new waste bin was installed at Mike Ward Community Park Woodbridge. The new gas range for the Lakeview Senior Center kitchen was received damaged, and arrangements are in the works for a replacement. The Lakeview Senior Center Patio and Rose Garden Project will be scheduled to avoid conflicts with reservations for the area. The July 12 room dedication in memory of Clara Lin was attended by over 200 people.

B. Leadership Committee

Councilmember Jones reported most of the items from the July 12 meeting were covered in previous reports. Additional information of note:

- The two fitness centers have a combined membership of 515 active members with 18-25 teen volunteers.
- NEDA will be changing their meeting cycle to monthly from weekly.
- The Ping Pong program has been reorganized allowing for variations in play.
- New classes were announced.
- A Billiards tournament will be held next month.

C. Nutrition Committee

Vice Chair Woollett reported new kitchen equipment and Meals on Wheels storage sheds have been installed at the Lakeview Senior Center. The 4th of July luncheon, held on June 30, had 259 attendees. There is consideration of requiring advanced ticket sales for future themed luncheons to assist with planning and coordination efforts. A tour of the Lakeview Senior Center kitchen and observation of Meals on Wheels meal preparation was provided to the committee. Chair Inmon reported that seeing the programs in progress was very beneficial.

COUNCIL BUSINESS

1. MINUTES

ACTION: Moved by Senior Councilmember Yates, seconded by Senior Councilmember Owens and carried unanimously by members present to approve the minutes of a regular meeting held on June 15, 2017.

Ayes: 6 Inmon, Jones, Kim, Owens, Woollett, Yates
Noes: 0
Absent: 1 Ranjbar

2. SENIOR CITIZENS COUNCIL AD HOC COMMITTEE TO APPROVE SELECTION OF PANEL FOR MEMBER-AT-LARGE APPOINTMENTS

Acting Manager Driscoll presented the staff report and responded to Senior Council inquiries.

Councilmembers Kim and Owens expressed interest in serving on the ad hoc committee.

ACTION: Moved by Vice Chair Woollett, seconded by Senior Councilmember Yates and carried unanimously by members present to appoint Senior Councilmembers Kim and Owens to serve on an ad hoc committee to approve the interview panel for recruitment and appointment of two Senior Citizens Council Members-at-Large

Ayes: 6 Inmon, Jones, Kim, Owens, Woollett, Yates

Noes: 0

Absent: 1 Ranjbar

ADJOURNMENT at 10:44 a.m. on Thursday, July 20, 2017.

Carolyn Inmon
CAROLYN INMON, CHAIR

Athena Martinez
Athena Martinez
Recording Secretary

August 17, 2017
Date