



AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**October 19, 2017
9:00 AM**

**Lakeview Senior Center
20 Lake Road
Irvine, California**

Speaker's Form/Request to Speak: If you would like to address the Senior Council on a scheduled agenda item, including a Consent Calendar item, please complete the Request to Speak Form. Speaker's Forms are located on the table at the entrance to the meeting room. Please identify on the form your name, address (optional) and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Senior Council are recognized. Your name will be called at the time the matter is heard by the Senior Council. City policy is to limit public testimony to three minutes per speaker (unless extended by the Chair) which includes the presentation of electronic or audio visual information.

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council will be called to order on October 19, 2017, 9:00 AM at Lakeview Senior Center, 20 Lake Road, Irvine, California.

ROLL CALL

COUNCILMEMBER	STAN JONES	Appointed by: Mayor Pro Tem Schott
COUNCILMEMBER	JUNEU KIM	Appointed by: Councilmember Fox
COUNCILMEMBER	RACHEL OWENS	Appointed by: Mayor Wagner
COUNCILMEMBER	SIMA RANJBAR	Appointed by: Councilwoman Shea
COUNCILMEMBER	GARY YATES	Member-at-Large
VICE CHAIR	BETTY JO WOOLLETT	Appointed by: Councilmember Lalloway
CHAIR	CAROLYN INMON	Member-at-Large

PLEDGE OF ALLEGIANCE – Chair Inmon

INTRODUCTIONS

ANNOUNCEMENTS

Announcements, Committee Reports and Council Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

Community Services Manager Sheila Driscoll

PUBLIC COMMENTS

Any member of the public may address the Senior Council on items within the Senior Council's subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

COUNCILMEMBER UPDATES

COMMITTEE/GROUP/AGENCY REPORTS

1. **Senior Services Support/Interest Groups**
(Please limit Committee Reports to 5 minutes per person)
 - A. Irvine Adult Day Health Services – Kimberly Beeson, Executive Director
 - B. Irvine Evergreen Chinese Senior Association – Jerry Chang, Director
 - C. Friends of Outreach – Pat Hendee, President
 - D. Irvine Senior Travelers – Natalie Chaikin, Representative
 - E. NEDA-Association of Iranian American Seniors – Massy Alavi, Member
 - F. Irvine Korean Evergreen Association – Juneu Kim, President

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

(Please limit Committee Reports to 5 minutes per person)

- A. Orange County Senior Citizens Advisory Council – Councilmember Owens
- B. Health and Nutrition – Vice Chair Woollett and Councilmember Jones
- C. Housing and Transportation – Councilmembers Kim, Ranjbar and Yates
- D. Legislative – Chair Inmon and Councilmember Ranjbar

3. Senior Citizens Council Committees

(Please limit Committee Reports to 5 minutes per person)

- A. Facilities Committee – Vice Chair Woollett and Councilmember Yates
- B. Leadership Committee – Councilmembers Jones and Ranjbar
- C. Nutrition Committee – Chair Inmon and Vice Chair Woollett

COUNCIL BUSINESS

1. MINUTES

ACTION: Approve the minutes of a regular meeting held on August 17, 2017.

2. SENIOR SERVICES STRATEGIC PLAN UPDATE 2018-23

RECOMMENDED ACTION: Receive presentation and provide input.

END COUNCIL BUSINESS

ADJOURNMENT

Adjourn to a Senior Citizens Council Regular Meeting on **Thursday, November 16, 2017 at 9:00 AM** at Lakeview Senior Center, 20 Lake Road, Irvine, California.

NOTICE TO THE PUBLIC

At 11:00 a.m., the **Senior Citizens Council** will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION DEVICES

To minimize distractions, please silence or turn off all personal communication devices.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. unless otherwise noted. The Senior Citizens Council Agenda is posted in the Police Department. Meeting agendas and approved minutes are kept current on the City website at cityofirvine.org.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, One Civic Center Plaza, Irvine, California on October 12, 2017 by 5:00 p.m. as well as on the City's web page.

Shona Martinez
Recording Secretary

MINUTES

ITEM 1



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

September 21, 2017

Lakeview Senior Center
20 Lake Road
Irvine, California

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on September 21, 2017, 9:00 AM at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Inmon presiding.

ROLL CALL

COUNCILMEMBER	STAN JONES	Appointed by: Mayor Pro Tem Schott
COUNCILMEMBER	JUNEU KIM	Appointed by: Councilmember Fox
COUNCILMEMBER	RACHEL OWENS	Appointed by: Mayor Wagner
COUNCILMEMBER	SIMA RANJBAR	Appointed by: Councilwoman Shea
VICE CHAIR	BETTY JO WOOLLETT	Appointed by: Councilmember Lalloway
CHAIR	CAROLYN INMON	Member-at-Large

ABSENT

COUNCILMEMBER	GARY YATES	Member-at-Large
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PLEDGE OF ALLEGIANCE

Vice Chair Woollett led the Pledge of Allegiance.

INTRODUCTIONS

There were no introductions.

ANNOUNCEMENTS

Community Services Manager Sheila Driscoll made the following announcements:

- The Senior Council Member-at-Large Recruitment opened on Tuesday, September 5 and will close at 4 p.m. on Friday, September 22. Applications are available at the three senior centers and the Civic Center.
- The Irvine Global Village Festival will be held on Saturday, September 23 from 10 a.m. to 6 p.m. at Bill Barber Marine Corps Memorial Park and shuttle service will be available to the event from the Lakeview Senior Center.
- A list of affordable senior housing units in development has been made available, and applications for the RIZE property (off Von Karman) will be accepted in the Fall and includes 26 units for very low income, 1 unit for low income and 17 units for moderate income residents.

Chair Inmon announced the permanent appointment of Manger for Sheila Driscoll, no longer in the acting capacity, effective August 17, 2017.

PUBLIC COMMENTS

There were no Public Comments.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COUNCILMEMBER UPDATES

Councilmember Jones announced the annual Exchange Club Prayer Breakfast will be held on November 17. Chair Inmon announced the featured speaker is Chef Bruno Serato from the Anaheim White House restaurant, who runs the Caterina's Club program that conducts an annual Thanksgiving event to feed the homeless.

Vice Chair Woollett shared about an AARP article titled "Endless Recess", highlighting a senior playground in Charlotte, North Carolina, with outdoor equipment specifically designed for seniors. This idea would be in alignment with the Senior Services Strategic Plan.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

A. Irvine Adult Day Health Services (IADHS)

On behalf of Executive Director Kimberly Beeson, Community Services Supervisor Ed Kaleikini reported the IADHS annual casino night fundraiser will be held on Saturday, October 7 from 5:30-10 p.m. at the Lakeview Senior Center.

B. Irvine Evergreen Chinese Senior Association (IECSA)

Director Jerry Chang reported 600 moon cakes were distributed during the September 16 Lunar Festival. The program also included a speaker on health information and various other recreational activities. IECSA meetings are held the third Thursday of each month. IECSA will have a booth at the Irvine Global Village Festival.

C. Friends of Outreach (FOO)

President Pat Hendee reported the Chik-fil-A fundraiser was not as successful as other fundraisers, therefore consideration of fast food versus full service restaurant will be given for future events. A fundraiser has been confirmed for Tuesday, October 10 at the California Pizza Kitchen on Alton and Jeffrey. Fliers for this event will be accepted throughout the day, instead of limited hours as done with other events. Bingo attendance has been holding steady at 80 participants. The International Crafters have been working on scarves for the holiday gift bags to be distributed in December, and Walgreens has committed 200 bags for this annual event. The next FOO Executive Board meeting will include budget planning for next year.

Councilmember Owens suggested FOO research feasibility of hosting a comedy night fundraiser as was recently done by the Irvine Animal Care Center at the Irvine Improv in the Irvine Spectrum.

D. Irvine Senior Travelers – No report.

E. NEDA-Association of Iranian American Seniors (NEDA)

Board Member Nasser Fathi reported NEDA is actively working to attract new members. NEDA's Board will be voting on new members at the December meeting. The September 21 monthly meeting will include a poetry reading, as well as music and dancing. NEDA is reviewing its rental agreement with the City to increase hours of use. Member Fathi thanked NEDA and Supervisor Kaleikini for assistance in growing membership by providing support and tools necessary.

F. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported IKEA has introduced a new program that teaches drum beats utilizing special sticks. The first class had 12 attendees.

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council – No report.

B. Health and Nutrition

Councilmember Jones reported the September 20 presentation was made by Cynthia Okialda, General Manager of the Orange County Aging Services Collaboration. There are 21 regional coalitions throughout California, six of which are located within Southern California, and each coalition has their own various committees. A countywide survey will be conducted on senior living needs, addressing senior of safety, managing health and addressing transportation needs.

C. Housing and Transportation

Councilmember Kim reported a presentation was made by staff from the Orange County Housing Development. The Veterans Affairs Supportive Housing (VASH) voucher program assists homeless veterans, and the City of Irvine has applied to participate. Other information obtained was that each apartment community/complex has its own eligibility requirements for affordable housing units, however all require American citizenship.

D. Legislative – No report.

3. Senior Citizens Council Committees

A. Facilities Committee

Vice Chair Woollett reported:

- The Lakeview Senior Center patio rehabilitation project is underway and anticipated completion is November 10.
- The Lakeview Senior Center computer lab remodel and renaming project has been put on hold.

- New dishwasher and gas range have been installed in the Lakeview Senior Center kitchen.
- The Eagle Scout banner display project was completed for displays in front of Lakeview Senior Center.

B. Leadership Committee – Next meeting is scheduled for October 4.

C. Nutrition Committee

Vice Chair Woollett reported the meeting was held September 12 and statistics about the Nutrition program are:

- Congregate program:
 - 610 registered participants
 - Average of 134 participants served daily
- Home-delivered meals program:
 - 148 registered participants
 - Average of 97 participants served daily (providing 291 meals per day)
- There is currently a waitlist of 11 participants pending.

It was recommended that advanced tickets be purchased for the following upcoming themed luncheons:

- Oktoberfest Luncheon on September 29
- Veterans Day Luncheon on November 9

PRESENTATIONS

There were no presentations.

COUNCIL BUSINESS

1. MINUTES

ACTION: Moved by Councilmember Jones, seconded by Councilmember Owens and carried unanimously by members present to approve the minutes of a regular meeting held on August 17, 2017.

Ayes: 6 Inmon, Jones, Kim, Owens, Ranjbar, Woollett
Noes: 0
Absent: 1 Yates

2. SENIOR SERVICES STRATEGIC PLAN UPDATE 2018-23

Manager Driscoll provided presentations on input gathered from stakeholders and the community regarding Transportation and Housing for the Senior Services Strategic Plan Update (Plan Update) and responded to Senior Councilmember inquiries.

Transportation discussion included: eligibility requirements for the Nutrition Transportation program; taxi voucher program coverage; pilot uber program; budget resources for implementation of Plan Update; utilization of volunteers to translate written materials if there are budget constraints;

Senior Councilmembers provided the following input for the Transportation goal:

- Broader marketing and dissemination of information.
- Collaborate with Irvine Police Department to increase assistance with pedestrian safety education.
- Provide training on rules of traffic to cultural groups to raise awareness of laws that may differ from countries of origin.
- Creation of visual tools/materials/resources in other languages for individuals challenged with language barriers.
- Increase educational collaboration with senior clubs regarding available transportation services.

RECESS

Chair Inmon recessed the Senior Citizens Council meeting at 10:10 a.m.

RECONVENE

Chair Inmon reconvened the Senior Citizens Council meeting at 10:25 a.m.

Housing discussion included: waitlist absorption rate; individuals responsibility to register for multiple waitlists; various levels of income for eligibility requirements; availability of board and care programs.

Senior Councilmember Kim thanked Keen Center for Senior Resources staff, Karen Springer, for her assistance in educating him on housing services.

Senior Councilmembers provided the following input for the Housing goal:

- Broader marketing and dissemination of information.

ACTION: Received presentation and input provided.

END COUNCIL BUSINESS

ADJOURNMENT at 10:50 a.m. on Thursday, September 21, 2017.

CAROLYN INMON, CHAIR

Athena Martinez
Recording Secretary

Date

ITEM 2



REQUEST FOR IRVINE SENIOR CITIZENS COUNCIL ACTION

MEETING DATE: OCTOBER 19, 2017

TITLE: SENIOR SERVICES STRATEGIC PLAN UPDATE 2018-23

Community Services Manager

Deputy Director of Community Services

RECOMMENDED ACTIONS

Receive presentation and provide input.

EXECUTIVE SUMMARY

The Community Services Department conducted a public outreach effort to update the Senior Services Strategic Plan 2012-2017 (Senior Plan) for the next five years (2018-2023). The Senior Plan identifies goals and strategies to guide the development, implementation, and delivery of City programs and services for Irvine seniors. The Senior Citizens Council (Senior Council) serves as the Senior Plan oversight body.

In 2016, the City began the process for developing the Senior Services Strategic Plan Update for years 2018-2023 (Plan Update) by conducting a community outreach campaign. The outreach effort included key stakeholder meetings and public forums to gather input on the Plan Update's five priority areas: Education; Health and Recreation; Housing; Social Well-being and Vulnerable Seniors; and Transportation. Community input from the outreach effort was shared with the Senior Council at their August 17, 2017 meeting.

At the September 21, 2017 meeting, the Senior Council reviewed community input and strategy recommendations for the priority areas of Housing and Transportation. The three remaining priority areas will be reviewed with Senior Council over the next few months. With input from the Senior Council, staff will finalize the Plan Update and implementation plan for Senior Council's review.

ANALYSIS

In May 2012, the City Council approved the Senior Services Strategic Plan 2012-2017 (Senior Plan). The Senior Plan was developed with extensive community input and includes goals and strategies that provide a guide for development, implementation and delivery of City programs and services for Irvine seniors.

The Plan Update will be a continuation of the Senior Plan and will guide the City for the next five years. A community outreach effort was conducted to gather information for the Plan Update. Five key stakeholder meetings were held in September and October 2016 with community leaders, and three community meetings were held in January 2017 to share information and gather resident input.

The Senior Council is receiving presentations on each of the five priority areas with information including: existing City programs and services with key achievements from the 2012-2017 Senior Plan period; community input received from the outreach effort; and options for strategies to guide implementation of the Plan Update 2018-2023.

A. Health and Recreation

The goal for Health and Recreation priority area is to promote physical and social health through recreation and health activities. The three themes that came out of the community input for this area were targeted programming; types of programs; and facilities and equipment.

The City offers a variety of health and recreation programs including fitness classes, social activities, music, dance, art, health screenings and a senior lunch program. Some key achievements that occurred during the Senior Plan 2012-17 include the opening of the Trabuco Center in 2016; a 52 percent increase in recreation and fitness class participation; and a 58 percent increase in fitness center usage with a new joint membership between Rancho Senior Center and Trabuco Center; a 31 percent increase in lunches served at the Rose Garden Café; and the development of new health partnerships for health screenings.

Based on existing services and community input, options for Plan Update strategies could include: 1) Enhancing marketing strategies to increase awareness of recreation and health programs; and 2) Expand senior recreation and health program opportunities.

B. Education

Providing information and assistance to older adults is the goal for the Education priority area.

The three themes that came out of the community outreach process for this area were awareness and participation; language and cultural barriers; and educational classes and activities.

The City provides information on programs and services to seniors and families through a variety of printed materials (quarterly Inside Irvine Magazine, bimonthly Irvine Senior Connection newsletter, brochures and fliers) and through online sources such as the City website and social media. Education on important topics such as health, finances, insurance, technology and English mentoring are provided to seniors through a variety of formats including lecture series, consultations, individual tutoring, and group classes.

During the initial Senior Plan period, the City increased and enhanced its marketing of information to seniors. Outcomes include a redesign of the Senior Services website; creation of a monthly calendar of daily senior center activities; and the redesign and expanded distribution of the senior newsletter, now called the Irvine Senior Connection. Other key achievements included the offering of additional educational programs including health lectures, consultations and technology tutoring programs.

Based on existing services and community input, options for Plan Update strategies could include: 1) Enhance promotional strategies to increase awareness of educational programs and services; and 2) Expand and enhance education on issues important to seniors and their families.

ALTERNATIVES CONSIDERED

The Senior Council could choose to wait to review priority area information until a draft Plan Update is complete and ready for Senior Council review.

FINANCIAL IMPACT

There is no financial impact of the Senior Council's review of Plan Update priority areas. Funding for implementation of the Plan Update strategies will be included and/or requested as part of the FY 2018-19 Budget.

REPORT PREPARED BY

Sheila Driscoll, Community Services Manager