



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**March 15, 2018**

Lakeview Senior Center  
20 Lake Road  
Irvine, California

### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council was called to order on March 15, 2018, 9:00 AM at Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Inmon presiding.

### ROLL CALL

COUNCILMEMBER	STAN JONES	Council Appointee: Schott
COUNCILMEMBER	JUNEU KIM*	Council Appointee: Fox
COUNCILMEMBER	RACHEL OWENS	Council Appointee: Wagner
COUNCILMEMBER	BETTY JO WOOLLETT	Council Appointee: Lalloway
CHAIR	CAROLYN INMON	Member-at-Large

*\* Arrived at 9:10 a.m.*

### ABSENT

COUNCILMEMBER	KEVIN KONDRU	Member-at-Large
VICE CHAIR	SIMA RANJBAR	Council Appointee: Shea

### PLEDGE OF ALLEGIANCE

Senior Council Member Jones led the Pledge of Allegiance.

## **INTRODUCTIONS**

Social Services Supervisor Lynne Conger introduced the following Keen Center for Senior Resources staff: Denise Bennett, Program Specialist; Lisa Winter, Office Assistant II; Hee Jin Joo, Outreach Assistant.

## **PRESENTATIONS**

### **1. Distinguished Service Award**

Community Services Supervisor Ed Kaleikini described the corner banner display project completed by Asher Lee, Eagle Scout from Troop 856 and announced the award will be presented to him at a separate event.

### **2. Emergency Evacuation Process and Fire Extinguisher Demonstration**

Supervisor Kaleikini provided a presentation on safe evacuation procedures for the senior centers and proper use of fire extinguishers. Handouts were provided.

### **3. Strategic Plan Connectivity**

Supervisor Conger provided a presentation on connectivity between the County of Orange Office on Aging, Orange County Strategic Plan for Aging and City of Irvine Senior Services efforts toward strategic planning. A handout was provided.

Discussion included: budget for the implementation of Senior Services Strategic Plan (SSSP) Update initiatives; importance of collaborations across all governmental levels; traffic counts to Senior Services website; and homelessness among seniors.

## **ANNOUNCEMENTS**

Supervisor Conger made the following announcements:

- Social media platforms for the Office on Aging are now accessible via Facebook, Instagram, and Twitter. To access these pages, search either platform by using "OC Office on Aging".
- The 4<sup>th</sup> Annual OC Leadership Forum on Aging is scheduled for Thursday, April 12 from 8:30 a.m. to 12 p.m. at the Garden Grove Community Meeting Center. The focus is on Mental Health and Aging. The event is free, however registration is required due to limited space. Contact Cynthia Okialda at 949-757-3775 to RSVP or for more information.

## **PUBLIC COMMENTS**

There were no public comments.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

## **COUNCILMEMBER UPDATES**

Chair Inmon announced she will be serving as moderator at a National Aging in Place meeting and is accepting ideas from anyone who would like to submit a question.

## **COMMITTEE/GROUP/AGENCY REPORTS**

### **1. Senior Services Support/Interest Groups**

#### **A. Irvine Adult Day Health Services (IADHS)**

Chair Inmon shared information about her family's experience using IADHS.

#### **B. Irvine Evergreen Chinese Senior Association (IECSA)**

Director Jerry Chang thanked attendees of the Chinese New Year event. Director Chang reported the March 17 meeting will include: a lecture on memory loss; musical performances; entertainment; a class in Chinese painting; sharing of current events; instruction on basic English.

Discussion included: recent episodes of seniors wandering away from home; technology to locate lost seniors.

#### **C. Friends of Outreach (FOO)**

President Pat Hendee reported the Bingo program has been averaging \$500 per week in funds raised since the beginning of the year, participation is up to an average of 70 participants, and volunteers are needed to assist in the program. The International Crafters have begun working on knitting scarves for the 2018 Holiday Gift Bag project and made 1,245 chemo caps in 2017. The Ruby's Diner fundraiser raised \$62, and future fundraisers have been planned for Chili's on Alton and at Rodrigo's in Tustin. The FOO business license was renewed in February.

- D. Irvine Senior Travelers – No report.
- E. NEDA-Association of Iranian American Seniors (NEDA)

President Nasser Fathi reported the actual date for Nowruz (the Persian New Year) is March 20, however NEDA will celebrate the holiday on March 15 at 6 p.m. The weekly meetings on Thursdays from 2-6 p.m. have seen an increase in participation, and NEDA is now discussing options for providing daily programs.

- F. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported all IKEA classes are going well and he, as President, is working to instill the spirit of community service among IKEA's members. Appointments are available for referrals and resources on Tuesdays from 8-9 a.m. and Wednesdays 4:30 p.m. at the Lakeview Senior Center. IKEA is providing an internship experience for high school students, with a current task of reviewing SSSP resource information for currency and accuracy.

**2. Orange County Senior Citizens Advisory Council-Affiliated Committees**

- A. Orange County Senior Citizens Advisory Council – No report.
- B. Health and Nutrition

Senior Council Member Jones reported a presentation was given by Anna Hamada, RD entitled *Brain Food: Keep the Mind Sharp and Improve Memory*. It was also announced that the State will be mailing new Medicare cards to California residents between the months of April and June.

- C. Housing and Transportation

Senior Council Member Kim reported a discussion was held regarding homelessness among seniors and a presentation was given about Haven for Hope in Texas. 2017 statistics were shared about homelessness rates among students. Senior Council Member Kim requested information regarding homelessness rates among Irvine students.

- D. Legislative – No report.

**3. Senior Citizens Council Committees**

**A. Facilities Committee**

Senior Council Member Woollett reported the March 13 meeting included updates on the Lakeview Senior Center Computer Lab remodel project and parking lot rehabilitation project. Supervisor Kaleikini provided a handout for the parking lot rehabilitation project.

**B. Leadership Committee – No report.**

**C. Nutrition Committee**

Senior Council Member Woollett reported fiscal year-to-date statistics about the Nutrition program. The Senior Services Volunteer Recognition event will be held on April 20, 2018 from 12:30 to 2:30 p.m. at Lakeview Senior Center. The annual County health inspection of the Lakeview Senior Center kitchen was completed and a perfect score was achieved. The Meals on Wheels program now has a complete set of hot food transport bags for meal deliveries, purchased with donated funds.

**COUNCIL BUSINESS**

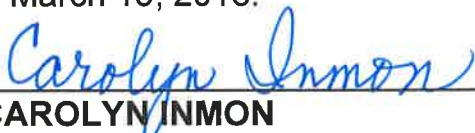
**1. MINUTES**

**ACTION:** Moved by Senior Council Member Owens, seconded by Senior Council Member Woollett, and carried unanimously by members present to approve the minutes of a regular meeting held on February 15, 2018.

**Ayes:** 5 Inmon, Jones, Kim, Owens, Woollett  
**Noes:** 0  
**Absent:** 2 Kondru, Ranjbar

**END COUNCIL BUSINESS**

**ADJOURNMENT** at 10:55 a.m. on Thursday, March 15, 2018.

  
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**CAROLYN INMON**  
**CHAIR**

  
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Athena Martinez  
Recording Secretary

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Date April 19, 2018