MINUTES



IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

MAY 23, 2018

Irvine Civic Center Conference and Training Center One Civic Center Plaza Irvine, CA 92606

CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order on May 23, 2018 at 5:43 PM, Irvine Civic Center, One Civic Center Plaza, Irvine, California, in the Conference and Training Center; Co-Chair Perkinson presiding.

ROLL CALL

Present

Present		
Committee Member:	Cristina Blevins	Irvine Unified School District Rep
Committee Member:	Wendy Bokota*	Irvine Prevention Coalition Rep
Committee Member:	Gerardo Canul	Member-At-Large
Committee Member:	Joanne Farrell	Tustin Unified School District Rep
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Zhihai Li**	Appointed by: Councilmember Fox
Committee Member:	Cathy Sun	High School Youth Action Team Rep
Committee Member:	Jade Yang	Irvine Child Care Committee Rep
Co-Chair:	CC Perkinson	Appointed by: Mayor Wagner
	*Left at 5:47 p.m.	
	** Arrived at 5:50 p.m.	
Absent		
Committee Member:	Theresa Collins	Appointed by: Councilmember Shea
Committee Member:	Dick Owens	Community Services Commission Rep
Committee Member:	Evan Park	High School Youth Action Team Rep
Committee Member:	Barbara Quinlan	Appointed by: Councilmember Lalloway
Secretary:	Marisa Lo	Appointed by: Councilmember Schott
Co-Chair:	Lauren Johnson-Norris	Community Services Commission Rep

PLEDGE OF ALLEGIANCE

Co-Chair Perkinson led the Pledge of Allegiance.

INTRODUCTIONS

Community Services Manager Darin Loughrey introduced:

- Jade Yang, newly appointed Irvine Child Care Committee representative
- Adam Buchanan, Community Services Superintendent
- Ryan Painter, Community Services Supervisor

PRESENTATIONS

1. Youth Mental Health and Wellness

Senior Management Analyst Laurie Gruschka presented ideas provided at a meeting held on March 20, 2018 to discuss ways ICYFAC can help address youth mental health and wellness. Attendees included Committee members Bakota, Li, Sun and Gale, and High School Youth Action Team member Nguyen. Ideas included: meeting with Irvine Unified School District's to discuss how the committee can support the District's work in the area of mental health and wellness, including the new mental health campaign that will be conducted at Irvine schools in fall 2018; reaching out to diverse community groups and networks to provide mental health information and resources that mirrors the information provided to students at school to create consistent messaging; and, conducting community forums to engage parents and youth in discussing mental well-being.

2. We Care, Speak Up! Mental Health Campaign

Community Services Supervisor Ryan Painter presented on the new We Care, Speak Up! Mental Health Campaign, which has been jointly developed by the City and Irvine Unified School District and will be presented on all K-12 school campuses in fall 2018. Key objectives of the campaign include providing information to students about mental health and wellness and the importance of reaching out for assistance when needed; increasing prevention activities; and increasing awareness of available mental health and wellness services and resources. The campaign will include posters listing school and community resources; videos featuring students and community leaders; a dedicated website; parent night events; and providing information in the community through community partners.

Committee input and discussion included: strategies to involve parents; addressing language barriers in parent outreach; the possibility of bringing campaign information to the preschool level; inclusion of Tustin Unified School District staff and students; the use of social media to share campaign information; the possibility of working with Parent Teacher Associations as key partners; and

adoption of the campaign by other Irvine organizations and outside groups so that the community receives the same messages in multiple venues.

ANNOUNCEMENTS

1. Final Meeting for High School Youth Action Team Representatives

On behalf of the Irvine Children, Youth and Families Advisory Committee, Manager Loughrey thanked Evan Park and Cathy Sun for their participation and valuable contributions as Committee members.

2. Committee Staff Liaison Update

Manager Loughrey announced that in the new fiscal year he will be assuming the role of City staff liaison to ICYFAC, which is being transitioned over from Manager Driscoll.

COMMITTEE UPDATES

1. Youth Action Team Project Updates

Committee Member Park provided an update on the High School Youth Action Team programs held this past quarter, including:

- Lunch time forums at the high schools on topics including women in STEM, stress management, domestic violence, health and balance, and healthy teen relationships
- The 24th annual Teen Summit with more than 500 student attendees
- Teen Poetry Slam and Art Show
- Voter Registration Drive on the high school campuses
- Two Spring Volunteer Camps with students completing more than 600 hours of service
- Volunteer projects with students completing more than 2,500 hours of service
- Selection of 16 students to serve as the 2018-19 High School Youth Action Team representatives

Upcoming activities include:

• Summer Youth Action Team Camp including volunteer projects, college campus tours and recreational excursions

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions to the agenda.

PUBLIC COMMENTS

There were no public comments.

COMMITTEE BUSINESS

1. MINUTES

ACTION: Moved by Committee Member Gale, seconded by Committee Member Sun and carried unanimously by members present to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held February 28, 2018.

Ayes: Blevins, Canul, Farrell, Gale, Li, Perkinson, Sun, Yang

Noes:

Absent: Bokota, Collins, Johnson-Norris, Lo, Owens, Park, Quinlan

2. PROPOSED IRVNE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE BYLAW AMENDMENTS

ACTION: Moved by Co-Chair Perkinson, seconded by Committee Member Blevins and carried unanimously to recommend the Community Services Commission approve the proposed amendments to the Irvine Children, Youth and Families Advisory Committee Bylaws.

Ayes: Blevins, Canul, Farrell, Gale, Li, Perkinson, Sun, Yang

Noes:

Absent: Bokota, Collins, Johnson-Norris, Lo, Owens, Park, Quinlan

END OF BUSINESS

ADJOURNMENT at 6:37 p.m. on Wednesday, May 23, 2018

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<u>S'NG'L</u> Date

Laurie Gruschka Recording Secretary