



# AGENDA

## IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

**November 28, 2018  
5:30 PM**

**Irvine Civic Center  
L102  
One Civic Center Plaza  
Irvine, CA 92606**

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**Speaker's Card/Request to Speak:** If you would like to address the Committee on a scheduled agenda item, please complete the [Request to Speak Form](#). Speaker's Forms are located on the table at the entrance to the Meeting Room. Please identify on the card your name, and the item on which you would like to speak, and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Committee are recognized. Your name will be called at the time the matter is heard by the Committee.

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### CALL TO ORDER

### ROLL CALL

Committee Member:	Cristina Blevins	Irvine Unified School District Representative
Committee Member:	Wendy Bokota	Irvine Prevention Coalition Representative
Committee Member:	Gerardo Canul	Member-At-Large
Committee Member:	Theresa Collins	Appointed by: Councilmember Shea
Committee Member:	Joanne Farrell	Tustin Unified School District Representative
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Tony Kam	High School Youth Action Team Representative
Committee Member:	Zhihai Li	Appointed by: Councilmember Fox
Committee Member:	Dick Owens	Community Services Representative
Committee Member:	Barbara Quinlan	Appointed by: Councilmember Lalloway
Committee Member:	Jade Yang	Irvine Child Care Committee Representative
Committee Member:	Britney Zhang	High School Youth Action Team Representative
Secretary:	Marisa Lo	Appointed by: Councilmember Schott
Co-Chair:	Lauren Johnson-Norris	Community Services Representative
Co-Chair:	CC Perkinson	Appointed by: Mayor Wagner

### PLEDGE OF ALLEGIANCE

## **INTRODUCTIONS**

## **PRESENTATIONS**

## **ANNOUNCEMENTS**

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Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

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1. Brown Act Training – February 27, 2019 at 5:30 p.m.
2. Recognize Outgoing ICYFAC Members
3. Member-At-Large Recruitment will open in February
4. Early Development Index Town Hall Meeting – December 3, 2018 at 1:30 p.m.

## **COMMITTEE UPDATES**

## **ADDITIONS AND DELETIONS TO THE AGENDA**

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Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

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## **PUBLIC COMMENTS**

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Any member of the public may address the Committee on items within the Committee's subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

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## **COMMITTEE BUSINESS**

### **1. MINUTES**

**ACTION:** Approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held August 29, 2018.

### **2. PROVIDE INPUT AND RECOMMENDATION TO 2019 ICYFAC WORK PLAN**

## **ADJOURNMENT**

Adjourn to a regular meeting of the IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE, Wednesday, February 27, 2019, 5:30 PM at Irvine Civic Center, One Civic Center Plaza, Irvine, California, 92606, in the Conference and Training Center (CTC).

**NOTICE TO THE PUBLIC**

At 11:00 p.m., the Irvine Children, Youth and Families Advisory Committee (Committee) will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 midnight and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 midnight.

**STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Committee liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Committee meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Committee liaison at (949) 724-6642.

**SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR  
DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

Written Materials/handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Committee at the time testimony is given.

**CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS**

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Committee liaison at 949-724-6647 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

**COMMUNICATION DEVICES**

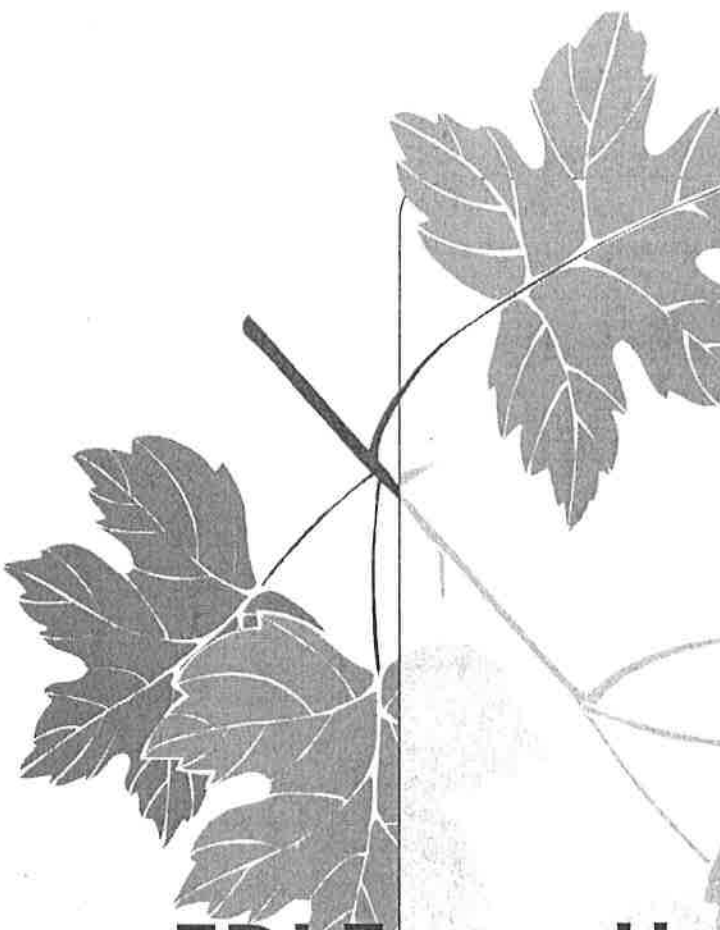
To minimize distractions, please turn off or silence all personal communication devices.

**MEETING SCHEDULE**

Regular meetings of the Committee are held quarterly on the last Wednesday of every third month at 5:30 p.m. unless otherwise noted. The Committee agenda is posted in the Police Department for public viewing. Meeting agendas and approved minutes are kept current on the City website at [www.cityofirvine.org](http://www.cityofirvine.org).

I hereby certify that the agenda for the Irvine Children, Youth and Families Advisory Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby, One Civic Center Plaza, Irvine, California on November 20, 2018 by 5:30 p.m. as well as on the City's website.

  
\_\_\_\_\_  
Committee Liaison



The Early Development Index is a valid and reliable measurement tool implemented in all public kindergarten classes in OC. Over the last nine years, CFCOC has supported the collection of data and has identified areas of readiness and vulnerability of kindergarten students which is then used to inform community and educational planning.

Join other community leaders to learn how to use this data to provide targeted and intentional early childhood educational experiences as well as specific interventions to support the vulnerabilities in kindergarten through third grade.

# EDI Town Hall Meeting

**Monday, December 3, 2018**

1:30 – 3:30 pm

Quail Hill Community Center  
39 Shady Canyon Drive  
Irvine, CA 92613


Kindly RSVP by 11/26/18

to

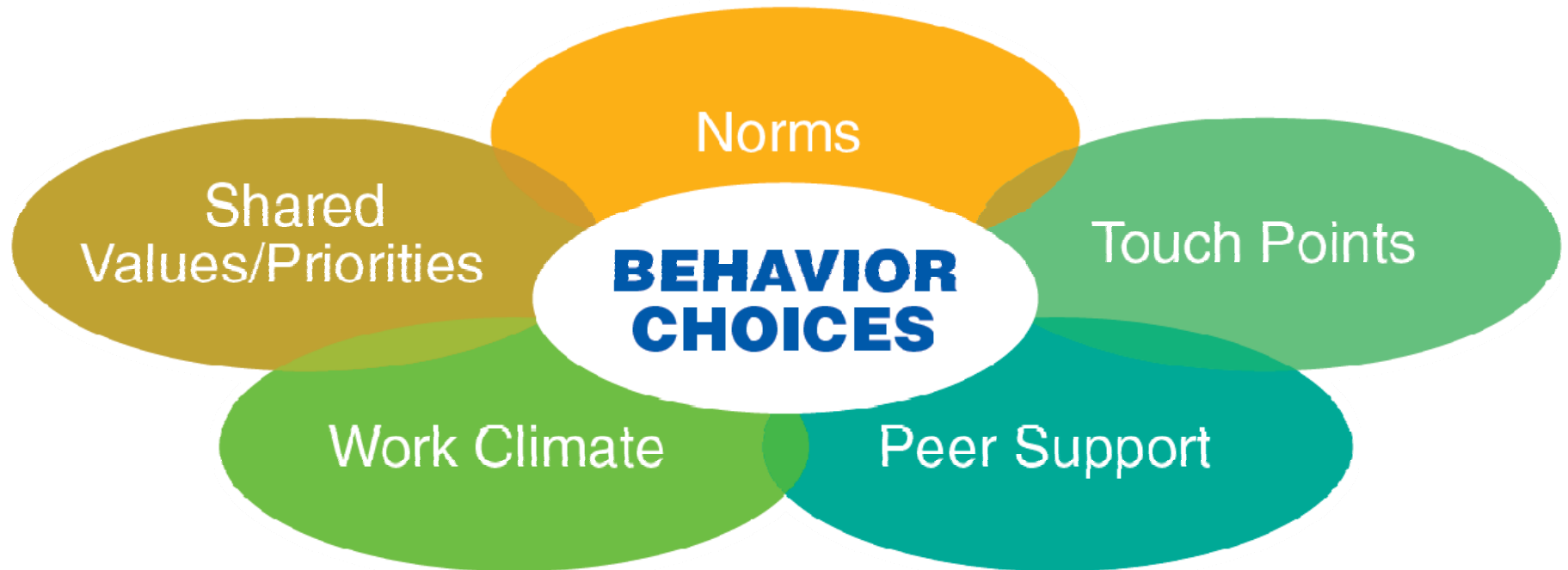
[Janette.Medrano@cfcoc.ocgov.com](mailto:Janette.Medrano@cfcoc.ocgov.com)



Children & Families  
Commission of Orange County



# Normative Systems Model



# Norms

**“The Way We Do Things Around Here”**

- Promote access to wellness coordinators
- Inspire students to interact with caring adults
- Expand roles of school staff to support mental health systems
- Intentionally discuss suicide



# Shared Values and Priorities

**“Board of Education and City Council Support”**

- Support District’s investment in mental health counselors
- Expand breadth of classes beyond academics (cooking, arts, dance etc.)
- Address needs of those who aren’t the most outspoken
- Acknowledge challenges in marketing materials



# Touch Points

**“Mechanisms for establishing and maintaining norms”**

- Enable teachers to help set the model for students to take classes they enjoy, have challenge and purpose for.
- Teach students how to channel or direct stress in healthy ways
- Reduce negative stigma associated with community college
- Shift perception of identities away from academic rigor and future college options.
- Develop consistent messaging for school, community and home integrating prevention as a collective approach



# Peer Support

**“Assistance from others to support decision making”**

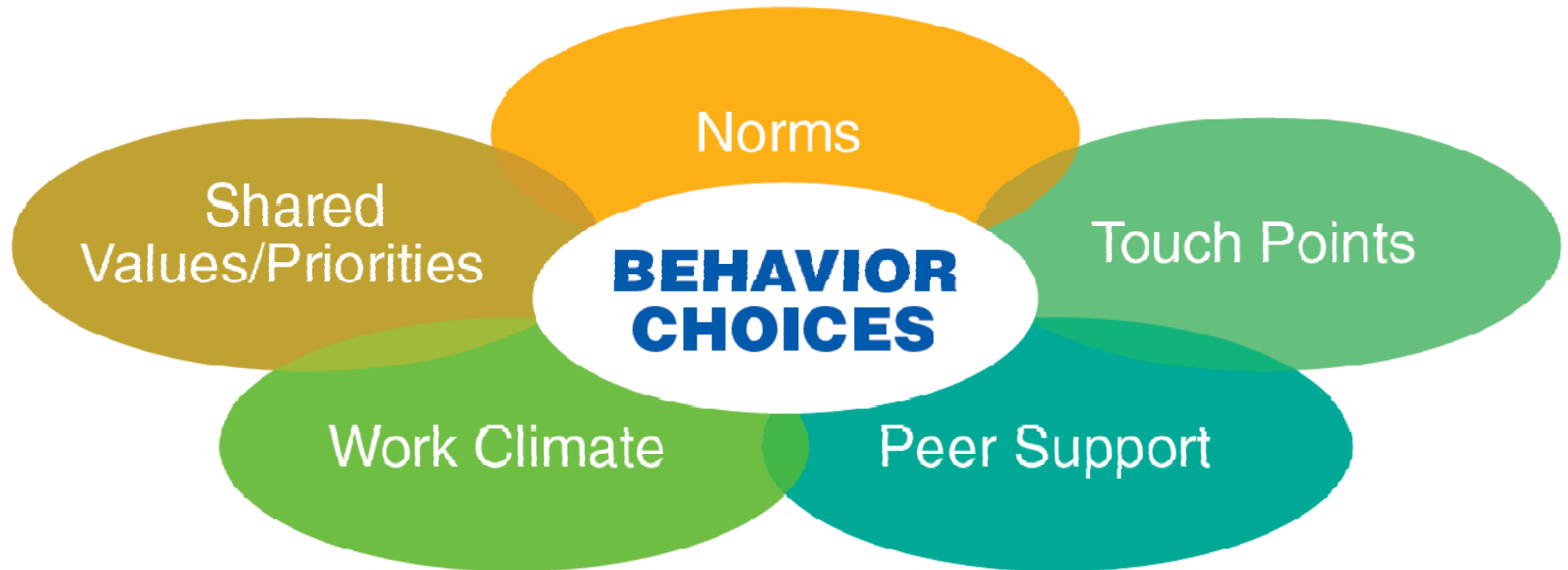
- Shift peer support to speaking up about those who may be struggling
- Systematically recognize and provide assistance to those who may be at their breaking point
- Shift from downplaying “stress” to openly discussing its symptoms and impacts
- Facilitate development of personal networks to cope with stress and anxiety

# Surroundings

## The feelings teens have about Irvine

- Integrate weekly check-ups with high risk students
- Approach staff/student relationships with heightened interest and accessibility
- Sustain presence and engagement of school administration (walk their talk)
- Apply a “continuum of care”

# Normative Systems Model



COMMITTEE BUSINESS

ITEM 1

MINUTES



# MINUTES

## IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

**AUGUST 29, 2018**

**Irvine Civic Center  
Room L102  
One Civic Center Plaza  
Irvine, CA 92606**

### CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order on August 29, 2018 at 5:33 PM, Irvine Civic Center, One Civic Center Plaza, Irvine, California, in Room L102; Co-Chair Perkinson presiding.

### ROLL CALL

#### Present

Committee Member:	Cristina Blevins*	Irvine Unified School District Representative
Committee Member:	Theresa Collins	Appointed by: Mayor Pro Tem Shea
Committee Member:	Gerardo Canul	Member-At-Large
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Tony Kam	High School Youth Action Team Representative
Committee Member:	Zhihai Li	Appointed by: Councilmember Fox
Committee Member:	Barbara Quinlan	Appointed by: Councilmember Lalloway
Committee Member:	Jade Yang	Irvine Child Care Committee Representative
Committee Member:	Britney Zhang	High School Youth Action Team Representative
Secretary:	Marisa Lo	Appointed by: Councilmember Schott
Co-Chair:	CC Perkinson	Appointed by: Mayor Wagner

*\* Arrived at 5:45 p.m.*

#### Absent

Committee Member:	Wendy Bokota	Irvine Prevention Coalition Representative
Committee Member:	Joanne Farrell	Tustin Unified School District Representative
Committee Member:	Dick Owens	Community Services Commission Representative
Co-Chair:	Lauren Johnson- Norris	Community Services Commission Representative

## **PLEDGE OF ALLEGIANCE**

Co-Chair Perkinson led the Pledge of Allegiance.

## **INTRODUCTIONS**

Community Services Manager Darin Loughrey introduced the following new Committee members:

- Tony Kam, High School Youth Action Team Representative
- Britney Zhang, High School Youth Action Team Representative

## **PRESENTATIONS**

### 1. What Conditions are Impacting Irvine's Children and Youth

Presentations were provided by City and Irvine Unified School District representatives who work closely with Irvine youth and their families. Presenters were: Ryan Painter, City of Irvine Community Services Supervisor; Rick Gramer, City of Irvine Public Safety School Resource Officer; Michelle Trapp, Counselor at Jeffrey Trail Middle School, Irvine Unified School District (IUSD); and Sunghie Park Okino, IUSD Coordinator of Prevention and Intervention.

Community Services Supervisor Ryan Painter provided information on programming being conducted collaboratively between Community Services, Public Safety, and IUSD at Irvine schools, including the Speak Up, We Care campaign that addresses mental health and wellness among students. Ryan also discussed the issue of the changing landscape of social media applications and its impact on students.

School Resource Officer Rick Gramer presented on the Middle School Resource Officer program held at all public middle schools in Irvine. Officer Gramer described the Student Empowerment at Middle School (SEAMS) program, which is a curriculum focused on positive youth development themes that he teaches to all seventh graders. He also noted the collaborative nature of his work with the Middle School program and school counselors. Officer Gramer outlined some key issues impacting youth including social media and cellphone use leading to discipline problems, and the need to encourage empathy and kindness among middle school youth.

Michelle Trapp, Lead IUSD Middle School Counselor, described the Middle School Counseling program, which focuses on academic and social/emotional wellness, and career development. She discussed efforts taking place at the middle schools including programs to build community among students, and the implementation of the new Speak Up, We Care campaign. Ms. Trapp also mentioned the successful collaboration between the school counselors, Irvine Public Safety, and City of Irvine Middle School Program staff in providing assistance to students. Ms. Trapp

highlighted key issues that she is encountering among students including high levels of stress related to academic performance and success, and anxiety and depression.

Sunghie Park Okino, IUSD Coordinator of Prevention and Intervention, presented on the mental health and wellness services offered through the school district. Ms. Okino discussed the Speak Up, We Care campaign which will launch district-wide in October and will include videos, posters, banners, and quarterly themes focused on wellness, and informing students and families about available mental health resources.

Committee input and discussion included: the ratio of students to school counselors to provide prevention and intervention services; parent and family engagement through IUSD; the role of parents in the Speak Up, We Care campaign; and the potential role of Committee members in promoting the campaign.

2. Data Review of Conditions Impacting Irvine's Children and Youth

Manager Loughrey presented local data from the 2017-18 California Healthy Kids Survey and kidsdata.org. He highlighted key indicators of youth health and wellbeing, such as rates of cyberbullying, alcohol, and other drug use, and levels of school connectedness. Manager Loughrey also shared information on the importance of school connectedness as a protective factor among youth.

Discussion included how the Committee could advocate for programs and services that impact the wellbeing of Irvine students.

**ANNOUNCEMENTS**

**Manager Loughrey announced the following:**

1. Disability Services will relocate their offices from the Irvine Civic Center to Sweet Shade Neighborhood Park in spring 2019.
2. The City Clerk's office will provide training on the Brown Act at the Committee's regular meeting on February 27, 2019.

**COMMITTEE UPDATES**

1. Youth Action Team Project Updates

Committee Members Kham and Zhang provided an update on the High School Youth Action Team programs that are being planned for the new school year including forums at the high schools on topics including suicide prevention, battling perfectionism, and distracted driving.

2. Committee Member Li announced the Irvine Global Village Festival will be held on September 22, 2018 at the Orange County Great Park.
3. Chair Perkinson provided information about the Heartfelt Cardiac Projects, a nonprofit that provides cardiac screening. Manager Loughrey will invite the organization to speak at an upcoming Committee meeting.
4. Committee Member Collins announced the Orange County Brain Tumor Walk will be held on September 15, 2018 in Anaheim.

**ADDITIONS AND DELETIONS TO THE AGENDA**

There were no additions or deletions to the agenda.

**PUBLIC COMMENTS**

There were no public comments.

**COMMITTEE BUSINESS**

**1. MINUTES**

**ACTION:** Moved by Committee Member Lo, seconded by Committee Member Gale and carried unanimously by members present to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held May 23, 2018.

Ayes: Blevins, Collins, Canul, Gale, Kam, Li, Lo, Quinlan, Perkinson, Yang, Zhang

Noes: None

Absent: Bokota, Farrell, Johnson-Norris, Owens

**2. IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE PROPOSED MEETING SCHEDULE FOR CALENDAR YEAR 2019**

**ACTION:** Moved by Committee Member Collins, seconded by Committee Member Lo and unanimously carried by members present to approve the Irvine Children, Youth and Families Advisory Committee Proposed 2019 Meeting Schedule.

Ayes: Blevins, Collins, Canul, Gale, Kam, Li, Lo, Quinlan, Perkinson, Yang, Zhang

Noes: None

Absent: Bokota, Farrell, Johnson-Norris, Owens



**ADJOURNMENT**

Moved by \_\_\_\_\_, seconded by \_\_\_\_\_, and unanimously carried by those members present, to adjourn the meeting at 7:04 p.m. on Wednesday, August 29, 2018.

\_\_\_\_\_  
Co-Chair

\_\_\_\_\_  
Laurie Gruschka  
Recording Secretary

\_\_\_\_\_  
Date

## ITEM 2

PROVIDE INPUT AND RECOMMENDATION  
TO 2019 ICYFAC WORK PLAN

(Discussion only)

## Irvine Children, Youth and Families Advisory Committee

### Mission

Support development of Irvine children and youth to become capable, healthy and successful adults.

### Goals

- Denotes ICYFAC related work
- ✓ Denotes staff tasks

#### **1. Minimize stress, anxiety and depression by strengthening resiliency of young people**

- a. Promote access to resources supporting mental health
  - Increase knowledge and support for IUSD/TUSD social-emotional learning and wellness resources
  - Increase knowledge and support to City and County systems addressing social/emotional resources
  - ✓ Support leadership efforts targeted at strengthening youth resiliency.
  - ✓ Educate teachers and youth program leaders to build resiliency in classrooms and community programs
- b. Convene discussions and forums which accurately depict issues and concerns impacting Irvine children and youth
  - Conduct student and parent educational forum facilitating student viewpoints and life experiences
  - ✓ Conduct on-campus student forums which reduce stigma and promote accessibility to resources
  - ✓ Conduct educational sessions at Teen Summit on minimizing stress/anxiety and depression.
- c. Deliver character development learning experiences
  - Recognize youth character role models (OSP)
  - ✓ Develop character development curriculum
  - ✓ Deliver character development workshops at middle school campuses

## **2. Connect children and youth to their schools and community**

- a. Strengthen access to caring adult relationships
  - Serve as caring adults to Youth Action Team reps and other youth participants
  - ✓ Promote and educate youth group leaders of impacts of caring adult relationships
  - ✓ Match students at Creekside High with adult mentors
  - ✓ Provide support to DARE, Team Kids and other youth leadership groups
- b. Provide meaningful and impactful service learning experiences
  - Participate in a YAT sponsored service learning activity
  - ✓ Engage middle and high school students in community services projects directed at benefiting others
  - ✓ Enable youth to be the planners, organizers, and lead agents in delivering service learning projects
  - ✓ Connect youth to service learning experiences which provide an insight to potential career paths.
- c. Disconnect from technology devices and re-connect with non-screen experiences
  - Promote alternatives to screen time
  - ✓ Deliver recreational experiences which require social interaction among youth while disabling tech devices.
  - ✓ Plan, organize and coordinate youth experiences in nature

## **3. Value youth as a vibrant section of the Irvine community**

- a. Recognize youth contributions to school and community
  - Develop systems for ICYFAC to recognize outstanding efforts benefiting school and community

- ✓ Collaborate with IUSD/TUSD mental health and wellness personnel to support and recognize peer to peer efforts to strengthen resiliency
- b. Enable youth input and participation in problem resolution
  - Facilitate discussion among High School Youth Action Team and other youth groups to solve problems facing young people.
  - Invite young people to participate and provide input on issues which affect students
- c. Generate experiences to actively listen to young people
  - Establish an annual meeting for ICYFAC members to listen to students perspectives of growing up in Irvine
  - Participate as an active listener at a High School Youth Action Team or similar youth-led meeting

#### **4. Collaborate with youth and community serving agencies**

- a. Provide leadership to enhance community outreach
  - Increase knowledge of organizations and resources supporting young people
  - Collaborate with Irvine Prevention Coalition to host training and educational activities
  - ✓ Facilitate outreach meetings and events at City facilities
  - ✓ Support coordination of youth organized forums at high school campuses
- b. Partner in delivery of resiliency oriented programs and services throughout Irvine community
  - ✓ Work with Irvine Prevention Coalition, Team Kids and other youth focused organizations to strengthen resiliency
  - ✓ Collaborate with IUSD/TUSD representatives in delivery of “We Care” messaging and activities