



# MINUTES

## IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

**AUGUST 29, 2018**

**Irvine Civic Center  
Room L102  
One Civic Center Plaza  
Irvine, CA 92606**

### CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order on August 29, 2018 at 5:33 PM, Irvine Civic Center, One Civic Center Plaza, Irvine, California, in Room L102; Co-Chair Perkinson presiding.

### ROLL CALL

#### Present

Committee Member:	Cristina Blevins*	Irvine Unified School District Representative
Committee Member:	Theresa Collins	Appointed by: Mayor Pro Tem Shea
Committee Member:	Gerardo Canul	Member-At-Large
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Tony Kam	High School Youth Action Team Representative
Committee Member:	Zhihai Li	Appointed by: Councilmember Fox
Committee Member:	Barbara Quinlan	Appointed by: Councilmember Lalloway
Committee Member:	Jade Yang	Irvine Child Care Committee Representative
Committee Member:	Britney Zhang	High School Youth Action Team Representative
Secretary:	Marisa Lo	Appointed by: Councilmember Schott
Co-Chair:	CC Perkinson	Appointed by: Mayor Wagner

*\* Arrived at 5:45 p.m.*

#### Absent

Committee Member:	Wendy Bokota	Irvine Prevention Coalition Representative
Committee Member:	Joanne Farrell	Tustin Unified School District Representative
Committee Member:	Dick Owens	Community Services Commission Representative
Co-Chair:	Lauren Johnson- Norris	Community Services Commission Representative

## **PLEDGE OF ALLEGIANCE**

Co-Chair Perkinson led the Pledge of Allegiance.

## **INTRODUCTIONS**

Community Services Manager Darin Loughrey introduced the following new Committee members:

- Tony Kam, High School Youth Action Team Representative
- Britney Zhang, High School Youth Action Team Representative

## **PRESENTATIONS**

### **1. What Conditions are Impacting Irvine's Children and Youth**

Presentations were provided by City and Irvine Unified School District representatives who work closely with Irvine youth and their families. Presenters were: Ryan Painter, City of Irvine Community Services Supervisor; Rick Gramer, City of Irvine Public Safety School Resource Officer; Michelle Trapp, Counselor at Jeffrey Trail Middle School, Irvine Unified School District (IUSD); and Sunghie Park Okino, IUSD Coordinator of Prevention and Intervention.

Community Services Supervisor Ryan Painter provided information on programming being conducted collaboratively between Community Services, Public Safety, and IUSD at Irvine schools, including the Speak Up, We Care campaign that addresses mental health and wellness among students. Ryan also discussed the issue of the changing landscape of social media applications and its impact on students.

School Resource Officer Rick Gramer presented on the Middle School Resource Officer program held at all public middle schools in Irvine. Officer Gramer described the Student Empowerment at Middle School (SEAMS) program, which is a curriculum focused on positive youth development themes that he teaches to all seventh graders. He also noted the collaborative nature of his work with the Middle School program and school counselors. Officer Gramer outlined some key issues impacting youth including social media and cellphone use leading to discipline problems, and the need to encourage empathy and kindness among middle school youth.

Michelle Trapp, Lead IUSD Middle School Counselor, described the Middle School Counseling program, which focuses on academic and social/emotional wellness, and career development. She discussed efforts taking place at the middle schools including programs to build community among students, and the implementation of the new Speak Up, We Care campaign. Ms. Trapp also mentioned the successful collaboration between the school counselors, Irvine Public Safety, and City of Irvine Middle School Program staff in providing assistance to students. Ms. Trapp

highlighted key issues that she is encountering among students including high levels of stress related to academic performance and success, and anxiety and depression.

Sunghie Park Okino, IUSD Coordinator of Prevention and Intervention, presented on the mental health and wellness services offered through the school district. Ms. Okino discussed the Speak Up, We Care campaign which will launch district-wide in October and will include videos, posters, banners, and quarterly themes focused on wellness, and informing students and families about available mental health resources.

Committee input and discussion included: the ratio of students to school counselors to provide prevention and intervention services; parent and family engagement through IUSD; the role of parents in the Speak Up, We Care campaign; and the potential role of Committee members in promoting the campaign.

## 2. Data Review of Conditions Impacting Irvine's Children and Youth

Manager Loughrey presented local data from the 2017-18 California Healthy Kids Survey and kidsdata.org. He highlighted key indicators of youth health and wellbeing, such as rates of cyberbullying, alcohol, and other drug use, and levels of school connectedness. Manager Loughrey also shared information on the importance of school connectedness as a protective factor among youth.

Discussion included how the Committee could advocate for programs and services that impact the wellbeing of Irvine students.

## **ANNOUNCEMENTS**

### **Manager Loughrey announced the following:**

1. Disability Services will relocate their offices from the Irvine Civic Center to Sweet Shade Neighborhood Park in spring 2019.
2. The City Clerk's office will provide training on the Brown Act at the Committee's regular meeting on February 27, 2019.

## **COMMITTEE UPDATES**

### 1. Youth Action Team Project Updates

Committee Members Kham and Zhang provided an update on the High School Youth Action Team programs that are being planned for the new school year including forums at the high schools on topics including suicide prevention, battling perfectionism, and distracted driving.

2. Committee Member Li announced the Irvine Global Village Festival will be held on September 22, 2018 at the Orange County Great Park.
3. Chair Perkinson provided information about the Heartfelt Cardiac Projects, a nonprofit that provides cardiac screening. Manager Loughrey will invite the organization to speak at an upcoming Committee meeting.
4. Committee Member Collins announced the Orange County Brain Tumor Walk will be held on September 15, 2018 in Anaheim.

### **ADDITIONS AND DELETIONS TO THE AGENDA**

There were no additions or deletions to the agenda.

### **PUBLIC COMMENTS**

There were no public comments.

### **COMMITTEE BUSINESS**

#### **1. MINUTES**

**ACTION:** Moved by Committee Member Lo, seconded by Committee Member Gale and carried unanimously by members present to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held May 23, 2018.

Ayes: Blevins, Collins, Canul, Gale, Kam, Li, Lo, Quinlan, Perkinson, Yang, Zhang

Noes: None

Absent: Bokota, Farrell, Johnson-Norris, Owens

#### **2. IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE PROPOSED MEETING SCHEDULE FOR CALENDAR YEAR 2019**

**ACTION:** Moved by Committee Member Collins, seconded by Committee Member Lo and unanimously carried by members present to approve the Irvine Children, Youth and Families Advisory Committee Proposed 2019 Meeting Schedule.

Ayes: Blevins, Collins, Canul, Gale, Kam, Li, Lo, Quinlan, Perkinson, Yang, Zhang

Noes: None

Absent: Bokota, Farrell, Johnson-Norris, Owens

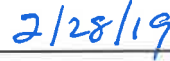
**ADJOURNMENT** at 7:04 p.m. on Wednesday, August 29, 2018.



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Laurie Gruschka  
Recording Secretary



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Darin Loughrey, Manager



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Date