



AGENDA

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

**May 22, 2019
5:30 PM**

**Irvine Civic Center
Conference Training Center
One Civic Center Plaza
Irvine, CA 92606**

Speaker's Card/Request to Speak: If you would like to address the Irvine Children, Youth and Families Advisory Committee (ICYFAC) on a scheduled agenda item, please complete the [Request to Speak Form](#). Speaker's Forms are located on the table at the entrance to the Meeting Room. Please identify on the card your name, address and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the ICYFAC are recognized Your name will be called at the time the matter is heard.

CALL TO ORDER

ROLL CALL

Committee Member:	Cristina Blevins	Irvine Unified School District Rep
Committee Member:	Wendy Bokota	Irvine Prevention Coalition Rep
Committee Member:	Brooke Cazier	Appointed by: Councilmember Kuo
Committee Member:	Theresa Collins	Appointed by: Councilmember Shea
Committee Member:	Dina Eletreby	Appointed by: Councilmember Khan
Committee Member:	Joanne Farrell	Tustin Unified School District Rep
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Ray Gennaway	Appointed by: Mayor Wagner
Committee Member:	Christine Ito	Member-At-Large
Committee Member:	Tony Kam	High School Youth Action Team Rep
Committee Member:	Zhihai Li	Appointed by: Councilmember Fox
Committee Member:	Vacant	Community Services Representative
Committee Member:	Dayna Money	Irvine Child Care Committee Rep
Committee Member:	Britney Zhang	High School Youth Action Team Rep
Co-Chair:	Lauren Johnson-Norris	Community Services Representative

PLEDGE OF ALLEGIANCE

INTRODUCTIONS

1. Welcome new members-at-large

PRESENTATIONS

1. FOR Families Program and Irvine Police Department Mental Health Outreach – Debbie Brunn

ANNOUNCEMENTS

1. Review March 27 Parent Forum with Dr. Weichman
2. Review Fostering Supportive Interactions with Irvine’s Youth Training
3. Recognize outgoing Youth Action Team members
4. Irvine Prevention Coalition’s Outstanding Supporters of Prevention (OSP) Awards presentation

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

COMMITTEE UPDATES

1. High School Youth Action Team report

ADDITIONS AND DELETIONS TO THE AGENDA

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

PUBLIC COMMENTS

Any member of the public may address the Committee on items within the Committee’s subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker’s Form and submit it to the Recording Secretary.

COMMITTEE BUSINESS

1. **APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES FOR MEETING HELD FEBRUARY 27, 2019**

RECOMMENDED ACTION:

Approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held February 27, 2019.

2. PROPOSED FY 2019-20 IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE WORK PLAN

RECOMMENDED ACTION:

Review and discuss the proposed FY 2019-20 Irvine Children, Youth and Families Advisory Committee Work Plan.

ADJOURNMENT

Adjourn to a regular meeting of the IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE, Wednesday, August 28, 2019, 5:30 PM at Irvine Civic Center, One Civic Center Plaza, Irvine, California, 92606, in the Conference and Training Center (CTC).

NOTICE TO THE PUBLIC

At 11:00 p.m., the Irvine Children, Youth and Families Advisory Committee (Committee) will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 midnight and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 midnight.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Committee liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Committee meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Committee liaison at (949) 724-6642.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Committee at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Committee liaison at 949-724-6647 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION DEVICES

To minimize distractions, please turn off or silence all personal communication devices.

MEETING SCHEDULE

Regular meetings of the Committee are held quarterly on the last Wednesday of every third month at 5:30 p.m. unless otherwise noted. The Committee agenda is posted in the Police Department for public viewing. Meeting agendas and approved minutes are kept current on the City website at www.cityofirvine.org.

I hereby certify that the agenda for the Irvine Children, Youth and Families Advisory Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby, One Civic Center Plaza, Irvine, California on May 17, 2019 by 5:30 p.m. as well as on the City's website.

Rebecca Farmer
Committee Liaison



FOR Families

Assistance for
Individuals • Couples • Families



*The link between the need
& the solution*

FOR Families provides information and short-term support to individuals, couples and families living in Irvine who need assistance identifying and accessing services and resources.

FOR Families staff offers free, confidential consultations by appointment to community members to help assess needs and develop action plans through creative problem solving, goal setting, and resource and referral linkage.

FOR Families participants seek help with a wide variety of issues including:

- Relationship difficulties
- Parenting issues
- Stress
- Depression, anxiety, mental health issues
- Substance abuse concerns
- Family violence
- Separation, divorce
- Financial issues
- Legal issues
- Adolescent issues



Information and Appointments:

949-724-6650 | forfamilies@cityofirvine.org

Office hours:

Monday-Friday | 8 a.m.-5 p.m.

FOR Families services offered by the
City of Irvine Community Services Department

cityofirvine.org/forfamilies

MENTAL HEALTH RESOURCES



IRVINE POLICE DEPARTMENT

1 Civic Center Plaza • Irvine, CA 92606
949-724-7000 • irvinepd.org
In Partnership with the Community



MENTAL HEALTH RESOURCES

City of Irvine FOR Families

949-724-6650

Didi Hirsch 24-hour Crisis Hotline

(Suicide Prevention)

877-727-4747

Centralized Assessment Team

(CAT)

866-830-6011

Orange County WarmLine

(Emotional Support)

877-910-9276

Orange County Health Care Agency

(OC Links)

855-625-4657

National Alliance on Mental Illness

(NAMI)

714-544-8488

Mental Health Association

(MHA)

714-547-7559

Irvine Police Department

949-724-7000

outreach@cityofirvine.org

In an emergency, call 9-1-1

COMMITTEE BUSINESS – ITEM 1



MINUTES

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

February 27, 2019

Irvine Civic Center
Conference Training Center
One Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order on February 27, 2019 at 5:35 p.m. by Co-Chair Johnson-Norris presiding.

ROLL CALL

Committee Members Present: 10 Cristina Blevins*
Wendy Bokota
Brooke Cazier
Theresa Collins**
Dina Eletreby
Ray Gennawey
Lauren Johnson-Norris
Tony Kam
Dick Owens
Britney Zhang
**Arrived at 5:38 p.m.*
***Arrived at 5:40 p.m.*

Committee Members Absent: 4 Gerardo Canul
Joanne Farrell
Diane Gale
Zhihai Li

PLEDGE OF ALLEGIANCE

Co-Chair Johnson-Norris led the Pledge of Allegiance.

INTRODUCTIONS

Co-Chair Johnson-Norris introduced new members:

- Brooke Cazier, appointed by Councilmember Kuo
- Dr. Dina Eletreby, appointed by Councilmember Khan
- Ray Gennaway, appointed by Mayor Wagner

PRESENTATIONS

1. City Clerk Molly Perry provided an overview of the Ralph M. Brown Act, which governs meetings conducted by local legislative bodies.
2. Senior Planner Kathleen Haton discussed the Heritage Community Park Improvements Master Plan, which will focus on enhancing the services and facilities provided within the 44-acre community park. Input from Committee was gathered as part of a community input process designed to shape recommendations and prioritize decisions about the park.

Committee input included: the importance of providing facilities for middle school students and teens; the popularity of the library and the water features; parking issues; updates to existing buildings such as the Fine Arts Center, the Community Center and the space occupied by the Irvine Community Nursery School; the appeal of the park as a multiuse site for children and adults of various ages; and preferences regarding the pond.

ANNOUNCEMENTS

Co-chair Johnson-Norris welcomed the group back for its first meeting of the calendar year and briefly reviewed the key areas of the Committee's proposed work plan.

Manager Loughrey announced the following:

- The City, in partnership with the Irvine Prevention Coalition, is hosting a parent forum on Wednesday, March 27, 2019, from 6 to 8 p.m. at Irvine Civic Center. The forum entitled "Staying Connected to Today's Teen: The Foundation of Better Mental Health and Well-being" will feature licensed clinical psychologist Dr. Jerry Weichman. Dr. Weichman will discuss the impact of positive social relationships on teenager's mental and physical health. A flyer was handed out to the Committee.
- The Irvine Prevention Coalition is holding its Outstanding Supporters of Prevention Awards on Wednesday, May 8, 2019, from 5:30 to 7:30 p.m. at Irvine Civic Center. Committee members are encouraged to nominate individuals or groups who have helped to create positive outcomes for children and families in Irvine. Nomination forms were distributed to the Committee.

- The High School Youth Action Team is hosting its 25th Annual Teen Summit on Saturday, March 2, 2019, at Lakeview Senior Center. Approximately 400 students are expected to attend the event and participate in a variety of educational workshops and activities.

COMMITTEE MEMBER UPDATES

1. Youth Action Team Project Updates

Committee Members Kam and Zhang provided updates on the High School Youth Action Team programs held this past quarter, including:

- 12 on-campus lunchtime forums at the high schools on topics including stress management, healthy teen relationships, healthy social media use, college opportunities, and goal setting
- The Annual Acoustic Music Concert
- Battle of the Bands event
- 3 college campus tours
- 55 volunteer community service projects

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions to the agenda.

PUBLIC COMMENTS

There were no public comments.

COMMITTEE BUSINESS

1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES

ACTION: Moved by Committee Member Owens and seconded by Committee Member Bokota to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held November 28, 2018.

The motion carried as follows:

Ayes	8	Committee Members Blevins, Cazier, Collins, Eletreby, Gennaway, Kam, Owens, Zhang
Absent	4	Committee Members Canul, Farrell, Gale, Li
Abstain	2	Committee Members Bokota, Johnson-Norris

2. IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MEMBER-AT-LARGE RECRUITMENT

ACTION: Moved by Co-Chair Johnson-Norris and seconded by Committee Member Collins to appoint Irvine Children, Youth and Families Committee Members Bokota and Eletreby to serve on a selection committee to fill expiring Member-at-Large positions.

The motion carried as follows:

- | | | |
|--------|----|---|
| Ayes | 10 | Committee Members Bokota, Blevins, Cazier, Collins, Eletreby, Gennaway, Johnson-Norris, Kam, Owens, Zhang |
| Absent | 4 | Committee Members Canul, Farrell, Gale, Li |

ADJOURNMENT

Moved by Committee Member Owens, seconded by Committee Member Gennaway, and unanimously carried by those members present, to adjourn the meeting at 6:40 p.m.

DARIN LOUGHREY, MANAGER

LAURIE GRUSCHKA
RECORDING SECRETARY

Date Approved: _____

COMMITTEE BUSINESS – ITEM 2



REQUEST FOR IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE

MEETING DATE: MAY 22, 2019

TITLE: PROPOSED FY 2019-20 IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE WORK PLAN

Manager of Community Services

Director of Community Services

RECOMMENDED ACTION

Review and discuss the proposed FY 2019-20 Irvine Children, Youth and Families Advisory Committee Work Plan.

EXECUTIVE SUMMARY

The proposed FY 2019-20 Irvine Children, Youth and Families Advisory Committee (Committee) Work Plan (Attachment) defines the committee's annual goals and establishes a framework to measure accomplishments. The Committee is accountable to report on the fulfillment of its goals and accomplishments annually in a report to the Community Services Commission.

COMMISSION/BOARD/COMMITTEE RECOMMENDATION

Not applicable.

ANALYSIS

The purpose of the Committee is to serve as a public advisory body of the City of Irvine, reporting to the Community Services Commission. The mission of the Committee is to provide ongoing review and evaluation of the City's children, youth, and family-related initiatives. Per the bylaws, the Committee reports annually to the Community Services Commission on its goals and accomplishments.

At its November 28, 2018 meeting, Committee members participated in a goal-setting discussion which resulted in the development of a Work Plan. This Work Plan is being brought back to the Committee for final input and approval. Once approved, the Committee Work Plan will be implemented.

ALTERNATIVES CONSIDERED

The Committee may recommend additional goals and strategies not included in the Irvine Children, Youth and Families Advisory Committee Work Plan.

FINANCIAL IMPACT

There is no financial impact.

REPORT PREPARED BY Darin Loughrey, Community Services Manager

ATTACHMENTS:

Proposed FY 2019-20 Irvine Children, Youth and Families Advisory Committee Work Plan

FY 2019-20 Irvine Children, Youth and Families Advisory Committee Work Plan

MISSION

Support development of Irvine children and youth to become capable, healthy, and successful adults.

GOALS

- Denotes ICYFAC related work
- ✓ Denotes staff tasks

1. Minimize stress, anxiety, and depression by strengthening resiliency of young people

- a. Promote access to resources supporting mental health
 - Increase knowledge and support for Irvine Unified School District/Tustin Unified School District social-emotional learning and wellness resources
 - Increase knowledge and support to City and County systems addressing social/emotional resources
 - ✓ Support leadership efforts targeted at strengthening youth resiliency
 - ✓ Educate teachers and youth program leaders to build resiliency in classrooms and community programs
- b. Convene discussions and forums which accurately depict issues and concerns impacting Irvine children and youth
 - Conduct student and parent educational forums facilitating student viewpoints and life experiences
 - ✓ Conduct on-campus student forums which reduce stigma and promote accessibility to resources
 - ✓ Conduct educational sessions at Teen Summit on minimizing stress, anxiety and depression.
- c. Deliver character development learning experiences
 - Recognize youth character role models (Outstanding Supporters of Prevention – OSP)
 - ✓ Develop character development curriculum
 - ✓ Deliver character development workshops at middle school campuses
 - ✓

2. Connect children and youth to their schools and community

- a. Strengthen access to caring adult relationships
 - Serve as caring adults to Youth Action Team reps and other youth participants
 - ✓ Promote and educate youth group leaders of impacts of caring adult relationships
 - ✓ Match students at Creekside High School with adult mentors
 - ✓ Provide support to DARE, Team Kids, and other youth leadership groups

- b. Provide meaningful and impactful service learning experiences
 - Participate in a Youth Action Team sponsored service learning activity
 - ✓ Engage middle and high school students in community services projects directed at benefiting others
 - ✓ Enable youth to be the planners, organizers, and lead agents in delivering service learning projects
 - ✓ Connect youth to service learning experiences which provide an insight to potential career paths.

- c. Disconnect from technology devices and re-connect with non-screen experiences
 - Promote alternatives to screen time
 - ✓ Deliver recreational experiences which require social interaction among youth while disabling tech devices.
 - ✓ Plan, organize and coordinate youth experiences in nature

3. Value youth as a vibrant section of the Irvine community

- a. Recognize youth contributions to school and community
 - Develop systems for ICYFAC to recognize outstanding efforts benefiting school and community
 - ✓ Collaborate with Irvine Unified School District/Tustin Unified School District mental health and wellness personnel to support and recognize peer to peer efforts to strengthen resiliency

- b. Enable youth input and participation in problem resolution
 - Facilitate discussion among High School Youth Action Team and other youth groups to solve problems facing young people
 - Invite young people to participate and provide input on issues which affect students

- c. Generate experiences to actively listen to young people
 - Establish an annual meeting for ICYFAC members to listen to students perspectives of growing up in Irvine
 - Participate as an active listener at a High School Youth Action Team or similar youth-led meeting

4. Collaborate with youth and community serving agencies

- a. Provide leadership to enhance community outreach
 - Increase knowledge of organizations and resources supporting young people
 - Collaborate with Irvine Prevention Coalition to host training and educational activities
 - ✓ Facilitate outreach meetings and events at City facilities
 - ✓ Support coordination of youth organized forums at high school campuses

FY 2019-20 Irvine Children, Youth and Families
Advisory Committee Work Plan

- b. Partner in delivery of resiliency oriented programs and services throughout the Irvine community
 - ✓ Work with Irvine Prevention Coalition, Team Kids, and other youth focused organizations to strengthen resiliency
 - ✓ Collaborate with Irvine Unified School District/Tustin Unified School District representatives in delivery of “We Care” messaging and activities