



AGENDA

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

August 28, 2019
5:30 PM

Irvine Civic Center
Conference Training Center
One Civic Center Plaza
Irvine, CA 92606

Speaker's Card/Request to Speak: If you would like to address the Irvine Children, Youth and Families Advisory Committee (ICYFAC) on a scheduled agenda item, please complete the Request to Speak Form. Speaker's Forms are located on the table at the entrance to the Meeting Room. Please identify on the card your name, address and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the ICYFAC are recognized Your name will be called at the time the matter is heard.

CALL TO ORDER

ROLL CALL

Committee Member:	VACANT	Irvine Unified School District Rep
Committee Member:	Dr. Luz Arellano	Tustin Unified School District Rep
Committee Member:	Wendy Bokota	Irvine Prevention Coalition Rep
Committee Member:	Brooke Cazier	Appointed by: Councilmember Kuo
Committee Member:	Theresa Collins	Appointed by: Councilmember Shea
Committee Member:	Dina Eletreby	Appointed by: Councilmember Khan
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Lily Freeman	High School Youth Action Team Rep
Committee Member:	Christine Ito	Member-At-Large
Committee Member:	Zihai Li	Appointed by: Councilmember Fox
Committee Member:	Branda Lin	Community Services Representative
Committee Member:	Christina Liu	High School Youth Action Team Rep
Committee Member:	Ense Kwan	Appointed by: Councilmember Carroll
Committee Member:	Dayna Money	Irvine Child Care Committee Rep
Chair	Lauren Johnson-Norris	Community Services Representative

PLEDGE OF ALLEGIANCE

INTRODUCTIONS

1. New Committee Member Introductions – Community Services Superintendent Adam Buchanan

COMMITTEE REORGANIZATION

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REORGANIZATION

RECOMMENDED ACTION:

- 1) Selection of Irvine Children, Youth and Families Advisory Committee Chair: Designee declares nominations open for Chair and calls for Committee vote.
- 2) Selection of Vice Chair: Newly-elected or reappointed Irvine Children, Youth and Families Advisory Committee Chair declares nominations open for Vice Chair and calls for Committee vote.

PRESENTATIONS

1. Early Childhood OC: Resilient Families, Quality Early Learning and Comprehensive Health and Development - Sandy Avzaradel, MS Ed., Project Director Early Childhood OC & Early Childhood Mental Health and Wellness

ANNOUNCEMENTS

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

1. Red Ribbon Week
2. 18th Annual Irvine Global Village Festival – October 12 and 13, 2019
3. Potential Presentation Topics for Future Committee Meetings

COMMITTEE UPDATES

1. High School Youth Action Team report

ADDITIONS AND DELETIONS TO THE AGENDA

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

PUBLIC COMMENTS

Any member of the public may address the Committee on items within the Committee's subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

COMMITTEE BUSINESS

1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES FOR MEETING HELD MAY 22, 2019

RECOMMENDED ACTION:

Approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held May 22, 2019.

2. IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE PROPOSED MEETING SCHEDULE FOR CALENDAR YEAR 2020

RECOMMENDED ACTION:

Approve the Irvine Children, Youth and Families Advisory Committee Proposed Meeting Schedule for calendar year 2020.

ADJOURNMENT

Adjourn to a regular meeting of the IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE, Wednesday, November 13, 2019, 5:30 PM at Irvine Civic Center, One Civic Center Plaza, Irvine, California, 92606, in the Conference and Training Center (CTC).

NOTICE TO THE PUBLIC

At 11:00 p.m., the Irvine Children, Youth and Families Advisory Committee (Committee) will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 midnight and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 midnight.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Committee liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Committee meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Committee liaison at (949) 724-6642.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Committee at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Committee liaison at 949-724-6647 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION DEVICES

To minimize distractions, please turn off or silence all personal communication devices.

MEETING SCHEDULE

Regular meetings of the Committee are held quarterly on the last Wednesday of every third month at 5:30 p.m. unless otherwise noted. The Committee agenda is posted in the Police Department for public viewing. Meeting agendas and approved minutes are kept current on the City website at www.cityofirvine.org.

I hereby certify that the agenda for the Irvine Children, Youth and Families Advisory Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby, One Civic Center Plaza, Irvine, California on August 22, 2019 by 5:30 p.m. as well as on the City's website.



Committee Liaison

Early Childhood Mental Health & Wellness Program

A program of the Early Childhood Mental Health Collaborative

Sandy Avzaradel, MS Ed.
Program Manager
ecmh.oc@gmail.com





Why Intervene Now?

- **95% of a child's brain develops by age 8**
- Young children exposed to five or more Adverse Childhood Experiences (ACEs) in the first three years of childhood face a **76%** likelihood of having one or more *delays* in their **language, emotional development and/or brain development**
- **Prevention and early intervention before age 8 can positively change the brain architecture and developmental trajectory of children.**



What we know nationally!

- Just over 20% (1 in 5) children will experience a diagnosable mental health condition before the age of 18 (National Institute of Health)
- Average delay between onset of symptoms and intervention is 8-10 years (National Institute of Health)
- Preschool children are expelled at a rate three times that of K-12 students (Gilliam, 2005)
 - 10 times more likely to drop out of high school
 - Academic failure and grade retention
 - Hold negative views of school
 - Face incarceration



What we know in O.C.!

Survey conducted by the CSUF
Social Science Research Center,
with support and funding provided
by the Orange County Early
Childhood Mental Health
Collaborative members and the
Children and Families Commission
of Orange County (2015).

- Over 1/4 (28%) of early education providers have behavior or mental health concerns about a child they serve
- More than 1/3 (37%) of providers have asked a child to leave their program permanently due to behavioral challenges/ potential mental health concerns
- Nearly 1/4 (22%) of providers were caring for a child who had been asked to leave their previous provider for behavior or mental health concerns.
- Providers are most interested in learning about:
 - How to deal with problem behavior (82.9%)
 - Programs that link with community resources (81.1%)
 - Where to refer parents (80.9%)
 - How to work with withdrawn children (79.9%)
 - Brain development (78.5%)
 - Other (18.9%)



Who we are!

- Choc Children's
- Children and Families Commission of Orange County
- Children's Home Society
- Orange County Association for the Education of Young Children
- Orange County Department of Education
- Orange County Health Care Agency
- Regional Center of Orange County
- Social Science Research Center, California State University, Fullerton



What is Early Childhood Mental Health Consultation Model?

- ECMH consultation aims to build the capacity of staff, families, programs, and systems to **prevent, identify, treat** and **reduce** the impact of mental health problems among children from birth to age five (5) and their families (Cohen & Kaufmann, 2000, rev. 2005)
- An Evidenced-based intervention for supporting young children's **social-emotional development** and addressing **challenging behaviors** (Georgetown University Center for Child and Human Development)
- ECMH consultants work collaboratively to build the capacity of early childhood staff and families to address and/or prevent challenging behaviors and to foster **social-emotional competencies**. (Georgetown University Center for Child and Human Development)

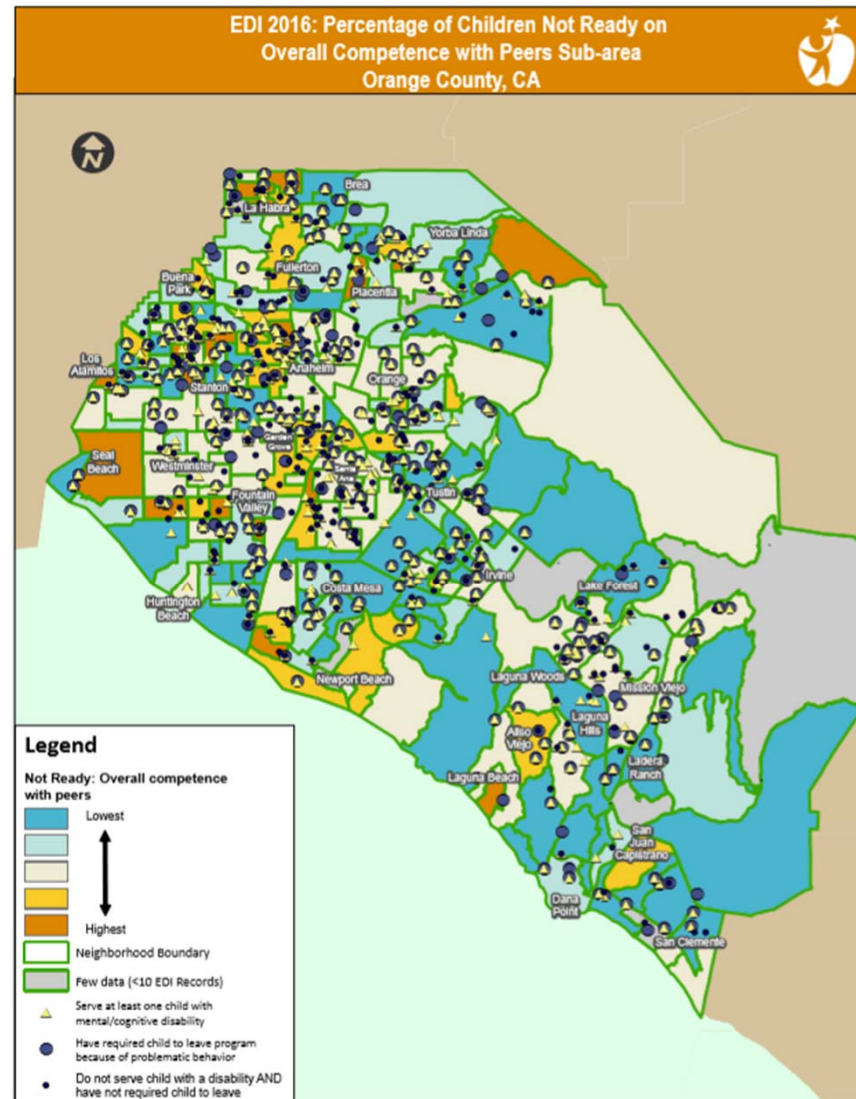


Program Design

- ECMH consultants utilize a collaborative 6-step process with each provider:
 - Readiness assessment
 - Needs assessment
 - Collaborative action plan
 - Implementation of plan
 - Transition and sustainability plan
 - Communities of Practice
- Data based decision making informs the collaborative action plan and identifies the focus area(s):
 - Program (system)
 - Classroom
 - Individual child/Family
- 3-6 months of support:
 - sustainable evidence based practices to prevent expulsion/suspension and/or connect to clinical services
- Ongoing Communities of Practice (COP) with participants



Initial Implementation in high need areas based on EDI Data and CSUF survey.





Where we are!

- Focus: programs who do not have access to support and services (non state/federally funded programs)
- Currently in Cohort 3 – to date
 - Family Child Care Homes (5)
 - Center-Based Preschools (17)
 - Faith Based/Non-profit Programs (10)
 - Co-op Preschool (1)
- 8 Programs in Irvine



Key Components

- Direct Access to Clinical Assessment and Services
 - CHOC Hospital
- On-Site Mental Health Consultation and Practice Based Coaching for staff
- Resource and Referral to Community Based Programs which provide direct services for children, parents/families, providers
- Build internal staff and leadership capacity to provide best practices without the use of outside consultant or coach



Future Goals

- Support county-wide **expansion** and long-term **sustainability**
- Contribute to an integrated approach to **prevention and early intervention** through collaborative community based partnerships
- Provide statewide leadership in the **promotion** of social and emotional skill development, **prevention** of suspension and/or expulsion for challenging behavior, and the **intervention** of early childhood mental health conditions

Questions?

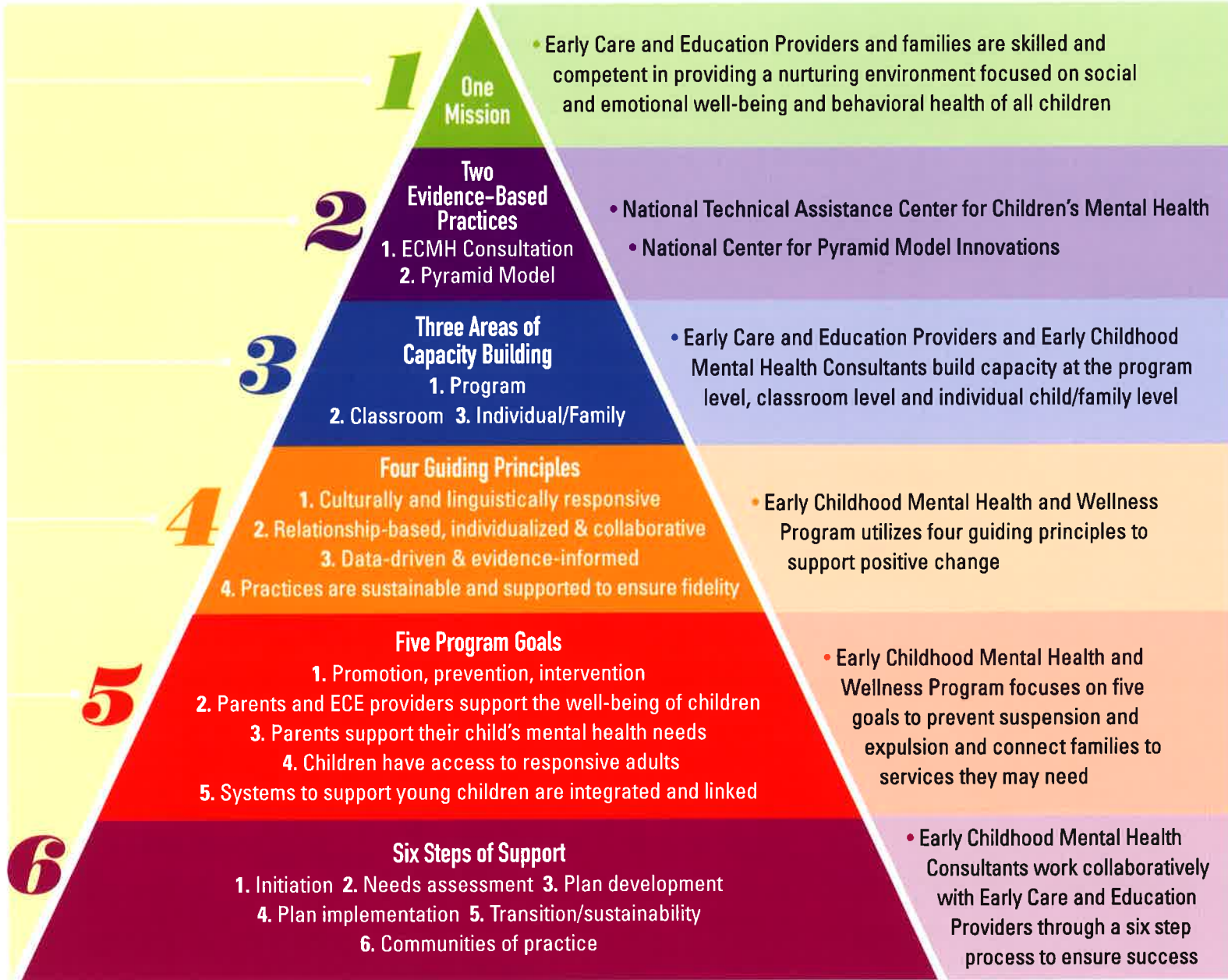
Sandy Avzaradel MS Ed.
Program Manager
ecmh.oc@gmail.com



Early Childhood Mental Health and Wellness Program

The Early Childhood Mental Health and Wellness Program

For information or to participate in the program,
email the program manager at: ecmh.oc@gmail.com



A program of the Early Childhood Mental Health Collaborative





EARLY CHILDHOOD OC

Partnering for Thriving Communities



Our Shared Vision



Young children reach their developmental potential and are ready to succeed in school and in life



Adults are knowledgeable, nurturing, responsive and interact effectively with other adults, children and the family unit



Environments that impact children are safe, supportive, stable and healthy



Orange County attains economic and social benefits by prioritizing children and families

All children
are valued,
nurtured,
healthy,
and thriving.

Core Principles

- Children and families thrive regardless of income, language and culture
- Supports and services are coordinated and integrated across settings and sectors
- Policies and practices are family centered

Strategies for Action

- Promote and share knowledge
- Identify and eliminate barriers
- Build community capacity
- Make data-informed decisions
- Encourage public-private approaches
- Advance adequate and sustainable funding
- Implement quality standards
- Embed continuous quality improvement
- Ensure coordinated messaging

Orange County Early Childhood Policy Framework



Resilient Families



Quality Early Learning



Comprehensive Health & Development

ACCESS

Recognizes that availability of services are important

- Parenting programs are sufficiently available, promote the resilience of caregivers, and enhance knowledge of parenting and child development
- Programs, schools and communities offer opportunities for family engagement and leadership
- Family friendly policies and practices exist in the workplace
- High quality, developmentally appropriate learning experiences and environments are sufficiently available to meet the needs of all children and families
- Education, coaching and training are available for caregivers, teachers and other professionals
- Comprehensive health coverage and services are sufficiently available and utilized, including screening, early identification, consultation and treatment
- Mental health needs are identified and treated
- Workforce shortages of pediatric specialists are addressed

QUALITY

Recognizes that services must meet a standard of quality, not simply exist

- Programs promote and support family self-efficacy and self-sufficiency
- Families are empowered to choose high quality comprehensive services, supports and education
- Services and programs for families incorporate protective factors
- Formal and informal care environments and education practices reach the highest standards of quality
- Curriculum and behavior expectations for programs serving children birth through 2nd grade are developmentally appropriate
- All settings provide effective transitions across and within programs, schools and systems
- Providers and practices consistently meet quality indicators for their respective standards of care
- Settings and practices promote positive relationships, optimal child development, and appropriate nutrition and physical activity

EQUITY

Recognizes that special populations need special attention

- All families have help to access preventive, timely and coordinated services and supports according to their needs, including high-need children and families and special populations
- Education, employment, housing, financial, health and legal supports and policies contribute to family economic stability and long-term security
- Readiness and academic achievement gaps are eliminated for children birth through eight
- Early childhood professionals are well-trained and well-compensated across programs and settings
- Health disparities are eliminated through education, employment, housing, financial and legal policies that support child and family health
- All environments are safe, free of toxins, have affordable nutritious foods and other opportunities for physical activity
- Children with special health, behavioral or developmental needs receive individualized services and supports

2019 Red Ribbon Week

Theme- Life is a Journey
Travel Safely

Dates- October 21-25, 2019 (Alt. Oct 14-19,2019)

Red Ribbon Training - Creekside High School
(Room 4) 3387 Barranca Pkwy -September 11th,
2:45-4:00pm.

Pitch-in for Prevention-replacement for Pennies for
Prevention

Red Ribbon at Ruby's- October 14-19th and 21-25th
(Irvine –Woodbridge Village Center.)

Principals and staff are encouraged to serve shakes
and schools will be eligible for prizes.

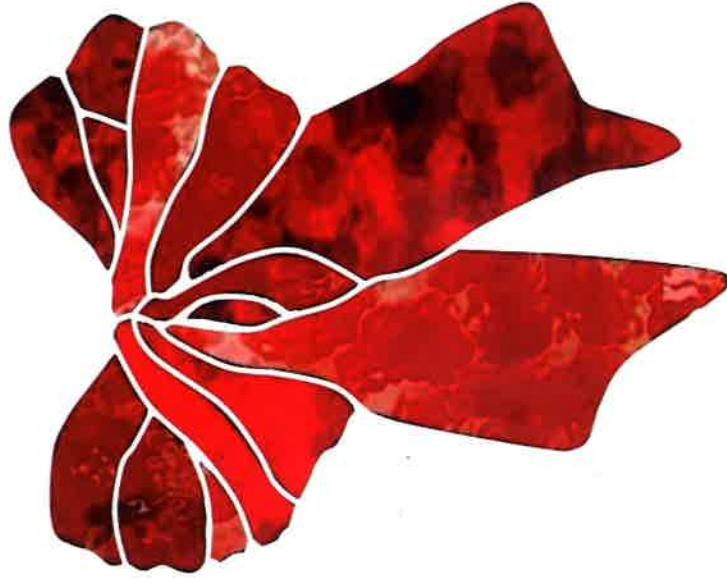
Reserve your Ruby's date, by emailing Rita
Karaoguz Ritak.ipc@gmail.com

Irvine Global Village at the Great Park
RRW activities Kids Village -Oct 12th 10-5pm

Facebook.com/IrvinePreventionCoalition



United together as a **COMMUNITY**
in support of Red Ribbon Week!



PLEDGE

I pledge to make healthy choices,
be a positive role model for my
friends, and to support the
mission of Red Ribbon Week.

IRVINE PREVENTION COALITION

BOARDING PASS

Life is a Journey...Travel Safely

PASSENGER

SCHOOL

SEAT

FLIGHT
RED RIBBON WEEK

DATE

10/21/19-10/25/19

DESTINATION/GOAL

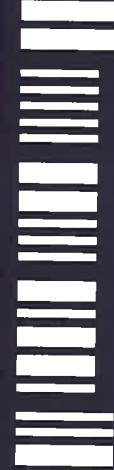
[Facebook.com/IrvinePreventionCoalition](https://www.facebook.com/IrvinePreventionCoalition)

FIRST CLASS

PASSENGER

FLIGHT
CONFIRMATION
PASSWORD

#REDRIBBONWEEK



Red Ribbon Celebration

ALDERWOOD BEACON PARK BONITA CANYON BRYWOOD

CADENCE PARK CANYON VIEW COLLEGE PARK CULVERDALE

CYPRESS VILLAGE DEERFIELD EASTSHORE EASTWOOD

GREENTREE LOMA RIDGE

MEADOW PARK NORTHWOOD

OAK CREEK PLAZA VISTA PORTOLA SPRINGS SANTIAGO HILLS

SPRINGBROOK STONE CREEK STONEGATE TURTLE ROCK

UNIVERSITY PARK VISTA VERDE WESTPARK WOODBURY

Pitch-In for Prevention

Every Effort Counts And So Do You!

Pitch-In for Prevention Information Packet

Irvine's Red Ribbon Celebration is sponsored by



and the partners of the Irvine Prevention Coalition

Your Teens Are at All-Time High Risk for Mental Health Issues at College: What Can You Do?

Here's the grim news from a new report conducted by Barnes & Noble College Insights: Generation Z is suffering from a crushing amount of stress in the college years, more than any other generation before it (hey, no snorting or scoffing over there, Boomers and Gen X). What's going on, and more importantly, how can we parents help mitigate the mental health challenges Gen Z is facing during their university years?

Let's go back to the report, titled "Mental Health & Well-Being on Campus: How We Better Care for the Whole Student," released by a branch of Barnes & Noble Education, Inc. The report surveyed current college students as well as their parents to get a broad sense of the state of mental health among college and university students today.

The report's findings were sobering indeed, showing that today's college students feel pushed and pulled by numerous factors in their lives, including (but not limited to) academic expectations they've set for themselves, academic expectations they feel have been set for them by others, the volatile current political climate, money worries, and social anxieties.

Three experts are cited in the report: Daniel Eisenberg, Ph.D., Healthy Minds Network, University of Michigan; Victor Schwartz, M.D., Chief Medical Officer of The Jed Foundation; Ron Goldman, co-founder and CEO of Kognito.

There were four major takeaways from the study that we think parents of college-bound Gen Z youth should definitely know.

- **Gen Z is at serious risk for mental health issues at university.** How much of a risk? Well, according to this report, a whopping three-fourths (76% of those surveyed) reported experiencing serious mental health issues such as anxiety and depression that interfered with their daily functioning. Those who reported mental health decline split three ways, with 89% reporting high stress, 86% reporting anxiety, and 66% reporting depression.

Those are some serious stats. And while the study also showed that these mental health obstacles didn't *necessarily* correlate with academic failure, "additional research from the Healthy Minds Study shows that when students have high levels of mental health problems... they are about twice as likely to depart the institution before graduation," according to Eisenberg. That's pretty scary.

- **Our kids' stress may weigh heavier on them than we think.** Balancing their lives and achieving good grades were at the top of the list of stressors for Gen Z college students. And while some parents seemed clueless, 79% of parents involved in the study rated these concerns as a 4 on a scale of 1 to 5. The good news? Students feel great when they're following their passion by pursuing a

major they care about. So back off about that practical business degree, parents. Mental health comes first.

- **Campus mental health resources are not utilized to the degree parents might hope.** Though students seem to know about their schools' counseling resources (85%), only 24% have been brave enough to make use of the counseling offered at their schools. It is possible that some youth are getting help from other places, Schwartz points out, but still... as parents, maybe we can encourage our Gen Z kids to use the services available to them on campus.
- **The best news of all: Our actions as parents *matter* to our college kids, the study shows.** The BNED report revealed that in addition to financial support and emotional support, many parents offer no-judgment, stigma-free conversations to their kids about how to handle anxiety and stress and depression. And those conversations are empowering our kids. "Conversations [like these] play a critical role in building coping skills, social connectedness, and motivating those in need to seek help. While these conversations can be difficult, they are necessary."

Goldman feels the conversations need to be between students and their parents as well as between students and their school staff. "It is ... critical that mental health initiatives at universities and colleges go beyond building awareness of the impact of psychological distress and begin to train and empower their faculty, staff and students with the confidence and communication skills to seek help and effectively approach those in need to provide support and motivation to connect with available help."

In short? Take your Gen Z youth seriously; their college complaints are no joke. It's a difficult world out there, and they need you more than ever. And if you're looking for some actually-useful college advice to give your teen on their journey, we've got you covered.

Florida to require mental health courses in public schools beginning in sixth grade



MORGAN WINSOR
ABC News July 18, 2019

Florida to require mental health courses in public schools beginning in sixth grade originally appeared on abcnews.go.com

Florida public schools will now be required to offer at least five hours of mental health instruction to all students in sixth through twelfth grades every year.

The state Board of Education unanimously voted on Wednesday to approve the new requirements, which are part of a mental health initiative spearheaded by Florida first lady Casey DeSantis, the wife of Gov. Ron DeSantis.

"Ron and I have traveled the state and have heard from many families who voice concern about the struggles that adversely affect so many of our children," the first lady said in a statement. "We know that 50 percent of all mental illness cases begin by age 14, so we are being proactive in our commitment to provide our kids with the necessary tools to see them through their successes and challenges. Providing mental health instruction is another important step forward in supporting our families."

(MORE: Clever teacher's mental health check-in chart inspires educators to create their own)

Under the new mandate, public school students in grades six through 12 must take courses every year related to youth mental health awareness and assistance to grades sixth through twelfth.

The courses must include instruction that will help them identify the signs and symptoms of mental illness, take them through the process of getting or seeking help for themselves or others, provide awareness of the resources available, and teach them what to do or say to their peers who are struggling with mental health disorders.

"We are going to reinvent school-based mental-health awareness in Florida, and we will be the number one state in the nation in terms of mental health outreach and school safety, all because of the governor's and First Lady's remarkable vision," the state's Education Commissioner Richard Corcoran said in a statement released following the vote on Wednesday.

(MORE: Rabbi discusses recovery after brother's suicide and erasing stigma of mental illness)

A study published in 2016 by the U.S. Centers of Disease Control and Prevention found that one in six children in the country, aged 2 to 8, had a diagnosed mental, behavioral or developmental disorder.

Depression and anxiety are the most common diagnoses among adolescents, aged 12 to 17, while behavior problems are most common among children aged 6 to 11, according to a study published in 2018 by The Journal of Pediatrics.

COMMITTEE BUSINESS – ITEM 1



MINUTES

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

May 22, 2019

Irvine Civic Center
Conference and Training Center
One Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order at 5:37 p.m. by Darin Loughrey, Manager.

ROLL CALL

Committee Members Present: 9 Wendy Bokota
Brooke Cazier
Dina Eletreby*
Diane Gale
Christine Ito
Tony Kam
Zhihai Li
Dayna Money
Britney Zhang
**Left the meeting at 6:55 p.m.*

Committee Members Absent: 4 Cristina Blevins
Theresa Collins
Joanne Farrell
Lauren Johnson-Norris

PLEDGE OF ALLEGIANCE

Manager Loughrey led the Pledge of Allegiance.

INTRODUCTIONS

Manager Loughrey introduced new committee members:

- Diane Gale, Member-at-Large
- Christine Ito, Member-at-Large
- Dayna Money, Irvine Child Care Committee Representative

PRESENTATIONS

1. FOR Families Specialist Debbie Brunn provided an overview of the service offered by City's FOR Families program and Irvine Police Department Mental Health Outreach Program.

Committee discussion included: criteria for receiving FOR Families and Mental Health Outreach Program services; the trends in mental health concerns being addressed by the programs; collaboration between the programs and Irvine Unified School District; mental health needs and services for individuals at the college/university level; and the need for stigma reduction of mental health issues.

ANNOUNCEMENTS

Manager Loughrey announced the following:

- The City, in partnership with the Irvine Prevention Coalition, hosted a successful parent forum on Wednesday, March 27, 2019 presented by licensed clinical psychologist Dr. Jerry Weichman. More than 225 individuals attended the forum to learn about the impact of positive social relationships on teenager's mental and physical health.
- The City also hosted two trainings conducted by Dr. Weichman specifically for professionals who work with children and teens. Approximately 150 staff from the Parks, Irvine Unified School District, and Irvine Child Care Project afterschool programs attended the trainings entitled, "Fostering Supportive Interactions with Irvine Youth." Committee members recommended conducting additional trainings in the future for others who could benefit such as coaches, teachers and parents.
- On behalf of the Irvine Children, Youth and Families Advisory Committee, Manager Loughrey thanked High School Youth Action Team representatives Tony Kam and Britney Zhang for their participation and contributions to the Committee during their yearlong term.
- The Irvine Prevention Coalition held its Outstanding Supporters of Prevention Awards on Wednesday, May 8, 2019 at Irvine Civic Center. The event was an opportunity to recognize individuals and groups who make a positive impact in the lives of children and families in Irvine.

COMMITTEE MEMBER UPDATES

1. Youth Action Team Project Updates

Committee Members Kam and Zhang provided updates on the High School Youth Action Team projects held this past quarter, including:

- The 25th annual Teen Summit with over 300 students in attendance
- Spring Volunteer Camps with 26 participants completing over 600 hours of service in the community
- Volunteer projects with students completing more than 2,000 hours of service over the past quarter
- 15 Youth Action Team-sponsored yoga classes for students
- Suicide awareness campaign and mental health resources campaign
- Red Ribbon week activities with over 3,000 students participating
- High School Lunchtime forums included topics on stress management, healthy eating, finding ones passion, mental health resources, and suicide awareness. A total of 50 on-campus forums serving more than 2,700 students were held over the entire school year.
- Selection of 15 new students to serve on the High School Youth Action Team next year

Members Kam and Zhang also informed the Committee that High School Youth Action Team will be hosting a Summer YAT Camp and college campus tours during summer break.

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions to the agenda.

PUBLIC COMMENTS

There were no public comments.

COMMITTEE BUSINESS

1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES

ACTION: Moved by Committee Member Money and seconded by Committee Member Bokota to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held February 27, 2019.

The motion carried as follows:

Ayes 9 Committee Members Cazier, Eletreby, Gale, Ito, Kam, Li, Money, Zhang

Absent 4 Committee Members Blevins, Collins, Farrell, Johnson-Norris

2. REVIEW AND DISCUSS PROPOSED FY 2019-20 IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE WORK PLAN

Manager Loughrey presented the Committee Work Plan for final input. The Committee discussion included: incorporating issues of importance to the disabled community in Committee efforts; providing education to the community on the topic of sex trafficking in Orange County; promoting student well-being and engagement with learning as a measure of success rather than simply focusing on academic performance (e.g. Challenge Success program); providing conversations around options other than four-year colleges such as community college and trade schools.

The Committee suggested adding a strategy to the Work Plan that provides the ability to address changing community needs. It was recommended that strategy 5 should state, "Respond to emerging issues that impact children and families in Irvine."

ADJOURNMENT

Moved by Committee Member Bakota, seconded by Committee Member Gale, and unanimously carried by those members present, to adjourn the meeting at 7:15 p.m.

DARIN LOUGHREY, MANAGER

LAURIE GRUSCHKA
RECORDING SECRETARY

Date Approved: _____

COMMITTEE BUSINESS – ITEM 2



REQUEST FOR IRVINE CHILDREN, YOUTH, FAMILIES ADVISORY COMMITTEE ACTION

MEETING DATE: AUGUST 28, 2019

TITLE: IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY
COMMITTEE PROPOSED MEETING SCHEDULE FOR
CALENDAR YEAR 2020



Manager of Community Services



Director of Community Services

RECOMMENDED ACTION

Approve the Irvine Children, Youth and Families Advisory Committee Proposed Meeting Schedule for calendar year 2020.

EXECUTIVE SUMMARY

The Irvine Children, Youth and Families Advisory Committee (Committee) is an advisory body to the Community Services Commission and provides ongoing review and evaluation of the City's children, youth, and family-related initiatives.

Each year the Committee sets an annual meeting schedule in accordance with Committee Bylaws (Attachment 1). A proposed meeting schedule for calendar year 2020 (Attachment 2) is submitted for Committee review and approval.

ANALYSIS

The Committee meetings are held quarterly, on the fourth Wednesday of designated months, at 5:30 p.m. at the Irvine Civic Center, unless otherwise noted. The proposed 2020 meeting schedule is presented for Committee review and approval.

The proposed 2020 meeting schedule is prepared for Committee approval in accordance with the Brown Act, which requires a 72-hour public notice posting of the Committee meeting agenda and location.

ALTERNATIVES CONSIDERED

The Committee may choose to amend the proposed 2020 meeting schedule to change regular meeting dates, add additional meetings, and/or change meeting locations.

FINANCIAL IMPACT

There is no financial impact to approving and/or amending the proposed Committee meeting schedule for 2020.

REPORT PREPARED BY Adam Buchanan, Community Services Superintendent

ATTACHMENTS

1. Irvine Children, Youth and Families Advisory Committee Bylaws
2. Irvine Children, Youth and Families Advisory Committee Proposed Meeting Schedule for calendar year 2020



**IRVINE CHILDREN, YOUTH AND FAMILIES
ADVISORY COMMITTEE
BYLAWS**

Community Services Resolution Number: 18-07
Community Services Commission Approved: 06/06/2018


Director of Community Services

1.0 NAME

The name of this advisory body of the City of Irvine shall be the Irvine Children, Youth and Families Advisory Committee (hereinafter "Committee").

2.0 LOCATION

The principal office for the transaction of business is hereby fixed and located at One Civic Center Plaza in Irvine, California.

3.0 PURPOSE, MISSION, AND DUTIES

- 3.1 Purpose – The purpose of the Committee is to serve as a public advisory body of the City of Irvine, reporting to the Community Services Commission (herein after "Commission"). The Committee's purpose is to be achieved in accordance with the goals and objectives of City Council and the Commission.
- 3.2 Mission – The Committee's mission is to provide ongoing review and evaluation of the City's children, youth and family-related initiatives.
- 3.3 Duties – The Committee's duties include reviewing progress of children, youth and family-related services and programs and integrating community input on an ongoing basis.

The Committee shall have all the primary powers and authorities necessary and convenient to carry out the business and affairs of the Committee, including the power to invite City residents to serve on ad hoc committees as nonvoting participants. The Committee shall recommend to the Commission such actions as they deem appropriate, and the Commission can convey such recommendations to the City Council as it deems appropriate.

The Committee shall report annually to the Commission on its goals and accomplishments.

4.0 GENERAL STATEMENT OF POLICY

Provisions of the Irvine Municipal Code, Title I, Division 4-Commissions and Committees, are applicable to all commissions and committees appointed by, or otherwise operating under, the authority of the City of Irvine, City Council and/or its properly appointed delegate.

5.0 MEMBERSHIP

The Committee shall consist of no more than fifteen (15) voting members ("Committee Members"). All Committee Members must either be a resident of, or employed in, the City of Irvine, and shall serve pursuant to Section 5310 of the California Organizations Code.

Membership on the Committee is comprised of representatives meeting the following requirements:

- 5.1 Five (5) City Council-appointed Members – Each member of the City Council shall appoint one member to serve on the Committee for a term expiring upon the expiration of the Council member's term.
- 5.2 Two (2) Members of the Community Services Commission – Community Services Commission elects two (2) members to serve two-year terms.
- 5.3 Two (2) Members-at-Large – Members-at-Large are selected through a public recruitment to serve two-year terms.
- 5.4 Two (2) Youth Members – Youth High School Members are selected through the City of Irvine Youth Action Team to serve one-year terms.
- 5.5 Five (5) Agency Representatives – The following groups will be asked to appoint one (1) person to represent the interests of their respective constituencies to serve at the pleasure of their organization:
 - 5.5.1 Irvine Unified School District
 - 5.5.2 Tustin Unified School District
 - 5.5.3 Irvine Prevention Coalition
 - 5.5.4 Irvine Child Care Committee
 - 5.5.5 Irvine Public Safety (Ex-Offico)

5.6 Resignation, Vacancies, and Removal

- 5.6.1 Resignation – Any Committee Member or officer may resign at any time by giving written notice to the Chair or Vice Chair.
- 5.6.2 Vacancies – In the event a vacancy is created, it shall be filled by the same method by which the vacancy was previously filled, at a timeline established by the Committee.
- 5.6.3. Removal – Absence from three (3) consecutive meetings may constitute the removal of the member. In the event a Committee Member fails to attend three consecutive meetings, the Committee may, by motion, move to remove the Committee Member from the Committee. A majority vote of the Committee Members present at the duly constituted meeting shall be required to carry such a motion.
- 5.6.4 Liabilities and Property Rights of the Committee - No member of the Committee shall be personally responsible for any indebtedness or liability, and any and all creditors shall look only to the City of Irvine's assets for payment.

6.0 VOTING

- 6.1 One Vote Per Member – Committee Members shall each be entitled to one vote.
- 6.2 Proxy Votes – No proxy votes are permitted.

7.0 OFFICERS

Officers of the Committee shall include a Chair and a Vice Chair, each of whom shall be a member of the Committee. The officers shall be elected by the Committee every other year.

- 7.1 Election – Regular election of officers shall be held at the Committee's spring meeting of odd-numbered years. The term of office shall be two (2) years, commencing upon election.
- 7.2 Chair – The Chair shall be responsible for the general supervision, direction, and control of the business and affairs of this Committee. The Chair shall preside over all meetings and shall represent the Committee to the Commission, the City Council and City staff.

- 7.3 Vice Chair – In the absence or resignation of the Chair, the Vice Chair shall perform all of the duties of the Chair, and in so acting, shall have all of the authority of the Chair. The Vice Chair shall have such other powers and perform such other duties as may be prescribed by the Committee.

8.0 MEETINGS

All meetings shall be opened to the public and shall conform to the provisions of the “Ralph M. Brown Act”.

- 8.1 Agenda – Agenda items may be submitted thirty (30) days in advance by any Committee Member upon notification to the Chair or City liaison. The agenda shall be established with items as coordinated by the Chair and City liaison.
- 8.2 Procedures – Robert’s Rules of Order shall govern the general conduct of meetings.
- 8.3 Quorum – A majority of the Committee Members shall constitute a quorum. A majority vote of the Committee Members present at a duly constituted meeting shall be required to carry a motion, proposal and/or resolution.
- 8.4 Regular Meetings – The Committee shall meet four (4) times each year per an annual schedule approved by the Committee at the last meeting of the previous year. All regular meeting agendas shall be posted in a location accessible to the public at least 72 hours before the time of the meeting and must describe the business to be transacted.
- 8.5 Special Meetings – A special meeting may be called at any time by the Chair or by a majority of the members of the Committee, by delivering personally, by mail, or by email written notice to each member and by circulating the agenda as required by law, and by posting the agenda in a location freely accessible to the public at least 24 hours before the meeting. The special meeting notice must specify both the time and the place of the meeting and the business to be transacted.

9.0 BYLAWS

Amendments to these bylaws are subject to approval and adoption by the Commission by a majority vote of the members present at a duly constituted meeting of the Commission.

COMMUNITY SERVICES COMMISSION RESOLUTION NO. 18-07

A RESOLUTION OF THE COMMUNITY SERVICES COMMISSION OF THE CITY OF IRVINE, CALIFORNIA, AMENDING THE BYLAWS OF THE IRVINE CHILDREN YOUTH AND FAMILIES ADVISORY COMMITTEE

WHEREAS, the City Council authorized the Community Services Commission to serve as the governing body of the Irvine Children, Youth and Families Advisory Committee; and

WHEREAS, the Irvine Children, Youth and Families Advisory Committee has approved revisions to its Bylaws to assure relevance to its mission; and

WHEREAS, the Bylaws amended are consistent with the City Council direction as to the mission of the Committee; and

NOW, THEREFORE, the Community Services Commission of the City of Irvine, DOES HEREBY RESOLVE as follows:


SECTION 1. That the above recitals are true and correct and are incorporated herein.

SECTION 2. Based on the above findings, the Community Services Commission of the City of Irvine, DOES HEREBY RECOMMEND the adoption of the amended Bylaws of the Irvine Children, Youth and Families Advisory Committee, attached hereto as Exhibit A.

SECTION 3. The Secretary to the Community Services Commission shall certify to the passage of this Resolution and enter it into the book of original Resolutions.

PASSED AND ADOPTED by the Community Services Commission of the City of Irvine at a regular meeting held on the 6th day of June 2018 by the following roll-call vote:

AYES:	5	COMMISSIONERS:	Trussell, Schultz, Johnson-Norris, Konte, and Owens
NOES:	0	COMMISSIONERS:	None
ABSENT:	0	COMMISSIONERS:	None
ABSTAIN:	0	COMMISSIONERS:	None



SECRETARY OF THE COMMUNITY SERVICES
COMMISSION FOR THE CITY OF IRVINE



CHAIR OF THE COMMUNITY SERVICES
COMMISSION FOR THE CITY OF IRVINE

**Irvine Children, Youth, and Families Advisory
Committee (ICYFAC)**

Proposed 2020 Meeting Schedule

DATE	DAY	TIME	LOCATION
February 26	Wed	5:30 p.m.	Civic Center, CTC
May 27	Wed	5:30 p.m.	Civic Center, CTC
August 26	Wed	5:30 p.m.	Civic Center, CTC
November 18	Wed	5:30 p.m.	Civic Center, CTC