

MINUTES

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

May 22, 2019

Irvine Civic Center Conference and Training Center One Civic Center Plaza Irvine, CA 92606

CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order at 5:37 p.m. by Darin Loughrey, Manager.

ROLL CALL

Committee Members Present: 9

Wendy Bokota Brooke Cazier Dina Eletreby* Diane Gale Christine Ito Tony Kam Zhihai Li Dayna Money Britney Zhang *Left the meeting at 6:55 p.m.

Committee Members Absent: 4 Cristina Blevins Theresa Collins Joanne Farrell Lauren Johnson-Norris

PLEDGE OF ALLEGIANCE

Manager Loughrey led the Pledge of Allegiance.

INTRODUCTIONS

Manager Loughrey introduced new committee members:

- Diane Gale, Member-at-Large
- Christine Ito, Member-at-Large
- Dayna Money, Irvine Child Care Committee Representative

PRESENTATIONS

 FOR Families Specialist Debbie Brunn provided an overview of the service offered by City's FOR Families program and Irvine Police Department Mental Health Outreach Program.

Committee discussion included: criteria for receiving FOR Families and Mental Health Outreach Program services; the trends in mental health concerns being addressed by the programs; collaboration between the programs and Irvine Unified School District; mental health needs and services for individuals at the college/university level; and the need for stigma reduction of mental health issues.

ANNOUNCEMENTS

Manager Loughrey announced the following:

- The City, in partnership with the Irvine Prevention Coalition, hosted a successful parent forum on Wednesday, March 27, 2019 presented by licensed clinical psychologist Dr. Jerry Weichman. More than 225 individuals attended the forum to learn about the impact of positive social relationships on teenager's mental and physical health.
- The City also hosted two trainings conducted by Dr. Weichman specifically for professionals who work with children and teens. Approximately 150 staff from the Parks, Irvine Unified School District, and Irvine Child Care Project afterschool programs attended the trainings entitled, "Fostering Supportive Interactions with Irvine Youth." Committee members recommended conducting additional trainings in the future for others who could benefit such as coaches, teachers and parents.
- On behalf of the Irvine Children, Youth and Families Advisory Committee, Manager Loughrey thanked High School Youth Action Team representatives Tony Kam and Britney Zhang for their participation and contributions to the Committee during their yearlong term.
- The Irvine Prevention Coalition held its Outstanding Supporters of Prevention Awards on Wednesday, May 8, 2019 at Irvine Civic Center. The event was an opportunity to recognize individuals and groups who make a positive impact in the lives of children and families in Irvine.

COMMITTEE MEMBER UPDATES

1. Youth Action Team Project Updates

Committee Members Kam and Zhang provided updates on the High School Youth Action Team programs held this past quarter, including:

- The 25th annual Teen Summit with over 300 students in attendance
- Spring Volunteer Camps with 26 participants completing over 600 hours of service in the community
- Volunteer projects with students completing more than 2,000 hours of service over the past quarter
- 15 Youth Action Team-sponsored yoga classes for students
- Suicide awareness campaign and mental health resources campaign
- Red Ribbon week activities with over 3,000 students participating
- High School Lunchtime forums included topics on stress management, healthy eating, finding ones passion, mental health resources, and suicide awareness. A total of 50 on-campus forums serving more than 2,700 students were held over the entire school year.
- Selection of 15 new students to serve on the High School Youth Action Team next year

Members Kam and Zhang also informed the Committee that High School Youth Action Team will be hosting a Summer YAT Camp and college campus tours during summer break.

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions to the agenda.

PUBLIC COMMENTS

There were no public comments.

COMMITTEE BUSINESS

1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES

ACTION: Moved by Committee Member Money and seconded by Committee Member Bokota to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held February 27, 2019. The motion carried as follows:

- Ayes 9 Committee Members Cazier, Eletreby, Gale, Ito, Kam, Li, Money, Zhang
- Absent 4 Committee Members Blevins, Collins, Farrell, Johnson-Norris

2. REVIEW AND DISCUSS PROPOSED FY 2019-20 IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE WORK PLAN

Manager Loughrey presented the Committee Work Plan for final input. The Committee discussion included: incorporating issues of importance to the disabled community in Committee efforts; providing education to the community on the topic of sex trafficking in Orange County; promoting student well-being and engagement with learning as a measure of success rather than simply focusing on academic performance (e.g. Challenge Success program); providing conversations around options other than four-year colleges such as community college and trade schools.

The Committee suggested adding a strategy to the Work Plan that provides the ability to address changing community needs. It was recommended that strategy 5 should state, "Respond to emerging issues that impact children and families in Irvine."

ADJOURNMENT

Moved by Committee Member Bakota, seconded by Committee Member Gale, and unanimously carried by those members present, to adjourn the meeting at 7:15 p.m.

LAURIÉ GRUSCHKA RECORDING SECRETARY

Date Approved: ______8/28/19____