



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

SEPTEMBER 19, 2019

Lakeview Senior Center
20 Lake Road
Irvine, California

Speaker's Form/Request to Speak: If you would like to address the Senior Council on a scheduled agenda item, including a Consent Calendar item, please complete the Request to Speak Form. Speaker's Forms are located on the table at the entrance to the meeting room. Please identify on the form your name, address (optional) and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Senior Council are recognized. Your name will be called at the time the matter is heard by the Senior Council. City policy is to limit public testimony to three minutes per speaker (unless extended by the Chair) which includes the presentation of electronic or audio visual information.

CALL TO ORDER

A regular meeting of the Senior Citizens Council (Senior Council) was called to order at 9:00 AM by Chair Inmon.

ROLL CALL

COUNCILMEMBER	JERRY CHANG	Council Appointee: Kuo
COUNCILMEMBER	JUNEU KIM	Council Appointee: Fox
COUNCILMEMBER	KEVIN KONDRU	Member-at-Large
COUNCILMEMBER	HARISH MURTHY	Council Appointee: Khan
COUNCILMEMBER	BILL SANDLIN	Council Appointee: Carroll
VICE CHAIR	RACHEL OWENS	Council Appointee: Shea
CHAIR	CAROLYN INMON	Member-at-Large

PLEDGE OF ALLEGIANCE

Senior Council Member Sandlin led the Pledge of Allegiance.

INTRODUCTIONS

There were no introductions.

PRESENTATIONS

1. Distinguished Service Awards

Chair Inmon presented this award to Kathleen Litvak for her dedicated volunteer service with the National Charity League-Irvine Chapter.

ANNOUNCEMENTS

Community Services Superintendent Sandra Salcedo made the following announcements:

- The Senior Council Member-at-Large recruitment will close at 4 p.m. on Friday, September 20, and interviews will be held on Thursday, October 3.
- The public is invited to explore the renovated Sweet Shade Ability Center, located at 15 Sweet Shade, during an Open House from 3 to 5 p.m. on Thursday, September 19.
- The Lakeview Senior Center Computer Lab naming dedication honoring Lee Tjhio will be held on Wednesday, October 2 at 3 p.m.
- The Irvine Global Village Festival will be held on Saturday, October 12 and Sunday, October 13 at the Orange County Great Park. The festival will be open from 10 a.m. to 5 p.m. each day with an admission fee of \$5 per day. General parking is free, but premier parking closer to the festival site will be available for \$10.

PUBLIC COMMENTS

Donella Andreas, owner of a new special needs gym coming to Irvine called I Am Movement, provided information on programs that will focus on Parkinson's Disease prevention activities such as Rock Steady Boxing, DanceAbility classes, Pilates, Yoga, Meditation, Tai Chi, and more. A flier was distributed to the Senior Council.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COUNCILMEMBER UPDATES

Senior Council Member Sandlin announced Mayor Shea may be creating a safety committee and suggested that Senior Council be involved.

Senior Council Members Kondru and Sandlin announced they will be absent during the October regular meeting.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

A. Friends of Outreach (FOO)

President Pat Hendee reported the following:

- Bingo program
 - Participation is up with a record intake of \$550 on September 17.
 - Recruiting for Caller and Verifier volunteers by advertising in Volunteer Match; Bingo currently has three new college student volunteers.
 - The program will be down for six weeks starting late December for the holidays and through January while the auditorium flooring is replaced; FOO is working with City staff on a plan to bring participants back after closure.
- The International Crafters store will open on October 1; the group is still accepting materials for the holiday gift bag remote control holders.
- Blue Shield donated bags for the holiday gift bags.
- The last restaurant fundraiser for 2019 was held at Stonefire Grill on September 17, donation yet to be calculated.
- FOO donations have provided 12 homebound seniors with emergency response services and 15 homebound seniors with in-home services.
- The FOO Board will be reviewing the annual budget at its November meeting.

B. Irvine Adult Day Health Services, Inc. (IADHS)

Executive Director Kimberly Beeson reported the IADHS annual casino night fundraiser is two weeks away and will incorporate 25th anniversary celebrations. RSVPs are being accepted until September 25. The event will feature: a new band, Grand Daddy Jack; the return of a dance floor; recognition of IADHS volunteers and supporters. IADHS daily programs are near capacity, but there are no days closed for new admissions.

C. Irvine Evergreen Chinese Senior Association (IECSA)

Director Jerry Chang introduced Dr. Sam Fung, who reported IECSA's weekly activities such as chorus, mahjong, and tai chi are all well attended. Moon cakes will be given to every attendee of the September 21 monthly meeting in celebration of the September 13 Lunar Festival. Regular meetings offer two components, English classes and arts (such as calligraphy or singing). This month's meeting will include presentations about Census 2020 and Long-Term Care and a performance by the IECSA Choir. IECSA will have a booth at the Irvine Global Village Festival where members will be providing hand-painted fans and names written in Chinese characters to participants.

D. Irvine Korean Evergreen Association (IKEA)

President Juneu Kim reported IKEA's new photography class is going well, and participants would like to exhibit their works at the senior centers. There is a Korean YouTuber that has featured IKEA in his videos, and President Kim is now being contacted directly by channel viewers for assistance with a myriad of issues, but will remain focused on serving seniors.

E. Irvine Senior Travelers

Representative Natalie Chaikin reported the group has been busy with the many successful trips and excursions that have occurred this year. The Board has many new members due to attrition, and is now complete with 15 members. Elections will be held in January. An information desk is available in the Lakeview Senior Center lobby each Tuesday and Thursday for anyone interested in the travel programs.

F. NEDA-Association of Iranian American Seniors – No report.

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Chair Inmon reported the SCAC Board held a retreat where all subcommittees submitted their ideas for short term goals, which have since been presented to the County Board of Supervisors. The September meeting included a review of California Senior Legislature that is being prioritized for advocacy. Information was shared regarding Proposition 13 transfer of tax. Another piece of legislation of interest to seniors is Home Owner Associations prohibiting residents from renting

out rooms. There will be a holiday luncheon for all SCAC committees, and a SCAC alumni group is being formed. The October meeting will feature a presentation by the District Attorney's Office on fraud against seniors.

B. Health and Nutrition

Senior Council Member Kondru provided three handouts from two meetings held last month and reported that changes to food labels will include new information, larger print, and serving size adjustments. Blood pressure standards are also being adjusted and dietary suggestions are being updated to help maintain and control blood pressure levels.

C. Housing and Transportation

Senior Council Member Chang reported the September 12 meeting topic was Affordable Senior Housing and spoke about the committee's advocacy in this area.

Chair Inmon reported about a development project in Costa Mesa where property was converted to senior affordable housing while occupied, with floors being done intermittently.

D. Legislative

Senior Council Member Murthy reported the September 16 meeting included a presentation from the Southern California Association of Governments. For information on all bills moving through legislation, visit leginfo.legislature.ca.gov.

3. Senior Citizens Council Committees

A. Facilities Committee

Senior Council Member Murthy reported the project to replace the auditorium flooring at the Lakeview and Rancho senior centers is moving forward.

Senior Council Member Kim requested that the awnings of the Lakeview Senior Center entrance be cleaned.

B. Leadership Committee – No report.

C. Nutrition Committee

Chair Inmon reported the Rose Garden Café is serving an average of 161 participants per day. Irvine has the only program in the county that offers meals cooked on site. The Meals on Wheels program served 13,798 meals in fiscal year 2018-19, and there is no waitlist at this time. Meals on Wheels has distributed shelf-stable meals twice this year. Each box contains five meals approved by a dietician and a File of Life magnet. A new menu cycle has begun with suggestions to include more multicultural meals.

COUNCIL BUSINESS

1. MINUTES

ACTION: Moved by Vice Chair Owens and seconded by Senior Council Member Kondru to approve the minutes of the August 15, 2019 regular meeting.

The motion carried as follows:

Ayes: 7 Chang, Inmon, Kim, Kondru, Murthy, Owens, Sandlin
Noes: 0
Absent: 0

END COUNCIL BUSINESS

At this time, Senior Council Member Kondru announced this would be his last meeting as his Member-at-Large term will expire in October and he will be out of country for the next meeting.

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Senior Council Member Kondru, and unanimously carried by members present to adjourn the meeting at 10:25 AM.

Carolyn Inmon
CAROLYN INMON, CHAIR

Athena Martinez
Athena Martinez
Recording Secretary

October 17, 2019
Date