



AGENDA

IRVINE CHILD CARE COMMITTEE REGULAR MEETING

**NOVEMBER 12, 2019
9:00 AM**

**Heritage Park Community Center
14301 Yale Ave.
Irvine, California 92604**

Speaker's Form/Request to Speak. If you would like to address the Committee on a scheduled agenda item, please complete the Request to Speak Form. Speaker's Forms are located on the table at the entrance to the meeting room. Please identify on the card your name, address and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Committee are recognized. Your name will be called at the time the matter is heard by the Committee. City policy is to limit public testimony to three minutes per speaker (unless extended by the Chair) which includes the presentation of electronic or audiovisual information.

CALL TO ORDER

ROLL CALL

COMMITTEE MEMBER:	Dawn Antis	Councilmember Fox Appointee
COMMITTEE MEMBER:	Joshua Arnaldo	Parent Representative
COMMITTEE MEMBER:	Dr. Seema Choudhary	Councilmember Khan Appointee
COMMITTEE MEMBER:	Linda Hunter	Community Representative
COMMITTEE MEMBER:	Dayna Money	Mayor Shea Appointee
COMMITTEE MEMBER:	Scott Schultz	Councilmember Carroll Appointee
COMMITTEE MEMBER:	Jessica Winn	Provider Representative
COMMITTEE MEMBER:	Jenny Woo	Parent Representative
COMMITTEE MEMBER:	Michelle Yost	Mayor Pro Tem Kuo Appointee
COMMITTEE MEMBER:	Vacant	Community Representative
COMMITTEE MEMBER:	Shelby Clatterbuck	Irvine Unified School District Appointee
COMMITTEE MEMBER:	Donna King	Irvine Valley College Appointee
VICE CHAIR:	Wenli Lin	University of California, Irvine Appointee
CHAIR:	Donna Schwartze	Provider Representative

PLEDGE OF ALLEGIANCE

INTRODUCTIONS

PRESENTATIONS

Scan this QR code for an electronic copy of the Agenda and staff reports.



PRESENTATIONS

1. A Study on Praise and Mindsets – Carol Dweck (Video)

ANNOUNCEMENTS

Announcements, Committee Reports and Committee Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

PUBLIC COMMENTS

Any member of the public may address the Board on items within the Board's subject matter jurisdiction, but which are not listed on the Agenda during Public Comments. However, no action may be taken on matters that are not part of the posted agenda. Public Comments are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

COMMITTEE REPORTS

2. Irvine Child Development Center Operating Corporation – Committee Member Winn
3. Irvine Children, Youth and Families Advisory Committee – Committee Member Money

ADDITIONS AND DELETIONS TO THE AGENDA

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

COMMITTEE BUSINESS

1. **APPROVAL OF IRVINE CHILD CARE COMMITTEE MINUTES**

RECOMMENDED ACTION:

Approve the minutes of the Irvine Child Care Committee meeting held October 9, 2019.

ADJOURNMENT

Next meeting: IRVINE CHILD CARE COMMITTEE regular meeting, January 14, 2020, 9:00 a.m., Heritage Park Community Center, 14301 Yale Avenue, Irvine, California.

NOTICE TO THE PUBLIC

At 11:30 a.m., the Irvine Child Care Committee will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate by 12:00 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Irvine Child Care Committee liaison and are available for public inspection and copying once the agenda is publicly posted (at least 72 hours prior to a regular Irvine Child Care Committee meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Irvine Child Care Committee liaison at (949) 724-6647.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Irvine Child Care Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Irvine Child Care Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Irvine Child Care Committee at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS AMERICANS WITH DISABILITIES ACT:

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact Irvine Child Care Committee liaison at 949-724-6647 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION DEVICES

To minimize distractions, please ensure all personal communication devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Irvine Child Care Committee are held on the second Tuesday of select months at 9 AM unless otherwise noted. The Irvine Child Care Committee agenda is posted in the Police Department and is also available on the City web site at cityofirvine.org. Meeting agendas and approved minutes are kept current on the City web site at cityofirvine.org.

I hereby certify that the agenda for the Irvine Child Care Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, One Civic Center Plaza, Irvine, California on November 6, 2019 by 5:30 p.m. as well as on the City's web page.

, Committee Liaison

How to Give Praise That Builds Your Child's Self-Esteem

<https://www.understood.org/en/friends-feelings/empowering-your-child/celebrating-successes/how-to-give-praise-that-builds-your-childs-self-esteem>

Situation	Try saying....	The self-praise connection
The project you're looking at is good, but you know that more effort could have gone into it.	<p>"That is a great start."</p> <p>"How do you like it?"</p> <p>"Do you think it's your best effort?"</p>	This approach helps kids reflect on whether their work measures up to <i>their</i> expectations. It also asks them to consider how hard they worked and whether they're proud of the effort they put in.
Your child has done something well but is downplaying the positive actions and success of the effort.	<p>"You may not think it's a big deal, but it was kind of you to stick up for your friend."</p> <p>"It sounds like you're proud. What about this makes you feel this way?"</p>	This approach points out what you think is worthy of praise and what you value. It also asks kids to think about what they're proud of and what they value.
You know your child worked hard but still didn't meet the goal.	<p>"I'm sorry you didn't quite make it to your goal. You got close! Do you feel like you can do it next time?"</p> <p>"It's nice that you enjoyed the books you did read, even though reading can be hard for you."</p>	This approach asks kids to reflect on what worked, not just what needs improvement. It also helps kids learn to be OK with doing things they like to do, but aren't great at.
Your child aces a test--and knows it.	<p>"I'd love to know how you did it! What strategies did you use?"</p> <p>"Wow, I can see why you are excited. You worked really hard."</p>	This approach reminds kids that consistently doing something well takes effort--even if they didn't doubt they could do it. It asks kids to look at what they did that led to success. AND it helps them acknowledge and take pride in their effort and success.
Your child behaves according to the expectations you talked about ahead of time.	"Thank you for listening/following the rules. I know it took hard work to do that."	This approach gives kids specific feedback they can directly match to the expectations. It also allows them to start paying attention to how they're measuring up to what is expected of them.

Key Takeaways:

- Praising effort--even when kids don't meet their goals--can help build self-esteem.
- It helps to ask kids to explain what they did that led to success
- Being specific about what you expect can help kids match their actions to expectations

Books to read with your child to foster a growth mindset:

<https://selfsufficientkids.com/growth-mindset-childrens-books/>

Praise that builds a child's self-esteem



In an effort to enhance their children's self-esteem, parents often use praise to recognize the efforts and accomplishments of their children. Obviously, recognizing our children's positive behavior is more likely to build self-esteem than dwelling on problems. It's important to realize that not all praise is created equal.

When praise isn't helpful

How do you react when someone:

- Says you are a great cook?
- Tells you how smart you are?
- Remarks on your attractiveness?

Do you doubt the person? Deny the compliment? Feel threatened? Feel manipulated? Some people react quite negatively to praise, either becoming defiant or withdrawing. These are normal reactions to a positive judgment. You don't notice that the comment is positive, you notice that it is a judgment.

Praise like "you're great... wonderful ...marvelous" can be too much for anyone to take. It is hard to accept such extravagant praise. Did you ever notice how uncomfortable you get whenever anyone evaluates you? When someone tells you you're "good" or "pretty" or "smart" all you can think about are the times you were bad or felt ugly or did something dumb.

Children also become uncomfortable with praise that evaluates them. They often push it away. Sometimes they will deliberately misbehave to prove you wrong. For example, you tell Jason what a great artist he is and he tells you Jenny is better at drawing. Or you tell Liz she sings beautifully and she is embarrassed about your bragging.

Descriptive praise

Instead of evaluating what your child has done, it is usually better to describe it. Describe in detail exactly what your child did. Then your child, hearing the description, is likely to recognize the truth and credit herself.

The kind of praise a child can "take in" and that truly builds self-esteem comes in two parts. First, the adult describes what the child has done. ("I see you are all ready to go to the store. You picked up your toys, put on your jacket, and even turned off the light in your bedroom.") Second, the child,

after hearing his accomplishment described, praises himself. ("I know how to plan ahead and be responsible.")

Descriptive praise is harder and takes longer, but the payoff is usually greater. Descriptive praise helps children become independent, creative thinkers and doers. They do not look to somebody else for approval. They trust themselves and their own judgment. They have enough confidence to say to themselves, "I'm satisfied," or "I'm not satisfied," with what I have done. They learn to make corrections or adjustments based upon their own evaluations.

Descriptive praise is unconditional love — not conditional upon your approval.

Evaluative praise creates dependency

Some praise creates dependency upon the approval of others. The evaluative praise, "You are a very generous person," makes the child dependent on the judgment of the praiser. But the descriptive praise, "When you saw that Elliot forgot his sandwich, you gave him part of yours" gives a child a sense of her own abilities and accomplishments.

Descriptive praise lets a child evaluate herself. If you want your daughter to focus her attention more on the impact she had on Elliot, you might say something like, "Look at Elliot's face! He looks pretty happy because you gave him something to eat when he didn't have anything." You can help your child see how her actions affect others.

Ask yourself, does my praise make my children more dependent upon me and my approval, or do my words help them see their strengths and give them a clearer picture of their abilities and accomplishments? The goal is to let your children feel in touch with their own powers and to be able to praise themselves. The person your child needs to please is him or herself.

Good Job! Wonderful! Great! Praise, as it is commonly practiced, is a way of making and keeping children dependent on us. It gets them to conform to our wishes. It sustains a dependence on our evaluations and our decisions about what is good and bad, rather than helping them begin to form their own judgments. It leads children to measure their worth in terms of what will make us smile and offer the positive words they crave. It leads to a dependency on approval.

Components of descriptive praise

Effective praise, then, has two parts:

- First the parent expresses appreciation for some specific contribution or effort.
- Second, the child draws conclusions about himself or herself based on this specific statement from the parent.

For a mother to tell her son, "You're so strong" is not as effective in building self-esteem as saying "That was really a heavy load. Thanks for your help." This boy can then think to himself, "I must be pretty strong. Mom thought I was a good helper." These internal conclusions will be much more believable to the child than a parent's general value judgment of the child as a person.

Evaluative comments are often unnecessary. In the long run, parents can become less judgmental and controlling, and help their children become more independent and motivated, by acknowledging what their children do. Just pointing out an aspect of a child's drawing that seems interesting (without saying that it's nice or that you liked it) will likely be enough to encourage further efforts.

For example, if your preschooler makes you a get-well card, instead of saying "It's beautiful," you can describe it: "I love these yellow balloons and red hearts. They cheer me up. I feel better already, just looking at them."

Practice using descriptive praise

It takes more thoughtful effort to use descriptive praise than evaluative praise. Why do we respond with a barrage of compliments? It's easy. It feels good to have someone looking to us for approval. But it takes skill and care and attention to encourage people in such a way that they remain interested in what they are doing and don't feel controlled.

Remember descriptive praise has two parts:

- Describe what you see and hear.
- Describe what you feel.

To try this out with your own child, think about three things your child does that you might want to praise. Practice describing those things in your head, or on paper. When the time is right, try out those comments with your child. Note your child's reaction and how the comments were received.

It might take lots of trial and error before you feel comfortable using this new skill. If things don't go well the first time, practice (and practice) again in the future. With practice, you'll get there and your parent-child relationship will benefit.

Article Courtesy of: University of Minnesota Extension

<https://extension.umn.edu/encouraging-positive-behavior/praise-builds-childs-self-esteem>

Joan E. LeFebvre, Extension family living agent in Vilas, Forest, and Florence Counties, University of Wisconsin. Reviewed by Steve Small, Family life extension specialist — University of Wisconsin.

Reviewed 2016 by Lori Hendrickson, Extension educator in family resiliency.

HD 160: Advanced Curriculum Planning



Earn 3 units of Early Childhood Education in this dynamic class at IVC!

Opportunities to apply the theories of Dewey, Erikson, Montessori, Piaget, and Vygotsky to the ECE classroom. Using the book: "Learning Together" we'll examine reflective teaching and how to create a nourishing classroom culture where children and teachers can thrive.

This course may be applied toward the California Child Development Permit, and is required for the Child Development A.A. degree and the Certificate of Achievement

When: Monday nights from 7-10pm beginning January 13, 2020

Instructor: Julie Bookwalter Email: jbookwalter@ivc.edu

Irvine Valley College

Sign up @ admissions.ivc.edu

(949) 451-5617

COMMITTEE BUSINESS – ITEM 1
APPROVAL OF IRVINE CHILD CARE
COMMITTEE MINUTES



MINUTES

IRVINE CHILD CARE COMMITTEE REGULAR MEETING

October 8, 2019

Heritage Park Community Center
14301 Yale Avenue
Irvine, California 92604

CALL TO ORDER

A regular meeting of the Irvine Child Care Committee was called to order on October 8, 2019, at 9:05 a.m. by Chair Schwartze.

Roll Call

Present: 11	Committee Member:	Dawn Antis
	Committee Member:	Joshua Arnaldo
	Committee Member:	Dr. Seema Choudhary**
	Committee Member:	Shelby Clatterbuck*
	Committee Member:	Linda Hunter****
	Committee Member:	Dayna Money
	Committee Member:	Scott Schultz
	Committee Member:	Jessica Winn
	Committee Member:	Michelle Yost***
	Vice Chair:	Wenli Lin
	Chair:	Donna Schwartze
		<i>*Arrived at 9:14 a.m.</i>
		<i>**Arrived at 9:19 a.m.</i>
		<i>***Departed at 9:35 a.m.</i>
		<i>****Departed at 10:15 a.m.</i>

Absent: 2	Committee Member:	Judith Manalisay
	Committee Member:	Jenny Woo

PLEDGE OF ALLEGIANCE

Chair Schwartze lead the Pledge of Allegiance.

INTRODUCTIONS

There were no Introductions.

PRESENTATIONS

Services and Programs for Parents and Educators presented by Salvador Diaz, Program Administrator III, Children's Home Society Program brochure and fliers were distributed.

ANNOUNCEMENTS

Supervisor Stubler announced the following:

- Census 2020: All Kids Count! Community Forum, fliers were distributed.
- An article by Sarah Suydam titled "A Sense of Belonging" was distributed.
- The Child Care Coordination Office is seeking out opportunities to provide information about resources available to find and access child care to non-English speaking residents.

Program Coordinator Diana Magallón announced Super Saturday for Early Care and Education Professionals will be held on October 12, 2019, at the Lakeview Senior Center. Committee members were invited to volunteer at the event.

Senior Leader Marcy Backhus shared and distributed an article by Cecilia Scott-Croff and Sori Palacio titled "Building Meaningful Relationships Tips for Children Who Display Challenging Behaviors."

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions.

PUBLIC COMMENTS

Public comment by Donna King from Irvine Valley College (IVC). IVC is exploring the potential to open a lab school on the College campus under the supervision of Instructional Services. Donna announced she would be the IVC representative to the Irvine Child Care Committee going forward.

COMMITTEE REPORTS

1. Irvine Child Development Center (ICDC) Operating Corporation – Committee Member Winn reported the school has completed its transitions for children moving into new classrooms for the school year. ICDC is currently preparing to renew their lease with the City.
2. Irvine Children, Youth and Families Advisory Committee – Committee member Money reported Sandy Avzaradel spoke on "Early Childhood OC: Resilient Families, Quality Early Learning and Comprehensive Health and Development." The Red Ribbon Week theme for Irvine Unified School District is "Life is a journey, travel safely."

COMMITTEE BUSINESS

1. MINUTES

ACTION: Moved by Committee Member Schultz, seconded by Committee Member Arnaldo to approve the minutes of the regular meeting of the Irvine Child Care Committee held September 10, 2019.

The motion carried as follows:

Ayes: 9 Committee Members: Antis, Arnaldo, Choudhary, Clatterbuck, Lin, Money, Schwartz, Shultz, Winn

Absent: 4 Committee Members: Hunter, Manalisay, Woo, Yost

2. IRVINE CHILD CARE COMMITTEE APPOINTMENTS

ACTION: Recommend the Community Services Commission approve the appointment of Imithri Bodhinayake and Jessica Winn to serve as Community Representatives, and Emiliano Guzman and Donna Schwartz to serve as Center-based Child Care Providers on the Irvine Child Care Committee from January 1, 2020, through December 31, 2021.

The motion carried as follows:

Ayes: 9 Committee Members: Antis, Arnaldo, Choudhary, Clatterbuck, Lin, Money, Schwartz, Shultz, Winn

Absent: 4 Committee Members: Hunter, Manalisay, Woo, Yost

3. IRVINE CHILD CARE COMMITTEE 2020 MEETING SCHEDULE

ACTION: Approve the Irvine Child Care Committee meeting schedule for calendar year 2020.

The motion carried as follows:

Ayes: 9 Committee Members: Antis, Arnaldo, Choudhary, Clatterbuck, Lin, Money, Schwartz, Shultz, Winn

Absent: 4 Committee Members: Hunter, Manalisay, Woo, Yost

ADJOURNMENT

Moved by Committee Member Winn, seconded by Committee Member Arnaldo, and unanimously carried to adjourn the meeting at 10:39 a.m.

DONNA SCHWARTZE
CHAIR

Date Approved: _____

TRACI STUBBLER
CHILD CARE COORDINATION SUPERVISOR