



AGENDA

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

February 26, 2020
5:30 PM

Irvine Civic Center
L102 Conference Room
One Civic Center Plaza
Irvine, CA 92606

Speaker's Card/Request to Speak: If you would like to address the Irvine Children, Youth and Families Advisory Committee (ICYFAC) on a scheduled agenda item, please complete the [Request to Speak Form](#). Speaker's Forms are located on the table at the entrance to the Meeting Room. Please identify on the card your name, address and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the ICYFAC are recognized. Your name will be called at the time the matter is heard.

CALL TO ORDER

ROLL CALL

Committee Member:	Luz Arellano	Tustin Unified School District Rep
Committee Member:	Brooke Cazier	Appointed by: Councilmember Kuo
Committee Member:	Shelby Clatterbuck	Irvine Unified School District Rep
Committee Member:	Theresa Collins	Appointed by: Councilmember Shea
Committee Member:	Dina Eletreby	Appointed by: Councilmember Khan
Committee Member:	Lily Freeman	High School Youth Action Team Rep
Committee Member:	Diane Gale	Member-At-Large
Committee Member:	Christine Ito	Member-At-Large
Committee Member:	Ense Kwan	Appointed by: Councilmember Carroll
Committee Member:	Zhihai Li	Appointed by: Councilmember Fox
Committee Member:	Branda Lin	Community Services Representative
Committee Member:	Christina Liu	High School Youth Action Team Rep
Committee Member:	Dayna Money	Irvine Child Care Committee Rep
Vice Chair	Wendy Bokota	Irvine Prevention Coalition Rep
Chair	Lauren Johnson-Norris	Community Services Representative

PLEDGE OF ALLEGIANCE

Scan this QR code for an electronic copy of the Agenda and staff reports.



INTRODUCTIONS

- New Committee Member Introductions – Community Services Administrator Adam Buchanan

PRESENTATIONS

1. 40 Developmental Assets

ANNOUNCEMENTS

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

- Topics of Interest Results
- Teen Summit (March 7, 2020)
- IUSD Vaping Forum (February 4, 2020)
- IUSD Language Support

COMMITTEE UPDATES

- High School Youth Action Team report

ADDITIONS AND DELETIONS TO THE AGENDA

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

PUBLIC COMMENTS

Any member of the public may address the Committee on items within the Committee's subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

COMMITTEE BUSINESS

2. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES FOR MEETING HELD NOVEMBER 13, 2019

RECOMMENDED ACTION:

Approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held November 13, 2019.

ADJOURNMENT

NOTICE TO THE PUBLIC

At 11:00 p.m., the Irvine Children, Youth and Families Advisory Committee (Committee) will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 midnight and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 midnight.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Committee liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Committee meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Committee liaison at (949) 724-6642.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Committee at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Committee liaison at 949-724-6647 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

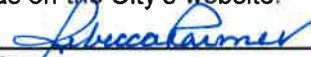
COMMUNICATION DEVICES

To minimize distractions, please turn off or silence all personal communication devices.

MEETING SCHEDULE

Regular meetings of the Committee are held quarterly on the last Wednesday of every third month at 5:30 p.m. unless otherwise noted. The Committee agenda is posted in the Police Department for public viewing. Meeting agendas and approved minutes are kept current on the City website at www.cityofirvine.org.

I hereby certify that the agenda for the Irvine Children, Youth and Families Advisory Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby, One Civic Center Plaza, Irvine, California on February 20, 2020 by 5:30 p.m. as well as on the City's website.



Committee Liaison

PRESENTATION – ITEM 1

40 Developmental Assets

(There is no report associated with this item.)

Developmental Assets and Youth Programming

Presented by

Lisa Osmanian Weinfurter, Community Services Program
Specialist

Lily Freeman, HSYAT Department Aide



Presentation Overview

- Overview of the Developmental Assets
- Identifying Developmental Assets in Youth Programming
- Conclusion



Developmental Assets

- Search Institute- Create a World Where Young People are Valued & Thrive

- Grounded in Extensive Research In:
 - Youth Development
 - Resiliency
 - Prevention Research

- What kids need in their communities?
 - Researched over 6 million students
 - Looked at 1200 Research Studies
 - Developed 40 Assets in 1990

- Research based on “What We Do”



“Assets identify critical opportunities, relationships, and personal strengths that young people need to succeed.”

- Search Institute



Important to Keep in Mind...

- Developmental Assets is NOT a program
- Asset Builders-intentionally trying to help youth develop strengths
- The goal of the program is the same, the assets makes the program better







Asset Categories





- 8 Categories
- External- the supports, opportunities and relationships young people need across all aspects of their lives
- Internal- The personal skills, self-perceptions, and values youth need to make good choices, take responsibility for their own lives, and be independent and fulfilled

External	Internal
Support	Commitment to Learning
Empowerment	Positive Values
Boundaries & Expectations	Social Competencies
Constructive Use of Time	Positive Identity

External Asset Categories

Category	Description
Support 	Young people need to be surrounded by people who love, care for, appreciate, and accept them.
Empowerment 	Young People need to feel valued & valuable. This happens when youth feel safe & respected.
Boundaries & Expectations 	Young people need clear rules, consistent consequences for breaking rules, & encouragement to do their best.
Constructive Use of Time 	Young people need opportunities- outside of school-to learn & develop new skills & interests with other youth & adults.

Internal Asset Categories

Category	Description
<p>Commitment to Learning</p> 	<p>Young people need a sense of the lasting importance of learning and a belief in their own abilities.</p>
<p>Positive Values</p> 	<p>Young people need to develop strong guiding values or principles to help them make healthy life choices.</p>
<p>Social Competencies</p> 	<p>Young people need the skills to interact effectively with others, to make difficult decisions, & to cope with new situations.</p>
<p>Positive Identity</p> 	<p>Young people need to believe in their own self-worth and to feel that they have control over the things that happen to them.</p>

The Asset Building Differences

From...	To...
Young people are the problem	Young people are the solution
Professionals work on assets	EVERYONE works on assets
Focus on troubled young people	Focus on ALL young people
Accountable only own behavior	Accountable for self as well as others
Incidental Asset Building	Intentional Asset Building- See it, affirm it, name it



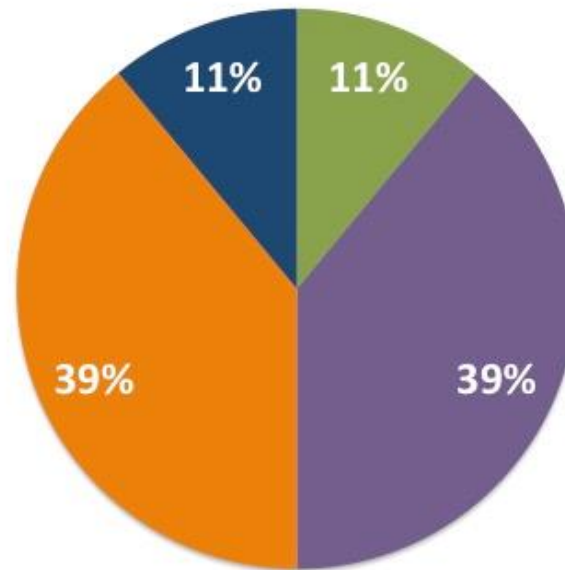
Developmental Assets Data

RESEARCH INSIGHTS

Levels of Assets Among US Youth

U.S. youth report having, on average 20.6 of the 40 assets. Only one in 10 (11%) report experiencing an optimal level of assets (31-40).

- 0 - 10 Assets
- 11 - 20 Assets
- 21 - 30 Assets
- 31 - 40 Assets



DATA SOURCE Search Institute surveys of 121,157 U.S. youth, grades 6 -12, between 2012 and 2015.



VISIT: www.search-institute.org/developmental-assets

Gender: Females report higher average levels of assets (21.3) than males (19.9).

Developmental Assets Data

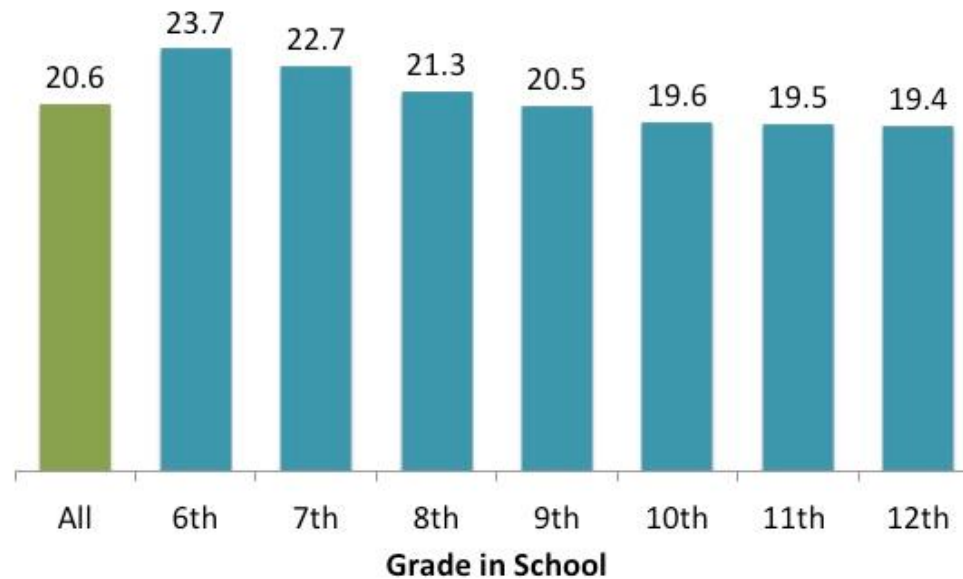
- When youth have more assets, they are:
 - More likely to thrive now and in the future
 - Less likely to engage in a wide range of high-risk behaviors
 - More likely to be resilient in the face of challenges

DA Data by Grade

RESEARCH INSIGHTS

Asset Levels Lower in High School

On average, high school youth experience fewer developmental assets than younger youth.



DATA SOURCE Search Institute surveys of 121,157 U.S. youth, grades 6 -12, between 2012 and 2015.



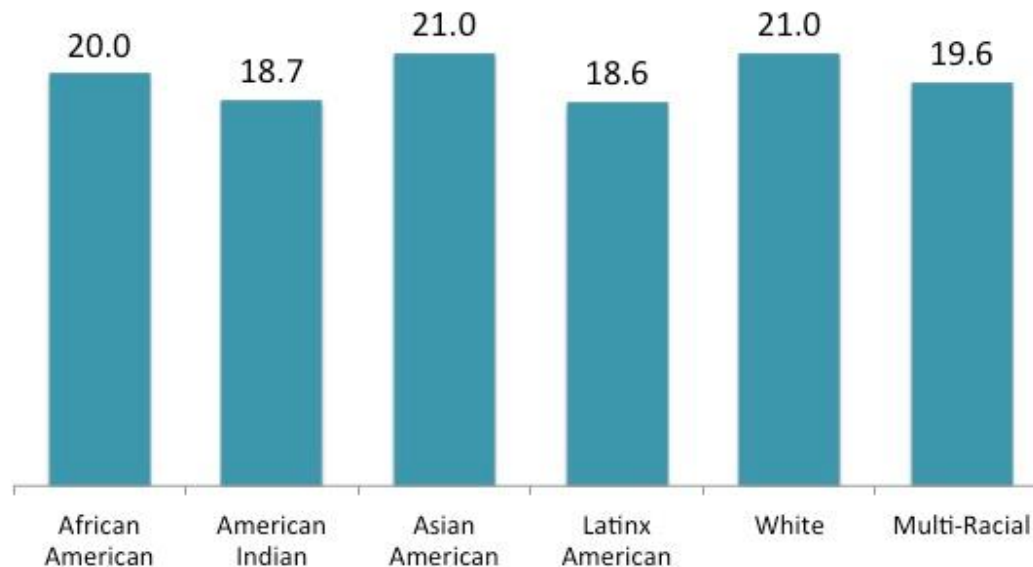
VISIT: www.search-institute.org/developmental-assets

Race/Ethnicity DA Data

RESEARCH INSIGHTS

Asset Levels by Race-Ethnicity

The average number of Developmental Assets (out of 40) reported by each group of youth, grades 6 to 12.



DATA

SOURCE Search Institute surveys of 121,157 U.S. youth, grades 6 -12, between 2012 and 2015.



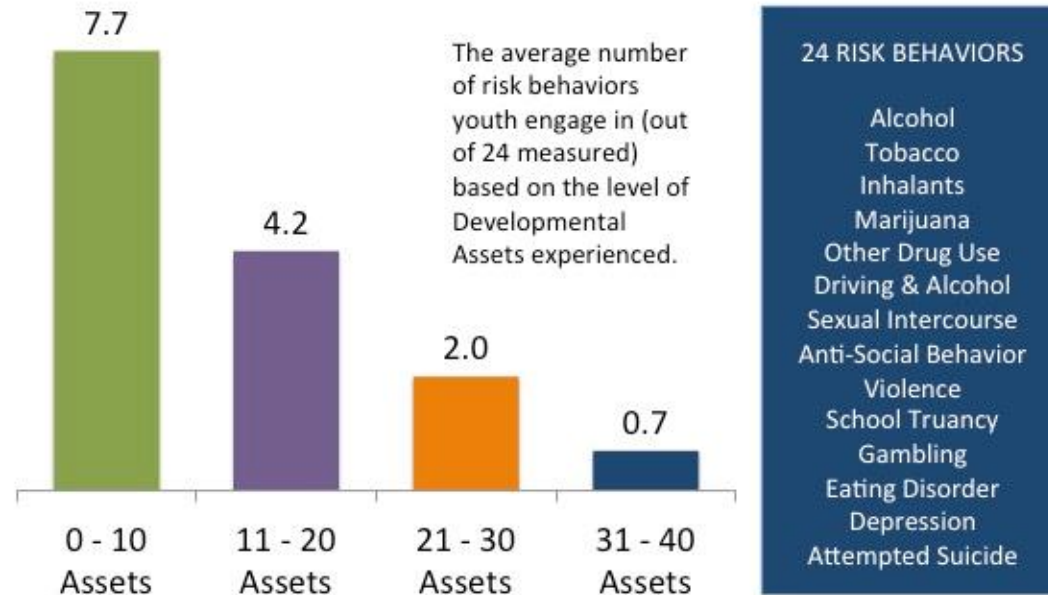
VISIT: www.search-institute.org/developmental-assets

DA Data Focusing on Risky Behavior

RESEARCH INSIGHTS

Assets and Risky Behaviors among US Youth

Youth who have higher levels of Developmental Assets are much less likely to engage in a wide range of high-risk behaviors.



DATA SOURCE Search Institute surveys of 121,157 U.S. youth, grades 6 -12, between 2012 and 2015.



VISIT: www.search-institute.org/developmental-assets

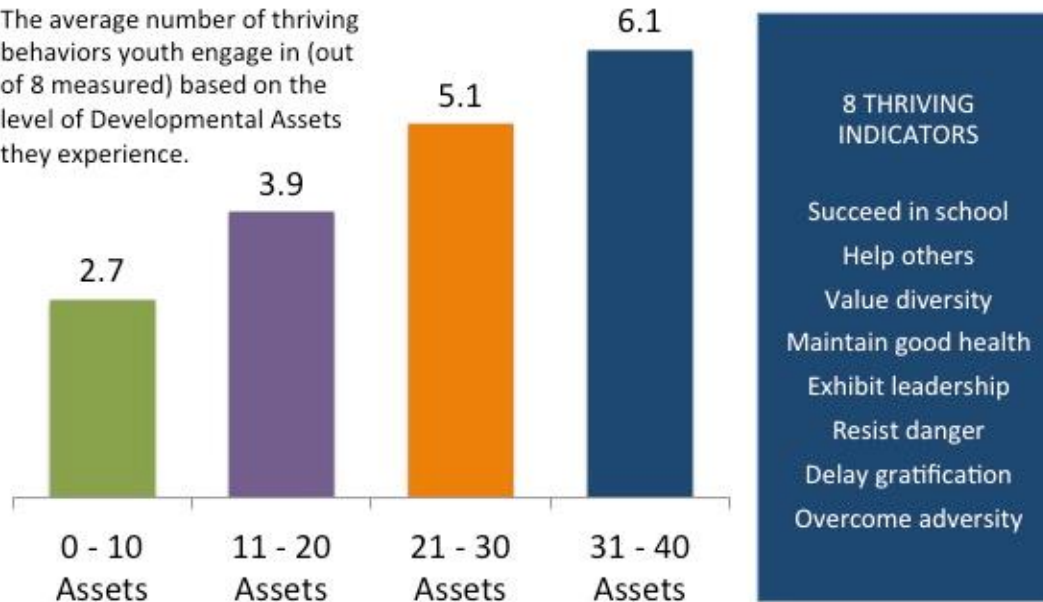
DA Data & Achievement

RESEARCH INSIGHTS

Assets and Thriving among US Youth

Youth who have higher levels of Developmental Assets are much more likely to engage in thriving behaviors.

The average number of thriving behaviors youth engage in (out of 8 measured) based on the level of Developmental Assets they experience.



DATA
SOURCE

Search Institute surveys of 121,157 U.S. youth, grades 6 -12, between 2012 and 2015.

Search
INSTITUTE

VISIT: www.search-institute.org/developmental-assets

Developmental Assets Through Youth Programming

- Other Adult Relationships
- Community Values Youth
- Caring Neighborhood
- Caring School Climate
- Youth as Resources
- School Engagement
- Adult Role Models
- High Expectations
- Creative Activities
- Positive Peer Influence
- Self-Esteem
- Sense of Purpose
- Responsibility
- Safety
- Caring
- Service to Others
- Youth Programs
- Bonding to School
- Equality & Social Justice
- Interpersonal Competence
- Planning & Decision Making
- Cultural Competence
- Resistance Skills
- Personal Power
- Peaceful Conflict Resolution
- Positive View of Personal Future



Asset Building Through Relationships & Programming



Junior Youth Action Team



Asset Building Through Relationships & Programming



Galentine's Day



Asset Building Through Relationships & Programming



On-Campus Lunchtime Activities



**Youth grow from relationships,
not programs**

**EVERYONE
is an
ASSET BUILDER**



How this translates into asset building everyday...

- **It is all about RELATIONSHIPS (100%)**
 - The POWER of someone knowing your NAME
 - Getting to know young people that you interact with
 - Identifying & encouraging youth strengths & talents
 - Never know who are you are talking to and what impact it will make

- **Providing leadership roles & service to youth**
 - Even if it is minuscule, provide opportunities whenever you can
 - Seek collaboration within agency, non-profits, schools, and other business

Questions?



Lisa Osmanian Weinfurter
(949) 724-6643
losmanian@cityofirvine.org

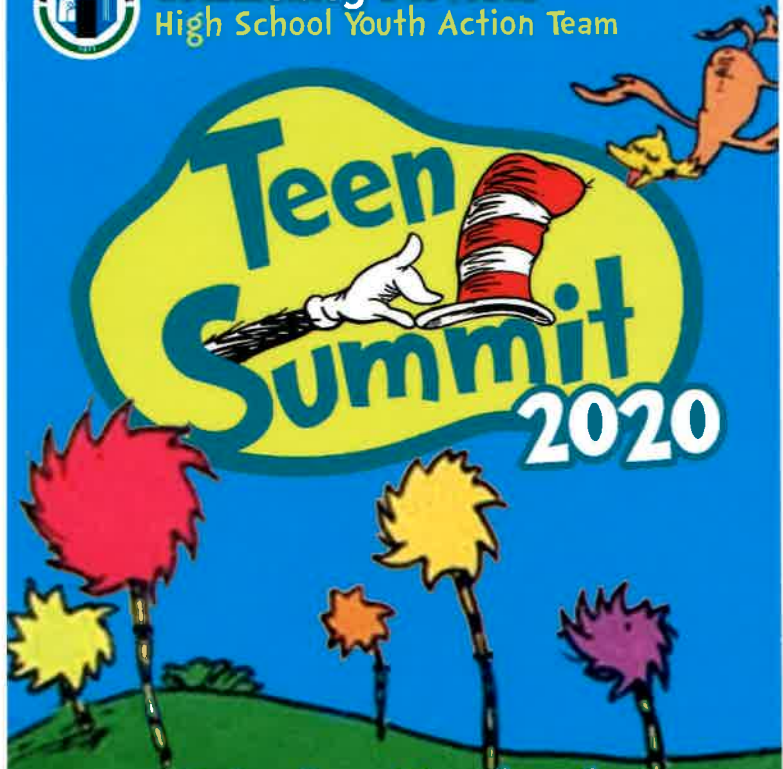


Areas of interest results from November 18, 2019

Presentation Topic	Community forum tally	Internal meeting tally
College Transition and Mental Health	9	2
Dr. Jerry Weichman: Teen Mental Health and Wellness	8	1
Technology Addiction/Sleep Deprivation	3	6
Human Trafficking	2	5
40 Developmental Assets	1	7
IUSD Language Development Program	1	4
Spectrum of Support Services for Youth with Special Needs	0	5
Campus Safety and School Climate	0	3
Value of Prevention Programming	0	3
Vaping	0	0



Community Services
High School Youth Action Team



Saturday, March 7th
8:00 a.m. - 1:00 p.m.
Lakeview Senior Center
20 Lake Road

(949) 724-6739
HSYAT@cityofirvine.org

The City of Irvine's annual Teen Summit is a student-organized, single-day youth conference hosted by the High School Youth Action Team (HSYAT). Teen Summit is FREE to all high school students and includes breakfast, entertainment, prizes, and a variety of teen-related workshops.

Featured Workshops

Getting Through Hardships

Mr. Chow, Beckman HS

Being Brave & Risk Taking

Ms. Bracken, Woodbridge HS

Elective Workshops

Self Resilience

Ms. Cavotta, Portola HS

Personal Branding

Jess Lesser, Deloitte/WHS Alum

Defining Leadership

Tony Kam, UC Berkeley/WHS Alum

Tai-Chi

Body & Brain Yoga Tai Chi

Morning Activities

Pancake Breakfast

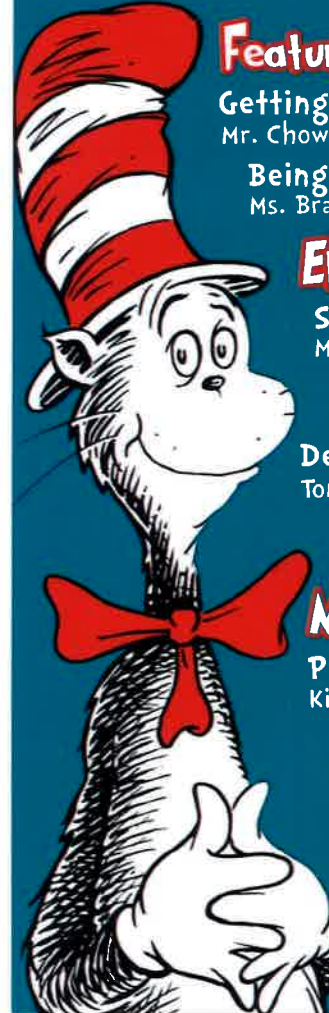
Kiwanis Club of Irvine

College Panel Q&A

IUSD & TUSD Alumni

Space is Limited
Register at Event
No Admittance
After 8:30 a.m.

@HSYAT



Teenagers Say Depression and Anxiety Are Major Issues Among Their Peers

By **Karen Zraick**

Feb. 20, 2019

Most American teenagers — across demographic groups — see depression and anxiety as major problems among their peers, a new survey by the Pew Research Center found.

The survey found that 70 percent of teenagers saw mental health as a big issue. Fewer teenagers cited bullying, drug addiction or gangs as major problems; those from low-income households were more likely to do so.

The consistency of the responses about mental health issues across gender, race and income lines was striking, said Juliana Horowitz, an associate director of research at the center.

The survey also asked respondents if they considered alcohol consumption or teen pregnancy to be major problems among their peers. Half of the teenagers from households earning less than \$30,000 said alcohol was a major problem; that number decreased to 43 percent among teenagers in households earning more than \$75,000.

Teenagers diverged most drastically across income lines on the issue of teen pregnancy. Fifty-five percent of teenagers in lower-income households said it was a major problem among their peers. Just 22 percent of teenagers in wealthier households agreed.

The survey of 920 teenagers ages 13 to 17 in the United States was conducted online and by phone in the fall. In their report, the researchers broke down results by income level and gender but not race or ethnicity, citing the small sample size.

Some psychologists have tied a growth in mental health issues among teenagers to increased social media use, academic pressure and frightening events like terror attacks and school shootings.

Teenagers who grew up in the post-9/11 era, and amid many school shootings, may have anxiety tied to an environment filled with dire warnings about safety, said Philip Kendall, director of the Child and Adolescent Anxiety Disorders Clinic at Temple University in Philadelphia.

His center often helps children distinguish between the possible and the probable, to help put anxiety about frightening but rare events in proper context.

Another major stressor is constant surveillance by peers on social media, and the “fear of missing out” it can generate, he added. Again, he said, guidance about how to understand social media — for example, a person taking 50 photos to get one perfect image — can help to dispel anxiety.

Increased rates of mental health issues could also be tied to better screening practices, noted Lynn Bufka, an associate executive director at the American Psychological Association.

But it is still cause for concern, she said. Teenagers are dealing with rapid changes to their bodies, hormones and lives in an era of nonstop information overload, and they need help developing coping strategies.

“It becomes really important for the adults around teens to be stable influences in their lives, to give them space for them to talk,” she said.

A study released in 2017 found that the number of children and adolescents admitted to children’s hospitals for thoughts of self-harm or suicide had more than doubled from 2008 to 2015, echoing trends in federal data.

Dr. Bufka said her top advice for adults worried about teenagers in their lives was simple: Listen, without “pouring on advice” or judging too much, and give them the opportunity to talk to a counselor or psychologist if needed.

“Let them know that you’ve got their back,” she said.

[If you are having thoughts of suicide, call the National Suicide Prevention Lifeline at 1-800-273-8255 (TALK) or go to [SpeakingOfSuicide.com/resources](https://www.speakingofsuicide.com/resources) for a list of additional resources.]

The Transition to College – How to Access Support

The Mighty Staff

The Mighty February 3, 2020 3:39 PM

This article is the first in a three-part series focused on supporting young adult students and their community as they navigate the transition to college. Mental health is a key part of that transition and help is available. This series is sponsored by Alkermes, Inc.

Watch for parts 2 & 3 in the series coming soon!

The Transition to College – How to Access Support

Transitioning to college can be a tough time for adult students. Between a major change in environment, new schedules, more freedom, and infinite choices, both in and out of the classroom, the pressure of the college experience can be intense and overwhelming for young adults, many of whom are on their own for the first time. This transition marks a major change in a student's life; the stakes are high, and the struggle is real. In fact, approximately 20% of college freshmen leave school before their sophomore year.¹

Related: [Why Rapidly Changing Your Body Temperature Can Help in an Emotional Crisis](#)

As the new school year and academic experience begin, the focus of students and their loved ones likely turns from getting into college to dorm room shopping, memorizing a new semester's schedule, getting involved in extra-curricular activities and making new friends, among many other things. While orientation often includes discussions about physical health and safety on campus, it's critical not to forget (or ignore) mental health and wellness during this time of immense change.

According to the World Health Organization's World Mental Health International College Student Initiative—a study that surveyed students from 19 colleges in eight countries—approximately 35% of college freshmen report symptoms consistent with a diagnosable mental health disorder,² and this transition can make symptoms even more apparent.³ In fact, mental health challenges among the collegiate population are common and, in many cases, increasing.³ Though the causes for these challenges, and subsequent serious mental illness diagnoses for some, are unknown, long-term mental illnesses often first appear during the teenage years or early 20s, coinciding with a student's college years.^{4,5}

Related: [How 'Confirmation Bias' Harms Mental Health Patients](#)

During such a crucial time of transition and development for a young adult, there are several things to keep in mind when it comes to mental health:

- Start talking. Open lines of communication. Support often comes in the form of engagement and conversation. It's not always easy to start, but it's essential to health and well-being. Start with asking a question and see where the conversation goes.^{6,7,8}
- Create positive habits. Developing positive habits can make this transition easier. Staying organized by keeping track of schedules and to-dos, prioritizing sleep, seeking healthy food

options, staying physically active or adopting an app-based mindfulness practice can be helpful choices that impact mental health. Small changes can make a big difference! ^{6,8,9}

- Normalize the experience. Remember that these challenges are to be expected – the transition to college isn't easy. And it's ok for you or someone you care about to experience a few bumps along the road. ^{3,6,7}
- Access resources on campus. Understand what is available at school and take advantage of all that is provided. Are there counseling services or a student health office that can assist? What about fitness and recreation facilities or a tutoring center that could help a student adjust to the amount of school work in college? ^{6,8}
- Speak to a doctor. A primary care physician or on-campus clinic is a great place to start – they've had this conversation countless times before! And if they can't provide the support needed, they can suggest helpful resources. ^{3,6,8}

Related: [Which Would Help More: Fighting Mental Health Stigma or Political Advocacy?](#)

Transitioning to college is a very challenging time for students and their loved ones, and the journey isn't always an easy one to navigate. With so many changes taking place, it's important to actively monitor mental health and wellness. Early identification and intervention can make a difference in a young adult's life as they navigate mental health challenges or a diagnosis. Know what to look for and speak up. Support is available.

If you are noticing differences in behavior and are concerned, consider reaching out to a trusted medical professional in your area or visit one of the following resources for additional information: [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#), [National Alliance on Mental Illness \(NAMI\)](#) or [Mental Health America \(MHA\)](#).

The next article in the 3-part series will discuss some common behaviors and symptoms of mental health challenges that may arise during the transition to college. The final piece will explore the importance of early intervention and ways to navigate support when a mental health diagnosis has been received.

This is intended as informational only and not a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

COMMITTEE BUSINESS – ITEM 2
APPROVAL OF IRVINE CHILDREN, YOUTH
AND FAMILIES ADVISORY COMMITTEE
MINUTES



MINUTES

IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

November 13, 2019

Irvine Civic Center
Conference and Training Center
One Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order at 5:34 p.m. by Vice Chair Bokota.

ROLL CALL

Present: 10

Vice Chair	Wendy Bokota
Committee Member	Brooke Cazier
Committee Member	Theresa Collins
Committee Member	Dina Eletreby
Committee Member	Diane Gale**
Committee Member	Lily Freeman
Committee Member	Christine Ito
Committee Member	Zihai Li*
Committee Member	Christina Liu
Committee Member	Ense Kwan

*Arrived at 5:39 p.m.

** Arrived at 6:27 p.m.

Absent: 5

Committee Member	Luz Arellano
Committee Member	Shelby Clatterbuck
Committee Member	Branda Lin
Chair	Lauren Johnson-Norris
Committee Member	Dayna Money

PLEDGE OF ALLEGIANCE

Vice Chair Bokota led the Pledge of Allegiance.

INTRODUCTIONS

Community Services Superintendent Adam Buchanan announced that a new Irvine Unified School District Representative, Shelby Clatterbuck, Early Learning Specialist, has been appointed to the Committee and will be introduced at the next regular meeting.

PRESENTATIONS

1. Lisa Schneider, Northwood High School Mathematics Teacher, accompanied by Northwood High School Principal Leslie Roach, provided a presentation on the Challenge Success Program being implemented at Northwood High School. The Challenge Success Program is affiliated with Stanford University Graduate School of Education and aims to help schools and communities embrace a broad definition of success and to implement research-based strategies that promote student well-being and engagement with learning. Ms. Schneider discussed the program activities that have been or will be conducted at Northwood High, including student and staff surveys to help define the key issues; reviewing school wide homework policies; helping students assess and be mindful of their workloads; modifying exam schedules; conducting a campaign focused on the importance of sleep; holding parent events to discuss student well-being and address the pressures students face; and hosting “dialogue” nights in which students share their experiences and pressures they face with parents and faculty.

Committee discussion included: involvement of students on the Project Success implementation committee; how to spread the Project Success Program to other Irvine high schools; funding sources for program implementation; possible implementation at the elementary and middle school levels; potential impact on college admission stress; strategies for reaching parents with Project Success messaging; staff and parent buy-in to the program; and student perceptions of the program.

ANNOUNCEMENTS

- Committee Member Bokota announced that she attended a very informative educational presentation on October 23 at University High School on Gaming, Social Media and Mental Wellness. The presentation is part of a Child and Adolescent Mental Health Speaker Series which is being offered through a partnership between the Irvine Unified School District (IUSD) and Hoag Hospital. Superintendent Buchanan announced that he will provide information to the group about future IUSD/Hoag speaker series presentations as they arise so that Committee members may promote in the community.
- Superintendent Buchanan announced that IUSD is holding two parent workshops on vaping prevention. One workshop is being held tonight, November 13, at Jeffery Trail Middle School from 6-8 p.m., and another will be held on December 3 at The Learning Center from 6-8 p.m.
- Superintendent Buchanan announced that based on areas of interest discussed at the last regular Committee meeting, he developed a list of potential presentation

topics for future Committee meetings and/or community forums. Committee members were instructed to select top areas of interest. Topic of Interest results will be discussed at the next meeting on February 26, 2020.

COMMITTEE MEMBER UPDATES

1. Youth Action Team Project Updates

Committee Members Freeman and Liu provided an update on High School Youth Action Team programs held this past quarter including:

On-Campus Activities

- Fourteen high school lunchtime forums on topics including stress management, vaping and e-cigarettes, balancing life and school, domestic violence and healthy teen relationships, substance abuse and suicide prevention
- Lunchtime booths on suicide awareness and mental health resources
- Voter registration drives resulting in 400 students registering or preregistering to vote

Off-Campus Activities

- Yoga and Boba class as an opportunity for students to socialize and relieve stress
- Friday night trivia competition social event
- Four college campus tours to various Southern California universities

Community Service

- Fifty community service projects with volunteers completing over 2,500 hours of service
- Planning of YATsgiving, an event to bring students together around Thanksgiving time for a day of service

Committee Members Freeman and Liu also announced several upcoming events including the annual Acoustic Music Festival, Battle of the Bands event, and the 26th Annual Teen Summit.

ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions to the agenda.

PUBLIC COMMENTS

There were no public comments.

COMMITTEE BUSINESS

1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES

ACTION: Moved by Committee Member Gale and seconded by Committee Member Eletreby to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held August 28, 2019.

The motion carried as follows:

Ayes: 10 Committee Members: Bokota, Cazier, Collins, Eletreby, Freeman, Gale, Ito, Kwan, Li, Liu

Absent: 5 Committee Members: Arellano, Clatterbuck, Johnson-Norris, Lin, Money

ADJOURNMENT

Moved by Committee Member Liu, seconded by Committee Member Collins, and unanimously carried by those members present, to adjourn the meeting at 6:58 p.m.

WENDY BAKOTA
VICE CHAIR

Date Approved: _____

LAURIE GRUSCHKA
RECORDING SECRETARY