



# MINUTES

## IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

November 13, 2019

Irvine Civic Center  
Conference and Training Center  
One Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

A regular meeting of the Irvine Children, Youth and Families Advisory Committee was called to order at 5:34 p.m. by Vice Chair Bokota.

### ROLL CALL

Present: 10

Vice Chair	Wendy Bokota
Committee Member	Brooke Cazier
Committee Member	Theresa Collins
Committee Member	Dina Eletreby
Committee Member	Diane Gale**
Committee Member	Lily Freeman
Committee Member	Christine Ito
Committee Member	Zihai Li*
Committee Member	Christina Liu
Committee Member	Ense Kwan

*\*Arrived at 5:39 p.m.*

*\*\* Arrived at 6:27 p.m.*

Absent: 5

Committee Member	Luz Arellano
Committee Member	Shelby Clatterbuck
Committee Member	Branda Lin
Chair	Lauren Johnson-Norris
Committee Member	Dayna Money

### PLEDGE OF ALLEGIANCE

Vice Chair Bokota led the Pledge of Allegiance.

## **INTRODUCTIONS**

Community Services Superintendent Adam Buchanan announced that a new Irvine Unified School District Representative, Shelby Clatterbuck, Early Learning Specialist, has been appointed to the Committee and will be introduced at the next regular meeting.

## **PRESENTATIONS**

1. Lisa Schneider, Northwood High School Mathematics Teacher, accompanied by Northwood High School Principal Leslie Roach, provided a presentation on the Challenge Success Program being implemented at Northwood High School. The Challenge Success Program is affiliated with Stanford University Graduate School of Education and aims to help schools and communities embrace a broad definition of success and to implement research-based strategies that promote student well-being and engagement with learning. Ms. Schneider discussed the program activities that have been or will be conducted at Northwood High, including student and staff surveys to help define the key issues; reviewing school wide homework policies; helping students assess and be mindful of their workloads; modifying exam schedules; conducting a campaign focused on the importance of sleep; holding parent events to discuss student well-being and address the pressures students face; and hosting “dialogue” nights in which students share their experiences and pressures they face with parents and faculty.

Committee discussion included: involvement of students on the Project Success implementation committee; how to spread the Project Success Program to other Irvine high schools; funding sources for program implementation; possible implementation at the elementary and middle school levels; potential impact on college admission stress; strategies for reaching parents with Project Success messaging; staff and parent buy-in to the program; and student perceptions of the program.

## **ANNOUNCEMENTS**

- Committee Member Bokota announced that she attended a very informative educational presentation on October 23 at University High School on Gaming, Social Media and Mental Wellness. The presentation is part of a Child and Adolescent Mental Health Speaker Series which is being offered through a partnership between the Irvine Unified School District (IUSD) and Hoag Hospital. Superintendent Buchanan announced that he will provide information to the group about future IUSD/Hoag speaker series presentations as they arise so that Committee members may promote in the community.
- Superintendent Buchanan announced that IUSD is holding two parent workshops on vaping prevention. One workshop is being held tonight, November 13, at Jeffery Trail Middle School from 6-8 p.m., and another will be held on December 3 at The Learning Center from 6-8 p.m.
- Superintendent Buchanan announced that based on areas of interest discussed at the last regular Committee meeting, he developed a list of potential presentation

topics for future Committee meetings and/or community forums. Committee members were instructed to select top areas of interest. Topic of Interest results will be discussed at the next meeting on February 26, 2020.

**COMMITTEE MEMBER UPDATES**

1. Youth Action Team Project Updates

Committee Members Freeman and Liu provided an update on High School Youth Action Team programs held this past quarter including:

On-Campus Activities

- Fourteen high school lunchtime forums on topics including stress management, vaping and e-cigarettes, balancing life and school, domestic violence and healthy teen relationships, substance abuse and suicide prevention
- Lunchtime booths on suicide awareness and mental health resources
- Voter registration drives resulting in 400 students registering or preregistering to vote

Off-Campus Activities

- Yoga and Boba class as an opportunity for students to socialize and relieve stress
- Friday night trivia competition social event
- Four college campus tours to various Southern California universities

Community Service

- Fifty community service projects with volunteers completing over 2,500 hours of service
- Planning of YATsgiving, an event to bring students together around Thanksgiving time for a day of service

Committee Members Freeman and Liu also announced several upcoming events including the annual Acoustic Music Festival, Battle of the Bands event, and the 26th Annual Teen Summit.

**ADDITIONS AND DELETIONS TO THE AGENDA**

There were no additions or deletions to the agenda.

**PUBLIC COMMENTS**

There were no public comments.

**COMMITTEE BUSINESS**

**1. APPROVAL OF IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES**

**ACTION: Moved by Committee Member Gale and seconded by Committee Member Eletreby to approve the minutes of the regular meeting of the Irvine Children, Youth and Families Advisory Committee held August 28, 2019.**

The motion carried as follows:

Ayes: 10 Committee Members: Bokota, Cazier, Collins, Eletreby, Freeman, Gale, Ito, Kwan, Li, Liu  
Absent: 5 Committee Members: Arellano, Clatterbuck, Johnson-Norris, Lin, Money

**ADJOURNMENT**

Moved by Committee Member Liu, seconded by Committee Member Collins, and unanimously carried by those members present, to adjourn the meeting at 6:58 p.m.

  
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WENDY BOKOTA  
VICE CHAIR

  
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LAURIE GRUSCHKA  
RECORDING SECRETARY

Date Approved: 2-26-2020