



## MOUSE CARE GUIDE: FEEDING

### DIET

**Amount:** Always keep your mouse's bowl full.

**Brands/type:** High quality rat/mouse kibble, pellets, or blocks are considered the best choices for stable diets.

**Commercial foods with seeds and other mix-ins can be problematic as many mice will pick and choose which parts they want to eat and then don't get a balanced diet.**



Pellets, Blocks,  
or Kibble



Seed Mix

### TREATS

#### Good

- Apples
- Bananas
- Bell peppers
- Blueberries
- Broccoli
- Carrots
- Cauliflower
- Cheerios
- Cranberries
- Cucumbers
- Eggs (hard boiled or scrambled plain)
- Green beans (cooked)
- Pasta (cooked or uncooked)
- Peas
- Pumpkins and Seeds
- Plain popcorn
- Raspberries
- Rice (cooked or uncooked)
- Sunflower seeds
- Yogurt

#### Bad

- Apple seeds
- Beans (raw)
- Cabbage
- Cheese
- Any citrus fruit
- Corn
- Fizzy drinks
- Garlic
- Grapes
- Meat (raw)
- Milk
- Onion
- Peanuts
- Poppy seeds
- Rasins
- Rhubarb
- Walnuts

**Overweight Mice:** When giving your mice treats, keep their size in mind. Never give more than 1/4 teaspoon or so. Mice can easily become obese if given too many treats, fed an improper diet (mainly seed mixes), and/or do not get sufficient exercise via a wheel, exercise ball, or floor time. Keep an eye on your mouse's physique and if you notice they are getting a bit chubby, change their lifestyle accordingly.

