



# AGENDA

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**JUNE 17, 2021  
9:00 AM**

**Lakeview Senior Center  
20 Lake Road**

### **IMPORTANT PUBLIC HEALTH AND SAFETY MESSAGE REGARDING PARTICIPATION IN IRVINE SENIOR CITIZENS COUNCIL MEETINGS**

AS A RESULT OF THE COVID-19 VIRUS, AND RESULTING ORDERS AND DIRECTION FROM THE PRESIDENT OF THE UNITED STATES, THE GOVERNOR OF THE STATE OF CALIFORNIA, AND THE ORANGE COUNTY HEALTH CARE AGENCY, AS WELL AS THE CITY OF IRVINE EMERGENCY DECLARATION, THE PUBLIC WILL NOT BE PERMITTED TO PHYSICALLY ATTEND THE IRVINE SENIOR CITIZENS COUNCIL MEETING TO WHICH THIS AGENDA APPLIES.

YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM, OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA EMAIL TO [RESPINOSA@CITYOFIRVINE.ORG](mailto:RESPINOSA@CITYOFIRVINE.ORG). EMAILS RECEIVED FOR AGENDA ITEMS WILL BE READ INTO THE RECORD AT THE TIME DETERMINED BY THE CHAIRPERSON. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM". FOR MORE INFORMATION, VISIT [HTTPS://WWW.CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](https://www.cityofirvine.org/senior-services/senior-citizens-council).

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT SENIOR SERVICES AT 949-724-6848, OR VIA EMAIL AT [RESPINOSA@CITYOFIRVINE.ORG](mailto:RESPINOSA@CITYOFIRVINE.ORG). IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

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**Speaker’s Form/Request to Speak:** If you would like to address the Senior Council on a scheduled agenda item, including a Consent Calendar item, please complete the Request to Speak Form. Speaker’s Forms are located on the table at the entrance to the meeting room. Please identify on the form your name, address (optional) and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Senior Council are recognized. Your name will be called at the time the matter is heard by the Senior Council. City policy is to limit public testimony to three minutes per speaker (unless extended by the Chair) which includes the presentation of electronic or audio visual information.

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**CALL TO ORDER**

**ROLL CALL**

COUNCIL MEMBER:	AMAL BARADEHI	Council Appointee: Khan
COUNCIL MEMBER:	JERRY CHANG	Council Appointee: Kuo
COUNCIL MEMBER:	K. CAL HIBRAWI	Member-at-Large
COUNCIL MEMBER:	GRETA JACOBS	Council Appointee: Agran
COUNCIL MEMBER:	MYUNG SUH	Council Appointee: Kim
VICE CHAIR:	BILL SANDLIN	Council Appointee: Carroll
CHAIR:	CAROLYN INMON	Member-at-Large

**PLEDGE OF ALLEGIANCE – Senior Council Member Baradehi**

**INTRODUCTIONS**

**PRESENTATIONS**

1. Distinguished Service Award – Presented to The Larioza Family in recognition of Estrella Larioza
2. Strengthening Memory, Memory Loss, and MindFit OC – Araksi Kirakosyan, Alzheimer’s Orange County

**ANNOUNCEMENTS**

Sandra Salcedo, Community Services Superintendent

**SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES**

**PUBLIC COMMENTS**

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Any member of the public may address the Senior Council on items within the Senior Council’s subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker’s Form and submit it to the Recording Secretary.

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## **ADDITIONS AND DELETIONS**

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

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## **COMMITTEE/GROUP/AGENCY REPORTS**

- 1. Senior Services Support/Interest Groups**  
*(Please limit Committee Reports to 3 minutes per person)*
  - A. Friends of Outreach – Kathleen Pfeiffer, Vice President
  - B. Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director
  - C. Irvine Evergreen Chinese Senior Association – Jerry Chang, Director
  - D. Irvine Senior Travelers – Joyce Duff, President
  - E. NEDA-Association of Iranian American Seniors – Nasser Fathi, President
  
- 2. Orange County Senior Citizens Advisory Council-Affiliated Committees**  
*(Please limit Committee Reports to 3 minutes per person)*
  - A. Orange County Senior Citizens Advisory Council – Chair Inmon and Senior Council Member Suh
  - B. Health/Nutrition – Senior Council Members Baradehi and Chang
  - C. Housing/Transportation – Chair Inmon and Senior Council Members Chang and Jacobs
  - D. Legislation – Vice Chair Sandlin and Senior Council Member Suh
  
- 3. Senior Citizens Council Committees**  
*(Please limit Committee Reports to 3 minutes per person)*
  - A. Facilities Committee – Senior Council Members Hibrawi, Jacobs, and Suh
  - B. Leadership Committee – Vice Chair Sandlin and Senior Council Members Chang and Hibrawi
  - C. Nutrition Committee – Chair Inmon and Senior Council Members Baradehi and Chang

## **COUNCIL BUSINESS**

### **1. APPROVAL OF SENIOR COUNCIL MINUTES**

#### **RECOMMENDED ACTION:**

Approve the minutes of the Senior Citizens Council regular meeting held May 6, 2021.

## **ADJOURNMENT**

Adjourn to a regular meeting of the Senior Citizens Council on **Thursday, July 15, 2021 at 9:00 AM** at Lakeview Senior Center, 20 Lake Road, Irvine.

### **NOTICE TO THE PUBLIC**

At 11:00 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12:00 noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12:00 noon.

### **STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

### **SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

### **SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

Written Materials/handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

### **CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS AMERICANS WITH DISABILITIES ACT:**

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of

your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

**COMMUNICATION DEVICES**

To minimize distractions, please silence or turn off all personal communication devices.

**MEETING SCHEDULE**

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. unless otherwise noted. The Senior Citizens Council Agenda is posted in the Police Department. Meeting agendas and approved minutes are kept current on the City website at *cityofirvine.org*.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, One Civic Center Plaza, Irvine, California on June 11, 2021 by 5:00 p.m. as well as on the City's web page.

  
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Recording Secretary

## **PRESENTATIONS**

### **ITEM 1**

**DISTINGUISHED SERVICE AWARD –  
PRESENTED TO THE LARIOZA FAMILY IN  
RECOGNITION OF ESTRELLA LARIZOA**  
*(There is no staff report associated with this  
item.)*

## **PRESENTATIONS**

### **ITEM 2**

**STRENGTHENING MEMORY, MEMORY LOSS,  
AND MINDFIT OC – ARAKSI KIRAKOSYAN,  
ALZHEIMER'S ORANGE COUNTY**

*(There is no staff report associated with this  
item.)*

# **COUNCIL BUSINESS**

## **ITEM 1**

### **MINUTES**





# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**MAY 20, 2021**

**Zoom Meeting**

### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:03 a.m. by Chair Inmon.

### ROLL CALL

COUNCIL MEMBER	AMAL BARADEHI	Council Appointee: Khan
COUNCIL MEMBER	JERRY CHANG	Council Appointee: Kuo
COUNCIL MEMBER	K. CAL HIBRAWI	Member-at-Large
COUNCIL MEMBER	GRETA JACOBS	Council Appointee: Agran
COUNCIL MEMBER	MYUNG SUH	Council Appointee: Kim
VICE CHAIR	BILL SANDLIN	Council Appointee: Carroll
CHAIR	CAROLYN INMON	Member-at-Large

### PLEDGE OF ALLEGIANCE

Senior Council Members led the Pledge of Allegiance.

### INTRODUCTIONS

Community services Superintendent Sandra Salcedo introduced City of Irvine Mayor Farrah N. Khan, Officer Britt Vickner, and Program Specialist Shiree Lind with the Irvine Police Department, and Steve Moyer from Age Well Senior Services.

### ANNOUNCEMENTS

Sandra Salcedo, Community Services Superintendent, announced the following:

- In an effort to protect public health and the spread of COVID-19, the Irvine Senior Citizens Council is accepting e-comments for all agenda items. Those who wish to make comments before the Senior Council in lieu of doing so in person, may submit comments via email to the recording secretary at [respinosa@cityofirvine.org](mailto:respinosa@cityofirvine.org).

- Robert Espinosa has been selected to fill the role of Community Services Program Coordinator in Senior Services.
- The City of Irvine will host a modified Memorial Day celebration while still maintaining health and safety guidelines to prevent the spread of COVID-19 at the Northwood Gratitude and Honor Memorial at Northwood Community Park. The community is invited to participate on Saturday, May 29, from 9 to 6 p.m. and Sunday, May 30, from noon to 8 p.m.
- On Monday, May 31, at 10 a.m., the City will host its annual Memorial Day ceremony in virtual form. The ceremony will be available to watch on ICTV, Cox Channel 30, AT&T U-Verse Channel 99, and at [cityofirvine.org/ICTV](http://cityofirvine.org/ICTV).
- Senior Centers are now open and in-person activities are available by appointment only. The fitness centers at Trabuco Center and Rancho Senior Center, and the billiards room and computer lab at Lakeview, will reopen by appointment beginning Monday, May 24.

Cory Hilderbrand, Community Services Manager, announced the following:

- The June 16 Senior Citizens Council meeting will be held in person with an option to join virtually.

## **PRESENTATIONS**

- Mayor Farrah N. Khan presented a proclamation on behalf of the Irvine City Council declaring May 2021 Older Americans Month.
- Irvine Police Department Officer Britt Vickner and Program Specialist Shiree Lind presented on Senior Citizens' Safety. Topics included:
  - Computer Security
  - Tech Support Scams
  - Shipping Scams
  - Romance Scams
  - Distraction Theft
  - Gift Card Scams
  - IPD Return Home Registry

## **PUBLIC COMMENTS**

There were no public comments.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions.

## **SENIOR COUNCIL MEMBER UPDATES**

Vice Chair Sandlin announced that he will host a private Memorial Day gathering at the Northwood Gratitude and Honor Memorial on Monday, May 31, at 4 p.m.

## **COMMITTEE/GROUP/AGENCY REPORTS**

### **1. Senior Services Support/Interest Groups**

A. Friends of Outreach – No report.

B. Irvine Adult Day Health Services, Inc.

Kimberly Beeson, Executive Director, announced the following:

- IADHS is still working on reopening plans. Limited in person activities may be available before end of June, initially offering modified day schedule with limited participants.
- IADHS seeks contributions to the scholarship assistance fund.
- Recruitment is underway to fill positions of physical therapist, licensed clinical social worker, and medical director.
- IADHS secured CDBG public services award for Fiscal Year 2021-22.

C. Irvine Evergreen Chinese Senior Association – Jerry Chang, President, announced the club continues to meet virtually and is working with staff to return to in person meetings.

D. Irvine Senior Travelers – No report.

E. NEDA-Association of Iranian American Seniors – No report.

## **SCAC AND SENIOR COUNCIL COMMITTEES REPORTS**

Chair Inmon informed Council Members that they could inquire about joining the various SCAC committees, should they desire, or join meetings as members of the public.

### **2. Orange County Senior Citizens Advisory Council-Affiliated Committees**

A. Orange County Senior Citizens Advisory Council

Senior Council Member Suh reported the following:

- A presentation was given about living longer and longevity factors for seniors.
- There was an update on the state's Master Plan for aging programs.

Chair Inmon reported the following:

- Blue Zones 9 Principles are lifestyle habits to help one live longer
  - Move Naturally, Know Your Purpose, Down Shift, 80% Rule, Plant Slant, Wine at 5, Right Tribe, Belong, and Loved Ones First.

- An update was provided on the five goals regarding the Master Plan on Aging; goals were assigned to the three SCAC committees: Health/Nutrition, Housing/Transportation, and Legislation.
- County of Orange Office on Aging has a contract with the charity Working Wardrobes to provide seniors looking for employment with work attire.

**B. Health and Nutrition**

Senior Council Member Chang reported the committee held a presentation on suicide prevention.

Senior Council Member Baradehi reported information about fitness and exercise was shared multiple speakers emphasizing importance of staying active during the COVID-19 era as well as the significance of vitamin D.

**C. Housing and Transportation**

Senior Council Member Chang gave an update regarding the American Rescue Act. The allocation from the state to local governments was addressed and as well as how to access these funds.

Chair Inmon inquired on how funds will be set aside for seniors. Community Services Manager Hilderbrand provided update stating this issue should be on the council agenda for an upcoming meeting.

**D. Legislative**

Vice Chair Sandlin opened by asking for clarification regarding the sharing of information with other committee members.

28 total bills were discussed: three (3) were passed, six (6) failed, thirteen (13) were referred, and six (6) bills failed due to not being presented. Six (6) other bills received additional readings. There were additional updates provided about the Master Plan on Aging as well as services available to seniors online.

Senior Council Member Suh spoke regarding the clarification of the role of the legislative subcommittee and what members could advocate for.

**3. Senior Citizens Council Committees**

- A. Facilities Committee – No report.
- B. Leadership Committee – No report.
- C. Nutrition Committee – No report.

**COUNCIL BUSINESS**

**1. APPROVAL OF SENIOR COUNCIL MINUTES**

**ACTION: Moved by Chair Inmon and seconded by Senior Council Member Chang, to approve the minutes the Senior Citizens Council regular meeting held April 15, 2021.**

The motion carried as follows:

AYES: 7 Baradehi, Chang, Jacobs, Hibrawi, Inmon, Sandlin, Suh  
NOES: 0  
ABSENT: 0

**2. SENIOR SERVICES ELDERLY NUTRITION PROGRAM**

Cory Hilderbrand, Community Services Manager, and Sandra Salcedo, Community Services Superintendent, presented the staff report and responded to questions.

Discussion included: Components of the Elderly Nutrition Program (ENP), administrative and staffing challenges of ENP, and review of ENP budget. Proposed changes would allow Age Well Senior Services to oversee the administration of ENP with the City maintaining key responsibilities in the Congregate Meals and Home-delivered Meals programs.

Steve Moyer, Chief Executive Officer, Age Well Senior Services, provided a history of the organization, described Age Well’s proposed role as ENP administrator, and outlined the services Age Well would provide.

**ACTION: Moved by Senior Council Member Suh, and seconded by Senior Council Member Jacobs, to recommend City Council approve withdrawing as the administrator of the Elderly Nutrition Program and partner with Age Well Senior Services for program administration.**

The motion carried as follows:

AYES: 7 Baradehi, Chang, Jacobs, Hibrawi, Inmon, Sandlin, Suh  
NOES: 0  
ABSENT: 0

**END COUNCIL BUSINESS**

**ADJOURNMENT**

**Moved by Senior Council Member Hibrawi, seconded by Senior Council Member Jacobs, and carried unanimously to adjourn the meeting at 11:18 a.m.**

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SENIOR CITIZENS COUNCIL CHAIR

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Robert Espinosa  
Recording Secretary

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Date Approved