



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

MAY 20, 2021

Zoom Meeting

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:03 a.m. by Chair Inmon.

ROLL CALL

COUNCIL MEMBER	AMAL BARADEHI	Council Appointee: Khan
COUNCIL MEMBER	JERRY CHANG	Council Appointee: Kuo
COUNCIL MEMBER	K. CAL HIBRAWI	Member-at-Large
COUNCIL MEMBER	GRETA JACOBS	Council Appointee: Agran
COUNCIL MEMBER	MYUNG SUH	Council Appointee: Kim
VICE CHAIR	BILL SANDLIN	Council Appointee: Carroll
CHAIR	CAROLYN INMON	Member-at-Large

PLEDGE OF ALLEGIANCE

Senior Council Members led the Pledge of Allegiance.

INTRODUCTIONS

Community services Superintendent Sandra Salcedo introduced City of Irvine Mayor Farrah N. Khan, Officer Britt Vickner, and Program Specialist Shiree Lind with the Irvine Police Department, and Steve Moyer from Age Well Senior Services.

ANNOUNCEMENTS

Sandra Salcedo, Community Services Superintendent, announced the following:

- In an effort to protect public health and the spread of COVID-19, the Irvine Senior Citizens Council is accepting e-comments for all agenda items. Those who wish to make comments before the Senior Council in lieu of doing so in person, may submit comments via email to the recording secretary at respinosa@cityofirvine.org.

- Robert Espinosa has been selected to fill the role of Community Services Program Coordinator in Senior Services.
- The City of Irvine will host a modified Memorial Day celebration while still maintaining health and safety guidelines to prevent the spread of COVID-19 at the Northwood Gratitude and Honor Memorial at Northwood Community Park. The community is invited to participate on Saturday, May 29, from 9 to 6 p.m. and Sunday, May 30, from noon to 8 p.m.
- On Monday, May 31, at 10 a.m., the City will host its annual Memorial Day ceremony in virtual form. The ceremony will be available to watch on ICTV, Cox Channel 30, AT&T U-Verse Channel 99, and at cityofirvine.org/ICTV.
- Senior Centers are now open and in-person activities are available by appointment only. The fitness centers at Trabuco Center and Rancho Senior Center, and the billiards room and computer lab at Lakeview, will reopen by appointment beginning Monday, May 24.

Cory Hilderbrand, Community Services Manager, announced the following:

- The June 16 Senior Citizens Council meeting will be held in person with an option to join virtually.

PRESENTATIONS

- Mayor Farrah N. Khan presented a proclamation on behalf of the Irvine City Council declaring May 2021 Older Americans Month.
- Irvine Police Department Officer Britt Vickner and Program Specialist Shiree Lind presented on Senior Citizens' Safety. Topics included:
 - Computer Security
 - Tech Support Scams
 - Shipping Scams
 - Romance Scams
 - Distraction Theft
 - Gift Card Scams
 - IPD Return Home Registry

PUBLIC COMMENTS

There were no public comments.

ADDITIONS AND DELETIONS

There were no additions or deletions.

SENIOR COUNCIL MEMBER UPDATES

Vice Chair Sandlin announced that he will host a private Memorial Day gathering at the Northwood Gratitude and Honor Memorial on Monday, May 31, at 4 p.m.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

A. Friends of Outreach – No report.

B. Irvine Adult Day Health Services, Inc.

Kimberly Beeson, Executive Director, announced the following:

- IADHS is still working on reopening plans. Limited in person activities may be available before end of June, initially offering modified day schedule with limited participants.
- IADHS seeks contributions to the scholarship assistance fund.
- Recruitment is underway to fill positions of physical therapist, licensed clinical social worker, and medical director.
- IADHS secured CDBG public services award for Fiscal Year 2021-22.

C. Irvine Evergreen Chinese Senior Association – Jerry Chang, President, announced the club continues to meet virtually and is working with staff to return to in person meetings.

D. Irvine Senior Travelers – No report.

E. NEDA-Association of Iranian American Seniors – No report.

SCAC AND SENIOR COUNCIL COMMITTEES REPORTS

Chair Inmon informed Council Members that they could inquire about joining the various SCAC committees, should they desire, or join meetings as members of the public.

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council

Senior Council Member Suh reported the following:

- A presentation was given about living longer and longevity factors for seniors.
- There was an update on the state's Master Plan for aging programs.

Chair Inmon reported the following:

- Blue Zones 9 Principles are lifestyle habits to help one live longer
 - Move Naturally, Know Your Purpose, Down Shift, 80% Rule, Plant Slant, Wine at 5, Right Tribe, Belong, and Loved Ones First.

- An update was provided on the five goals regarding the Master Plan on Aging; goals were assigned to the three SCAC committees: Health/Nutrition, Housing/Transportation, and Legislation.
- County of Orange Office on Aging has a contract with the charity Working Wardrobes to provide seniors looking for employment with work attire.

B. Health and Nutrition

Senior Council Member Chang reported the committee held a presentation on suicide prevention.

Senior Council Member Baradehi reported information about fitness and exercise was shared multiple speakers emphasizing importance of staying active during the COVID-19 era as well as the significance of vitamin D.

C. Housing and Transportation

Senior Council Member Chang gave an update regarding the American Rescue Act. The allocation from the state to local governments was addressed and as well as how to access these funds.

Chair Inmon inquired on how funds will be set aside for seniors. Community Services Manager Hilderbrand provided update stating this issue should be on the council agenda for an upcoming meeting.

D. Legislative

Vice Chair Sandlin opened by asking for clarification regarding the sharing of information with other committee members.

28 total bills were discussed: three (3) were passed, six (6) failed, thirteen (13) were referred, and six (6) bills failed due to not being presented. Six (6) other bills received additional readings. There were additional updates provided about the Master Plan on Aging as well as services available to seniors online.

Senior Council Member Suh spoke regarding the clarification of the role of the legislative subcommittee and what members could advocate for.

3. Senior Citizens Council Committees

- A. Facilities Committee – No report.
- B. Leadership Committee – No report.
- C. Nutrition Committee – No report.

COUNCIL BUSINESS

1. APPROVAL OF SENIOR COUNCIL MINUTES

ACTION: Moved by Chair Inmon and seconded by Senior Council Member Chang, to approve the minutes the Senior Citizens Council regular meeting held April 15, 2021.

The motion carried as follows:

AYES: 7 Baradehi, Chang, Jacobs, Hibrawi, Inmon, Sandlin, Suh
NOES: 0
ABSENT: 0

2. SENIOR SERVICES ELDERLY NUTRITION PROGRAM

Cory Hilderbrand, Community Services Manager, and Sandra Salcedo, Community Services Superintendent, presented the staff report and responded to questions.

Discussion included: Components of the Elderly Nutrition Program (ENP), administrative and staffing challenges of ENP, and review of ENP budget. Proposed changes would allow Age Well Senior Services to oversee the administration of ENP with the City maintaining key responsibilities in the Congregate Meals and Home-delivered Meals programs.

Steve Moyer, Chief Executive Officer, Age Well Senior Services, provided a history of the organization, described Age Well’s proposed role as ENP administrator, and outlined the services Age Well would provide.

ACTION: Moved by Senior Council Member Suh, and seconded by Senior Council Member Jacobs, to recommend City Council approve withdrawing as the administrator of the Elderly Nutrition Program and partner with Age Well Senior Services for program administration.

The motion carried as follows:

AYES: 7 Baradehi, Chang, Jacobs, Hibrawi, Inmon, Sandlin, Suh
NOES: 0
ABSENT: 0

END COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Hibrawi, seconded by Senior Council Member Jacobs, and carried unanimously to adjourn the meeting at 11:18 a.m.



Robert Espinosa
Recording Secretary


SENIOR CITIZENS COUNCIL CHAIR

June 17, 2021
Date Approved