



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

JUNE 17, 2021

Lakeview Senior Center
20 Lake Road
Irvine, California

CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:03 a.m. by Vice Chair Sandlin.

ROLL CALL

COUNCIL MEMBER	AMAL BARADEHI	Council Appointee: Khan
COUNCIL MEMBER	JERRY CHANG	Council Appointee: Kuo
COUNCIL MEMBER	K. CAL HIBRAWI	Member-at-Large
COUNCIL MEMBER	GRETA JACOBS	Council Appointee: Agran
COUNCIL MEMBER	MYUNG SUH	Council Appointee: Kim
VICE CHAIR	BILL SANDLIN	Council Appointee: Carroll
CHAIR	CAROLYN INMON*	Member-at-Large

*Absent

PLEDGE OF ALLEGIANCE

Senior Council Member Baradehi led the Pledge of Allegiance.

INTRODUCTIONS

Community services Superintendent Sandra Salcedo introduced Araksi Kirakosyan from Alzheimer's Orange County.

ANNOUNCEMENTS

Sandra Salcedo, Community Services Superintendent, announced the following:

- In an effort to protect public health and the spread of COVID-19, the Irvine Senior Citizens Council is accepting e-comments for all agenda items. Those who wish to make comments

before the Senior Council in lieu of doing so in person, may submit comments via email to the recording secretary at respinosa@cityofirvine.org.

- The Senior Fitness Expo will return as an in-person event on Friday, August 27 from 9 a.m. to 1:30 p.m. at Rancho Senior Center. For more information, visit www.irvineseniors.org/expo.
- The City's Sizzlin' Summer Concert Series will return to Mike Ward Community Park – Woodbridge with a series of family-friendly, socially distanced concerts. Due to limited space available, this concert series will require advance registration for all levels of admission. Please visit www.yourirvine.org for registration and more information.

PRESENTATIONS

- Araksi Kirakosyan, Alzheimer's Orange County, presented on Strengthening Memory, Memory Loss, and MindFit OC. Topics included:
 - Aging and health
 - Age related changes in learning and memory
 - Normal aging and early signs of Alzheimer's disease
 - Ways to protect brain health and programs and services offered by Alzheimer's Orange County

**Vice Chair Sandlin called a recess at 9:56 a.m.

**Meeting resumed at 10:07 a.m.

PUBLIC COMMENTS

Jean Hobart, resident and president of the resident council for Atria Senior Living community, submitted a public comment via zoom. Ms. Hobart commented it could be challenging to remember people's names and that residents at Atria have incorporated name badges.

ADDITIONS AND DELETIONS

There were no additions or deletions.

SENIOR COUNCIL MEMBER UPDATES

There were no updates.

COMMITTEE/GROUP/AGENCY REPORTS

1. Senior Services Support/Interest Groups

- A. Friends of Outreach – No report.
- B. Irvine Adult Day Health Services, Inc. – No report.
- C. Irvine Evergreen Chinese Senior Association
Jerry Chang, President, announced the following:

- IECSA is working with City staff to resume in-person activities at Lakeview Senior Center.
- D. Irvine Senior Travelers – No report.
- E. NEDA-Association of Iranian American Seniors – No report.

SCAC AND SENIOR COUNCIL COMMITTEES REPORTS

2. Orange County Senior Citizens Advisory Council-Affiliated Committees

- A. Orange County Senior Citizens Advisory Council – No report.
- B. Health and Nutrition
 - Vice Chair Sandlin reported that the committee would be renamed “Wellbeing Reimagined Standing Committee.”
- C. Housing and Transportation – No report.
- D. Legislative – No report.

3. Senior Citizens Council Committees

- A. Facilities Committee:
 - Senior Council Member Jacobs reported the process is underway to install outdoor fitness equipment at Mike Ward Park Community Park.
 - Senior Council Member Suh reported the awning at Rancho Senior Center be replaced.
 - Senior Council Member Hibrawi spoke about the reservation system in place for use of fitness centers at Rancho Senior Center, and Trabuco Center, and asked for a reexamination of the use of face coverings and time blocks for the fitness centers.
- B. Leadership Committee – No report.
- C. Nutrition Committee:
 - Senior Council Member Baradehi reported on the plan to transition administration of the Elderly Nutrition Program to Age Well Senior Services, which will be reviewed for consideration at the City Council meeting of July 13.

COUNCIL BUSINESS

1. APPROVAL OF SENIOR COUNCIL MINUTES

ACTION: Moved by Vice Chair Sandlin and seconded by Senior Council Member Chang, to approve the minutes of the Senior Citizens Council regular meeting held May 20, 2021.

The motion carried as follows:

AYES: 6 Baradehi, Chang, Jacobs, Hibrawi, Sandlin, Suh
 NOES: 0
 ABSENT: 1 Inmon

ADJOURNMENT

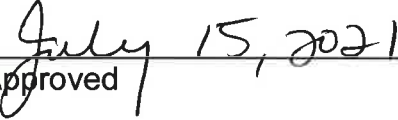
Moved by Senior Council Member Hibrawi, seconded by Senior Council Member Chang, and carried unanimously to adjourn the meeting at 10:31 a.m.



Robert Espinosa
Recording Secretary



SENIOR CITIZENS COUNCIL CHAIR



Date Approved