



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

August 19, 2021

Lakeview Senior Center and ZOOM  
20 Lake Road  
Irvine, CA 92604

### CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. by Vice Chair Sandlin.

### ROLL CALL

|                |                |                            |
|----------------|----------------|----------------------------|
| COUNCIL MEMBER | AMAL BARADEHI  | Council Appointee: Khan    |
| COUNCIL MEMBER | JERRY CHANG    | Council Appointee: Kuo     |
| COUNCIL MEMBER | K. CAL HIBRAWI | Member-at-Large            |
| COUNCIL MEMBER | GRETA JACOBS   | Council Appointee: Agran   |
| COUNCIL MEMBER | MYUNG SUH      | Council Appointee: Kim     |
| VICE CHAIR     | BILL SANDLIN   | Council Appointee: Carroll |

### ABSENT

|       |               |                 |
|-------|---------------|-----------------|
| CHAIR | CAROLYN INMON | Member-at-Large |
|-------|---------------|-----------------|

### PLEDGE OF ALLEGIANCE

Senior Council Member Hibrawi led the Pledge of Allegiance.

### ANNOUNCEMENTS

Community Services Superintendent Sandra Salcedo made the following announcements:

- There are four **Sizzlin' Summer Concerts** left at Mike Ward Community Park – Woodbridge. General admission is free and lawn seating is available on a first-come, first-served for the entire community. Ticketed reserved seating near the

front of the stage is also available and can be reserved by visiting the yourirvine.org website.

- In support of the City's 50<sup>th</sup> Anniversary celebration, all attendees are encouraged to donate canned food and nonperishable items to help families in need to reach our goal of filling 50 barrels during the concert event season. All donations will support Families Forward.
- The list of performers can be found on the City's website at cityofirvine.org
- The Senior Expo will return as an in-person event on Friday, August 27 from 9 a.m. to 1:30 p.m. at Rancho Senior Center. For more information, visit [www.irvineseniors.org/expo](http://www.irvineseniors.org/expo).
- Photos are being accepted through August 31 for the City's 50<sup>th</sup> Anniversary Photo Contest. Photos must have been taken within the last five calendar years and the categories are: culture & community, outdoors, pets, ages 17 & under, and historical (not subject to five year rule.)
- There will be a Civic Center exhibition highlighting the works of photographer David Kawashima. A reception will be held September 16 and event details will be shared when they are confirmed.

## **INTRODUCTIONS**

Community Services Supervisor Amber Castrey made the following staff introductions:

- Steve Mendoza, Community Services Leader II - Facility Operations
- Stacia Garreton, Community Services Leader III - Recreation Programs
- Nicholas Nguyen-Zintgraff, Community Services Senior Leader - Senior Fitness Programs
- Linda Gannon, Office Assistant-I - Front Desk

## **SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES**

Senior Council Member Suh suggested that Senior Council Members visit other local senior centers to view facilities, amenities, and programming, and inquired about the status of the Senior Council Members-at-Large ad hoc committee. Superintendent Salcedo stated that staff is moving forward with the recruitment and the process is on schedule.

## **PUBLIC COMMENTS**

Rachel Owens, business owner, commented as follows:

1. Pre-COVID, there was a draft for an RFP for a feasibility study to discuss community needs regarding senior services and an additional senior center.
2. With considerations being given to COVID, part of that study needs to focus on what senior services is now offering and should examine how senior programs will look moving forward.
3. The Irvine Senior Council needs to be kept informed about topics that impact local seniors.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions.

## **COMMITTEE/GROUP/AGENCY REPORTS**

### **1. Senior Services Support/Interest Groups**

#### **A. Friends of Outreach (FOO):**

Kathleen Pfeiffer, Vice President, reported the following:

- FOO received a \$2,000 Community Partnership Grant award from the City
- Updates on the International Crafters Program
- Updates on the Holiday Gift Bag Program
- Weekly Bingo will resume in October
- FOO will have a booth at the August 27 Senior Expo

#### **B. Irvine Adult Day Health Services, Inc. – No report.**

#### **C. Irvine Evergreen Chinese Senior Association (IECSA):**

Councilmember Chang reported the following:

- Monthly IECSA meetings are held the third Saturday of each month at the Lakeview Senior Center
- The Board of Directors will hold elections on August 21
- Classes for Chinese brush painting and current events are being offered
- Weekday classes are being held virtually and weekend events are in-person

#### **D. Irvine Senior Travelers – No report.**

#### **E. NEDA-Association of Iranian American Seniors – No report.**

### **2. Orange County Senior Citizens Advisory Council-Affiliated Committees**

#### **A. Orange County Senior Citizens Advisory Council – No report.**

#### **B. Health Re-imagined:**

Senior Council Members Chang and Baradehi reported the following:

- One OC is a non-profit organization that connects volunteers to other non-profits to help them achieve their organizational goals
- There was a discussion about the connection between nutrition and the increase of cancer among seniors
- Blue Zone and health objectives were discussed with future considerations to present to the Board of Supervisors
- Discrepancies in wages and job descriptions highlight the need for regulation and oversight relating to the profession of caregiving

C. Housing/Transportation

Senior Council Member Chang reported the following:

- Various highway projects were discussed including:
  - Extension of the carpool lane on the I-5 Freeway from Avenida Pico to San Diego County
  - Widening of Ortega Highway and the I-5 Freeway in South Orange County

D. Legislation

Vice Chair Sandlin reported the following:

- Elder abuse and the many forms it takes was the primary topic of discussion
- A program is in the works to put phones and technology in the hands of seniors to reduce isolation and make the outside world more accessible
- There was discussion of a program that helps police officers identify and safely approach individuals and seniors experiencing memory issues to provide needed services

**3. Senior Citizens Council Committees**

A. Facilities Committee – Senior Council Members Hibrawi, Jacobs, and Suh

Senior Council Member Hibrawi suggested the City should look to expand solar panels on City facilities. He also spoke about issues with the motion-activated lighting in the restrooms at Rancho Senior Center.

Senior Council Member Jacobs inquired about the status of the Senior Services Strategic Plan.

Senior Council Member Suh spoke about the recent census and the ability of the City to accommodate an expanding senior population.

B. Leadership Committee

Senior Council Member Hibrawi reported about the usage of the fitness center at Trabuco Center and the need for video cameras to monitor usage of the facility to ensure the safety of guests in the event of accidents or medical emergencies.

C. Nutrition Committee

Senior Council Member Baradehi reported on the status of Age Well and their future involvement with the congregate meal program at Trabuco Center and Rancho Senior Center. Lakeview Senior Center resumed its congregate meal program on July 19 and the Grab-N-Go program has continued to serve seniors daily.

Superintendent Salcedo clarified that the next step is for the County Board of Supervisors review the Elderly Nutrition Program plan that was approved by the City Council. Once the County Board of Supervisors authorizes the plan, operations with Age Well can move forward.

Senior Council Member Baradehi also provided an update regarding the Senior Center Express which will provide rides to Lakeview Senior Center to individuals 65 years and older. The Senior Center Express will be a subservice of the TRIPS program.

**COUNCIL BUSINESS**

**5. MINUTES**

**ACTION: Moved by Senior Council Member Hibrawi and seconded by Senior Council Member Jacobs to approve the minutes of the Senior Citizens Council regular meeting held July 15, 2021.**

The motion carried as follows:

AYES: 6 Baradehi, Chang, Jacobs, Hibrawi, Sandlin, Suh  
NOES: 0  
ABSENT: 1 Inmon

**ADJOURNMENT**

**Moved by Senior Council Member Hibrawi, seconded by Senior Council Member Jacobs, and carried unanimously to adjourn the meeting at 10:15 a.m.**

Carolyn Inmon  
SENIOR CITIZENS COUNCIL CHAIR

Robert Espinosa  
Recording Secretary

September 16, 2021  
Date Approved