

# MINUTES

# IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

# October 21, 2021 Lakeview Senior Center and ZOOM 20 Lake Road Irvine, CA 92604

# CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. by Chair Inmon.

# ROLL CALL

Present:		
COUNCIL MEMBER	AMAL BARADEHI	Council Appointee: Khan
COUNCIL MEMBER	JERRY CHANG	Council Appointee: Kuo
COUNCIL MEMBER	GRETA JACOBS	Council Appointee: Agran
COUNCIL MEMBER	MYUNG SUH	Council Appointee: Kim
VICE CHAIR	BILL SANDLIN	Council Appointee: Carroll
CHAIR	CAROLYN INMON	Member-at-Large
Absent:		
COUNCIL MEMBER	K. CAL HIBRAWI	Member-at-Large

# PLEDGE OF ALLEGIANCE

Senior Council Member Suh led the Pledge of Allegiance.

# **COVID-19 HEALTH ANNOUNCEMENT**

Community Services Superintendent Sandra Salcedo read the COVID-19 public health announcement.

#### INTRODUCTIONS

Superintendent Salcedo introduced Paula Clarkson, special guest presenter.

Community Services Supervisor Amber Castrey introduced the following new staff:

- Daniel Tan, Leader II Facilities
- Karen Shasky, Office Assistant I

# PRESENTATION

Paula Clarkson, estate planning attorney, provided a presentation on end-of-life decisionmaking and responded to Senior Council Member inquiries.

Discussion included:

- Differences between wills, healthcare directives, power of attorney, trusts, guardianships
- Healthcare versus financial decisions
- Probate with or without wills, trusts
- Tax benefits

# ANNOUNCEMENTS

Superintendent Salcedo made the following announcements:

- The Ektaa Center is presenting Diwali: Festival of Lights from 2 to 4 p.m. on Friday, October 22 at the Lakeview Senior Center. Registration fee is \$5 and includes entertainment and light refreshments.
- The annual intergenerational Trick-or-Treat event will be held on Friday, October 29 from 9:30 to 11 a.m. at the Lakeview Senior Center. This event features special trick-or-treat stations, snacks, and activities, with tours lasting approximately 30 minutes.
- The Nutrition Program will be serving a Diwali-inspired lunch in the Rose Garden Café on Friday, October 29, followed by a bench dedication in honor of the Indian Community at the Lakeview Senior Center entrance at 12:30 p.m.
- Lakeview Senior Center will be hosting Mastering the Master Plan on Friday, November 5 from 8 to 11 a.m., featuring leadership from the state's Master Plan for Aging. Attendees will have the opportunity to engage in a virtual Town hall with elected officials regarding the Master Plan and how Orange County experiences aging. This is an all virtual event, with the exception of 25 in-person seats available. To register for in-person or virtual attendance, please visit *https://bit.ly/Nov-MasterPlan* to register.
- Senior Services will be honoring Irvine Veterans age 50 and older by delivering American flags to their homes on November 9 and 10. To register a Veteran to receive a flag, please visit *myirvine.org*. Senior Council Members are invited to take part in the delivery of flags for this program.

 The 39<sup>th</sup> annual Holiday Faire will be held entirely outdoors at the Great Park Palm Court Arts Complex on Saturday, November 6 from 9 a.m. to 4 p.m. This event will feature more than 50 local artisans displaying and selling unique handmade gifts such as holiday decorations, hand-blown glass, ceramics, jewelry, folk crafts, clothing, and more.

#### SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES

There were no Senior Council Member announcements.

#### PUBLIC COMMENTS

There were no public comments.

#### ADDITIONS AND DELETIONS

There were no additions or deletions.

## COMMITTEE/GROUP/AGENCY REPORTS

#### 1. Senior Services Support/Interest Groups

A. Friends of Outreach

Senior Council Member Jacobs reported shopping has begun to fill 250 bags for the Holiday Gift Bag distribution. Chair Inmon reported the Bingo program has resumed with a slow, but steady growth, and encouraged Senior Council members to participate in the assembly and delivery of holiday gift bags.

B. Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- IADHS has made 11,500 contacts with participants as of the end of September.
- Two Certified Nurse Assistants have resumed working in-person.
- Offering in-person services on Tuesday, Wednesday, and Thursday from 9 a.m. to noon, and telehealth calls are available all week.
- Recruiting for a Licensed Clinical Social Worker and an Activity Coordinator.
- Virtual fundraising efforts have raised \$72,000 of the \$100,000 goal.
- Seeking volunteers to serve on the IADHS Board of Directors.
- C. Irvine Evergreen Chinese Senior Association (IECSA):

President Chang reported the October 16 Medicare Open Enrollment lecture had 120 attendees. The next monthly meeting will be held on November 20 and will feature live entertainment.

D. NEDA-Association of Iranian American Seniors – No report.

#### 2. Orange County Senior Citizens Advisory Council-Affiliated Committees

- A. Orange County Senior Citizens Advisory Council No report.
- B. Health Re-imagined

Senior Council Member Chang reported a presentation on the Medicare Open Enrollment season was provided. Senior Council Member Baradehi reported HICAP representatives as non-biased, reliable sources of information and that local faithbased organizations are offering services such as respite care for families.

C. Housing/Transportation

Senior Council Member Chang reported committee discussion included homelessness among Veterans. Additional information such as statistics and resources were shared.

D. Senior Citizens Engagement

Vice Chair Sandlin reported the state's Master Plan on Aging was discussed and detailed information can be found on the state website.

Senior Council Member Suh reported the following topics were discussed:

- A presentation on broadband infrastructure legislature was presented by a California League of Cities representative.
- Sales tax issues regarding online shopping for local municipalities.
- Zoning changes/limitations for housing throughout the county.
- Tablet distribution and Get Set Up classes for seniors.
- Management of nursing homes and regulation oversight by state versus county.

Vice Chair Sandlin reported updates from the September meeting included a presentation on fraud prevention and human trafficking issues.

#### 3. Senior Citizens Council Committees

A. Facilities Committee

Senior Council Member Jacobs reported improvements to the Lakeview Senior Center entrance and parking lot will soon be scheduled. New carpet and flooring have been chosen and new chairs for the Rose Garden Café are being ordered.

#### B. Leadership Committee

Vice Chair Sandlin reported the following:

- Senior Services Fall Programs are in full swing.
- Participation in the Senior Express shuttle continues to grow.
- Bingo program is steadily growing in participation.

- The Intergenerational Trick-or-Treat event will be held on October 29 at Lakeview Senior Center.
- Irvine Police Department (IPD) has been offering disaster preparedness presentations in the community.
- IPD has installed new high/low siren systems to emergency response vehicles.
- C. Nutrition Committee

Senior Council Member Baradehi reported the following:

- Oversight of the Elderly Nutrition Program will be transitioned to a third party over the next few months.
- The Rose Garden Café resumed in-person dining on July 15.
- The Meals on Wheels and Grab-n-Go meal programs remain in effect.
- Rose Garden Café will offer a Halloween themed lunch in October and a Veterans Day themed lunch in November.
- Participation on the Senior Express shuttle continues to grow.

## COUNCIL BUSINESS

4. MINUTES

ACTION: Moved by Senior Council Member Chang and seconded by Senior Council Member Baradehi to approve the minutes of the Senior Citizens Council regular meeting held September 16, 2021.

The motion carried as follows:

AYES: 6 Baradehi, Chang, Inmon, Jacobs, Sandlin, Suh NOES: 0 ABSENT: 1 Hibrawi

Chair Inmon thanked Senior Council Members and staff for support over the past nine vears of her service on the Senior Council.

#### ADJOURNMENT

Moved by Vice Chair Sandlin, seconded by Senior Council Member Chang, and unanimously approved to adjourn the meeting at 10:30 a.m.

SENIOR CITIZENS COUNCIL CHAIR

wember 18, 2021 Date Approved

Athena Martinez **Recording Secretary** 

Martin