

FY 2019-20 Irvine Children, Youth and Families Advisory Committee Work Plan

MISSION

Support development of Irvine children and youth to become capable, healthy, and successful adults.

GOALS

- Denotes ICYFAC related work
- ✓ Denotes staff tasks

1. Minimize stress, anxiety, and depression by strengthening resiliency of young people

- a. Promote access to resources supporting mental health
 - Increase knowledge and support for Irvine Unified School District/Tustin Unified School District social-emotional learning and wellness resources
 - Increase knowledge and support to City and County systems addressing social/emotional resources
 - ✓ Support leadership efforts targeted at strengthening youth resiliency
 - ✓ Educate teachers and youth program leaders to build resiliency in classrooms and community programs
- b. Convene discussions and forums which accurately depict issues and concerns impacting Irvine children and youth
 - Conduct student and parent educational forums facilitating student viewpoints and life experiences
 - ✓ Conduct on-campus student forums which reduce stigma and promote accessibility to resources
 - ✓ Conduct educational sessions at Teen Summit on minimizing stress, anxiety and depression.
- c. Deliver character development learning experiences
 - Recognize youth character role models (Outstanding Supporters of Prevention – OSP)
 - ✓ Develop character development curriculum
 - ✓ Deliver character development workshops at middle school campuses
 - ✓

2. Connect children and youth to their schools and community

- a. Strengthen access to caring adult relationships
 - Serve as caring adults to Youth Action Team reps and other youth participants
 - ✓ Promote and educate youth group leaders of impacts of caring adult relationships
 - ✓ Match students at Creekside High School with adult mentors
 - ✓ Provide support to DARE, Team Kids, and other youth leadership groups

- b. Provide meaningful and impactful service learning experiences
 - Participate in a Youth Action Team sponsored service learning activity
 - ✓ Engage middle and high school students in community services projects directed at benefiting others
 - ✓ Enable youth to be the planners, organizers, and lead agents in delivering service learning projects
 - ✓ Connect youth to service learning experiences which provide an insight to potential career paths.
- c. Disconnect from technology devices and re-connect with non-screen experiences
 - Promote alternatives to screen time
 - ✓ Deliver recreational experiences which require social interaction among youth while disabling tech devices.
 - ✓ Plan, organize and coordinate youth experiences in nature

3. Value youth as a vibrant section of the Irvine community

- a. Recognize youth contributions to school and community
 - Develop systems for ICYFAC to recognize outstanding efforts benefiting school and community
 - ✓ Collaborate with Irvine Unified School District/Tustin Unified School District mental health and wellness personnel to support and recognize peer to peer efforts to strengthen resiliency
- b. Enable youth input and participation in problem resolution
 - Facilitate discussion among High School Youth Action Team and other youth groups to solve problems facing young people
 - Invite young people to participate and provide input on issues which affect students
- c. Generate experiences to actively listen to young people
 - Establish an annual meeting for ICYFAC members to listen to students perspectives of growing up in Irvine
 - Participate as an active listener at a High School Youth Action Team or similar youth-led meeting

4. Collaborate with youth and community serving agencies

- a. Provide leadership to enhance community outreach
 - Increase knowledge of organizations and resources supporting young people
 - Collaborate with Irvine Prevention Coalition to host training and educational activities
 - ✓ Facilitate outreach meetings and events at City facilities
 - ✓ Support coordination of youth organized forums at high school campuses

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- b. Partner in delivery of resiliency oriented programs and services throughout the Irvine community
 - ✓ Work with Irvine Prevention Coalition, Team Kids, and other youth focused organizations to strengthen resiliency
 - ✓ Collaborate with Irvine Unified School District/Tustin Unified School District representatives in delivery of “We Care” messaging and activities

5. Respond to emerging issues that impact children and families in Irvine

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