



Bill Sandlin
Chair

Rachel Owens
Vice Chair

Council Members:
Amal Baradehi
Jerry Chang
Greta Jacobs
Patti Ragland
Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

March 17, 2022
9:00 AM

Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE ZOOM APPLICATION. INFORMATION FOR ZOOM CAN BE FOUND ONLINE AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," ONE CIVIC CENTER PLAZA, IRVINE, CA 92606, OR BY EMAIL TO SENIORCOUNCIL@CITYOFIRVINE.ORG. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA ZOOM. FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM – INCLUDING A REGULAR BUSINESS ITEM OR PUBLIC COMMENTS – PLEASE FILL OUT A REQUEST TO SPEAK FORM AVAILABLE AT THE ENTRANCE TO THE MEETING ROOM AND SUBMIT TO THE RECORDING SECRETARY. PLEASE IDENTIFY ON THE FORM YOUR NAME AND THE ITEM ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME THE MATTER IS HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER ON AGENDIZED ITEMS, AND THREE MINUTES DURING GENERAL PUBLIC COMMENTS (UNLESS THE TIME LIMIT IS EXTENDED BY THE CHAIR), WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED, AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT SENIORCOUNCIL@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

Speaker's Form/Request to Speak: If you would like to address the Senior Council on a scheduled agenda item, including a Consent Calendar item, please complete the Request to Speak Form. Speaker's Forms are located on the table at the entrance to the meeting room. Please identify on the form your name, address (optional) and the item on which you would like to speak and return to the Recording Secretary. The Request to Speak Form assists the Chair in ensuring that all persons wishing to address the Senior Council are recognized. Your name will be called at the time the matter is heard by the Senior Council. City policy is to limit public testimony to three minutes per speaker (unless extended by the Chair) which includes the presentation of electronic or audio visual information.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Senior Council Member Jacobs

INTRODUCTIONS

1. PRESENTATIONS

1.1 DISTINGUISHED SERVICE AWARD TO FRIENDS OF OUTREACH

- *Maria Yousef*
- *International Crafters*

1.2 CYBER SECURITY – Tommy Chiu, Cybersecurity Officer

ANNOUNCEMENTS

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes per meeting.

SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES

PUBLIC COMMENTS

Any member of the public may address the Senior Council on items within the Senior Council's subject matter jurisdiction, but which are not listed on this Agenda during PUBLIC COMMENTS. However, no action may be taken on matters that are not part of the posted agenda. PUBLIC COMMENTS are scheduled for 30 minutes and are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

2. COMMITTEE/GROUP/AGENCY REPORTS
(Please limit Committee Reports to 3 minutes per person)

2.1 Senior Services Support/Interest Groups

- A. EKTA Center: South Asian Senior Association – Harish Murthy, Executive Director
- B. Friends of Outreach – Kathleen Pfeiffer, Vice President
- C. Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director
- D. Irvine Evergreen Chinese Senior Association – Jerry Chang, Director
- E. NEDA-Association of Iranian American Seniors – Nasser Fathi, President

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

- A. Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh
- B. Wellbeing Reimagined – Senior Council Members Baradehi, Chang, and Ragland
- C. Housing/Transportation – Senior Council Members Chang and Jacobs
- D. Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh

2.3 Senior Citizens Council Committees

- A. Facilities Committee – Chair Sandlin and Senior Council Members Jacob and Suh
- B. Nutrition Committee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs
- C. Senior Plan for Aging – Senior Council Members Chang, Ragland, and Suh

3. COUNCIL BUSINESS

3.1 MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held February 17, 2022.

ADJOURNMENT

Next Meeting: Irvine Senior Citizens Council regular meeting, **Thursday, April 21, 2022, 9 a.m.**, Lakeview Senior Center, 20 Lake Road, Irvine.

NOTICE TO THE PUBLIC

At 11:00 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens

Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, One Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

AMERICANS WITH DISABILITIES ACT: It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION AND ELECTRONIC DEVICES

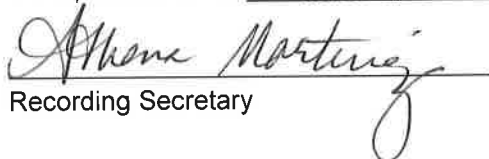
To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Police Department
- Front Entrance of City Hall
- City's web page at *cityofirvine.org*.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, One Civic Center Plaza, Irvine, California on March 7, 2022 by 5:30 p.m. as well as on the City's web page.


Recording Secretary

COUNCIL BUSINESS

ITEM 3.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

February 17, 2022
Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:01 a.m. on February 17, 2022, in the Lakeview Senior Center patio, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Jerry Chang
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Myung Suh

PLEDGE OF ALLEGIANCE

Senior Council Member Chang led the Pledge of Allegiance.

COVID-19 HEALTH ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, read the COVID-19 public health announcement.

INTRODUCTIONS

There were no introductions.

ANNOUNCEMENTS

There were no announcements.

1. PRESENTATION

1.1 Elderly Nutrition Program Update

Cory Hilderbrand, Community Services Manager, and Superintendent Salcedo provided updates on transition of administrative duties for the Elderly Nutrition Program to Age Well Senior Services, Inc. (Age Well). Steve Moyer, Age Well Chief Executive Officer, was also present to respond to Senior Council inquiries.

Discussion included: plans to return Meals on Wheels (MOW) deliveries from one day per week to daily; menus and meal options; status of Grab-and-Go program; plans for expansion of congregate meals service to other senior centers; handling of special meal accommodations (i.e. diabetic, vegetarian, etc.); volunteer outreach/marketing; multicultural options/offerings.

SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES

Senior Council Member Jacobs:

- Requested continued participation in the Senior Council Facilities Committee
- Suggested presentation on Elder Abuse Prevention for a future meeting

Chair Sandlin suggested the following:

- A new Senior Council group photo is needed due to new members
- Make a suggestion box available, encourage suggestions on how to address loneliness among seniors
- Pre-plan Senior Council presentations to be advertised in the Senior Connection

PUBLIC COMMENTS

There were no public comments.

ADDITIONS AND DELETIONS

There were no additions or deletions.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

A. EKTA Center: South Asian Senior Association (EKTA)

Neeta Merchant, Representative, reported the following:

- The February 11 Valentine's Day event was successful with 55 attendees. EKTAAs thanks the City for continued support of programs.
- EKTAAs will be providing monthly events, and regular in-person classes with many still offered via Zoom.
- New intergenerational program in place; youth assisting seniors.

B. Friends of Outreach – No report.

C. Irvine Adult Day Health Services, Inc.

Kimberly Beeson, Executive Director, reported the following:

- Five new participants have been enrolled as in-person programming resumes.
- Daily programming has increased to 4.5 hours from 3 hours and lunch is being served Monday through Thursday.
- Working on providing one way transport home, as participants have transportation to the facility.
- Health services offered five days a week via telehealth calls.
- Being a state-licensed facility, working through state communications regarding operational requirements.
- Provided presentation to the Community Services Commission regarding \$60,000 CDBG grant application to fully restore in-person skilled nursing care.

D. Irvine Evergreen Chinese Senior Association (IECSA)

Jerry Chang, President, reported the following:

- The February 2 Chinese New Year event had over 200 attendees, including Senior Council Members, Mayor, and City Manager.
- The February 19 regular monthly meeting offered a health lecture regarding dental care, as well as entertainment.

E. NEDA-Association of Iranian American Seniors – No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the county will be working to align its Master Plan on Aging with that of the state. SCAC will also be gathering recommendations on behalf of County Supervisors for initiatives that could potentially be funded by the state and county allocations for seniors.

B. Wellbeing Reimagined

Senior Council Member Baradehi reported a presentation was given on the Parkinson's exercise program, Pep4U, offered free of charge at Laguna Niguel centers, and suggested this be presented at a future Senior Council meeting.

C. Housing/Transportation

Senior Council Member Chang reported updates on new housing projects were provided.

Senior Council Member Jacobs distributed a handout providing an example of senior housing in Europe.

D. Senior Citizens Engagement

Chair Sandlin distributed meeting notes summarizing presentation given about social isolation among seniors, and a list of resources. Legislation includes monitoring of state-licensed facilities, and compensation for seniors when assuming role of primary caregiver/guardian of grandchildren.

Vice Chair Owens encouraged Senior Council Members to provide contact information from SCAC committee presenters for future Senior Council meetings.

2.3 Senior Citizens Council Committees

A. Facilities Committee – No report.

B. Nutrition Committee

Vice Chair Owens reported new vinyl flooring will be installed in the Lakeview Senior Center dining room, dining room chairs have been ordered and delivery pending, an meeting attendees met the new Elderly Nutrition Program Chef.

C. Senior Plan for Aging

Senior Council Member Ragland reported the following:

- First committee meeting was introductory
- Discussion included establishment of goals to align with county Master Plan on Aging.
- Recreation programming updates were shared.
- Bingo program numbers down to 20-30 participants, previously at 80-90.
- Tax preparation assistance offered each Wednesday by appointment only through April 15.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Baradehi, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held January 20, 2022.

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Senior Council Member Jacobs, and carried by those members present to adjourn the meeting at 10:24 a.m.

CHAIR

Athena Martinez
Recording Secretary

Date Approved