



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**February 17, 2022**  
**Lakeview Senior Center**  
20 Lake Road  
Irvine, CA 92604

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:01 a.m. on February 17, 2022, in the Lakeview Senior Center patio, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

### ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Jerry Chang
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Myung Suh

### PLEDGE OF ALLEGIANCE

Senior Council Member Chang led the Pledge of Allegiance.

### COVID-19 HEALTH ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, read the COVID-19 public health announcement.

### INTRODUCTIONS

There were no introductions.

## **ANNOUNCEMENTS**

There were no announcements.

### **1. PRESENTATION**

#### ***1.1 Elderly Nutrition Program Update***

Cory Hilderbrand, Community Services Manager, and Superintendent Salcedo provided updates on transition of administrative duties for the Elderly Nutrition Program to Age Well Senior Services, Inc. (Age Well). Steve Moyer, Age Well Chief Executive Officer, was also present to respond to Senior Council inquiries.

Discussion included: plans to return Meals on Wheels (MOW) deliveries from one day per week to daily; menus and meal options; status of Grab-and-Go program; plans for expansion of congregate meals service to other senior centers; handling of special meal accommodations (i.e. diabetic, vegetarian, etc.); volunteer outreach/marketing; multicultural options/offerings.

## **SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES**

Senior Council Member Jacobs:

- Requested continued participation in the Senior Council Facilities Committee
- Suggested presentation on Elder Abuse Prevention for a future meeting

Chair Sandlin suggested the following:

- A new Senior Council group photo is needed due to new members
- Make a suggestion box available, encourage suggestions on how to address loneliness among seniors
- Pre-plan Senior Council presentations to be advertised in the Senior Connection

## **PUBLIC COMMENTS**

There were no public comments.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions.

### **2. COMMITTEE/GROUP/AGENCY REPORTS**

#### ***2.1 Senior Services Support/Interest Groups***

A. EKTA Center: South Asian Senior Association (EKTA)

Neeta Merchant, Representative, reported the following:

- The February 11 Valentine's Day event was successful with 55 attendees. EKTAAs thanks the City for continued support of programs.
- EKTAAs will be providing monthly events, and regular in-person classes with many still offered via Zoom.
- New intergenerational program in place; youth assisting seniors.

B. Friends of Outreach – No report.

C. Irvine Adult Day Health Services, Inc.

Kimberly Beeson, Executive Director, reported the following:

- Five new participants have been enrolled as in-person programming resumes.
- Daily programming has increased to 4.5 hours from 3 hours and lunch is being served Monday through Thursday.
- Working on providing one way transport home, as participants have transportation to the facility.
- Health services offered five days a week via telehealth calls.
- Being a state-licensed facility, working through state communications regarding operational requirements.
- Provided presentation to the Community Services Commission regarding \$60,000 CDBG grant application to fully restore in-person skilled nursing care.

D. Irvine Evergreen Chinese Senior Association (IECSA)

Jerry Chang, President, reported the following:

- The February 2 Chinese New Year event had over 200 attendees, including Senior Council Members, Mayor, and City Manager.
- The February 19 regular monthly meeting offered a health lecture regarding dental care, as well as entertainment.

E. NEDA-Association of Iranian American Seniors – No report.

## **2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees**

A. Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the county will be working to align its Master Plan on Aging with that of the state. SCAC will also be gathering recommendations on behalf of County Supervisors for initiatives that could potentially be funded by the state and county allocations for seniors.

B. Wellbeing Reimagined

Senior Council Member Baradehi reported a presentation was given on the Parkinson's exercise program, Pep4U, offered free of charge at Laguna Niguel centers, and suggested this be presented at a future Senior Council meeting.

C. Housing/Transportation

Senior Council Member Chang reported updates on new housing projects were provided.

Senior Council Member Jacobs distributed a handout providing an example of senior housing in Europe.

D. Senior Citizens Engagement

Chair Sandlin distributed meeting notes summarizing presentation given about social isolation among seniors, and a list of resources. Legislation includes monitoring of state-licensed facilities, and compensation for seniors when assuming role of primary caregiver/guardian of grandchildren.

Vice Chair Owens encouraged Senior Council Members to provide contact information from SCAC committee presenters for future Senior Council meetings.

**2.3 Senior Citizens Council Committees**

A. Facilities Committee – No report.

B. Nutrition Committee

Vice Chair Owens reported new vinyl flooring will be installed in the Lakeview Senior Center dining room, dining room chairs have been ordered and delivery pending, an meeting attendees met the new Elderly Nutrition Program Chef.

C. Senior Plan for Aging

Senior Council Member Ragland reported the following:

- First committee meeting was introductory
- Discussion included establishment of goals to align with county Master Plan on Aging.
- Recreation programming updates were shared.
- Bingo program numbers down to 20-30 participants, previously at 80-90.
- Tax preparation assistance offered each Wednesday by appointment only through April 15.

**3. COUNCIL BUSINESS**


**3.1 MINUTES**

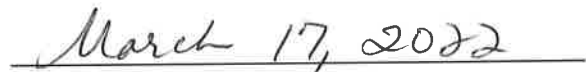
**ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Baradehi, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held January 20, 2022.**

**ADJOURNMENT**

**Moved by Vice Chair Owens, seconded by Senior Council Member Jacobs, and carried by those members present to adjourn the meeting at 10:24 a.m.**

  
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CHAIR

  
\_\_\_\_\_  
Athena Martinez  
Recording Secretary

  
\_\_\_\_\_  
Date Approved