



Bill Sandlin  
Chair

Rachel Owens  
Vice Chair

Council Members:  
Amal Baradehi  
Jerry Chang  
Greta Jacobs  
Patti Ragland  
Myung Suh

# AGENDA

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

April 21, 2022  
9:00 AM

**Lakeview Senior Center**  
**20 Lake Road**  
**Irvine, CA 92604**

### **PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS**

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE ZOOM APPLICATION. INFORMATION FOR ZOOM CAN BE FOUND ONLINE AT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL). YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606, OR BY EMAIL TO [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG). YOU MAY ALSO PROVIDE LIVE COMMENTS VIA ZOOM. FOR MORE INFORMATION, VISIT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL).

**REQUEST TO SPEAK IN PERSON:** IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM OR NON-AGENDIZED ITEM, PLEASE FILL OUT A REQUEST TO SPEAK FORM AVAILABLE AT THE ENTRANCE TO THE MEETING ROOM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES (UNLESS THE TIME LIMIT IS EXTENDED BY THE CHAIR), WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

**PLEASE TAKE NOTICE THAT** THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED, AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

**PLEASE NOTE:** THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG). IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

**CALL TO ORDER**

**ROLL CALL**

**PLEDGE OF ALLEGIANCE – Senior Council Member Ragland**

**INTRODUCTIONS**

**1. PRESENTATIONS**

***1.1 Cool Block Program – Patty Oh, Cool Block Program Manager-Empowerment Institute***

**PUBLIC COMMENTS – AGENDIZED ITEMS**

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Public comments are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

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**PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

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Any member of the public may address the Senior Council on items within the Senior Council's subject matter jurisdiction, but which are not listed on this Agenda during public comments. However, no action may be taken on matters that are not part of the posted agenda. Public comments are limited to 3 minutes per person. If you wish to speak, please complete a Speaker's Form and submit it to the Recording Secretary.

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**STAFF ANNOUNCEMENTS**

**SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

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Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

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**ADDITIONS AND DELETIONS**

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Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

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**2. COMMITTEE/GROUP/AGENCY REPORTS**

***(Please limit Committee Reports to 3 minutes per person)***

***2.1 Senior Services Support/Interest Groups***

- A. EKTA Center: South Asian Senior Association – Harish Murthy, Executive Director
- B. Friends of Outreach – Kathleen Pfeiffer, President
- C. Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director
- D. Irvine Evergreen Chinese Senior Association – Jerry Chang, Director
- E. NEDA-Association of Iranian American Seniors – Nasser Fathi, President

**2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees**

- A. Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh
- B. Wellbeing Reimagined – Senior Council Members Baradehi, Chang, and Ragland
- C. Housing/Transportation – Senior Council Members Chang and Jacobs
- D. Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh

**2.3 Senior Citizens Council Committees**

- A. Facilities Committee – Chair Sandlin and Senior Council Members Jacob and Suh
- B. Nutrition Committee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs
- C. Senior Plan for Aging – Senior Council Members Chang, Ragland, and Suh

**3. COUNCIL BUSINESS**

**3.1 MINUTES**

**RECOMMENDED ACTION:**

Approve the minutes of the Irvine Senior Citizens Council regular meeting held March 17, 2022.

**ADJOURNMENT**

Next Meeting: Irvine Senior Citizens Council regular meeting, **Thursday, May 19, 2022, 9 a.m.**, Lakeview Senior Center, 20 Lake Road, Irvine.

**NOTICE TO THE PUBLIC**

**At 11 a.m.**, the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

**STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

**SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

**CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS**

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

**COMMUNICATION AND ELECTRONIC DEVICES**


To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

**MEETING SCHEDULE**

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at *cityofirvine.org*.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, One Civic Center Plaza, Irvine, California on April 14, 2022 by 5:30 p.m. as well as on the City's web page.

  
Recording Secretary

# **COUNCIL BUSINESS**

## **ITEM 3.1 MINUTES**



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**March 17, 2022**  
**Lakeview Senior Center**  
20 Lake Road  
Irvine, CA 92604

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:00 a.m. on March 17, 2022, in the Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

### ROLL CALL

Present:	7	Senior Council Member	Amal Baradehi
		Senior Council Member	Jerry Chang
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin

Absent:	1	Senior Council Member	Myung Suh
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### PLEDGE OF ALLEGIANCE

Senior Council Member Jacobs led the Pledge of Allegiance.

### COVID-19 HEALTH ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, read the COVID-19 public health announcement.

### INTRODUCTIONS

There were no introductions.

## **ANNOUNCEMENTS**

Denise Bennett-Arabatzis, Community Services Supervisor, announced the following:

- Free Tax Preparation Assistance is available, in partnership with AARP Foundation, for adults ages 50 and older with low to moderate incomes every Wednesday at Lakeview Senior Center through April 13. Appointments can be made by calling 949-724-6926.
- A free outdoor music event, “Jammin’ the Blues” featuring The Earl Gordon Trio, will be held at the Great Park on Sunday, April 10 from 1 to 3 p.m. Bring folding chairs or blankets for seating around Palm Court.
- A “Serving Up Smiles” volunteer recruitment campaign is underway, marketed through email communications, social media, and in each facility. Two orientations have been conducted with 49 attendees.
- The Senior Services Volunteer Recognition will be held on April 22 from noon to 2 p.m. at the Lakeview Senior Center.
- The Spring Into Health Senior Fitness Challenge is an 8-week challenge from April 18 through June 10. Designed to motivate seniors to stay active and healthy, participants will get a card stamped after each workout or fitness class completed at one of the three senior centers. Cards will be turned in at the Fitness Challenge Social to be held at Trabuco Center and will be entered into a drawing. The Social will include a motivational presentation and light refreshments.

### **1. PRESENTATIONS**

#### ***1.1 Distinguished Service Award to Friends of Outreach***

Amber Castrey, Community Services Supervisor, presented this award to Friends of Outreach Member Maria Yousef for her dedicated service to Friends of Outreach, the International Crafters, and contributions to the 2021 Holiday Gift Bag program.

#### ***1.2 Cyber Security***

Tommy Chiu, Human Resources & Innovation Cybersecurity Officer, provided a presentation on cyber security.

## **SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES**

Vice Chair Owens announced the Mayor’s State of the City address was available for viewing on the City’s website.

## **PUBLIC COMMENTS**

Vickie Johnson, Irvine resident, spoke in favor of continued COVID-19 safety measures/protocols at senior centers and during senior recreation programming and events.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions.

## 2. COMMITTEE/GROUP/AGENCY REPORTS

### 2.1 Senior Services Support/Interest Groups

#### A. EKTAA Center: South Asian Senior Association (EKTAA)

Priti Singh, Representative, reported the following:

- EKTAA meets monthly at Lakeview Senior Center to provide socialization and educational opportunities.
- The February Valentine's Day celebration was successful with 60 guests in attendance.
- A Holi Celebration is scheduled for this month, also known as the Festival of Colors.
- Free dance and movement classes are offered each Thursday at 11 a.m. at the Lakeview Senior Center.

Representative Singh thanked Senior Services staff for continued support of EKTAA programs and events.

#### B. Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO has resumed in-person meetings.
- International Crafters have begun creating items for the 2022 holiday gift bags.
- Monthly restaurant fundraisers will resume.
- Bingo attendance has been low but is holding steady.
- FOO is a non-profit fundraising entity, with subgroups such as International Crafters/sewing groups, Bingo program, and a kiosk that sells handmade items; all funds raised are in support of senior programs.

#### C. Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, thanked FOO for regular donations in support of IADHS Scholarship fund, and reported the following:

- The Community Services Commission will be recommending City Council approve Community Development Block Grant funding of \$48,000 for IADHS programs and services.
- IADHS had three new enrollments.
- Home visits are being coordinated for two new members.
- IADHS is now offering one-way rides home in partnership with Orange County Transportation Authority. IADHS policy is that family members must drop participants off.
- IADHS will be adding Friday to in-person services and lunch, bringing programming back to five days a week.
- IADHS is working on infrastructure to offer telehealth services after the June 30 expiration, pending guidance from the state.



- IADHS is reviewing process to reintroduce volunteer services.
- Lunch service is maxed at 18 participants.

D. Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Representative, reported the following:

- IECSA provided an excursion to the Huntington Library and Botanical Gardens.
- The monthly IECSA meeting will be held March 19 and will include dancing.
- Ms. Chung reported a noticeable rise in questionable activity at Northwood Park.

E. NEDA-Association of Iranian American Seniors – No report.

**2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees**

A. Orange County Senior Citizens Advisory Council (SCAC)

Chair Owens distributed a handout summarizing SCAC's "Top 5 Priorities for Orange County Senior Citizens", developed around the state's Master Plan for Aging goals. SCAC's Top 5 Priorities are:

1. Senior Housing and Transportation
2. Caregiver Support
3. Elder Abuse Prevention
4. Professional Careers in Aging
5. Affording Aging

B. Wellbeing Reimagined

Senior Council Member Chang reported the March 16 meeting included a presentation on Advanced Care Planning and Health Care Directives.

C. Housing/Transportation

Senior Council Member Chang reported meeting focused on challenges faced countywide regarding lack of low-income housing.

D. Senior Citizens Engagement

Chair Sandlin reported meeting focus was meeting procedures and practices.

**2.3 Senior Citizens Council Committees**

A. Facilities Committee

Chair Sandlin reported the following:

- Rancho Senior Center
  - Light fixtures at the front door have been updated; rear door fixtures will be updated next week.
  - New chairs have been ordered.
- Trabuco Center
  - New chairs have been received.
- Lakeview Senior Center
  - Dining room doors to patio have been replaced, walls have been painted, and flooring has been replaced. New moulding to be installed, and new chairs will arrive soon.
  - Refrigerator door will need to be replaced.
  - Carpeting will be replaced throughout entire facility, except dining room.
  - A new fitness program to be offered.

B. Nutrition Committee – No report.

C. Senior Plan for Aging – No report.

### 3. COUNCIL BUSINESS

#### 3.1 MINUTES

**ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Chang, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held February 17, 2022.**

#### ADJOURNMENT

**Moved by Senior Council Member Chang, seconded by Senior Council Member Baradehi, and carried by those members present to adjourn the meeting at 10:31 a.m.**

\_\_\_\_\_  
CHAIR

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Athena Martinez  
Recording Secretary

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Date Approved