

MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

March 17, 2022 Lakeview Senior Center 20 Lake Road Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:00 a.m. on March 17, 2022, in the Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member Senior Council Member Senior Council Member Senior Council Member Vice Chair Chair	Amal Baradehi Jerry Chang Greta Jacobs Patti Ragland Rachel Owens Bill Sandlin
		Senior Council Member Vice Chair	Rachel Öwens

Absent: 1 Senior Council Member Myung Suh

PLEDGE OF ALLEGIANCE

Senior Council Member Jacobs led the Pledge of Allegiance.

COVID-19 HEALTH ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, read the COVID-19 public health announcement.

INTRODUCTIONS

There were no introductions.

ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, announced the following:

- Free Tax Preparation Assistance is available, in partnership with AARP Foundation, for adults ages 50 and older with low to moderate incomes every Wednesday at Lakeview Senior Center through April 13. Appointments can be made by calling 949-724-6926.
- A free outdoor music event, "Jammin' the Blues" featuring The Earl Gordon Trio, will be held at the Great Park on Sunday, April 10 from 1 to 3 p.m. Bring folding chairs or blankets for seating around Palm Court.
- A "Serving Up Smiles" volunteer recruitment campaign is underway, marketed through email communications, social media, and in each facility. Two orientations have been conducted with 49 attendees.
- The Senior Services Volunteer Recognition will be held on April 22 from noon to 2 p.m. at the Lakeview Senior Center.
- The Spring Into Health Senior Fitness Challenge is an 8-week challenge from April 18 through June 10. Designed to motivate seniors to stay active and healthy, participants will get a card stamped after each workout or fitness class completed at one of the three senior centers. Cards will be turned in at the Fitness Challenge Social to be held at Trabuco Center and will be entered into a drawing. The Social will include a motivational presentation and light refreshments.

1. PRESENTATIONS

1.1 Distinguished Service Award to Friends of Outreach

Amber Castrey, Community Services Supervisor, presented this award to Friends of Outreach Member Maria Yousef for her dedicated service to Friends of Outreach, the International Crafters, and contributions to the 2021 Holiday Gift Bag program.

1.2 Cyber Security

Tommy Chiu, Human Resources & Innovation Cybersecurity Officer, provided a presentation on cyber security.

SENIOR COUNCIL MEMBER ANNOUNCEMENTS/UPDATES

Vice Chair Owens announced the Mayor's State of the City address was available for viewing on the City's website.

PUBLIC COMMENTS

Vickie Johnson, Irvine resident, spoke in favor of continued COVID-19 safety measures/protocols at senior centers and during senior recreation programming and events.

ADDITIONS AND DELETIONS

There were no additions or deletions.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

A. EKTAA Center: South Asian Senior Association (EKTAA)

Priti Singh, Representative, reported the following:

- EKTAA meets monthly at Lakeview Senior Center to provide socialization and educational opportunities.
- The February Valentine's Day celebration was successful with 60 guests in attendance.
- A Holi Celebration is scheduled for this month, also known as the Festival of Colors.
- Free dance and movement classes are offered each Thursday at 11 a.m. at the Lakeview Senior Center.

Representative Singh thanked Senior Services staff for continued support of EKTAA programs and events.

B. Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO has resumed in-person meetings.
- International Crafters have begun creating items for the 2022 holiday gift bags.
- Monthly restaurant fundraisers will resume.
- Bingo attendance has been low but is holding steady.
- FOO is a non-profit fundraising entity, with subgroups such as International Crafters/sewing groups, Bingo program, and a kiosk that sells handmade items; all funds raised are in support of senior programs.
- C. Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, thanked FOO for regular donations in support of IADHS Scholarship fund, and reported the following:

- The Community Services Commission will be recommending City Council approve Community Development Block Grant funding of \$48,000 for IADHS programs and services.
- IADHS had three new enrollments.
- Home visits are being coordinated for two new members.
- IADHS is now offering one-way rides home in partnership with Orange County Transportation Authority. IADHS policy is that family members must drop participants off.
- IADHS will be adding Friday to in-person services and lunch, bringing programming back to five days a week.
- IADHS is working on infrastructure to offer telehealth services after the June 30 expiration, pending guidance from the state.

- IADHS is reviewing process to reintroduce volunteer services.
- Lunch service is maxed at 18 participants.
- D. Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Representative, reported the following:

- IECSA provided an excursion to the Huntington Library and Botanical Gardens.
- The monthly IECSA meeting will be held March 19 and will include dancing.
- Ms. Chung reported a noticeable rise in questionable activity at Northwood Park.
- E. NEDA-Association of Iranian American Seniors No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Chair Owens distributed a handout summarizing SCAC's "Top 5 Priorities for Orange County Senior Citizens", developed around the state's Master Plan for Aging goals. SCAC's Top 5 Priorities are:

- 1. Senior Housing and Transportation
- 2. Caregiver Support
- 3. Elder Abuse Prevention
- 4. Professional Careers in Aging
- 5. Affording Aging
- B. Wellbeing Reimagined

Senior Council Member Chang reported the March 16 meeting included a presentation on Advanced Care Planning and Health Care Directives.

C. Housing/Transportation

Senior Council Member Chang reported meeting focused on challenges faced countywide regarding lack of low-income housing.

D. Senior Citizens Engagement

Chair Sandlin reported meeting focus was meeting procedures and practices.

2.3 Senior Citizens Council Committees

A. Facilities Committee

Chair Sandlin reported the following:

- Rancho Senior Center
 - Light fixtures at the front door have been updated; rear door fixtures will be updated next week.
 - New chairs have been ordered.
- Trabuco Center
 - \circ New chairs have been received.
- Lakeview Senior Center
 - Dining room doors to patio have been replaced, walls have been painted, and flooring has been replaced. New moulding to be installed, and new chairs will arrive soon.
 - Refrigerator door will need to be replaced.
 - Carpeting will be replaced throughout entire facility, except dining room.
 - A new fitness program to be offered.
- B. Nutrition Committee No report.
- C. Senior Plan for Aging No report.

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3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Chang, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held February 17, 2022.

ADJOURNMENT

Moved by Senior Council Member Chang, seconded by Senior Council Member Baradehi, and carried by those members present to adjourn the meeting at 10:31 a.m.

Date Approved

Athena Martinez Recording Secretary