



Bill Sandlin
Chair

Rachel Owens
Vice Chair

Council Members:
Amal Baradehi
Jerry Chang
Greta Jacobs
Patti Ragland
Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

May 19, 2022
9:00 AM

Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO SENIORCOUNCIL@CITYOFIRVINE.ORG; OR THROUGH E-COMMENT AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT SENIORCOUNCIL@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Senior Council Member Suh

INTRODUCTIONS

PUBLIC COMMENTS – AGENDIZED ITEMS

If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes per item. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes per item. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

STAFF ANNOUNCEMENTS

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

1. COMMITTEE/GROUP/AGENCY REPORTS
(Please limit Committee Reports to 3 minutes per person)

1.1 Senior Services Support/Interest Groups

- A. EKTA Center: South Asian Senior Association – Harish Murthy, Executive Director
- B. Friends of Outreach – Kathleen Pfeiffer, President

- C. Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director
- D. Irvine Evergreen Chinese Senior Association – Jerry Chang, Director
- E. NEDA-Association of Iranian American Seniors – Nasser Fathi, President

1.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

- A. Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh
- B. Wellbeing Reimagined – Senior Council Members Baradehi, Chang, and Ragland
- C. Housing/Transportation – Senior Council Members Chang and Jacobs
- D. Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh

1.3 Senior Citizens Council Committees

- A. Facilities Committee – Chair Sandlin and Senior Council Members Jacob and Suh
- B. Nutrition Committee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs
- C. Senior Plan for Aging – Senior Council Members Chang, Ragland, and Suh

2. SENIOR CITIZENS COUNCIL BUSINESS

2.1 MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held April 21, 2022.

ADJOURNMENT

Next Meeting: Irvine Senior Citizens Council regular meeting, **Thursday, June 16, 2022, 9 a.m.**, Lakeview Senior Center, 20 Lake Road, Irvine.

NOTICE TO THE PUBLIC

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least 72 hours prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION AND ELECTRONIC DEVICES

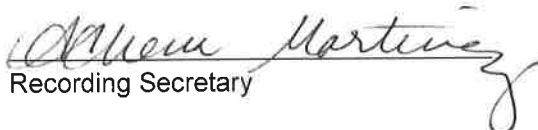
To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at cityofirvine.org.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, 1 Civic Center Plaza, Irvine, California on May 11, 2022 by 5:30 p.m. as well as on the City's web page.


Recording Secretary

COUNCIL BUSINESS

ITEM 2.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

April 21, 2022
Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:01 a.m. on April 21, 2022, in the Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

| | | | |
|----------|---|-----------------------|---------------|
| Present: | 6 | Senior Council Member | Amal Baradehi |
| | | Senior Council Member | Greta Jacobs |
| | | Senior Council Member | Patti Ragland |
| | | Senior Council Member | Myung Suh |
| | | Vice Chair | Rachel Owens |
| | | Chair | Bill Sandlin |
| Absent: | 1 | Senior Council Member | Jerry Chang |

PLEDGE OF ALLEGIANCE

Senior Council Member Ragland led the Pledge of Allegiance.

COVID-19 HEALTH ANNOUNCEMENT

Cory Hilderbrand, Community Services Manager, read the COVID-19 public health announcement.

INTRODUCTIONS

Manager Hilderbrand introduced presenter Patty Oh, Empowerment Institute Cool Block Program Manager.

1. PRESENTATION

1.1 Cool Block Program

Patty Oh, Cool Block Program Manager, provided a presentation on the City and Empowerment Institute's collaboration to reach carbon neutrality by 2030.

Discussion included: program logistics; community awareness; process to create Cool Block Teams and leader assignments; program funding and resources.

PUBLIC COMMENTS – AGENDIZED ITEMS

There were none.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Charlie Choi, Irvine Korean Adult League Chairman, spoke about newly formed group serving Korean seniors at Lakeview Senior Center.

STAFF ANNOUNCEMENTS

Amber Castrey, Community Services Supervisor, announced the following:

- The Senior Services Volunteer Recognition luncheon will be held on April 22 from noon to 2 p.m. at the Lakeview Senior Center. Volunteers will be recognized for their contributions to Senior Services over the past year.
- Senior Services will host free open house events at each of the three senior centers on Wednesday, April 27 from 1 to 3 p.m. to showcase programs and services offered. Program demonstrations, informational flyers, a senior resources table, and opportunities to register as a volunteer will be available at each site.

Denise Bennett-Arabatzis, Community Services Supervisor, announced the following:

- The City is partnering with Second Harvest Food Bank Orange County to collect sealed, unused takeout utensil packs and unopened condiment packets through April 30 to be used by Second Harvest meal programs. Collection bins are located at the Civic Center, Great Park Visitors Center, Lakeview Senior Center, Portola Community Center, and University Community Park.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Jacobs announced the following:

- Friends of Outreach were awarded a Volunteer Merit Award from the California Parks and Recreation Society (CPRS) for their support of the City's senior programs and services.
- Irvine Multicultural Association is presenting Exploring Our World-Mexico on May 4 at Lakeview Senior Center from 1-3 p.m.

Senior Council Member Suh announced he had the opportunity to learn of senior services provided in Korea during his travels over the past two months.

ADDITIONS AND DELETIONS

There were no additions or deletions.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

A. EKTA Center: South Asian Senior Association – No report.

B. Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO recognized by CPRS for volunteer and fundraising efforts.
- Donation drive has begun for this year's holiday gift bag program and chemo cap specialty yarn.
- FOO in the process of changing financial institutions.
- International Crafters has seen an increase in participant numbers.
- Opportunity drawings will resume during themed lunches.
- Bingo program participation is increasing as mandates and restrictions are lifting.
- The Crafters kiosk is now open on Tuesday afternoons at the Lakeview Senior Center.

(Item 2.1.C. provided during 2.2 reports)

D. Irvine Evergreen Chinese Senior Association – No report.

E. NEDA-Association of Iranian American Seniors – No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens provided a handout and reported:

- Jamie Cansler, Director of Development and Community Outreach for the Council on Aging, was the guest speaker.

- SCAC will continue to offer meetings via Zoom.
- SCAC will be reaching out to cities in county to provide senior events to the county's master calendar.
- SCAC Board will be sending a letter to county supervisors presenting SCAC priorities.

Senior Council Member Baradehi reported Ericka Danczak, Office on Aging and Veterans Services, provided updates on social services bills moving through legislation.

Senior Council Member Ragland reported on a new library program being offered where live presenters can be "checked out" for 30 minutes to provide presentations at meetings.

B. Wellbeing Reimagined

Senior Council Member Baradehi reported Nasira Cooley, a registered dietitian, provided a "Food and the Brain" presentation highlighting how diet fuels and affects brain function.

C. Housing/Transportation – No Report.

(this item continued from 2.1 above)

C. Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- Participation is up to 15.4% from 13.7% with nine to 21 participants in facility on any given day.
- Four new participants enrolled this month.
- Telehealth services have been extended to June 30; utilized by two participants, most are on-site; social distancing and use of masks still required.
- IADHS awarded \$47,000 in Community Development Block Grant funds; working on next fiscal year's budget and developing fundraising goals.
- The annual fundraising gala, Take a Chance on Seniors, has been scheduled for October 1.

(continuation of 2.2 items)

D. Senior Citizens Engagement

Senior Council Member Suh reported:

- Sgt. James Vogel, Orange County Sheriff's Department, provided a presentation on fraud and elder abuse prevention at the April 18 meeting.

- The California Senior Legislature will host Senior Rally Day on May 3 as an on-line event.
- World Elder Abuse Awareness Day will be observed on June 15.

Chair Sandlin reported updated provided during the March 21 meeting and provided a handout.

2.3 Senior Citizens Council Committees

A. Facilities Committee – No report.

B. Nutrition Committee

Senior Council Member Baradehi reported:

- Congregate meal program has lifted mask policy.
- Advance reservations are still required, but issues with no-show and lack of notifications of cancelation.
- Voluntary donations have declined and staff working on ways to promote.

Vice Chair Owens reported there is no mandatory fee for meals in the café, and suggested donations are accepted upon entry.

Manager Hilderbrand reported:

- City Council will consider the removal of vaccination requirements at its May 24 meeting.
- The Grab and Go program will be phased out; goal to resume full capacity congregate meals is June 1.
- Researching logistics to begin offering Meals on Wheels out of Rancho Senior Center and Trabuco Center.

C. Senior Plan for Aging

Senior Council Member Ragland reported subcommittees were established as follows:

- Policy Committee – members given list of legislators to contact to advocate for policies.
- Social Engagement Committee – to promote social interaction, friendly visitor programs, or the likes of Irvine's CHAMPIONS program.
- Elder Abuse Prevention Committee – presentation scheduled for June 16 at the Lakeview Senior Center from 9-11 a.m.
- Nutrition Committee – to promote enrollment in Cal Fresh program.
- Behavioral Health Committee – to address lack of mental health component in the Master Plan.
- Technology Committee – to promote use of technology by seniors.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Jacobs, seconded by Vice Chair Owens, and unanimously carried by those members present (Senior Council Member Chang absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held March 17, 2022.

ADJOURNMENT

Moved by Senior Council Member Ragland, seconded by Senior Council Member Baradehi, and carried by those members present to adjourn the meeting at 10:43 a.m.

CHAIR

Athena Martinez
Recording Secretary

Date Approved