



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

April 21, 2022
Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:01 a.m. on April 21, 2022, in the Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Myung Suh
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Jerry Chang

PLEDGE OF ALLEGIANCE

Senior Council Member Ragland led the Pledge of Allegiance.

COVID-19 HEALTH ANNOUNCEMENT

Cory Hilderbrand, Community Services Manager, read the COVID-19 public health announcement.

INTRODUCTIONS

Manager Hilderbrand introduced presenter Patty Oh, Empowerment Institute Cool Block Program Manager.

1. PRESENTATION

1.1 Cool Block Program

Patty Oh, Cool Block Program Manager, provided a presentation on the City and Empowerment Institute's collaboration to reach carbon neutrality by 2030.

Discussion included: program logistics; community awareness; process to create Cool Block Teams and leader assignments; program funding and resources.

PUBLIC COMMENTS – AGENDIZED ITEMS

There were none.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Charlie Choi, Irvine Korean Adult League Chairman, spoke about newly formed group serving Korean seniors at Lakeview Senior Center.

STAFF ANNOUNCEMENTS

Amber Castrey, Community Services Supervisor, announced the following:

- The Senior Services Volunteer Recognition luncheon will be held on April 22 from noon to 2 p.m. at the Lakeview Senior Center. Volunteers will be recognized for their contributions to Senior Services over the past year.
- Senior Services will host free open house events at each of the three senior centers on Wednesday, April 27 from 1 to 3 p.m. to showcase programs and services offered. Program demonstrations, informational flyers, a senior resources table, and opportunities to register as a volunteer will be available at each site.

Denise Bennett-Arabatzis, Community Services Supervisor, announced the following:

- The City is partnering with Second Harvest Food Bank Orange County to collect sealed, unused takeout utensil packs and unopened condiment packets through April 30 to be used by Second Harvest meal programs. Collection bins are located at the Civic Center, Great Park Visitors Center, Lakeview Senior Center, Portola Community Center, and University Community Park.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Jacobs announced the following:

- Friends of Outreach were awarded a Volunteer Merit Award from the California Parks and Recreation Society (CPRS) for their support of the City's senior programs and services.
- Irvine Multicultural Association is presenting Exploring Our World-Mexico on May 4 at Lakeview Senior Center from 1-3 p.m.

Senior Council Member Suh announced he had the opportunity to learn of senior services provided in Korea during his travels over the past two months.

ADDITIONS AND DELETIONS

There were no additions or deletions.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

- A. EKTA Center: South Asian Senior Association – No report.
- B. Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO recognized by CPRS for volunteer and fundraising efforts.
- Donation drive has begun for this year's holiday gift bag program and chemo cap specialty yarn.
- FOO in the process of changing financial institutions.
- International Crafters has seen an increase in participant numbers.
- Opportunity drawings will resume during themed lunches.
- Bingo program participation is increasing as mandates and restrictions are lifting.
- The Crafters kiosk is now open on Tuesday afternoons at the Lakeview Senior Center.

(Item 2.1.C. provided during 2.2 reports)

- D. Irvine Evergreen Chinese Senior Association – No report.
- E. NEDA-Association of Iranian American Seniors – No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

- A. Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens provided a handout and reported:

- Jamie Cansler, Director of Development and Community Outreach for the Council on Aging, was the guest speaker.

- SCAC will continue to offer meetings via Zoom.
- SCAC will be reaching out to cities in county to provide senior events to the county's master calendar.
- SCAC Board will be sending a letter to county supervisors presenting SCAC priorities.

Senior Council Member Baradehi reported Ericka Danczak, Office on Aging and Veterans Services, provided updates on social services bills moving through legislation.

Senior Council Member Ragland reported on a new library program being offered where live presenters can be "checked out" for 30 minutes to provide presentations at meetings.

B. Wellbeing Reimagined

Senior Council Member Baradehi reported Nasira Cooley, a registered dietitian, provided a "Food and the Brain" presentation highlighting how diet fuels and affects brain function.

C. Housing/Transportation – No Report.

(this item continued from 2.1 above)

C. Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- Participation is up to 15.4% from 13.7% with nine to 21 participants in facility on any given day.
- Four new participants enrolled this month.
- Telehealth services have been extended to June 30; utilized by two participants, most are on-site; social distancing and use of masks still required.
- IADHS awarded \$47,000 in Community Development Block Grant funds; working on next fiscal year's budget and developing fundraising goals.
- The annual fundraising gala, Take a Chance on Seniors, has been scheduled for October 1.

(continuation of 2.2 items)

D. Senior Citizens Engagement

Senior Council Member Suh reported:

- Sgt. James Vogel, Orange County Sheriff's Department, provided a presentation on fraud and elder abuse prevention at the April 18 meeting.

- The California Senior Legislature will host Senior Rally Day on May 3 as an on-line event.
- World Elder Abuse Awareness Day will be observed on June 15.

Chair Sandlin reported updated provided during the March 21 meeting and provided a handout.

2.3 Senior Citizens Council Committees

A. Facilities Committee – No report.

B. Nutrition Committee

Senior Council Member Baradehi reported:

- Congregate meal program has lifted mask policy.
- Advance reservations are still required, but issues with no-show and lack of notifications of cancelation.
- Voluntary donations have declined and staff working on ways to promote.

Vice Chair Owens reported there is no mandatory fee for meals in the café, and suggested donations are accepted upon entry.

Manager Hilderbrand reported:

- City Council will consider the removal of vaccination requirements at its May 24 meeting.
- The Grab and Go program will be phased out; goal to resume full capacity congregate meals is June 1.
- Researching logistics to begin offering Meals on Wheels out of Rancho Senior Center and Trabuco Center.

C. Senior Plan for Aging

Senior Council Member Ragland reported subcommittees were established as follows:

- Policy Committee – members given list of legislators to contact to advocate for policies.
- Social Engagement Committee – to promote social interaction, friendly visitor programs, or the likes of Irvine’s CHAMPIONS program.
- Elder Abuse Prevention Committee – presentation scheduled for June 16 at the Lakeview Senior Center from 9-11 a.m.
- Nutrition Committee – to promote enrollment in Cal Fresh program.
- Behavioral Health Committee – to address lack of mental health component in the Master Plan.
- Technology Committee – to promote use of technology by seniors.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Jacobs, seconded by Vice Chair Owens, and unanimously carried by those members present (Senior Council Member Chang absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held March 17, 2022.

ADJOURNMENT

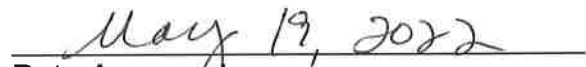
Moved by Senior Council Member Ragland, seconded by Senior Council Member Baradehi, and carried by those members present to adjourn the meeting at 10:43 a.m.



CHAIR



Athena Martinez
Recording Secretary



Date Approved