

# MINUTES

# IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

# August 18, 2022 Lakeview Senior Center 20 Lake Road Irvine, CA 92604

# CALL TO ORDER

A regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:00 a.m. on August 18, 2022, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

# ROLL CALL

Present:	7	Senior Council Member Senior Council Member Senior Council Member Senior Council Member Vice Chair Chair	Amal Baradehi Greta Jacobs Patti Ragland Myung Suh Rachel Owens Bill Sandlin

Absent: 1 Senior Council Member Jerry Chang

# VIRTUAL MEETING ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, provided instructions on how to participate in the meeting virtually.

# 1. SCOPING SESSION

# 1.1 SENIOR SERVICES STRATEGIC PLAN 2023-28

Sandra Salcedo, Community Services Superintendent, presented the staff report and responded to questions.

Senior Council discussion included: comparison of State's Master Plan on Aging and the City's Senior Services Strategic Plan Update (Plan Update) goals; timeline of plan development and activities; Senior Council role in plan development.

#### RECESS

Chair Sandlin recessed the Senior Council meeting at 10:30 a.m.

#### RECONVENE

Chair Sandlin reconvened the Senior Council meeting at 10:42 a.m.

#### RECESS

Chair Sandlin recessed the Senior Council meeting at 11:45 a.m.

#### RECOVENE

Chair Sandlin reconvened the Senior Council meeting at 12:08 p.m.

Areas of assessment identified for the Senior Services Strategic Plan 2023-28 are:

- Housing and Emergency Preparation
- Transportation
- Healthy Living
- Marketing & Communication
- Social Wellbeing and Addressing Isolation

It was emphasized Education would be an objective under each goal.

#### PLEDGE OF ALLEGIANCE

Chair Sandlin led the Pledge of Allegiance.

#### INTRODUCTIONS

There were no introductions.

#### **PUBLIC COMMENTS – AGENDIZED ITEMS**

There were none.

#### PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were none.

#### STAFF ANNOUNCEMENTS

Amber Castrey, Community Services Supervisor, made the following announcements:

- The Senior Fitness Expo will be held August 26 from 9 a.m. to 12:30 p.m. at its new location, Lakeview Senior Center. This outdoor event will include health screenings, nutrition information, demonstrations, and a wide variety of the latest health and fitness products. A schedule of demonstrations and presentations was distributed.
- A Senior Scam Stopper event has been scheduled for September 8 from 10 a.m. to noon at Rancho Senior Center. Event will discuss state legislation concerning scams related to home improvement, auto repair, insurance, telemarketing, real estate and more.
- The City and South Coast Chinese Cultural Center will host a Mid-Autumn Festival at the Great Park on September 9 from 5 to 9 p.m. Event will include live musical and dance performances, cultural exhibits, educational activities, crafts, poetry readings, food trucks, and artistic demonstrations. This event is free, open to all ages, and no registration is required.

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- A Table Tennis Tournament is scheduled for September 10 from 9 a.m. to 1 p.m. at the Rancho Senior Center. Participants will enjoy light refreshments while challenging other players from the community. Three games are guaranteed for all teams; doubles play only. Registration required at <u>yourirvine.org</u>
- The fall issue of Irvine Senior Connection is now available and features a fresh, new, modernized design. Increased pages allow for advertisement of more Senior Services activities, services, and events available to the community.

# SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Vice Chair Owens announced her appointment to the County of Orange Office on Aging Senior Council Advisory Committee by Supervisor Donald Wagner.

#### ADDITIONS AND DELETIONS

There were no additions or deletions.

#### 2. COUNCIL BUSINESS

#### 2.1 MINUTES

ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Ragland, and unanimously carried by members present (Senior Council Member Chang absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held July 21, 2022.

#### **ADJOURNMENT**

Moved by Senior Council Member Baradehi, seconded by Vice Chair Owens, and unanimously carried by members present (Senior Council Member Chang absent) to adjourn the regular Senior Council meeting at 1:08 p.m.

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Recording Secretary

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