



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

October 20, 2022
Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:00 a.m. on October 20, 2022, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	7	Senior Council Member	Amal Baradehi
		Senior Council Member	Jerry Chang
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Myung Suh
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin

PLEDGE OF ALLEGIANCE

Senior Council Member Chang led the Pledge of Allegiance.

VIRTUAL MEETING ANNOUNCEMENT

Sandra Salcedo, Community Services Superintendent, provided instructions on how to participate in the meeting virtually.

1. PRESENTATIONS

1.1 Distinguished Service Awards

Chair Sandlin presented this award to Fatemeh Moshrefi for her dedicated volunteerism and service to the International Crafters program since 2001.

Chair Sandlin presented this award to Brian and Michelle Sanford for their dedicated volunteerism and service to the Meals on Wheels program.

1.2 Health Insurance Counseling & Advocacy Program (HICAP)

Linda Cardoza, Program Manager of HICAP for the Council on Aging, provided a presentation on the HICAP program and Medicare/Medical changes for 2023.

Discussion included: purpose to educate, not “sell”, any one plan or program; open enrollment period and resources available; differences between Original Medicare and Medicare Advantage; major changes coming for 2023; increase in fraud attempts during this time of year; services for Veterans reviewed to ensure best match of services/benefits; challenges finding physicians that accept Medi-Cal.

PUBLIC COMMENTS – AGENDIZED ITEMS

There were no requests to speak.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Steve Moyer, Age Well Senior Services Chief Executive Officer, shared the following Nutrition Program updates:

- Since assuming the role of contracted provider effective January 18, 2022, the congregate meal program has served 23,000 meals in the Rose Garden Café, and 90,000 meals have been delivered through the Meals on Wheels Program.
- Subcontractor that prepares meals for the Congregate Program will transition from Sapphire Culinary Group to Zest in a Bowl and will continue to be produced onsite at Lakeview Senior Center.
- Subcontractor that prepares meals for the Meals on Wheels Program will transition from Sapphire Culinary Group to Langlois Foods, Inc., and will be produced at an offsite commissary.

STAFF ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, announced promotion of HeeJin Joo Lee to Outreach Services Program Coordinator.

Amber Castrey, Community Services Supervisor, made the following announcements:

- Ektaa Center’s South Asian Senior Association will present a Diwali celebration on Friday, October 21 from 2 to 4 p.m. at the Lakeview Senior Center featuring cultural entertainment and light refreshments. Registration is required at yourirvine.org, and there is a \$5 fee.
- Annual Veterans Day flag deliveries honoring Irvine’s senior Veterans has been scheduled for November 8 and 9. To honor a senior Veteran, please register at yourirvine.org, course code 65385. To volunteer to deliver flags, please contact Kristen Jefferson at 949-724-6817, or email at kjefferson@cityofirvine.org.

Supervisor Bennett-Arabatzis made the following announcements:

- The Fair Housing Foundation will host a Fair Housing Workshop at Lakeview Senior Center on October 26 from 2:30 to 4:30 p.m. in the Rose Garden Café. This workshop is intended to assist Irvine seniors with regards to fair housing, discrimination, housing livability conditions, and other issues.
- A HICAP Medicare Enrollment Clinic will be held on October 26 and November 9 from 1 to 5 p.m. at Lakeview Senior Center. HICAP counselors will be on-site to review health and drug comparison charts and conduct a cost analysis of Medicare options. Registration is required and appointments can be made by calling the Keen Center for Senior Resources at 949-724-6926.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Vice Chair Owens made the following announcements:

- There will be a new Social Security Administration (SSA) office in Mission Viejo effective October 24, located at 23311 Madero.
- SSA recipients will receive an 8.7% cost of living increase effective January 2023.
- Kudos to City staff involved with the recent Fiesta Latina and Irvine Global Village events.

Senior Council Member Jacobs thanked staff for providing assistance with setting up the Irvine Multicultural Association booth at Irvine Global Village.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

A. Ektaa Center: South Asian Senior Association – No report.

B. Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO is seeking donations of items (such as individually wrapped candies, small boxed raisins, individual oatmeal packets) for the 300 holiday gift bag distribution, needed by November.
- Researching MOD Pizza in Westpark Shopping Center as fundraiser location for December.
- FOO is seeking volunteers for the weekly Tuesday Bingo program and International Crafters.

C. Irvine Adult Day Health Services, Inc. – No report.

D. Irvine Evergreen Chinese Senior Association (IECSA)

Esther Hsiao, IECSA Vice President, reported the following:

- The IECSA Chorus performed on October 2 at event held at Colonel Bill Barber Memorial Park celebrating the National Day of China.

- An excursion to the Long Beach Aquarium of the Pacific was attended by IECSA 45 Members.
- Thank you to staff for assistance with the IECSA booth at Irvine Global Village.
- The monthly meeting held on October 15 had 150 attendees and included a Medicare Open Enrollment information booth.
- The Karaoke program will resume at the December monthly meeting.

E. Irvine Korean Adult League – No report.

F. NEDA-Association of Iranian American Seniors – No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

A. Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the following from the October 14 General Meeting:

- Saddleback College Emeritus Institute provided a presentation on collegiate level learning programs available to seniors.
- The County's Office on Aging is working on better accounting of services offered throughout the county.
- Election of new Board members will be conducted at the November 4 meeting.
- Three new laws of 10 requested were signed into effect by the Governor:
 - AB211: Back-up funds for Nursing Homes
 - AB2338: Surrogate Consent Laws
 - AB2145: Oral Health for Skilled Nursing Facilities

Senior Council Member Ragland reported Irvine Valley College also offers Emeritus programs at no cost to seniors.

B. Wellbeing Reimagined

Senior Council Member Chang reported a presentation about the health benefits of yoga was provided at the September 21 meeting.

C. Housing/Transportation

Senior Council Member Chang reported information on independent living options through Continuing Care Retirement Communities was provided.

D. Senior Citizens Engagement

Senior Council Member Suh reported the following:

- Participation updates were provided by other senior centers in the county, all seeing a rise in numbers.
- Mission Viejo offers senior technology classes but does not have a computer lab like Irvine.

- County is seeing increase in challenges for seniors and the “technology divide.”

Chair Sandlin encouraged members to research senior-related legislation to stay abreast of issues.

2.3 Senior Citizens Council Committees

A. Facilities Subcommittee – No report.

B. Nutrition Subcommittee

Senior Council Member Jacobs announced the following themed lunches:

- Veterans Day lunch on Thursday, November 10
- Thanksgiving lunch on Friday, November 18; reservations are required and there is a \$5 fee.

C. Strategic Plan for Aging Subcommittee

Senior Council Member Ragland reported the following from the October 5 meeting:

- October is Domestic Violence Awareness Month and includes elder abuse issues.
- Social Engagement working to expand reach and updating the friendly visitor program.
- Tech Tutor program is thriving.
- Lecture series program working through attendance/registration issues.
- Upcoming events are Diwali on October 21 and Trick or Treat on October 28.
- Registration for winter programs will open next month.
- TRIPS Program is seeing an increase in ridership.
- Kitchens at Rancho Senior Center and Trabuco are being reviewed in preparation of Nutrition Program expansion.
- Friends of Outreach is seeking additional donation items for the holiday gift bag distribution.

Superintendent Salcedo reported three proposals were received in response to the Senior Services Strategic Plan request for proposals and shared project timeline.

ADDITIONS AND DELETIONS

There were no additions or deletions.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Chang, seconded by Vice Chair Owens, and unanimously carried to approve the minutes of the Irvine Senior Citizens Council regular meeting held September 15, 2022.

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Senior Council Member Jacobs, and unanimously carried to adjourn the regular Senior Council meeting at 11:07 a.m.

Bill Sallie
CHAIR

Athena Martinez
Athena Martinez
Recording Secretary

November 17, 2022
Date Approved