



Bill Sandlin  
Chair

Rachel Owens  
Vice Chair

Council Members:  
Amal Baradehi  
Greta Jacobs  
Patti Ragland  
Zainab Saadi, MD  
Myung Suh

# AGENDA

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

March 16, 2023  
9:00 AM

Lakeview Senior Center  
20 Lake Road  
Irvine, CA 92604

### **PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS**

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL). YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG); OR THROUGH E-COMMENT AT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL). YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL).

**REQUEST TO SPEAK IN PERSON:** IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

**PLEASE TAKE NOTICE THAT** THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

**PLEASE NOTE:** THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG). IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

**CALL TO ORDER**

**ROLL CALL**

**PLEDGE OF ALLEGIANCE – Vice Chair Owens**

**1. PRESENTATIONS**

***1.1 Distinguished Service Awards – Chair Sandlin***

***1.1.1 James Mullen***

***1.2 Charitable Ventures OC – Hallie Stohler-Plaza***

**PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

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Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

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**STAFF ANNOUNCEMENTS**

**SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

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Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

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**2. COMMITTEE/GROUP/AGENCY REPORTS**

***(Please limit Committee Reports to 3 minutes per person)***

***2.1 Senior Services Support/Interest Groups***

***2.1.1 Ektaa Center: South Asian Senior Association – Preeti Singh, Chair***

***2.1.2 Friends of Outreach – Kathleen Pfeiffer, President***

***2.1.3 Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director***

***2.1.4 Irvine Evergreen Chinese Senior Association – Jerry Chang, Director***

***2.1.5 Irvine Korean Adult League – Yohan Park, President***

***2.1.6 NEDA-Association of Iranian American Seniors – Nasser Fathi, President***

***2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees***

***2.2.1 Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh***

**2.2.2 Wellbeing Reimagined – Vice Chair Owens and Senior Council Member Jacobs**

**2.2.3 Housing and Transportation – Senior Council Members Baradehi and Ragland**

**2.2.4 Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh**

**2.3 Senior Citizens Council Subcommittees**

**2.3.1 Facilities Subcommittee – Chair Sandlin and Senior Council Members Jacobs and Suh**

**2.3.2 Nutrition Subcommittee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs**

**2.3.3 Strategic Plan for Aging Subcommittee – Senior Council Members Ragland and Suh**

**ADDITIONS AND DELETIONS**

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Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

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**3. SENIOR CITIZENS COUNCIL BUSINESS**

**3.1 MINUTES**

**ACTION:**

Approve the minutes of the Irvine Senior Citizens Council regular meeting held February 16, 2023.

**ADJOURNMENT**

Next Meeting: Irvine Senior Citizens Council regular meeting, **Thursday, April 20, 2023, 9 a.m.**, Lakeview Senior Center, 20 Lake Road, Irvine.

**NOTICE TO THE PUBLIC**

**At 11 a.m.**, the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

**STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

**SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

**CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS**

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

**COMMUNICATION AND ELECTRONIC DEVICES**


To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

**MEETING SCHEDULE**

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at [cityofirvine.org](http://cityofirvine.org).

I hereby certify that the agenda for the Senior Citizens Council meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, 1 Civic Center Plaza, Irvine, California on March 8, 2023 by 5:30 p.m. as well as on the City's web page.

  
Recording Secretary

## **3. BUSINESS**

### **ITEM 3.1 MINUTES**



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**February 16, 2023**  
**Lakeview Senior Center**  
20 Lake Road  
Irvine, CA 92604

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on February 16, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

### ROLL CALL

Present:	5	Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Myung Suh
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin

Absent:	1	Senior Council Member	Amal Baradehi
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### PLEDGE OF ALLEGIANCE

Chair Sandlin led the Pledge of Allegiance.

### PARTICIPATION IN SENIOR COUNCIL MEETING

Denise Bennett-Arabatzis, Community Services Supervisor, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

### 1. PRESENTATIONS

#### ***1.1 Distinguished Service Awards***

**1.1.1** Senior Council Member Ragland presented this award to Jo Anne Varney for her dedicated service as a volunteer in the Elderly Nutrition Program and Friends of Outreach Bingo Program.

- 1.1.2** Chair Sandlin presented this posthumous award to wife of Erich Pfeiffer for his dedicated service as a volunteer in the computer lab and with the Irvine Multicultural Association (IMA).
- 1.1.3** Senior Council Member Jacobs presented this award to Kathleen Pfeiffer for her dedicated service as a volunteer in various capacities within Senior Services, including Friends of Outreach, IMA, International Crafters, and Crochet-teers.
- 1.1.4** Vice Chair Owens presented this posthumous award to family of Peter Chan, for his dedicated service as a volunteer in various capacities within Senior Services, including with the Keen Center for Senior Resources and Irvine Evergreen Chinese Senior Association.

### **1.2 Irvine Global Village Festival 2022 Recap**

Wendy Brown, Human Resources Administrator, and Karena Lee, Community Services Superintendent, presented and responded to Senior Council inquiries.

Discussion included:

- History of event with origins from IMA senior community
- Attendance (25,000 attendees) and event size returned to pre-pandemic numbers
- Planning and implementation - 250 volunteers contributed over 1,000 volunteer hours day of festival through IGV Planning Committee (81 members)
- Change in event lead from Wendy Brown to Karena Lee
- How to volunteer in planning and implementation of event
- 91% satisfaction rate among event attendees

### **PUBLIC COMMENTS – AGENDIZED ITEMS**

There were no requests to speak.

### **PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

Hallie Stohler-Plaza, Charitable Ventures, spoke about the development of a five-year strategic plan for seniors in partnership with the City of Irvine Senior Services.

### **STAFF ANNOUNCEMENTS**

Supervisor Bennett-Arabatzis made the following additional announcements:

- A Table Tennis Tournament is scheduled for March 25 from 9 a.m. to 1 p.m. at Rancho Senior Center. All teams are guaranteed three games; doubles play only. Registration required, and all player names must be submitted at time of registration. Fee is \$10 per team.

- The Spring into Health Fitness Challenge will be held from May 1 through June 9. Sign up for this six-week challenge where the more you exercise, the more opportunities you have to win prizes. Participants receive a weekly e-newsletter featuring fitness-related educational topics, healthy recipes, and more. Register by May 1 to receive the first Challenge Card. Fee is \$10.
- The AARP Foundation Tax-Aide provides in-person and virtual tax assistance, free of charge, with a focus on taxpayers who are over 50 and have low-to-moderate income. Services are provided by a team of trained and certified volunteers at Lakeview Senior Center every Wednesday, from February 8 through April 12. For additional information, or to make an appointment, contact the Keen Center for Senior Resources at 949-724-6926.

## **SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

Chair Sandlin shared he has been visiting senior centers in nearby cities and noticed various centers offer excursions and trips for seniors.

## **2. COMMITTEE/GROUP/AGENCY REPORTS**

### ***2.1 Senior Services Support/Interest Groups***

#### ***2.1.1 Ektaa Center: South Asian Senior Association (SASA)***

Preeti Singh, SASA Chair, reported the following:

- The group continues to meet twice per month offering dance classes and other programming for seniors.
- Valentine's Day event had good participation.
- SASA looks forward to continuing to provide programs and resources for seniors.

#### ***2.1.2 Friends of Outreach***

Kathleen Pfeiffer, President, reported the following:

- A restaurant fundraiser is scheduled for February 28 from 11 a.m. to 10 p.m. at El Pollo Loco, located in the Gelson's Shopping Center.

#### ***2.1.3 Irvine Adult Day Health Services, Inc. – No report.***

#### ***2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)***

Christine Chung, Director, reported the following:

- Expressed concern about conflict among members related to the various regional politics in China and has brainstormed how to best handle these situations.
- Memorial service for Peter Chen to be held on Saturday, February 18 at 2 p.m. at Lakeview Senior Center.



### **2.1.5 Irvine Korean Adult League (IKAL)**

Amber Castrey, Community Services Supervisor, reported IKAL will launch a Karaoke sing-along program on March 3.

### **2.1.6 NEDA-Association of Iranian American Seniors (NEDA)**

Nasser Fathi, President, reported the following:

- The February 16 program will begin at 5:30 p.m. featuring live music, dancing, and poetry reading.
- The Nowruz Persian New Year event will be held on March 16 at 6 p.m. at Lakeview Senior Center; invitation extended to Senior Council.
- NEDA's weekly meetings occur each Tuesday from 2:30 p.m. to 4:30 p.m. and are averaging 40 attendees.

## **2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees**

### **2.2.1 Orange County Senior Citizens Advisory Council (SCAC)**

Vice Chair Owens reported the February 10 meeting included reviews of the Brown Act and Office on Aging programs.

### **2.2.2 Wellbeing Reimagined**

Vice Chair Owens reported the February 15 meeting included a presentation on the Master Plan on Aging database. Efforts continue to ensure distribution of the *Answers* publication, suggesting Charitable Ventures distribute at all City of Irvine's senior plan community meetings.

### **2.2.3 Housing/Transportation**

Senior Council Member Ragland reported the February 9 meeting included a presentation on the following Orange County Transportation Authority senior transportation programs:

- Senior Mobility Program
- Senior Non-Emergency Medical Service
- Transit Training
- Reduced fares on OC Buses
- OC 211
- Go Go Grandparent

SCAC Committees to resume meeting in-person beginning in March.

### **2.2.4 Senior Citizens Engagement**

Chair Sandlin reported the January 23 meeting included a presentation by Senior Assembly Member Mark Cox on Caregiving: Grandparents Support, which is a guardian adoption process whereby grandparents adopt their

grandchildren and how this impacts seniors and their families. Other topics discussed were:

- Presentation topics for 2023
- The need for volunteers to chair committees
- Pending legislation affecting seniors
- Senior Rally Day will be held on May 2
- Orange County Annual Senior Summit date yet to be determined

Senior Council Member Suh reported additional information on the Caregiving: Grandparents Support program and the need for further evaluation.

## **2.3 Senior Citizens Council Committees**

**2.3.1 Facilities Subcommittee** – No report.

### **2.3.2 Nutrition Subcommittee**

Vice Chair Owens reported the February 7 meeting included:

- Updates from Age Well Services and Nutrition Program statistics; no-shows for lunch reservations are at 20%
- Positive feedback received for new vendor, Zest in a Bowl
- Rose Garden Café is still not at capacity; waiting for City Council to make decision on the vaccination policy.
- Upcoming themed events are the Mother's Day and Memorial Day luncheons

### **2.3.3 Strategic Plan for Aging Subcommittee**

Senior Council Member Ragland reported the February 8 meeting included:

- A review of subcommittee's purpose
- Updates provided on County's Elder Abuse Prevention and Social Engagement programs
- Review of goal areas and accomplishments
- Charitable Ventures selected as consultant for Senior Services Strategic Plan

## **ADDITIONS AND DELETIONS**

There were no additions or deletions.

## **3. COUNCIL BUSINESS**

### **3.1 MINUTES**

**ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Ragland, and unanimously carried by those members present to approve the minutes of the Irvine Senior Citizens Council regular meeting held January 19, 2023.**

**END OF COUNCIL BUSINESS**

Inquiry made regarding Senior Council vacancy; City Council approved appointment at its February 14 meeting and new member will be onboarded.

**ADJOURNMENT**

**Moved by Senior Council Member Jacobs, seconded by Senior Council Member Ragland, and unanimously carried to adjourn the regular Senior Council meeting at 10:26 a.m.**

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CHAIR

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Athena Martinez  
Recording Secretary

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Date Approved