



Bill Sandlin
Chair

Rachel Owens
Vice Chair

Council Members:
Amal Baradehi
Greta Jacobs
Patti Ragland
Zainab Saadi, MD
Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

May 18, 2023
9:00 AM

Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO SENIORCOUNCIL@CITYOFIRVINE.ORG; OR THROUGH E-COMMENT AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT SENIORCOUNCIL@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Senior Council Member Jacobs

INTRODUCTIONS

1. PRESENTATION

1.1 Distinguished Service Award: Bob Johnson – Chair Sandlin

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Public comments on non-agendized items will be heard no sooner than 9 a.m. Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

STAFF ANNOUNCEMENTS

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

2. COMMITTEE/GROUP/AGENCY REPORTS

(Please limit Committee Reports to 3 minutes per person)

2.1 Senior Services Support/Interest Groups

2.1.1 Ektaa Center: South Asian Senior Association – Preeti Singh, Chair

2.1.2 Friends of Outreach – Kathleen Pfeiffer, President

2.1.3 Irvine Adult Day Health Services, Inc. – Kimberly Beeson, Executive Director

2.1.4 Irvine Evergreen Chinese Senior Association – Jerry Chang, Director

2.1.5 Irvine Korean Adult League – Yohan Park, President

2.1.6 NEDA-Association of Iranian American Seniors – Nasser Fathi, President

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.2.1 Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh

2.2.2 Wellbeing Reimagined – Vice Chair Owens and Senior Council Member Jacobs

2.2.3 Housing and Transportation – Senior Council Members Baradehi and Ragland

2.2.4 Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh

2.3 Senior Citizens Council Subcommittees

2.3.1 Facilities Subcommittee – Chair Sandlin and Senior Council Members Jacobs and Suh

2.3.2 Nutrition Subcommittee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs

2.3.3 Strategic Plan for Aging Subcommittee – Senior Council Members Ragland and Suh

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

3. SENIOR CITIZENS COUNCIL BUSINESS

Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

3.1 MINUTES

ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held April 20, 2023.

ADJOURNMENT

NOTICE TO THE PUBLIC

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION AND ELECTRONIC DEVICES

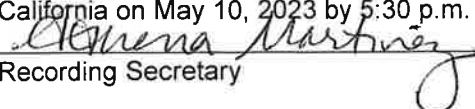
To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at cityofirvine.org.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted in accordance with the law in the posting book located in the Public Safety Lobby and at the entrance of City Hall, 1 Civic Center Plaza, Irvine, California on May 10, 2023 by 5:30 p.m. as well as on the City's web page.


Recording Secretary

3. BUSINESS

ITEM 3.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

April 20, 2023
Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on April 20, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Myung Suh
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Zainab Saadi, MD

PLEDGE OF ALLEGIANCE

Senior Council Member Baradehi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

Amber Castrey, Community Services Supervisor, introduced the following new staff:

- Kristen Stevenson, Community Services Leader III-EPT, at Lakeview Senior Center
- Zoe Beltran, Community Services Leader II-PT, Facility Operations at Trabuco Center
- Jose Lazaro Velasco, Community Services Leader III-PT, Facility Operations at Lakeview Senior Center

1. PRESENTATION

1.1 Charitable Ventures OC

Hallie Stohler-Plaza presented on Charitable Ventures' role in the development of the Senior Services Strategic Plan for Fiscal Years 2023-24 through 2027-28, as well as outreach efforts, data collection, and analysis to date.

Discussion included: challenges faced by some using technology/QR codes to complete survey and hard-to-reach seniors such as those living in isolation.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were none.

STAFF ANNOUNCEMENTS

Supervisor Castrey made the following announcements:

- The annual Senior Services Volunteer Recognition will be held on April 21 from noon to 2 p.m. at Lakeview Senior Center honoring dedicated service in 2022.
- Senior Services will host open house events at each of the three senior centers on Thursday, April 27. Attendees will have the opportunity to sample programs and learn about the many services and resources available to seniors. Event hours are staggered through the day so attendees may visit all three centers.
- Senior Services Irvine Multicultural Association will host an "Exploring Our World" event on Wednesday, May 3 from 1 to 3 p.m. at Lakeview Senior Center. This event celebrates social oneness as the countries of Indonesia and Canada are explored through food, dance, and education.
- Senior Services will launch "Spring Into Health Fitness Challenge" from May 1 through June 9. This six-week challenge provides multiple opportunities to win prizes. Weekly e-newsletters featuring fitness-related educational topics, healthy recipes, and more will also be provided. A variety of free fitness classes held throughout the Challenge will conclude with a Social on June 15. Register in-person or at yourirvine.org by May 8.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Vice Chair Owens encouraged attendees to be aware of new artificial intelligence ChatGPT-related scams and fraud attempts where calls are received under the guise of a family member in danger.

Senior Council Member Jacobs invited attendees to the Irvine Multicultural Association Exploring Our World event on Wednesday, May 3 from 1 to 3 p.m. at Lakeview Senior Center. The countries of Indonesia and Canada will be celebrated, and tickets are still available at \$7.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

2.1.1 Ektaa Center: South Asian Senior Association (SASA)

Preeti Singh, Chair, reported the following:

- SASA assisted with Hindi translation of survey materials for the Strategic Plan for Seniors' outreach efforts.
- Two socials were held in March and were well attended.
- There will be a Strategic Plan for Seniors community forum on April 28 presented in Hindi at Lakeview Senior Center.
- A computer class was recently offered and information about artificial intelligence ChatGPT-related scams and fraud attempts was also provided.
- Two new classes are being offered: Hand Posture Yoga at Trabuco Center and Bollywood Yoga at Lakeview Senior Center.

2.1.2 Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- The February 28 restaurant fundraiser at El Pollo Loco donation was received, as well as gift cards to be used as giveaways during the Bingo program.
- The Bingo banner displayed at the corner of Alton Parkway and Lake Road will be replaced due to wear and tear. Daughter of a former bingo player will gift this expense in honor of her mother's recent passing.

2.1.3 Irvine Adult Day Health Services, Inc. – No report.

2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Director, reported there is a new teacher for the signing class.

2.1.5 Irvine Korean Adult League (IKAL)

Supervisor Castrey read a prepared statement on behalf of Yohan Park, President, reporting the following:

- The Friday sing-along program has been averaging 25 participants.
- IKAL Board Members are working to provide the following new classes: guitar lessons; tango/Latin dance; and oil painting.
- IKAL will be meeting with the Korean Consulate.
- IKAL was recently interviewed regarding its application submitted for the Irvine Recovery Plan-Emerging Nonprofits Grant Program; IKAL is seeking \$60,000 in program support.

2.1.6 NEDA-Association of Iranian American Seniors – No report.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.2.1 Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the April 14 SCAC meeting included a presentation on activities occurring around the cessation of the recent public health emergency, and the impact on Medi-Cal for older adults. Medi-Cal will be reviewing eligibility requirements for those receiving assistance during the pandemic to verify coverage effective July 1. Office on Aging shared its annual report on Title III B spending for Area 13, which includes Irvine.

2.2.2 Wellbeing Reimagined

Vice Chair Owens reported focus of the April 19 meeting was on development of committee goals, specifically to increase access to technology and promote its use among seniors. All county senior centers will be surveyed and information compiled to be shared at a later date.

2.2.3 Housing/Transportation

Senior Council Member Ragland reported the April 13 meeting included a presentation on elder financial abuse, scam prevention, and ways to identify these. Costs for non-emergency transportation services throughout the county were also reviewed and discussed.

2.2.4 Senior Citizens Engagement

Senior Council Member Suh reported the following:

- March 20 meeting included:
 - Elder Veteran Services presentation given by George Dixon from the Veterans Services Office.
 - Distribution of the Veterans Resource Book, provided by CaVET.
- April 17 meeting included:
 - Legislation updates from California Senior Legislature (CSL).
 - May 2 is Senior Rally Day and virtual participation is available.
 - A survey will be conducted in August of the 2,500 countywide iPad recipients to determine success of program.

2.3 Senior Citizens Council Committees

2.3.1 Facilities Subcommittee – No report.

2.3.2 Nutrition Subcommittee

Vice Chair Owens reported the following:

- Three holiday-themed luncheons are scheduled as follows:
 - Mother's Day, May 12, \$5 fee, two seatings available
 - Memorial Day, May 26
 - Father's Day, June 16
- Nutrition facility passed county inspection with a score of 98%.

- Average meals being served in the Rose Garden Café at 120-150 daily, approaching pre-COVID levels.
- No-shows continue to be a challenge.
- City Council approved to end vaccination requirement for in-person dining.
- Collaboration with Second Harvest Food Bank has resumed to distribute shelf-stable food boxes on the third Monday of each month.

2.3.3 Strategic Plan for Aging Subcommittee

Senior Council Member Ragland reported the following:

- Strategic Plan for Seniors (Plan) community outreach online survey closed and 737 responses were received.
- Community forums for Plan development are scheduled through May 25 and will be provided in various languages.
- County's strategic plan goal area updates:
 - Elder Abuse – focus on promoting awareness of scams such as confidential marriage
 - Food and Nutrition – new CalAIM program provides meal delivery to qualified Medi-Cal participants
 - Social Engagement – updating their Friendly Visitor Tool Kit
 - Housing – Anaheim has 19 openings for its Section 8 voucher program
- Senior Services Strategic Plan goal area updates:
 - Education – technology class attendance is strong; one-on-one computer training has been well received
 - Health and Recreation – New classes provided by SASA, Bollywood Dance and Mudra Yoga, have been very popular.
 - Housing – Overall, applications are no longer being accepted for senior affordable housing due to size of wait list, currently at 2-10 years in Irvine and around Orange County.
 - Social Wellbeing – presentations on Irvine's programs and services were made at two local mobile home parks with 42 attendees
 - Transportation – research being done on how best to address TRIPS ride service after hours and weekends

ADDITIONS AND DELETIONS

There were no additions or deletions.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Vice Chair Owens, seconded by Senior Council Member Ragland, and unanimously carried by those members present (Senior Council Member Saadi absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held March 16, 2023.

3.2 SENIOR SERVICES PROPOSED BUDGET FOR FISCAL YEARS 2023-25

Amber Castrey and Denise Bennett-Arabatzis, Community Services Supervisors, presented the staff report and responded to Senior Council inquiries. Linh Lopez, Senior Management Analyst, was also available to respond to inquiries.

Discussion included: value of volunteer service hours and how it equates to full time staffing; demand placed on Keen Center for Senior Resources and need for expansion; opportunities for budget adjustments mid-cycle; and need for additional information to justify proposed budget.

ACTION: Moved by Senior Council Member Ragland, seconded by Senior Council Member Baradehi, to:

Recommend City Council approve, as proposed, the Senior Services Budget for Fiscal Years 2023-2025.

The motion carried as follows:

AYES:	5	Senior Council Members	Baradehi, Jacobs, Owens, Ragland, Sandlin
NOES:	1	Senior Council Member	Suh
ABSENT:	1	Senior Council Member	Saadi
ABSTAIN:	0	Senior Council Member	

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Senior Council Member Jacobs, and unanimously carried to adjourn the regular Senior Council meeting at 11:01 a.m.

CHAIR

Athena Martinez
Recording Secretary

Date Approved