

Chair

Rachel Owens Vice Chair

Council Members: Amal Baradehi Greta Jacobs Patti Ragland Zainab Saadi, MD Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

June 15, 2023 9:00 AM

Lakeview Senior Center 20 Lake Road Irvine, CA 92604

PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO SENIORCOUNCIL@CITYOFIRVINE.ORG; OR THROUGH E-COMMENT AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE <u>REQUEST TO SPEAK FORM</u> ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT SENIORCOUNCIL@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Senior Council Member Ragland

INTRODUCTIONS

1. PRESENTATIONS

- 1.1 Senior Services Strategic Plans
 - 1.1.1 Senior Services Strategic Plan Update Fiscal Years 2018-19 through 2022-23 Achievements – Kyle Raya and Hee Jin Lee, Community Services Program Coordinators
 - 1.1.2 Strategic Plan 2023-2028 Development Hallie Stohler-Plaza, Charitable Ventures Project Lead

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Public comments on non-agendized items will be heard no sooner than 9 a.m. Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

STAFF ANNOUNCEMENTS

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

- 2. COMMITTEE/GROUP/AGENCY REPORTS (Please limit Committee Reports to 3 minutes per person)
 - 2.1 Senior Services Support/Interest Groups
 - 2.1.1 Ektaa Center: South Asian Senior Association Preeti Singh, Chair
 - 2.1.2 Friends of Outreach Kathleen Pfeiffer, President
 - 2.1.3 Irvine Adult Day Health Services, Inc. Kimberly Beeson, Executive Director
 - 2.1.4 Irvine Evergreen Chinese Senior Association Board Representative
 - 2.1.5 Irvine Korean Adult League Yohan Park, President
 - 2.1.6 NEDA-Association of Iranian American Seniors Board Representative

- 2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees
 - 2.2.1 Senior Citizens Advisory Council Vice Chair Owens and Senior Council Member Suh
 - 2.2.2 Wellbeing Reimagined Vice Chair Owens and Senior Council Member Jacobs
 - 2.2.3 Housing and Transportation Senior Council Members Baradehi and Ragland
 - 2.2.4 Senior Citizens Engagement Chair Sandlin and Senior Council Member Suh
- 2.3 Senior Citizens Council Subcommittees
 - 2.3.1 Facilities Subcommittee Chair Sandlin and Senior Council Members Jacobs and Suh
 - 2.3.2 Nutrition Subcommittee Vice Chair Owens and Senior Council Members Baradehi and Jacobs
 - 2.3.3 Strategic Plan for Aging Subcommittee Senior Council Members Ragland and Suh

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

3. SENIOR CITIZENS COUNCIL BUSINESS

Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

3.1 MINUTES

ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held May 18, 2023.

ADJOURNMENT

NOTICE TO THE PUBLIC

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda <u>after</u> the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

<u>Written Materials/Handouts:</u> Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION AND ELECTRONIC DEVICES

To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at cityofirirvine.org.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted in accordance with the law in the posting book located in the Public Safety Lobby and at the entrance of City Hall, 1 Civic Center Plaza, Irvine, California on June 8, 2023 by 5:30 p.m. as well as on the City's web page.

<u>Athena Martínez</u>

Recording Secretary

3. BUSINESS

ITEM 3.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

May 18, 2023 Lakeview Senior Center 20 Lake Road

Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on May 18, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present: 7 Senior Council Member Amal Baradehi Senior Council Member Greta Jacobs Patti Ragland Senior Council Member Zainab Saadi, MD* Senior Council Member Myung Suh Senior Council Member Rachel Owens Vice Chair Chair **Bill Sandlin**

*arrived at 9:20 a.m.

PLEDGE OF ALLEGIANCE

Senior Council Member Jacobs led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

Amber Castrey, Community Services Supervisor, made the following introductions:

- Chris Slama, Director of Community Services
- Kim Ryan, Office Assistant I PT at Trabuco Center and Rancho Senior Center

Denise Bennett-Arabatzis, Community Services Supervisor, introduced Yareli Carranza, Outreach Assistant I EPT for Outreach Services.

1. PRESENTATION

1.1 Distinguished Service Award

Chair Sandlin presented this award to Bob Johnson for his dedicated volunteerism of over 20 years, supporting Keen Center for Senior Resources and the English Mentoring program.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

STAFF ANNOUNCEMENTS

Supervisor Bennett-Arabatzis made the following announcements:

- 350 Volunteers provided 21,417 hours of volunteer services for calendar year 2022. The value of a volunteer hour is estimated to be \$31.80, which equates to \$681,060 in volunteer hours for 2022.
- The City will celebrate Pride in Irvine on May 22 from 5 to 7 p.m. in the Civic Center Piazza in honor of Harvey Milk Day and June Pride Month. Attendees will have opportunities to explore programs provided by local advocacy and support organizations, enjoy refreshments and activities, learn about valuable resources, make connections, and celebrate Pride at this free event.
- The Northwood Memorial Candle Lighting Ceremony will begin at 4 p.m. on Sunday, May 28 at the Northwood Gratitude and Honor Memorial. This event is presented in partnership with the Northwood Memorial Committee in remembrance of those who gave their lives while defending our nation. It is recommended that attendees bring lawn chairs and or blankets for seating.
- The City will host its annual Memorial Day Ceremony in the Bill Barber Park Formal Garden on Monday, May 29 at 10 a.m. Event memorializes sacrifices made by local service men and women, Gold Star family recognitions, and honoring of the nation's military branches.
- The 29th annual Studio Arts Festival will be held on June 3 from 9 a.m. to 5 p.m. at the Irvine Fine Arts Center. This annual festival showcases local artists and the original works of art in ceramics, sculpture, jewelry, painting, photography, fiber, and glass.
- Join the fun at the Senior Services Billiards Tournament Wednesday, June 7. The tournament will be eight ball, no last pocket. Light refreshments served. Register inperson or at yourirvine.org.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Vice Chair Owens made the following announcements:

• Encouraged participation in the City's districting process over the coming months as described in the summer issue of Inside Irvine magazine.

• The Ryan Lemmon Foundation will present the annual Senior Baseball Showcase on May 19 and 20 at the Ryan Lemmon Stadium. Event is open to the public and admission is \$15.

Chair Sandlin encouraged participation in the Memorial Day events scheduled for May 28 and 29.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

2.1.1 Ektaa Center: South Asian Senior Association (SASA)

Preeti Singh, Chair, reported the following:

- SASA continues to offer regular monthly socials such as the Mother's Day Celebration in May.
- Approximately 60 SASA members attended the Senior Services Strategic Plan Community Forum on April 28.
- SASA offering two new classes at Trabuco Center and Lakeview Senior Center.
- Alzheimer's Association will provide an education seminar on May 26.

2.1.2 Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO selling tickets for an opportunity drawing for June 30 Independence Day-themed luncheon in the Rose Garden Café. Tickets are \$3 for one or two for \$5 and items available are blankets and patriotic scarves made by International Crafters.
- Bingo program continues to grow.
- Bingo volunteer will be donating funds to purchase a new corner banner.
- International Crafters group growing, and a new sewing group has been formed.
- A \$90 check has been received for the El Pollo Loco restaurant fundraiser.

2.1.3 Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- Continued challenges post-pandemic are being addressed; IADHS in continued communications with the City.
- Program not at capacity of 50 participants; current enrollment is 42, and waitlist of 100 interested individuals being worked through.
- Census increases each month; seven admissions were made in April.
- The OCTA driver strike that began on May 3 has impacted participation; working with Keen Center for Senior Resources to arrange taxi rides for participants to attend program.

2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Director, reported the following:

- All classes and activities are going well.
- A Mother's Day Celebration will be held on May 20.
- Would like to donate a commercial sewing machine to International Crafter's new sewing club.

2.1.5 Irvine Korean Adult League – No report.

2.1.6 NEDA-Association of Iranian American Seniors (NEDA)

Behnaz Banisadr, NEDA Representative, reported the following:

- Friendly gatherings are held each Thursday from 2 to 5 p.m.
- The monthly membership social is held the third Thursday of each month from 5 to 9 p.m.
- NEDA offers a Bingo program on the first Thursday of each month, and volunteers from within NEDA's membership serve the program.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.2.1 Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported a presentation on Parkinson's in south county was provided.

2.2.2 Wellbeing Reimagined

Vice Chair Owens reported the following committee goal updates from the April 12 meeting:

- Continued focus on expanding circulation of the new Answers publication.
- Survey of types of technology training offered at senior centers throughout the county.

Vice Chair Owens reported the following from the May 17 meeting:

- A presentation was given by Elder Law and Disability Center about lowcost legal services.
- County has \$4 million (allocated in 2022 and administered by Mercy House) in funding from Home Safe legislation to be used to help individuals remain safe in their own housing.
- Changes to Medi-Cal requirements for nursing home benefits increased to \$130,000 in 2022 and will be eliminated in 2024.

2.2.3 Housing/Transportation - No report.

2.2.4 Senior Citizens Engagement

Chair Sandlin reported the following:

- Senior Rally Day was held on May 2.
- Many senior assembly bills are on hold in Sacramento due to limited funding.
- Office on Aging provided an update on technology programs.
- New scam on the rise, seniors being enticed to order prescriptions from Mexico due to lower costs, but formulas causing rise in overdose incidents.

2.3 Senior Citizens Council Committees

2.3.1 Facilities Subcommittee

Senior Council Member Suh provided a handout with updates to facility projects.

2.3.2 Nutrition Subcommittee – No report.

2.3.3 Strategic Plan for Aging Subcommittee – No report.

ADDITIONS AND DELETIONS

There were no additions or deletions.

3. COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Jacobs, seconded by Senior Council Member Baradehi, and unanimously carried by those members present to approve the minutes of the Irvine Senior Citizens Council regular meeting held April 20, 2023.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Senior Council Member Jacobs, and unanimously carried to adjourn the regular Senior Council meeting at 9:58 a.m.

CHAIR

Athena Martinez Recording Secretary Date Approved