



Bill Sandlin
Chair

Rachel Owens
Vice Chair

Council Members:
Amal Baradehi
Greta Jacobs
Patti Ragland
Zainab Saadi, MD
Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

August 17, 2023
9:00 AM

Lakeview Senior Center
20 Lake Road
Irvine, CA 92604

PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON AT THE LAKEVIEW SENIOR CENTER OR WATCHED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO SENIORCOUNCIL@CITYOFIRVINE.ORG; OR THROUGH E-COMMENT AT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT SENIORCOUNCIL@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Senior Council Member Suh

INTRODUCTIONS

1. PRESENTATIONS

1.1 Distinguished Service Award – Chair Sandlin

1.1.1 Mike and Kana Schaffer

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Public comments on non-agendized items will be heard no sooner than 9 a.m. Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

STAFF ANNOUNCEMENTS

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

2. COMMITTEE/GROUP/AGENCY REPORTS

(Please limit Committee Reports to 3 minutes per person)

2.1 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.1.1 Senior Citizens Advisory Council – Vice Chair Owens and Senior Council Member Suh

2.1.2 Wellbeing Reimagined – Vice Chair Owens and Senior Council Member Jacobs

2.1.3 Housing and Transportation – Senior Council Members Baradehi and Ragland

2.1.4 Senior Citizens Engagement – Chair Sandlin and Senior Council Member Suh

2.2 Senior Citizens Council Subcommittees

2.2.1 Facilities Subcommittee – Chair Sandlin and Senior Council Members Jacobs and Suh

2.2.2 Nutrition Subcommittee – Vice Chair Owens and Senior Council Members Baradehi and Jacobs

2.2.3 Strategic Plan for Aging Subcommittee – Senior Council Members Ragland and Suh

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

3. SENIOR CITIZENS COUNCIL BUSINESS

Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

3.1 MINUTES

ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held July 20, 2023.

ADJOURNMENT

NOTICE TO THE PUBLIC

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

COMMUNICATION AND ELECTRONIC DEVICES

To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are available at the following locations:

- Community Services Department
- Police Department
- Front Entrance of City Hall
- University Park Center (Culver/Michelson)
- Walnut Village Center (Culver/Walnut)
- Northwood Town Center (Irvine Blvd./Yale)
- City's web page at cityofirvine.org.

I hereby certify that the agenda for the Senior Citizens Council meeting was posted in accordance with the law in the posting book located in the Public Safety Lobby and at the entrance of City Hall, 1 Civic Center Plaza, Irvine, California on August 10, 2023 by 5:30 p.m. as well as on the City's web page.

Athena Martinez
Senior Citizens Council Liaison

3. BUSINESS

ITEM 3.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

July 20, 2023

Lakeview Senior Center

20 Lake Road

Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on July 20, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Zainab Saadi, MD
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Myung Suh

PLEDGE OF ALLEGIANCE

Senior Council Member Saadi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Denise Bennett-Arabatzis, Community Services Supervisor, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

Amber Castrey, Community Services Supervisor, introduced Travis Payne, new Community Services Leader-III Extended Part Time, assigned to front desk operations for Senior Services.

1. PRESENTATIONS

1.1 Distinguished Service Award – Chair Sandlin

1.1.1 Chair Sandlin presented award to Alexander Graps for his dedicated service volunteering as a musician and group leader of the Irvine Senior Band.

1.2 Strategic Plan For Senior Services: Strategies and Activities

Hallie Stohler-Plaza, Charitable Ventures Project Lead, presented on strategies, activities, and implementation guide for inclusion in the Strategic Plan for Senior Services Fiscal Years 2023-24 through 2027-28.

Discussion of timeline included: Project planning and data mapping; distribution of surveys in various languages; provider and community forums; planning meetings with City staff and Senior Council Members; and development of final draft and implementation guide.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

STAFF ANNOUNCEMENTS

Supervisor Bennett-Arabatzis made the following announcements:

- The Sizzlin’ Summer Concert Series at Mike Ward Community Park-Woodbridge is now celebrated under the umbrella of Summers in the City. A handout for the events was distributed.
- The Senior Expo will be held Friday, August 25, from 9 a.m. to 12:30 p.m. at Lakeview Senior Center. This outdoor event will include health screenings, nutrition information, demonstrations, and a wide variety of the latest health and fitness products.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

There were no Senior Council announcements or updates.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

2.1.1 Ektaa Center: South Asian Senior Association (SASA)

Harish Murthy, President, reported the following:

- Classes and social programs are going well.
- Diwali will take place on Friday, November 3, from 2 to 4:30 p.m.
- SASA is excited to support City with the development of the new five-year strategic plan.

2.1.2 Friends of Outreach (FoO) – Kathleen Pfeiffer, President

Kathleen Pfeiffer, President, reported the following:

- Councilmember Larry Agran provided a \$1,500 grant from his allotted discretionary fund.
- FoO is seeking donations of sewing machines to support sewing class.
- Craft Cart will resume selling handmade craft items in September.
- FoO is seeking a donation of bags to support Holiday Gift Bag Program.

2.1.3 Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- IADHS interns were invited to support programs earlier this year.
- A former intern has taken the position of Activity Coordinator and is expected to join the team late July.
- IADHS staff is working to personalize volunteer packets to increase inter-generational programs and activities.
- IADHS seeking new marketing opportunities and will participate in Senior Expo.

2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Director, reported the following:

- The July 22 IECSA event will feature dance performances.
- Future field trips are planned for later this summer including a trip to Death Valley.
- IECSA seeking use of an available karaoke machine for Saturday programs as well as the addition of wall mirrors to support dance classes.
- IECSA offered donation of sewing machine to FoO for International Crafter use.

2.1.5 Irvine Korean Adult League (IKAL)

Charlie Choi, Chairman, reported the following:

- IKAL is hosting a Chorus Instruction class every Friday with a \$20 program fee per month.
- IKAL developing board bylaws and procedures.
- IKAL received an Irvine Recovery Program grant for \$39,500. Discussions being held on use of funds.

2.1.6 NEDA-Association of Iranian American Seniors (NEDA)

Mahnaz Rastgou, Board Member, reported the following:

- NEDA will be hosting a social gathering later in the evening.
- Average attendance of 35 people for weekly gatherings.
- Bingo offered on the first Thursday of each month.

- Expressed NEDA's gratitude for space at Lakeview Senior Center to host programs.
- Spoke about the need to have internet access to support advertising efforts.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.2.1 Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the July 14 SCAC meeting included a presentation on Advance OC's efforts to gauge most vital needs for the senior community. The county is also conducting outreach to inform the community of scams to sell fake prescriptions.

2.2.2 Wellbeing Reimagined

Vice Chair Owens reported a presentation was provided on the Silver Sneakers program. Insurance carriers are creating different versions of the Silver Sneakers program to offer to its customers. Silver Sneakers has a tuition program for regular users, which will fund up to a year's tuition at participating colleges for beneficiaries.

2.2.3 Housing/Transportation

Senior Council Member Baradehi reported updates on the following:

- Non-emergency transportation for seniors.
- Potential changes of SCAC bylaws, which could lead to reorganization of related committees.

2.2.4 Senior Citizens Engagement

Chair Sandlin reported the following:

- There was a presentation on the Area Agency on Aging.
- The Elderly Abuse committee was disbanded.
- There were updates on state legislation (AB 559 and SB 657).

2.3 Senior Citizens Council Subcommittees

2.3.1 Facilities Subcommittee

Senior Council Member Jacobs reported the following:

Lakeview Senior Center:

- Replacement of counter tops in Craft Room.
- New convection oven and tilt skillet installed in kitchen.
- Carpet replaced on stairs in Auditorium.

Rancho Senior Center:

- New card tables were delivered.
- Discussion of the construction of permanent wall in Ballroom.
- Kitchen expansion and modifications for Elderly Nutrition Program (ENP) continue in planning phase.

Trabuco Center:

- New tables and a cart were delivered.
- Kitchen expansion and modifications for ENP continue in planning phase.

2.3.2 Nutrition Subcommittee – No report.

2.3.3 Strategic Plan for Aging Subcommittee – No report.

ADDITIONS AND DELETIONS

There were no additions or deletions.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Ragland, seconded by Senior Council Vice Chair Owens, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held June 15, 2023.

3.2 SENIOR CITIZENS COUNCIL AD HOC COMMITTEE TO APPROVE SELECTION PANEL FOR MEMBERS-AT-LARGE APPOINTMENTS

ACTION: Chair Sandlin and Senior Council Member Baradehi were selected for Ad Hoc committee by unanimous vote.

The motion carried as follows:

AYES: 6 Baradehi, Jacobs, Owens, Ragland, Saadi, Sandlin

NOES: 0

ABSENT: 1 Senior Council Member Suh

ABSTAIN: 0

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Baradehi, seconded by Senior Council Member Ragland, and unanimously carried by those members present (Senior Councilmember Suh absent) to adjourn the regular Senior Council meeting at 10:55 a.m.

CHAIR

Robert Espinosa
Recording Secretary

Date Approved