



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

July 20, 2023

Lakeview Senior Center

20 Lake Road

Irvine, CA 92604

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on July 20, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Zainab Saadi, MD
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin

Absent:	1	Senior Council Member	Myung Suh
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PLEDGE OF ALLEGIANCE

Senior Council Member Saadi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Denise Bennett-Arabatzis, Community Services Supervisor, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

Amber Castrey, Community Services Supervisor, introduced Travis Payne, new Community Services Leader-III Extended Part Time, assigned to front desk operations for Senior Services.

1. PRESENTATIONS

1.1 Distinguished Service Award – Chair Sandlin

1.1.1 Chair Sandlin presented award to Alexander Graps for his dedicated service volunteering as a musician and group leader of the Irvine Senior Band.

1.2 Strategic Plan For Senior Services: Strategies and Activities

Hallie Stohler-Plaza, Charitable Ventures Project Lead, presented on strategies, activities, and implementation guide for inclusion in the Strategic Plan for Senior Services Fiscal Years 2023-24 through 2027-28.

Discussion of timeline included: Project planning and data mapping; distribution of surveys in various languages; provider and community forums; planning meetings with City staff and Senior Council Members; and development of final draft and implementation guide.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

STAFF ANNOUNCEMENTS

Supervisor Bennett-Arabatzis made the following announcements:

- The Sizzlin' Summer Concert Series at Mike Ward Community Park-Woodbridge is now celebrated under the umbrella of Summers in the City. A handout for the events was distributed.
- The Senior Expo will be held Friday, August 25, from 9 a.m. to 12:30 p.m. at Lakeview Senior Center. This outdoor event will include health screenings, nutrition information, demonstrations, and a wide variety of the latest health and fitness products.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

There were no Senior Council announcements or updates.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Senior Services Support/Interest Groups

2.1.1 Ektaa Center: South Asian Senior Association (SASA)

Harish Murthy, President, reported the following:

- Classes and social programs are going well.
- Diwali will take place on Friday, November 3, from 2 to 4:30 p.m.
- SASA is excited to support City with the development of the new five-year strategic plan.

2.1.2 Friends of Outreach (FoO) – Kathleen Pfeiffer, President

Kathleen Pfeiffer, President, reported the following:

- A \$1,500 grant was received from the office of Councilmember Larry Agran
- FoO is seeking donations of sewing machines to support sewing class.
- Craft Cart will resume selling handmade craft items in September.
- FoO is seeking a donation of bags to support Holiday Gift Bag Program.

2.1.3 Irvine Adult Day Health Services, Inc. (IADHS)

Kimberly Beeson, Executive Director, reported the following:

- IADHS interns were invited to support programs earlier this year.
- A former intern has taken the position of Activity Coordinator and is expected to join the team late July.
- IADHS staff is working to personalize volunteer packets to increase inter-generational programs and activities.
- IADHS seeking new marketing opportunities and will participate in Senior Expo.

2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)

Christine Chung, Director, reported the following:

- The July 22 IECSA event will feature dance performances.
- Future field trips are planned for later this summer including a trip to Death Valley.
- IECSA seeking use of an available karaoke machine for Saturday programs as well as the addition of wall mirrors to support dance classes.
- IECSA offered donation of sewing machine to FoO for International Crafter use.

2.1.5 Irvine Korean Adult League (IKAL)

Charlie Choi, Chairman, reported the following:

- IKAL is hosting a Chorus Instruction class every Friday with a \$20 program fee per month.
- IKAL developing board bylaws and procedures.
- IKAL received an Irvine Recovery Program grant for \$39,500. Discussions being held on use of funds.

2.1.6 NEDA-Association of Iranian American Seniors (NEDA)

Mahnaz Rastgou, Board Member, reported the following:

- NEDA will be hosting a social gathering later in the evening.
- Average attendance of 35 people for weekly gatherings.
- Bingo offered on the first Thursday of each month.

- Expressed NEDA's gratitude for space at Lakeview Senior Center to host programs.
- Spoke about the need to have internet access to support advertising efforts.

2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees

2.2.1 Orange County Senior Citizens Advisory Council (SCAC)

Vice Chair Owens reported the July 14 SCAC meeting included a presentation on Advance OC's efforts to gauge most vital needs for the senior community. The county is also conducting outreach to inform the community of scams to sell fake prescriptions.

2.2.2 Wellbeing Reimagined

Vice Chair Owens reported a presentation was provided on the Silver Sneakers program. Insurance carriers are creating different versions of the Silver Sneakers program to offer to its customers. Silver Sneakers has a tuition program for regular users, which will fund up to a year's tuition at participating colleges for beneficiaries.

2.2.3 Housing/Transportation

Senior Council Member Baradehi reported updates on the following:

- Non-emergency transportation for seniors.
- Potential changes of SCAC bylaws, which could lead to reorganization of related committees.

2.2.4 Senior Citizens Engagement

Chair Sandlin reported the following:

- There was a presentation on the Area Agency on Aging.
- The Elderly Abuse committee was disbanded.
- There were updates on state legislation (AB 559 and SB 657).

2.3 Senior Citizens Council Subcommittees

2.3.1 Facilities Subcommittee

Senior Council Member Jacobs reported the following:

Lakeview Senior Center:

- Replacement of counter tops in Craft Room.
- New convection oven and tilt skillet installed in kitchen.
- Carpet replaced on stairs in Auditorium.

Rancho Senior Center:

- New card tables were delivered.
- Discussion of the construction of permanent wall in Ballroom.
- Kitchen expansion and modifications for Elderly Nutrition Program (ENP) continue in planning phase.

Trabuco Center:

- New tables and a cart were delivered.
- Kitchen expansion and modifications for ENP continue in planning phase.

2.3.2 Nutrition Subcommittee – No report.

2.3.3 Strategic Plan for Aging Subcommittee – No report.

ADDITIONS AND DELETIONS

There were no additions or deletions.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Ragland, seconded by Senior Council Vice Chair Owens, and unanimously carried by those members present (Senior Council Member Suh absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held June 15, 2023.

3.2 SENIOR CITIZENS COUNCIL AD HOC COMMITTEE TO APPROVE SELECTION PANEL FOR MEMBERS-AT-LARGE APPOINTMENTS

ACTION: Chair Sandlin and Senior Council Member Baradehi were selected for Ad Hoc committee by unanimous vote.

The motion carried as follows:

AYES: 6 Baradehi, Jacobs, Owens, Ragland, Saadi, Sandlin

NOES: 0

ABSENT: 1 Senior Council Member Suh

ABSTAIN: 0

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Baradehi, seconded by Senior Council Member Ragland, and unanimously carried by those members present (Senior Council Member Suh absent) to adjourn the regular Senior Council meeting at 10:55 a.m.

Bill Sandlin
CHAIR

Robert Espinosa
Robert Espinosa
Recording Secretary

8/17/2023
Date Approved

