



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**October 19, 2023**  
**Lakeview Senior Center**  
20 Lake Road  
Irvine, CA 92604

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on October 19, 2023, in the Homer Guimond Studio, Lakeview Senior Center, 20 Lake Road, Irvine, California; Chair Sandlin presiding.

### ROLL CALL

Present:	6	Senior Council Member	Amal Baradehi
		Senior Council Member	Greta Jacobs
		Senior Council Member	Patti Ragland
		Senior Council Member	Myung Suh
		Vice Chair	Rachel Owens
		Chair	Bill Sandlin
Absent:	1	Senior Council Member	Zainab Saadi, MD

### PLEDGE OF ALLEGIANCE

Vice Chair Owens led the Pledge of Allegiance.

### PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

### INTRODUCTIONS

There were no introductions.

### 1. PRESENTATIONS

#### **1.1 *Mercy House***

Nohely Contreras, Housing Solutions Supervisors, presented on Mercy House programs and services.

Discussion included: Process after six-month exit plan; options for families, individuals, seniors, disabled; on-site shelter options; waitlist protocols; coordinated entry and bed reservation systems; staffing levels.

### **1.2 City of Irvine Emergency Preparedness**

Christine Tully, Senior Public Safety Assistant, presented on the City's Emergency Preparedness program.

### **RECESS**

Chair Sandlin called for a recess at 9:57 a.m.

### **RECONVENE**

Chair Sandlin reconvened the meeting at 10:08 a.m.

### **STAFF ANNOUNCEMENTS**

Supervisor Castrey made the following announcements:

- The Health Insurance Counseling and Advocacy Program (HICAP) Medicare Annual Enrollment Clinic is scheduled for October 25 and November 8 at the Lakeview Senior Center from 9 a.m. to 4 p.m. HICAP counselors will be on-site to review health and drug comparison charts and conduct a cost analysis of Medicare options. Registration is required. To make an appointment, call the Keen Center for Senior Resources at 949-724-6926.
- The 40<sup>th</sup> annual Holiday Faire will be held entirely outdoors on November 4 at the Great Park Palm Court Arts Complex from 10 a.m. to 4 p.m. This free event will feature more than 100 local and regional artisans showcasing unique handmade gifts for purchase, including holiday decorations, hand-blown glass, ceramics, jewelry, folk crafts, clothing, and more. A flyer was provided.
- Senior Services will honor Irvine Veterans age 50 or older by delivering American flags to their door in honor of Veterans Day. Deliveries will be made on November 7 and 8 by City dignitaries, staff, and volunteers. Register by November 1 at [yourirvine.org](http://yourirvine.org). To volunteer with deliveries, please email Kristen Jefferson at [kjefferson@cityofirvine.org](mailto:kjefferson@cityofirvine.org). A flyer was provided.
- The Strategic Plan for Older Adult Services will go before City Council for adoption in late fall.
- The Senior Council recruitment for Members-at-Large concluded with the selection of Michele Jacknik and Preeti Singh, with two-year terms to begin with the November meeting.
- Effective for the November 16 meeting and moving forward, Senior Council meetings will be held in Council Chamber at 1 Civic Center Plaza and will be broadcast on ICTV.

## **PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

Lillian Hollar, Field Representative for Assemblymember Cottie Petrie-Norris, invited meeting attendees to the Senior Scam Stopper Seminar on October 23 at the Irvine Civic Center from 10 a.m. to noon. A flyer was provided.

## **SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

Senior Council Member Ragland announced Irvine Unified School District's Measure E Citizens Oversight Committee is seeking a Senior Citizen Representative to serve on the committee, which meets quarterly and is a two-year term. Applications must be submitted by October 27. A flyer was provided.

Senior Council Member Jacobs announced this year's Irvine Global Village Festival was successful despite lower than usual attendance, and while attending the Dignitary Luncheon, she was able to obtain three commitments for future Irvine Multicultural Association-Exploring Our World events.

Chair Sandlin expressed concern about distribution and abuse of parking passes for the Dignitary Luncheon, suggested this be looked at for future events.

## **2. COMMITTEE/GROUP/AGENCY REPORTS**

### **2.1 Senior Services Support/Interest Groups**

#### **2.1.1 Ektaa Center: South Asian Senior Association (SASA)**

Preeti Singh, Representative, reported SASA programs, classes, and socials have been doing well and attendance has been growing over the past three months, and extended an invitation to the Diwali event on November 3 at the Lakeview Senior Center.

#### **2.1.2 Friends of Outreach (FOO)**

Kathleen Pfeiffer, President, reported the following:

- FOO is planning a future restaurant fundraiser at MOOYAH Burgers in the Alton Square Shopping Center, date to be announced.
- The FOO Board held its budget meeting and identified its plan for the coming year.
- The October 31 Bingo event will have a Halloween theme and provide snacks for all attendees. There will also be three gift bag opportunity drawings, thanks to the generosity of program volunteers.
- The Thanksgiving-themed lunch will offer two opportunity drawings for holiday blankets made by International Crafters.
- International Crafters received four sewing machine donations, bringing their inventory to 10 machines in the program.

- Regarding the annual Holiday Gift Bag Distribution:
  - The Crochet-teers program, based at Trabuco Center, is working with International Crafters to make 300 scarves.
  - Thank you to Vice Chair Owens for securing and donating 300 bags.
  - FOO will gladly accept unwanted 2024 calendars, greeting cards, or note pads without names received as mailers as donations.
  - FOO will be accepting donation of items through November 22.
  - Volunteers are needed for gift bag packaging on November 27 and 28.

**2.1.3 Irvine Adult Day Health Services, Inc. – No report.**

**2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)**

William Chao, Director, reported the following:

- IECSA had a very busy October with the Lunar Moon Festival celebration and participating at the Irvine Global Village Festival.
- Chinese art teachers and students hand-painted 500 fans for the Irvine Global Village Festival.
- The monthly member meeting will be held on October 21 and will include a celebration of October birthdays.

**2.1.5 NEDA-Association of Iranian-American Seniors (NEDA)**

Nasser Fathi, President, reported the following:

- NEDA's weekly program is held each Thursday from 1:30-2:30 p.m.
- NEDA leadership learned the importance of being CPR certified after a recent member emergency incident.
- Thanked City and staff for continued support and assistance.
- Thanked Senior Council for changing Group Reports from monthly to quarterly.

**2.2 Orange County Senior Citizens Advisory Council-Affiliated Committees**

**2.2.1 Orange County Senior Citizens Advisory Council (SCAC)**

Vice Chair Owens provided a handout and reported the following:

- A Master Plan for Aging virtual update is scheduled on November 3 from 9 to 11 a.m. and registration is required at <https://bit.ly/OCMasterPlan2023>.
- A countywide Needs Assessment Older Adult Survey was conducted at senior centers, city centers, churches, and community events, information being tabulated.
- Office on Aging staff will be distributing the remaining available Access to Technology iPads at the Senior Summit at Soka University on October 27.
- SCAC Bylaws have been drafted and submitted to Board of Supervisors for approval. All subcommittees will be folded into the general SCAC body.
- SCAC will be changing its name from Senior Citizens Advisory Council to Older Adults Advisory Commission.

### **2.2.2 Wellbeing Reimagined**

Vice Chair Owens provided a handout and reported the following:

- The October 18 meeting included a presentation on Medicare updates.
- Social Security Administration announced a 3.2% cost of living increase for 2024.
- Medicare Part B premiums are anticipated to increase to \$174.10, still pending.
- Scripps San Diego cancelled its contract with Medicare Advantage, affecting 30,000 seniors as far reaching as Orange County, that will need to apply for new coverage.
- The new Answers publication is available for distribution.

### **2.2.3 Housing/Transportation**

Senior Council Member Baradehi provided handouts and reported the following:

- A presentation on outreach efforts for homelessness prevention in Costa Mesa was provided by Nate Robbins, and information/resources were shared.

### **2.2.4 Senior Citizens Engagement**

Senior Council Member Suh provided a handout and reported the following:

- Committee business included discussion of bylaws revisions and changes in SCAC.

## **2.3 Senior Citizens Council Subcommittees**

### **2.3.1 Facilities Subcommittee – No report.**

### **2.3.2 Nutrition Subcommittee**

Senior Council Member Baradehi provided handouts and reported the following:

- Veterans Day Luncheon will be on November 9 and will offer indoor and outdoor seating. Suggested fees are \$5 for adults 60 or older, and \$6.50 for individuals under 60.
- Thanksgiving Luncheon will be on November 17 and two seatings will be available. Suggested fees are \$5 for adults 60 or older, and \$7 for individuals under 60.
- Senior Services Holiday Luncheon for Meals on Wheels participants and their caregivers will be on December 6 and will include a special program. TRIPS will be assisting with transportation.
- The Meals on Wheels program served 2,827 meal sets (three meals per set) in September, has 202 active recipients, 14 individuals on a waitlist, and 14 individuals on hold.
- The Congregate meal program served 2,500 meals in September.

**2.3.3 Strategic Plan for Aging Subcommittee**

Senior Council Member Ragland provided a handout and reported the following:

- The draft Strategic Plan for Older Adult Services 2023 through 2028 (Plan) is with Charitable Ventures for final edits from Senior Council as reviewed and discussed at its September meeting.
- Suggested that the final and adopted Plan be made available in multiple languages.
- Request made to understand City’s plan for flood control due to forecasted heavy rains in winter and spring.
- CERT Lite program for older adults has been developed and will be offered in January 2024.
- First Aid Basic Training program to be offered winter session 2023-24.

**ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

**3. SENIOR CITIZENS COUNCIL BUSINESS**

**3.1 MINUTES**

**ACTION: Moved by Senior Council Member Ragland, seconded by Senior Council Member Baradehi, and unanimously carried as follows, to approve the minutes of the Irvine Senior Citizens Council regular meeting held September 21, 2023.**

<b>Ayes:</b>	<b>6</b>	<b>Baradehi, Jacobs, Owens, Ragland, Sandlin, Suh</b>
<b>Noes:</b>	<b>0</b>	
<b>Abstain:</b>	<b>0</b>	
<b>Absent:</b>	<b>1</b>	<b>Saadi</b>

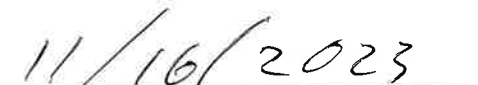
**END OF COUNCIL BUSINESS**

**ADJOURNMENT**

Moved by Vice Chair Owens, seconded by Senior Council Member Ragland, and unanimously carried to adjourn the regular Senior Council meeting at 11:07 a.m.

  
 CHAIR

  
 Athena Martinez  
 Recording Secretary

  
 Date Approved