



# AGENDA

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

Greta Jacobs  
Chair

Amal Baradehi  
Vice Chair

Senior Council Members:  
Michele Jacknik  
Zainab Saadi, MD  
Bill Sandlin  
Preeti Singh  
Myung Suh

March 21, 2024  
9:00 AM

Irvine Civic Center Chamber  
1 Civic Center Plaza  
Irvine, CA 92606

### **PARTICIPATION AT IRVINE SENIOR CITIZENS COUNCIL MEETINGS**

MEETINGS ARE BROADCAST LIVE ON ICTV, COX COMMUNICATIONS LOCAL ACCESS CHANNEL 30, AND AT&T U-VERSE CHANNEL 99, AND LIVESTREAMED ONLINE AT [CITYOFIRVINE.ORG/ICTV](http://CITYOFIRVINE.ORG/ICTV). MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON OR STREAMED LIVE THROUGH THE "ZOOM" APPLICATION. INFORMATION FOR "ZOOM" CAN BE FOUND ONLINE AT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL). YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: SENIOR CITIZENS COUNCIL," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606; BY EMAIL TO [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG); OR THROUGH E-COMMENT AT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL). YOU MAY ALSO PROVIDE LIVE COMMENTS VIA "ZOOM." FOR MORE INFORMATION, VISIT [CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL](http://CITYOFIRVINE.ORG/SENIOR-SERVICES/SENIOR-CITIZENS-COUNCIL).

**REQUEST TO SPEAK IN PERSON:** IF YOU WOULD LIKE TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ON A SCHEDULED AGENDA ITEM, NON-AGENDA ITEM, OR PUBLIC HEARING, PLEASE FILL OUT A REQUEST TO SPEAK FORM AND SUBMIT TO THE RECORDING SECRETARY. WE RESPECTFULLY ASK THAT YOU IDENTIFY ON THE FORM YOUR NAME AND THE ITEM(S) ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE SENIOR CITIZENS COUNCIL ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE SENIOR CITIZENS COUNCIL MINUTES. YOUR NAME WILL BE CALLED AT THE TIME PUBLIC COMMENTS AND PUBLIC HEARINGS ARE HEARD BY THE IRVINE SENIOR CITIZENS COUNCIL. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER DEPENDING ON RELEVANT CIRCUMSTANCES, WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

**PLEASE TAKE NOTICE THAT** THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

**PLEASE NOTE:** THE IRVINE SENIOR CITIZENS COUNCIL IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6690, OR VIA EMAIL AT [SENIORCOUNCIL@CITYOFIRVINE.ORG](mailto:SENIORCOUNCIL@CITYOFIRVINE.ORG). IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

**CALL TO ORDER**

**ROLL CALL**

**PLEDGE OF ALLEGIANCE** – Senior Council Member Saadi

**INTRODUCTIONS**

**1. PRESENTATIONS**

***1.1 Distinguished Service Award: Anne Tipping – Chair Jacobs***

***1.2 Safe Options for Seniors – Mieka Bledsoe, Human Options Supervisor***

**PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

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Public comments on non-agendized items will be heard no sooner than 9 a.m. Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council’s subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

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**STAFF ANNOUNCEMENTS**

**SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

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Announcements are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 3 minutes per Senior Council Member.

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**2. COMMITTEE/GROUP/AGENCY REPORTS**

***(Please limit Committee Reports to 3 minutes per person)***

***2.1 ORANGE COUNTY OLDER ADULT ADVISORY COMMISSION***

***2.2 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE***

**ADDITIONS AND DELETIONS**

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Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Council meeting.

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**3. SENIOR CITIZENS COUNCIL BUSINESS**

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Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first

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speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

**3.1 MINUTES**

**ACTION:**

Approve the minutes of the Irvine Senior Citizens Council regular meeting held February 15, 2024.

**ADJOURNMENT**

**NOTICE TO THE PUBLIC**

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 p.m. noon and will continue all other items on which additional time is required until a future Committee meeting. All meetings are scheduled to terminate at 12 p.m. noon.

**STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Senior Citizens Council liaison and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting).

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Senior Citizens Council liaison at (949) 724-6690.

**SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City’s website and at the respective public meeting.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 10 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

**CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS**

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6690 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

**COMMUNICATION AND ELECTRONIC DEVICES**

To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

**MEETING SCHEDULE**

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. Agendas are posted for viewing at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Avenue
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Avenue
- City's webpage at [cityofirvine.org](http://cityofirvine.org)

I hereby certify that the agenda for the Regular Senior Citizens Council meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on March 14, 2024 by 5:30 p.m. as well as on the City's webpage.

 Recording Secretary

## **3. BUSINESS**

### **ITEM 3.1 MINUTES**



# MINUTES

## SENIOR CITIZENS COUNCIL REGULAR MEETING

**February 15, 2024**  
**Council Chamber**  
1 Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on February 15, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

### ROLL CALL

Present:	6	Senior Council Member	Michele Jacknik
		Senior Council Member	Zainab Saadi, MD
		Senior Council Member	Bill Sandlin
		Senior Council Member	Preeti Singh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs
Absent:	1	Senior Council Member	Myung Suh

### PLEDGE OF ALLEGIANCE

Senior Council Member Jacknik led the Pledge of Allegiance.

### PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

### INTRODUCTIONS

Amber Castrey, Community Services Supervisor, introduced new staff Kevin Tan and Haley Aloia.

### PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Rachel Owens, resident and Orange County Older Adult Advisory Commission (OCOAC) member, provided the following updates from the February 9 OCOAC meeting:

- The County will proclaim March as Nutrition month and May as Older American month.
- Information was distributed regarding the Alzheimer's OC Older Adult Survey.
- There will be an Area Plan Update meeting on March 8 at 11:30 a.m. at the Easter Seals office.
- The Office on Aging Information Line can be reached at 800-510-2020.
- The Council on Aging Impact Report is now available at [www.coasc.org](http://www.coasc.org)
- OCOAAC is seeking applicants from provider, caregiver, and general citizen populations.

## **STAFF ANNOUNCEMENTS**

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- The Irvine Senior Connection spring issue is available online at [irvineseniors.org/connection](http://irvineseniors.org/connection), or printed copies may be obtained at the Lakeview and Rancho senior centers or Trabuco Center.
- Jumpstart fitness goals by joining the Spring into Health Fitness Challenge. This six-week challenge runs April 1 through May 10. Participants will receive a weekly e-newsletter featuring fitness-related educational topics, healthy recipes, and more. Register by April 8 to receive the first Challenge Card. Fee is \$10 for the six-week challenge.
- The AARP Foundation Tax-Aide Program provides tax assistance, free of charge, with a focus on taxpayers for older adults over 50 and have low-to-moderate income. Services are provided by a team of trained and certified volunteers at Lakeview Senior Center every Wednesday, from February 14 through April 10. For additional information, or to make an appointment, contact the Keen Center for Senior Resources at 949-724-6926 or by registering at [yourirvine.org](http://yourirvine.org).

## **SENIOR COUNCIL ANNOUNCEMENTS/UPDATES**

Senior Council Member Sandlin made the following announcements:

- A Citizens Academy, presented by City Councilmember Carroll, will be held on March 11 and is a great opportunity to learn about the City's programs, services, behind-the-scenes tours, and issues. Email [billrsandlin@gmail.com](mailto:billrsandlin@gmail.com) to receive the registration link.
- Thanked staff for recent Metrolink excursion; guided assistance was very helpful and helped ease hesitation of using public transportation.

Chair Jacobs thanked Senior Council Members for vote of confidence in electing her as Chair.

Senior Council Member Saadi announced the following University of California, Irvine Health Team public education lectures:

- The use of vitamins and therapies to prevent viral infections on February 22 at 10 a.m., Trabuco Center
- Understanding food energy on March 26 at 10 a.m., Lakeview Senior Center

## **1. COMMITTEE/GROUP/AGENCY REPORTS**

**1.1 Orange County Older Adult Advisory Commission** – No report.

### **1.2 Senior Citizens Council Subcommittees**

#### **1.2.1 Facilities Subcommittee**

Chair Jacobs reported the following projects are pending:

- Lakeview Senior Center saw multiple roof leaks during rain
- Replacement of cabinets and countertops at Lakeview Senior Center
- Permanent wall at Rancho Senior Center
- Pickleball courts at Mike Ward Community Park-Woodbridge

Senior Council Member Sandlin reported the following:

- Painting of exterior trim at Lakeview Senior Center completed
- Discussion included suggestion to build a second floor at Lakeview Senior Center

#### **1.2.2 Nutrition Subcommittee**

Vice Chair Baradehi reported the following:

- Valentine's Day lunch held on February 14
- Mother's Day lunch will be on May 10; menu pending
- Volunteer drivers needed for Meals on Wheels Program as two new routes will be added at the end of the month
- Statistics for Congregate and Meals on Wheels programs provided
- Nowruz celebration will be held on March 15
- Senior Services Volunteer Recognition will be held on April 19
- Chinese New Year celebration was last week and well attended

**1.2.3 Strategic Plan for Aging Subcommittee** – No report.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

## **2. SENIOR CITIZENS COUNCIL BUSINESS**

### **2.1 MINUTES**

**ACTION:** Moved by Vice Chair Baradehi, seconded by Senior Council Member Sandlin, and unanimously carried by those members present (Senior Council Member Suh absent), to approve the minutes of the Irvine Senior Citizens Council regular meeting held January 18, 2024.



**2.2 IRVINE SENIOR CITIZENS COUNCIL SUBCOMMITTEES**

Ryan McGraw, Community Services Superintendent, presented staff report and responded to Senior Council inquiries.

Discussion included process to report facility issues/concerns.

**ACTION: Moved by Vice Chair Baradehi, seconded by Chair Jacobs, and unanimously carried by those members present (Senior Council Member Suh absent), to dissolve the Senior Citizens Council Facilities Subcommittee and the Strategic Plan for Aging Subcommittee.**

**2.3 IRVINE SENIOR CITIZENS COUNCIL COMMITTEE ASSIGNMENTS**

Superintendent McGraw presented staff report and responded to Senior Council inquiries.

Discussion included: rotation of meeting attendance; number of Senior Council members allowed at any meeting.

**ACTION: Moved by Vice Chair Baradehi, seconded by Senior Council Member Jacknik, and unanimously carried by those members present (Senior Council Member Suh absent), to assign Senior Council representatives to attend committee meetings as follows:**

**Orange County Older Adults Advisory Commission: Chair Jacobs, Vice Chair Baradehi, Senior Council Member Jacknik**

**Irvine Senior Citizens Council Nutrition Subcommittee: Chair Jacobs, Vice Chair Baradehi**

**END OF COUNCIL BUSINESS**

**ADJOURNMENT**

**Moved by Vice Chair Baradehi, seconded by Senior Council Member Jacknik, and unanimously carried by those members present (Senior Council Member Suh absent), to adjourn the regular meeting of the Senior Council at 9:38 a.m.**

\_\_\_\_\_  
CHAIR

\_\_\_\_\_  
Athena Martinez  
Recording Secretary

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Date Approved