



MINUTES

SENIOR CITIZENS COUNCIL REGULAR MEETING

February 15, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on February 15, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	6	Senior Council Member	Michele Jacknik
		Senior Council Member	Zainab Saadi, MD
		Senior Council Member	Bill Sandlin
		Senior Council Member	Preeti Singh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs

Absent:	1	Senior Council Member	Myung Suh
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PLEDGE OF ALLEGIANCE

Senior Council Member Jacknik led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

Amber Castrey, Community Services Supervisor, introduced new staff Kevin Tan and Haley Aloia.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Rachel Owens, resident and Orange County Older Adult Advisory Commission (OCOAC) member, provided the following updates from the February 9 OCOAC meeting:

- The County will proclaim March as Nutrition month and May as Older American month.
- Information was distributed regarding the Alzheimer's OC Older Adult Survey.
- There will be an Area Plan Update meeting on March 8 at 11:30 a.m. at the Easter Seals office.
- The Office on Aging Information Line can be reached at 800-510-2020.
- The Council on Aging Impact Report is now available at www.coasc.org
- OCOAAC is seeking applicants from provider, caregiver, and general citizen populations.

STAFF ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- The Irvine Senior Connection spring issue is available online at irvineseniors.org/connection, or printed copies may be obtained at the Lakeview and Rancho senior centers or Trabuco Center.
- Jumpstart fitness goals by joining the Spring into Health Fitness Challenge. This six-week challenge runs April 1 through May 10. Participants will receive a weekly e-newsletter featuring fitness-related educational topics, healthy recipes, and more. Register by April 8 to receive the first Challenge Card. Fee is \$10 for the six-week challenge.
- The AARP Foundation Tax-Aide Program provides tax assistance, free of charge, with a focus on taxpayers for older adults over 50 and have low-to-moderate income. Services are provided by a team of trained and certified volunteers at Lakeview Senior Center every Wednesday, from February 14 through April 10. For additional information, or to make an appointment, contact the Keen Center for Senior Resources at 949-724-6926 or by registering at yourirvine.org.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Sandlin made the following announcements:

- A Citizens Academy, presented by City Councilmember Carroll, will be held on March 11 and is a great opportunity to learn about the City's programs, services, behind-the-scenes tours, and issues. Email billrsandlin@gmail.com to receive the registration link.
- Thanked staff for recent Metrolink excursion; guided assistance was very helpful and helped ease hesitation of using public transportation.

Chair Jacobs thanked Senior Council Members for vote of confidence in electing her as Chair.

Senior Council Member Saadi announced the following University of California, Irvine Health Team public education lectures:

- The use of vitamins and therapies to prevent viral infections on February 22 at 10 a.m., Trabuco Center
- Understanding food energy on March 26 at 10 a.m., Lakeview Senior Center

1. COMMITTEE/GROUP/AGENCY REPORTS

1.1 Orange County Older Adult Advisory Commission – No report.

1.2 Senior Citizens Council Subcommittees

1.2.1 Facilities Subcommittee

Chair Jacobs reported the following projects are pending:

- Lakeview Senior Center saw multiple roof leaks during rain
- Replacement of cabinets and countertops at Lakeview Senior Center
- Permanent wall at Rancho Senior Center
- Pickleball courts at Mike Ward Community Park-Woodbridge

Senior Council Member Sandlin reported the following:

- Painting of exterior trim at Lakeview Senior Center completed
- Discussion included suggestion to build a second floor at Lakeview Senior Center

1.2.2 Nutrition Subcommittee

Vice Chair Baradehi reported the following:

- Valentine's Day lunch held on February 14
- Mother's Day lunch will be on May 10; menu pending
- Volunteer drivers needed for Meals on Wheels Program as two new routes will be added at the end of the month
- Statistics for Congregate and Meals on Wheels programs provided
- Nowruz celebration will be held on March 15
- Senior Services Volunteer Recognition will be held on April 19
- Chinese New Year celebration was last week and well attended

1.2.3 Strategic Plan for Aging Subcommittee – No report.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

2. SENIOR CITIZENS COUNCIL BUSINESS

2.1 MINUTES

ACTION: Moved by Vice Chair Baradehi, seconded by Senior Council Member Sandlin, and unanimously carried by those members present (Senior Council Member Suh absent), to approve the minutes of the Irvine Senior Citizens Council regular meeting held January 18, 2024.

2.2 IRVINE SENIOR CITIZENS COUNCIL SUBCOMMITTEES

Ryan McGraw, Community Services Superintendent, presented staff report and responded to Senior Council inquiries.

Discussion included process to report facility issues/concerns.

ACTION: Moved by Vice Chair Baradehi, seconded by Chair Jacobs, and unanimously carried by those members present (Senior Council Member Suh absent), to dissolve the Senior Citizens Council Facilities Subcommittee and the Strategic Plan for Aging Subcommittee.

2.3 IRVINE SENIOR CITIZENS COUNCIL COMMITTEE ASSIGNMENTS

Superintendent McGraw presented staff report and responded to Senior Council inquiries.

Discussion included: rotation of meeting attendance; number of Senior Council members allowed at any meeting.

ACTION: Moved by Vice Chair Baradehi, seconded by Senior Council Member Jacknik, and unanimously carried by those members present (Senior Council Member Suh absent), to assign Senior Council representatives to attend committee meetings as follows:

Orange County Older Adults Advisory Commission: Chair Jacobs, Vice Chair Baradehi, Senior Council Member Jacknik


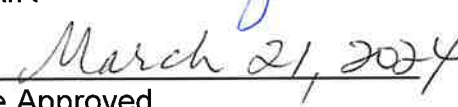
Irvine Senior Citizens Council Nutrition Subcommittee: Chair Jacobs, Vice Chair Baradehi

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Vice Chair Baradehi, seconded by Senior Council Member Jacknik, and unanimously carried by those members present (Senior Council Member Suh absent), to adjourn the regular meeting of the Senior Council at 9:38 a.m.


Athena Martinez
Recording Secretary


CHAIR

Date Approved