



MINUTES

SENIOR CITIZENS COUNCIL REGULAR MEETING

March 21, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on March 21, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	7	Senior Council Member	Michele Jacknik
		Senior Council Member	Zainab Saadi, MD
		Senior Council Member	Bill Sandlin
		Senior Council Member	Preeti Singh
		Senior Council Member	Myung Suh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs

PLEDGE OF ALLEGIANCE

Senior Council Member Saadi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

1. PRESENTATIONS

1.1 Distinguished Service Award: Anne Tipping

Vice Chair Baradehi presented this award to Anne Tipping for her dedicated service to the Senior Services Nutrition Program, volunteering 540 hours in 2023.

1.2 Safe Options for Seniors (SOS)

Mieka Bledsoe, Human Options Supervisor, provided a presentation on the specialized SOS program created to respond to unique needs of individuals experiencing family violence among the older adult population.

Discussion included: funding source; referral process; additional shelter options when SOS shelter is full.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Rachel Owens, resident and Orange County Older Adults Advisory Commission (OCOAAC) member, provided the following update from the March 8 OCOAAC meeting:

- Outreach goal to improve communication of services to all county residents has resulted in creation of a new Office on Aging mobile app, OC Senior Resources.
- Additional outreach goal is to provide OCOAAC presentations at future Senior Council meetings or at senior center activities as schedules permit.
- Thanked Senior Council members who attended the 2024-2028 Area Plan public hearing meeting on March 8.

STAFF ANNOUNCEMENTS

Ryan McGraw, Community Services Superintendent, announced over the past several months, City staff has continued working with Irvine Adult Day Health Services (IADHS) to help stabilize operations. Since IADHS notified the City of the intent to shut down in July 2023, the City has provided enhanced staffing support and updated grant funding agreements to ensure adequate financial resources to remain open. The City has also facilitated introductions to various individuals and groups to support IADHS in updating its overall governance structure. Additionally, IADHS has connected with the City's Communications & Engagement Department to explore new marketing strategies for promoting the center's services. IADHS has recently hired a new Executive Director, Heather Stratman. Heather will attend the April Senior Council meeting to provide updates.

Amber Castrey, Community Services Supervisor, made the following announcements:

- The AARP Foundation Tax-Aide Program provides free tax assistance with a focus on taxpayers age 50 and over of low-to-moderate income. Services are provided by a team of trained and certified volunteers at Lakeview Senior Center every Wednesday, now through April 10. For additional information, or to make an appointment, contact the Keen Center for Senior Resources at 949-724-6926 or by registering at yourirvine.org.

- Jumpstart fitness goals by joining the Spring into Health Fitness Challenge. Sign up for this six-week challenge, occurring April 1 through May 10, where the more you exercise, the more opportunities you have to win prizes. Participants will receive a weekly e-newsletter featuring fitness-related educational topics, healthy recipes, and more. Register by April 8 to receive your first Challenge Card. Fee is \$10 for the six-week challenge.
- The Senior Services Volunteer Recognition is on April 19 from noon to 2 p.m. at the Lakeview Senior Center. Volunteers will be recognized for service provided in 2023. An invitation to this event was provided.
- Single-day excursions will resume in the spring. The Exploring SoCal series provides older adults the opportunity to visit popular destinations without the stress of driving, parking, or even planning. Each trip includes roundtrip transportation on a deluxe motorcoach, a tour guide, admission, and all gratuities. The first trip will be to the Huntington Library in San Marino on Thursday, April 25. Registration is required at yourrivne.org.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Saadi announced March is National Nutrition Month and she will be recognizing this by way of leading a workshop titled “Understanding Food Energy” on March 26 at 10 a.m. at Lakeview Senior Center. Workshop will culminate with attendees having lunch in the Rose Garden Café.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 Orange County Older Adult Advisory Commission

Senior Council Member Jacknik reported the following information from Orange County Caregiver Resource Center (CRC) presentation made at the March 8 OCOAAC meeting:

- CRC is a non-profit organization and a program of St. Jude Medical Center.
- It is the only agency in the county focused on the needs of caregivers of adults 60 or over with chronic illness and/or cognitive conditions.
- There are 11 sites in the state.
- For more information, call 800-543-8312 or visit caregiveroc.org.

2.2 Senior Citizens Council Nutrition Subcommittees – No report.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present, to approve the minutes of the Irvine Senior Citizens Council regular meeting held February 15, 2024.

END OF COUNCIL BUSINESS

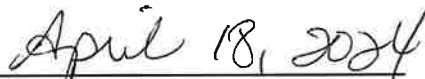
ADJOURNMENT

Moved by Senior Council Member Jacknik, seconded by Senior Council Member Sandlin, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 9:52 a.m.



CHAIR


Athena Martinez
Recording Secretary



Date Approved