



# MINUTES

## IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

**April 18, 2024**  
**Council Chamber**  
1 Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on April 18, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

### ROLL CALL

Present:	7	Senior Council Member	Michele Jacknik
		Senior Council Member	Zainab Saadi, MD
		Senior Council Member	Bill Sandlin
		Senior Council Member	Preeti Singh
		Senior Council Member	Myung Suh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs

### PLEDGE OF ALLEGIANCE

Senior Council Member Sandlin led the Pledge of Allegiance.

### PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

### INTRODUCTIONS

There were no introductions.

### 1. PRESENTATIONS

#### ***1.1 Distinguished Service Award: Julie Yacker***

Vice Chair Baradehi presented this award to Julie Yacker for her dedicated service to Senior Services Nutrition and Special Events Programs, volunteering 196 hours in 2023.

### **1.2 Waste Management Updates**

Ryan Ramos, Public Works & Sustainability Senior Management Analyst, introduced Waste Management staff, Muyisa Kasomo, Senior Account Executive-Public Sector, and Simi Chacon, Recycling Education Representative, who provided an Organics and Recycling Training, and provided information on discounts and programs for older adults.

Discussion included: use of recycled plastics, battery disposal, plastic bag collection sites, recyclability of Styrofoam; pending state regulation changes and use of recycling logo.

### **1.3 Senior Services Quarterly Review**

Denise Bennett-Arabatzis and Amber Castrey, Community Services Supervisors, provided a review of Strategic Plan for Older Adult Services 2023 through 2028 accomplishments and reported on goals for the fourth quarter.

Discussion included: internal shared housing list; statistics for Keen Center for Senior Resources expansion of hours; results of partner collaborations; and facility projects updates.

## **PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

There were no public comments on non-agendized items.

## **STAFF ANNOUNCEMENTS**

Supervisor Castrey introduced Russell Frankston, Program Coordinator at Lakeview Senior Center.

Supervisor Bennett-Arabatzis made the following announcements:

- The Senior Services Volunteer Recognition will be held April 19 from noon to 2 p.m. at Lakeview Senior Center. Volunteers will be recognized for all the amazing service provided in 2023.
- The Irvine Police Department Open House will be on April 20 from 10 a.m. to 2 p.m. at the Irvine Civic Center. Attendees can check out police and fire vehicles, and demonstrations from the K-9, drone, and motorcycle units. The popular emotional support dogs and mounted units will also be present among attendees. This is a fun family event as games, face painting, and other activities are available for children. A flier was provided.

- May is Older Americans Month and Irvine is celebrating. Register for free month-long activities for a chance to win prizes. Earn a ticket for each qualified activity to be entered in the Opportunity Drawing. Earn as many tickets as you can from May 1 through 31. Tickets may be turned in at the front desk of Lakeview and Rancho senior centers or Trabuco Center. Winners will be called the week of June 3. Space is limited and registration is required for each activity at [yourirvine.org](http://yourirvine.org). A list of activities was provided.
- Irvine will celebrate community, connection, and clean air through the City's first-ever car-free open streets event, CicloIrvine, from 11 a.m. to 4 p.m. on May 4. Residents, visitors, and businesses are invited to stroll, bike, and roll along nearly two miles of streets closed to cars along Barranca Parkway, between Harvard and Lake Avenues. CicloIrvine highlights the City's commitment to community engagement, sustainability, and environmentally conscious means of travel and encourages participants to experience Irvine's public spaces and local businesses in a new and reimagined way with live music, art, and engaging activities for all. Street closures for CicloIrvine will occur on May 4 between 7 a.m. and 6:30 p.m. Most parking lots along the route will remain open, but driveway access will be restricted. Those who live or work on the CicloIrvine route should expect detours. All streets surrounding the route will remain open to vehicle access during the event, and there will be designated spots along the event for traffic to cross. A flier was provided.

## SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Chair Jacobs made the following announcements:

- Irvine Multicultural Association will be presenting the next Exploring Our World program featuring Poland.
- The Irvine Global Village Committee will begin meeting regularly.

## 2. COMMITTEE/GROUP/AGENCY REPORTS

### 2.1 SENIOR SERVICES SUPPORT/INTEREST GROUPS

#### 2.1.1 Ektaa Center: South Asian Senior Association (SASA)

Senior Council Member Singh reported the following:

- SASA offers three programs at Trabuco Center with options to participate virtually.
- Keen Center for Senior Services staff often have informational tables at SASA socials to help promote City's programs and services for older adults.
- SASA will be hosting an Earth Day event that includes a seed exchange.
- Ektaa Center will be honored during new Wall of Recognition honoree inductions.

### **2.1.2 Friends of Outreach (FOO)**

Chair Jacobs reported the following:

- FOO will be celebrating its 40<sup>th</sup> anniversary this year.
- FOO has begun planning for this year's holiday gift bag distribution.
- International Crafters have been making bowl koozies for the holiday gift bags.

### **2.1.3 Irvine Adult Day Health Services, Inc. (IADHS)**

Heather Stratman, IADHS Executive Director, reported the following:

- Introduced herself as new Executive Director, effective January 2024.
- Working to increase IADHS participation post-pandemic closure.
- IADHS Center is licensed for a census of 60 participants per day; started with 16, now averaging 33 due to increased outreach efforts.
- Working toward a daily participation goal of 50 by July 2025 and increased community awareness.
- Efforts toward IADHS Board development; membership currently at five members, expanding to 15.
- IADHS coordinating with City's Office of Health & Wellness to align with City's initiatives.
- Continued planning for events to increase visibility in the community, including an open house.

### **2.1.4 Irvine Evergreen Chinese Senior Association (IECSA)**

Christine Chung, IECSA Director, reported the following:

- IECSA planning additional day excursions.
- IECSA members have encountered burglary and vandalism issues in the Lakeview Senior Center parking lot, causing decrease in participation, requesting increase in security patrol.

### **2.1.5 NEDA-Association of Iranian American Seniors – No report.**

## **2.2 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)**

Vice Chair Baradehi reported the following from the April 12 OCAAC meeting:

- Discussion included utilization of county's voter registry to extract older adult information to disseminate information on county's resources for older adults.
- County's Board of Supervisors approved public information campaign by Office on Aging to develop email blast to older adults.
- Senior Center Liaisons provided updates on their assigned senior centers.
- John Pointer, California Senior Legislator, provided a presentation on pending bills in development that would impact older adults.
- Senior Rally Day will be held on May 8.
- For more information on bills affecting older adults, visit [www.C4A.info](http://www.C4A.info)
- Next meeting to include transportation presentations from each city.

**2.3 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE**

Vice Chair Baradehi reported the following from the April 12 Nutrition Subcommittee meeting:

- The following themed luncheons have been scheduled:
  - Mother’s Day – May 10 offering two seatings
  - Memorial Day – May 24 offering one seating
  - Father’s Day – June 14 offering two seatings
- Seeking volunteer drivers
- Meals on Wheels will begin service from Trabuco Center on May 1.
- Volunteer Recognition event will be held on April 19.
- Program passed county health inspection.
- New menu items to be effective July 1.
- Congregate participant donations lower than previous year point in time.
- Cancellations and no shows are being managed.

**ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

**3. SENIOR CITIZENS COUNCIL BUSINESS**

**3.1 MINUTES**

**ACTION: Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present, to approve the minutes of the Irvine Senior Citizens Council regular meeting held March 21, 2024.**

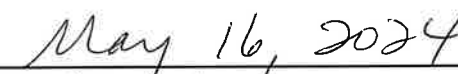
**END OF COUNCIL BUSINESS**

**ADJOURNMENT**

**Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 10:23 a.m.**

  
 CHAIR

  
 Athena Martinez  
 Recording Secretary

  
 Date Approved