



Greta Jacobs
Chair

Amal Baradehi
Vice Chair

Senior Council Members:
Michele Jacknik
Zainab Saadi, MD
Bill Sandlin
Preeti Singh
Myung Suh

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

July 18, 2024

9:00 AM

City Council Chamber

1 Civic Center Plaza
Irvine, CA 92606

PARTICIPATION VIA ZOOM

MEETING ID: 899 4593 9639

PASSCODE: 101175

WEBSITE: zoom.us/join

TELEPHONE: 669-900-6833

or 346-248-7799

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Chair Jacobs

INTRODUCTIONS

1. PRESENTATIONS

1.1 Be Well OC

1.2 Senior Services Quarterly Review

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker

shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

2. ANNOUNCEMENTS

Announcements, Committee Reports, and Senior Council Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

2.1 STAFF ANNOUNCEMENTS

2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

2.3 SENIOR SERVICES SUPPORT/INTEREST GROUPS

2.3.1 Ektaa Center: South Asian Senior Association

2.3.2 Friends of Outreach

2.3.3 Irvine Adult Day Health Services, Inc.

2.3.4 Irvine Evergreen Chinese Senior Association

2.3.5 NEDA-Association of Iranian American Seniors

2.4 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION

2.5 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Citizens Council meeting.

3. PUBLIC HEARING

3.1 REQUEST FINDING OF NO NON-PROFIT AGENCIES READILY AVAILABLE TO PROVIDE PARATRANSIT SERVICES UNDER THE ENHANCED MOBILITY FOR SENIORS AND INDIVIDUALS WITH DISABILITIES PROGRAM

ACTION:

- 1) Receive staff report.
- 2) Open the public hearing and receive public input.
- 3) Close the public hearing.
- 4) Irvine Senior Citizens Council comments and questions.

4. SENIOR CITIZENS COUNCIL BUSINESS

Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

4.1 MINUTES

ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held June 20, 2024.

ADJOURNMENT

NOTICE TO THE PUBLIC

PARTICIPATION AT SENIOR CITIZENS COUNCIL MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Senior Citizens Council," 1 Civic Center Plaza, Irvine, CA 92606; by email to seniorcouncil@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/senior-citizens-council. E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Senior Citizens Council at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/senior-citizens-council.

REQUEST TO SPEAK IN PERSON: If you would like to address the Senior Citizens Council on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Senior Citizens Council are recognized. It also ensures the accurate identification of meeting participants in the Senior Citizens Council minutes. Your name will be called at the time public comments are heard by the Senior Citizens Council. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair of the Senior Citizens Council during the course of the meeting, so please stay alert.

PLEASE NOTE: The Senior Citizens Council is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at seniorcouncil@cityofirvine.org. It would be appreciate if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Senior Citizens Council meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. For more information, please contact the Community Services Department at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items on which additional time is required until a future Senior Citizens Council meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/senior-citizens-council at least seven days prior to the scheduled Senior Citizens Council meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Senior Citizens Council liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Senior Citizens Council liaison at 949-724-6732.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 12 copies of the information to be submitted and filed with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6732 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

COMMUNICATION DEVICES

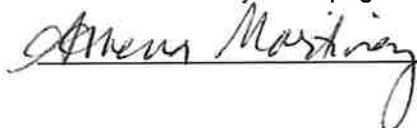
To minimize distractions, please be sure all personal communication devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. unless otherwise noted. Agendas are available for viewing at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's webpage at cityofirvine.org

I hereby certify that the agenda for the Senior Citizens Council meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on July 11, 2024 by 5:30 p.m. as well as on the City's webpage.

 Recording Secretary

3. PUBLIC HEARING

ITEM 3.1

**REQUEST FINDING OF NO NON-PROFIT
AGENCIES READILY AVAILABLE TO
PROVIDE PARATRANSIT SERVICES UNDER
THE ENHANCED MOBILITY FOR SENIORS
AND INDIVIDUALS WITH DISABILITIES
PROGRAM**



REQUEST FOR IRVINE SENIOR CITIZENS COUNCIL ACTION

MEETING DATE: JULY 18, 2024

TITLE: REQUEST FINDING OF NO NON-PROFIT AGENCIES READILY AVAILABLE TO PROVIDE PARATRANSIT SERVICES UNDER THE ENHANCED MOBILITY FOR SENIORS AND INDIVIDUALS WITH DISABILITIES PROGRAM

Director of Community Services

RECOMMENDED ACTION

1. Receive staff report.
2. Open the public hearing and receive public input.
3. Close the public hearing.
4. Irvine Senior Citizens Council comments and questions.

EXECUTIVE SUMMARY

The Orange County Transportation Authority (OCTA), on behalf of the Federal Transit Administration Section 5310 Grant Program (FTA 5310), provides opportunities for local public agencies and nonprofit organizations to help meet special transportation needs for seniors and individuals with disabilities. The OCTA's Enhanced Mobility for Seniors and Individuals with Disabilities (EMSD) Program was developed to support local agencies in the delivery of FTA 5310 eligible activities, retaining all beneficial elements of the federal program via local administration. The OCTA opened the EMSD Program funding process on May 25, 2024 offering two funding priorities, capital and operational.

The EMSD Program is intended to meet the transportation needs of older adults and people with disabilities when traditional transportation services are unavailable, insufficient, or inappropriate to meet these needs. The City of Irvine's (City) TRIPS Program (TRIPS) has been in operation since 1990 and provides low cost, door-to-door, wheelchair accessible transportation for Irvine residents ages 18 and older who are unable to drive due to a physical or cognitive disability. To address projected future increased demand for services, the City has applied for EMSD funding for six hybrid minivans, six mobile tablets, and software modules valued at \$652,000 to support the expansion of senior transportation services to meet Irvine's projected senior population growth.

ANALYSIS

The City strives to create a community where adults can age safely and with dignity through the offering of over 300 programs and services for seniors. Access to community resources like senior centers, shopping destinations, places of worship, and medical facilities are essential to the well-being of older adults. The City's Strategic Plan for Older Adults 2023 through 2028, and Transit Vision Study 2022, call for the implementation of new strategies for improving mobility and accessibility especially for socially and/or environmentally vulnerable communities.

The City currently operates the TRIPS program which provides low-cost, wheelchair-accessible transportation to Irvine older adults and adults with disabilities. TRIPS supports independent living and community involvement through safe, reliable, and professional paratransit service. All participants must be unable to drive due to a physical or cognitive disability. Given many seniors would prefer to retain their driver's license, TRIPS falls short of meeting the needs of those seniors who seek an alternative to driving to access local amenities and supportive services. Therefore, the City seeks EMSD capital grant funds to enhance transportation services to be easily accessible to all residents over the age of 60.

As a requirement of the EMSD application process, a public hearing must be conducted to document there are no nonprofit organizations readily available to carry out the proposed service enhancements. To fulfill this requirement, public notices were posted in seven public locations, on the City's website, and published in the Orange County Register on June 18, 2024. The City has fulfilled its obligation to notify nonprofit transportation providers regarding the City's submittal of the EMSD Program grant application and their right to speak at this public hearing.

ALTERNATIVES CONSIDERED

If a nonprofit organization comes forward to indicate it is willing, interested, and capable of providing the proposed service, the public comment(s) will be submitted on or before July 31, as required by the OCTA. The City's grant application would then be delayed until it is determined there is merit to the nonprofit's proposal. There would be no further action required from the Senior Citizens Council.

FINANCIAL IMPACT

There is no financial impact as a result of the recommended action.

REPORT PREPARED BY Ryan McGraw, Community Services Superintendent

4. BUSINESS

ITEM 4.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

June 20, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on June 20, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	7	Senior Council Member	Michele Jacknik*
		Senior Council Member	Zainab Saadi, MD
		Senior Council Member	Bill Sandlin
		Senior Council Member	Preeti Singh
		Senior Council Member	Myung Suh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs

**arrived at 9:19 a.m.*

PLEDGE OF ALLEGIANCE

Senior Council Member Suh led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Ryan McGraw, Community Services Superintendent, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

1. PRESENTATIONS

1.1 Distinguished Service Award: Annette Kennedy

Vice Chair Baradehi presented this award to Annette Kennedy for her dedicated service to the Meals on Wheels Program, providing 203 volunteer hours, delivering meals to Irvine's homebound older adults, and training new volunteers.

1.2 Medication Management and Polypharmacy

Dr. Bill Liu from Orange County Health Care Agency presented on the prevalence of medication and dietary supplement use, chronic diseases, and changes in anatomy and physiology in older adults, along with suggested medication management strategies.

Discussion included: the importance of keeping an updated medication list with details from reliable sources such as the Food and Drug Administration, NIH, Office of Dietary Supplements, and primary physician; the process of pharmacy medication refills; safety measures for refills.

1.3 Elder Abuse Prevention Training

Officer Shiree Lind, Irvine Police Department, presented on fraud prevention, including examples of scams occurring in the community, along with prevention tips and resources.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Lillian Hollar, a field representative from the office of Cottie Petrie-Norris, Assembly Member of the 73rd District, provided an update on the upcoming annual Scam Stopper event scheduled for September 19. The event will include participation from the California Department of Insurance, the Department of Financial Protection and Innovation, and the Contractor State Licensing Board, focusing on scam prevention and next steps for victims. Further details can be found at a73.asmdc.org/event, and information is being disseminated to encourage community participation.

STAFF ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- The City, in partnership with Irvine 2/11 Marine Adoption Committee, is hosting the annual Field of Valor event. Members of the community are invited to honor veterans, active duty, and fallen service members by sponsoring a flag in their name. Flags will be displayed from July 1–14 on the Civic Center Lawn. Submissions must be received by Friday, June 21. Sponsorships are non-refundable. Visit cityofirvine.org/fieldofvalor for more information or to sponsor a flag.

- The City's third annual Freedom Celebration will be held on June 22 from 11 a.m. to 3 p.m. at the Great Park. This free event, celebrating Black culture, as well as the history and significance of Juneteenth, will feature interactive activities, local organizations, and live performances. Food trucks will be available for visitors to purchase food.
- The first Movies on the Lawn series will be on June 27 at the Great Park. Bring low-back chairs and blankets to watch *Elemental* (rated PG). Guests may also bring a picnic, or purchase food from gourmet food trucks or the snack bar. Food trucks will be available beginning at 6:30 p.m., and the movie will begin after dusk. The next movie will be *Trolls Band Together* on July 18.
- In collaboration with the Melinda Hoag Smith Center for Healthy Living, one-on-one consultations are now available with a Community Nurse Navigator to address health concerns, collaborate on better care planning, and receive continued education to improve self-care for adults age 50 and older. Appointments are available at no cost, on the second Tuesday of each month, from 9:30-11:45 a.m. at Lakeview Senior Center. Visit yourirvine.org to register.
- Lakeview Senior Center will be the site for a community event, Better Together, on June 29 from 10 a.m. to noon. Participants from the age of 10 and older are invited to enjoy a morning filled with activities, an opportunity drawing, and more. Whether you are 10 or 110, there is something for everyone! Space is limited; registration required at yourirvine.org. Course number is 106106.

SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Saadi announced she will be giving a lecture on bone health, balance, and fall prevention at Lakeview Senior Center on July 9.

2. COMMITTEE/GROUP/AGENCY REPORTS

2.1 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)

Senior Council Member Jacknik reported the following information from the June 14 OCAAC meeting:

- Brooke Witzman, Executive Director of the Elder Law and Disability Rights Center, presented on Elder Rights and Disability Law.
- OCAAC adopted and will implement the Senior Center Liaison Role guidelines, with optional ice breaker.
- The 2024-2025 OCAAC Goals and Objectives are complete and will be presented to the Board of Supervisors by members of the OCAAC Executive Board. Anyone seeking to volunteer may sign-up at volunteer.org.
- There will not be an OCAAC meeting in July. The next meeting is August 9, 2024.

2.2 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

Vice Chair Baradehi reported the following:

- Nutrition Subcommittee met on June 10.
- Themed lunch attendance:
 - 200 participants attended Mother's Day
 - 139 participants attended on Memorial Day
 - Father's Day occurred on June 14
 - Independence Day will occur on July 3
- Volunteers needed for all programs.
- Statistics shared for meal programs.
- Meals on Wheels service from Trabuco Center still in the works.
- No-shows for congregate meals are still between 25-30 participants; many of those meals are managed and/or distributed to walk-in participants.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present to approve the minutes of the Irvine Senior Citizens Council regular meeting held May 16, 2024.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 10:18 a.m.

CHAIR

Hee Jin Lee
Recording Secretary

Date Approved