

Diane Gale Chair

Phyllis Agran, MD, MPH Vice Chair

Committee Members: Nakia Best Wendy Bokota Mariana Bosch Hannah Cho Dina Eletreby Naz Hamid Branda Lin Gidget Smith Jing Sun Sahra Tanikawa Sherry Tao Vacant Vacant Bill Bingham, Ex Officio\* \*Non-Voting member

# **AGENDA**

# IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE REGULAR MEETING

August 28, 2024 5:30 PM Irvine Civic Center, L102 1 Civic Center Plaza Irvine, CA 92606

# PARTICIPATION IN IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MEETING

MEETINGS ARE AVAILABLE TO ATTEND IN-PERSON OR WATCHED LIVE THROUGH THE ZOOM APPLICATION. INFORMATION FOR ZOOM CAN BE FOUND ONLINE AT <u>CITYOFIRVINE.ORG/CHILD-CARE-DEVELOPMENT/IRVINE-CHILDREN-YOUTH-AND-FAMILIES-ADVISORY-COMMITTEE</u>. YOU MAY SUBMIT COMMENTS ON ANY AGENDA ITEM OR ON ANY ITEM NOT ON THE AGENDA, IN WRITING VIA MAIL TO "ATTN: IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE," 1 CIVIC CENTER PLAZA, IRVINE, CA 92606, OR BY EMAIL TO CSCOMMITTEE1@CITYOFIRVINE.ORG. YOU MAY ALSO PROVIDE LIVE COMMENTS VIA ZOOM. FOR MORE INFORMATION, VISIT CITYOFIRVINE.ORG/CHILD-CARE-DEVELOPMENT/IRVINE-CHILDREN-YOUTH-AND-FAMILIES-ADVISORY-COMMITTEE.

REQUEST TO SPEAK IN PERSON: IF YOU WOULD LIKE TO ADDRESS THE IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE ON A SCHEDULED AGENDA ITEM — INCLUDING A REGULAR BUSINESS ITEM OR PUBLIC COMMENTS — PLEASE REGISTER BY COMPLETING THE REQUEST TO SPEAK FORM AVAILABLE AT THE ENTRANCE TO THE MEETING ROOM AND SUBMIT TO THE RECORDING SECRETARY. PLEASE IDENTIFY ON THE FORM YOUR NAME AND THE ITEM ON WHICH YOU WOULD LIKE TO SPEAK. THE REQUEST TO SPEAK FORM ASSISTS THE CHAIR IN ENSURING THAT ALL PERSONS WISHING TO ADDRESS THE IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE ARE RECOGNIZED. IT ALSO ENSURES THE ACCURATE IDENTIFICATION OF MEETING PARTICIPANTS IN THE IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MINUTES. YOUR NAME WILL BE CALLED AT THE TIME THE MATTER IS HEARD BY THE IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE. CITY POLICY IS TO LIMIT PUBLIC TESTIMONY TO UP TO THREE MINUTES PER SPEAKER ON AGENDIZED ITEMS, AND THREE MINUTES DURING GENERAL PUBLIC COMMENTS (UNLESS THE TIME LIMIT IS EXTENDED BY THE CHAIR), WHICH INCLUDES THE PRESENTATION OF ELECTRONIC OR AUDIO-VISUAL INFORMATION. SPEAKERS MAY NOT YIELD THEIR TIME TO OTHER PERSONS.

PLEASE TAKE NOTICE THAT THE ORDER OF SCHEDULED AGENDA ITEMS BELOW AND/OR THE TIME THEY ARE ACTUALLY HEARD, CONSIDERED AND DECIDED MAY BE MODIFIED BY THE CHAIR DURING THE COURSE OF THE MEETING, SO PLEASE STAY ALERT.

PLEASE NOTE: THE IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEE MEETING IS MAKING EVERY EFFORT TO FOLLOW THE SPIRIT AND INTENT OF THE BROWN ACT AND OTHER APPLICABLE LAWS REGULATING THE CONDUCT OF PUBLIC MEETINGS, IN ORDER TO MAXIMIZE TRANSPARENCY AND PUBLIC ACCESS. FOR QUESTIONS OR ASSISTANCE, PLEASE CONTACT THE COMMUNITY SERVICES DEPARTMENT AT 949-724-6600, OR VIA EMAIL AT CSCOMMITTEE1@CITYOFIRVINE.ORG. IT WOULD BE APPRECIATED IF WRITTEN COMMUNICATIONS OF PUBLIC COMMENTS RELATED TO ITEMS ON THE AGENDA, OR ITEMS NOT ON THE AGENDA, ARE PROVIDED PRIOR TO THE COMMENCEMENT OF THE MEETING.

**CALL TO ORDER** 

**ROLL CALL** 

PLEDGE OF ALLEGIANCE

- 1. PRESENTATIONS
  - 1.1 OFFICE OF HEALTH AND WELLNESS UPDATE

#### **PUBLIC COMMENTS - NON-AGENDIZED ITEMS**

Public Comments on non-agendized items will be heard no sooner than 5:30 p.m. Any member of the public may address the Irvine Children, Youth and Families advisory Committee on items within the Irvine Children, Youth and Families Advisory Committee's subject matter jurisdiction but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Irvine Children, Youth and Families Advisory Committee.

#### INTRODUCTIONS

#### ANNOUNCEMENTS/COMMITTEE REPORTS/COMMITTEE UPDATES

Announcements and Board Reports are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954-2 of the Brown Act and are limited to 3 minutes per member of the Irvine Children, Youth and Families Advisory Committee. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

#### 2. COMMITTEE REPORTS

## 2.1 YOUTH OUTREACH REPORT

# ADDITIONS AND DELETIONS TO THE AGENDA

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

#### 3. COMMITTEE BUSINESS

Public comments on Irvine Children, Youth and Families Advisory Committee items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Irvine Children, Youth and Families Advisory Committee.

#### 3.1 MINUTES

# **RECOMMENDED ACTION:**

Approve the minutes of the Irvine Children, Youth and Families Advisory Committee meeting held May 22, 2024.

# 3.2 STRATEGIC PLAN FOR IRVINE CHILDREN, YOUTH AND FAMILIES 2025-2030

## **RECOMMENDED ACTION:**

Advise the Community Services Commission to recommend City Council adopt the Strategic Plan for Children, Youth and Families 2025 through 2030.

## **ADJOURNMENT**

## **ADJOURNMENT**

**At 11 p.m.,** the Irvine Children, Youth and Families Advisory Committee will determine which of the remaining agenda items can be considered and acted upon prior to 12 midnight and will continue all other items on which additional time is required until a future Irvine Children, Youth and Families Advisory Committee meeting. All meetings are scheduled to terminate at 12 midnight.

## **STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Irvine Children, Youth and Families Advisory Committee liaison and are available for public inspection and copying once the agenda is publicly posted (at least seven days prior to a regular Irvine Children, Youth and Families Advisory Committee meeting). Staff reports can also be downloaded from the City's website at *cityofirvine.org* at least 7 days prior to the scheduled Irvine Children, Youth and Families Advisory Committee meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Irvine Children, Youth and Families Advisory Committee liaison at (949) 724-6749.

#### SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Irvine Children, Youth and Families Advisory Committee regarding any item on this agenda <u>after</u> the posting of the agenda will be available for

public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact Irvine Children, Youth and Families Advisory Committee liaison at (949) 724-6749.

# SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

#### Written Materials/Handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Irvine Children, Youth and Families Advisory Committee. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Irvine Children, Youth and Families Advisory Committee at the time testimony is given.

# CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact Irvine Children, Youth and Families Advisory Committee liaison at 949-724-6647.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 DFR 35. 102-35. 104 ADA Title II)

#### **COMMUNICATION AND ELECTRONIC DEVICES**

To minimize distractions, please be sure all personal communication devices are turned off or on silent mode.

#### **MEETING SCHEDULE**

Regular meetings of the Irvine Children, Youth and Families Advisory Committee are held quarterly on the last Wednesday of every third month at 5:30 p.m. unless otherwise noted. Agendas are available at the following locations:

- Police Department
- Front Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Avenue
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aguatics Center, 4601 Walnut Avenue
- City's web page at <u>cityofirvine.org</u>.

I hereby certify that the agenda for the Irvine Children, Youth and Families Advisory Committee meeting was posted at the main entrance of City Hall and in the posting book located in the Public Safety Lobby of City Hall, 1 Civic Center Plaza, Irvine, California on August 21, 2024 by 5:30 p.m. as well as on the City's web page.

, Committee Liaison

# 1. PRESENTATIONS

# **ITEM 1.1**

# OFFICE OF HEALTH AND WELLNESS UPDATE

(There is no report associated with this item.)

# 2. COMMITTEE REPORTS

# **ITEM 2.1**

# YOUTH OUTREACH REPORT

(There is no report associated with this item.)

# 3. COMMITTEE BUSINESS ITEM 3.1 MINUTES



# **MINUTES**

# IRVINE CHILDREN, YOUTH AND FAMILIES ADVISORY COMMITTEEE REGULAR MEETING

May 22, 2024

Quail Hill Community Center

39 Shady Canyon Drive

Irvine, CA 92603

## **CALL TO ORDER**

The regular meeting of the Irvine Children, Youth and Families Advisory Committee (ICYFAC) was called to order at 5:29 p.m. on May 22, 2024, at Quail Hill Community Center, 39 Shady Canyon Drive, Irvine, California: Chair Diane Gale presiding.

## **ROLL CALL**

Present: 11

Committee Member:

Nakia Best

Committee Member: Committee Member: Committee Member: Wendy Bokota Mariana Bosch Marisa Chacon Minal Chunduru

Committee Member: Committee Member: Committee Member: Committee Member:

Dina Eletreby\* Branda Lin Valerie Sanchez

Committee Member: Chair:

Sherry Tao Diane Gale

Vice Chair:

Phyllis Agran

\*Arrived 5:32 p.m.

Absent:

Committee Member:

Jing Sun

Committee Member: Committee Member:

Sahra Tanikawa Jennifer Wang

# PLEDGE OF ALLEGIANCE

Chair Gale lead the Pledge of Allegiance.

3

# PARTICIPATION IN BOARD MEETING

Rebecca Parmer, Recording Secretary, provided instructions on how to participate in the Committee meeting for those attending via Zoom or in person.

# **INTRODUCTIONS**

Staff introduced Sherry Tao, new member appointed by Irvine Child Care Committee.

#### 1. PRESENTATIONS

## 1.1 OFFICE OF HEALTH AND WELLNESS UPDATE

 Brian King, Assistant City Manager, provided an overview to ICYFAC on the Office of Health & Wellness focus and priorities.

## 1.2 IRVINE UNIFIED SCHOOL DISTRICT PANEL DISCUSSION

- Natalie Hamilton, Director of Mental Health and Wellness, and Kelly Alexander, Mental Health Specialist Supervisor, with Irvine Unified School District (IUSD), provided an overview of the Multi-Tiered Multi-Domain System of Supports that are now being offered to the IUSD high school students and their families.
- Jenny Thai, AVID District Director, provided an overview of the Advancement Via Individual Determination (AVID) program, and their objectives at IUSD.

# 1.3 YOUTH OUTREACH AND IRVINE POLICE DEPARTMENT

 Alvia Lee, Youth Outreach Program Coordinator, and Russell Ziino, Irvine Police Middle School Resource Officer, provided an overview of the Social Education at Middle Schools (S.E.A.M.S) program they hosted at the Irvine Middle Schools.

# **PUBLIC COMMENTS - NON-AGENDIZED ITEMS**

There were no requests to speak.

## **INTRODUCTIONS**

Introductions were moved to the beginning of the meeting after the Zoom instructions.

# ANNOUNCEMENTS/COMMITTEE REPORTS/COMMITTEE UPDATES

- Vice Chair Agran announced that a new Assembly Bill 2866, was introduced for mandatory fencing around pools.
- Steve Knollmiller, Community Services Supervisor, recognized and thanked outgoing members, Marissa Chacon, and Minal Chunduru, for their service, as they graduate from high school and go on to college.

#### 2. COMMITTEE UPDATES

2.1 There were no Committee Reports.

## ADDITIONS AND DELETIONS TO THE AGENDA

There were no additions or deletions.

# 3. COMMITTEE BUSINESS

# 3.1 MINUTES

ACTION: Moved by Committee Member Bosch, seconded by Committee Member Sanchez, and unanimously carried by those members present, (Committee members Sun, Tanikawa, and Wang absent) to approve the minutes of the Irvine Children, Youth and Families Advisory Committee meeting held February 28, 2024.

## **ADJOURNMENT**

Moved by Vice Chair Agran seconded by Committee Member Eletreby, and unanimously carried to adjourn the meeting at 7:24 p.m.

| *                   |                     |   |
|---------------------|---------------------|---|
|                     | DIANE GALE<br>CHAIR |   |
|                     | Date:               | 8 |
| RECORDING SECRETARY |                     |   |

# ITEM 3.2 STRATEGIC PLAN FOR IRVINE CHILDREN, YOUTH AND FAMILIES 2025-2030

# City of Irvine

Strategic Plan for Children, Youth and Families

2025-2030

# Strategic Plan for Children, Youth and Families 2025-2030

# **GUIDING PRINCIPLES**

#### PREVENTION-FOCUSED

Promote healthy behaviors, prevention and educational opportunities, resources and supports for early intervention, and connect people to each other and community resources.

# POPULATION-LEVEL APPROACH

Support, fund, or expand models that aim to reach those who live, work and play in Irvine through a given method or intervention

# **EQUITY**

Make intentional and targeted investments to reach populations where there are disparities in access, lower levels of engagement in services, and/or higher risks for poor outcomes.

# **PARTNERSHIP**

Recognize and build upon existing community resources and partnerships to support City priorities. Where there may be gaps, explore City's capacity to take a more active leadership role development of new initiatives.

# **MEASUREMENT AND EVALUATION**

Commit to ongoing evaluation and measurement of strategies, goals and tactics to ensure effectiveness.

# Strategic Plan for Children, Youth and Families 2025-2030

# **Overarching Goals**

Enhance Cross
Sectional &
Interdepartmental
Engagement

Reduce Health Disparities

Promote Healthy
Child
Development &
School Readiness

Strengthen Healthy Youth Development

Support a Safe, Secure and Inclusive Community

# Office of Health & Wellness and Community Services

# **Community Services**

- School Based Programming
- Youth-related
   Programs & Activities
- Volunteerism

Inclusivity & Equity

Multicultural Focus

Evaluation & Metrics

Prevention & Education

# Health & Wellness

- Navigation Services
- Child Care Coordination
- Mental Health
- Social Drivers Of Health Support

# **Projected Timeline**



# GOAL #I – Enhance Cross Sectional and Interdepartmental Engagement

# **Strategy 1: Develop Models to Support Navigation Services**

Tactic 1: Establish a City-wide navigation system with area expert navigators (HW)

Tactic 2: Link Community Services Department resources to City-wide navigation system (CS & HW)

Tactic 3: Utilize existing Community Centers as resource hubs (CS & HVV)

# **Strategy 2: Establish a Mental Health Collaborative**

Tactic 1: Host a quarterly mental health collaborative meeting (HW)

Tactic 2: Explore inclusion of key community partners (HW)

# **GOAL #2 – Reduce Health disparities**

# Strategy 1: Provide Support To Families in Need

Tactic 1: Assess need to expand and/or create new programs related to housing, food security, health and mental care, transportation and education (HW)

Tactic 2: Increase access to programs that impact Social Drivers of Health (such as financial, education, mental & physical health) (CS & HW)

Tactic 3: Establish City of Irvine Family Resource Center (HW)

# **Strategy 2: Increase Community Outreach and Education**

Tactic 1: Develop accessible public awareness outreach strategies to inform Irvine children, youth and families in areas where they live, work, and play (CS & HW)

# **Strategy 3: Explore Development of Youth Outreach Wellness Center or Teen Center**

Tactic 1: Identify possible existing facilities that could support this function (CS)

Tactic 2: Identify potential operating model to support health, wellness, and development (CS & HW)

# GOAL #3 – Support Healthy Child Development & Increase Readiness for School

# Strategy I: Improve the Social and Emotional Wellbeing of Young Children and Their Families

Tactic I: Increase parents and families understanding of child development, particularly the connection between social and emotional development and behavior and mental health, by dissemination of public awareness and education materials (HW)

Tactic 2: Expand awareness of parent education opportunities and other support services for children and families (HW)

# Strategy 2: Support the Development of a Stronger Child Care Workforce

Tactic I: Build community awareness of the value of the early childhood education workforce (HW)

Tactic 2: Identify professional development needs and work with community partners to provide or connect to training opportunities for early learning professionals (HW)

Tactic 3: Provide training opportunities to City recreation staff and external family, friend and neighbor child care providers (CS & HW)

# Strategy 3: Increase Access to Quality Early Learning Opportunities

Tactic I: Expand supplemental early learning opportunities in public spaces and community locations frequented by families with young children (HW)

Tactic 2: Provide training to licensed child care centers and family child care homes on County subsidy programs (HW)

Tactic 3: Increase collaborations between early childhood education programs and community partners that provide mental health and behavioral supports to child care programs and families (HW)

# **GOAL #4 – Strengthen Healthy Youth Development**

# Strategy I: Increase Mental and Social Emotional Health & Reduce Risky Behaviors

- Tactic I: Collaborate with the Office of Health & Wellness to effectively and consistently implement prevention and education programs and activities (CS & HW)
- Tactic 2: Explore increasing the number of School Resource Officers (SRO) (PD)
- Tactic 3: Explore expansion of the Youth Outreach Division, including SEAMS program, to all schools from K-12 (CS)
- Tactic 4: Promote healthy social media and digital device use among children & youth (CS)

# Strategy 2: Implement Mentorship, Leadership and Civic Engagement Opportunities

- Tactic I: Explore new and/or expansion of existing youth and peer to peer mentoring programs (CS)
- Tactic 2: Implement a Youth in Government program or Community Services internship opportunity (CS)
- Tactic 3: Implement leadership skill development education and programming opportunities (CS)

# **Strategy 3: Expand Community Service and Volunteerism**

- Tactic I: Explore opportunities to expand the Youth Action Team to district elementary schools (CS)
- Tactic 2: Increase outreach to the community regarding volunteer opportunities for underserved populations (CS)

# **Strategy 4: Improve Post-Secondary Success**

- Tactic I: Support the expansion of school district Advancement Via Individualized Determination (AVID) programs (CS)
- Tactic 2: Expand Youth Outreach services for college preparation and career planning (CS)
- Tactic 3: Establish City internal career development resource center with City-based work and internship (CS) opportunities

# GOAL #5 - Support a Safe, Secure, and Inclusive Community

# Strategy I: Increase the Sense of Belonging

Tactic I: Utilize Community Centers as venues for community engagement (CS & HW)

Tactic 2: Support events that foster community pride and belonging (CS & HW)

Tactic 3: Empower and provide resources for families to host neighborhood events that promote engagement and connection (CS & HW)

Tactic 4: Design a public education campaign to promote engagement and social development among families with young children in their own neighborhoods (CS & HW)

# **Strategy 2: Expand Multilingual Outreach and Support**

Tactic I: Explore models of education and public awareness in multiple languages (CS & HW)

Tactic 2: Establish partnerships for effective education and public awareness of City resources at faith based or cultural centers (CS & HW)

Tactic 3: Expand staff translator or multilingual program (CS & HW)

# Strategy 3: Prioritize Spaces, Services and Programming for Underserved Populations

Tactic I: Allocate and/or increase staff resources to serve targeted neighborhoods and specific populations (CS & HW)

Tactic 2: Establish partnership with school district McKinney Vento programs to support accessible programming (CS & HW)

# **Strategy 4: Support City-wide Inclusivity and Equity Efforts**

Tactic I: Link underserved communities to available resources (CS & HW)

Tactic 2: Develop training model to equip staff in supporting underserved communities (CS & HW)

Tactic 3: Explore cross-sectional staffing models to include Disability Service Aides at Community Centers (CS & HW)

# Strategic Plan for Children, Youth and Families Implementation Matrix

# GOAL #I - Enhance Cross Sectional and Interdepartmental Engagement

|   | YEAR 1   | YEAR 2   | YEAR 3   |
|---|--|--|--|
| Strategy 1:<br>Develop Models to Support<br>Navigation Services | <b>TACTIC 1:</b> Establish a City-wide navigation system with area expert navigators                                 | <b>TACTIC 2:</b> Link Community Services Department resources to City-wide navigation system | <b>TACTIC 3:</b> Utilize existing Community Centers as resource hubs |
| Strategy 2:<br>Establish a Mental Health<br>Collaborative       | TACTIC 1: Host quarterly mental health collaborative meetings  TACTIC 2: Explore inclusion of key community partners |  |  |

# **GOAL** #2 – Reduce Health Disparities

|  | YEAR 1  | YEAR 2  | YEAR 3                 |
|--|---|---|------------------------|
| STRATEGY 1:<br>Provide Support to Families<br>in Need                            | <b>TACTIC 1:</b> Assess need to expand and/or create new programs related to housing, food security, health and mental care, transportation and education | <b>TACTIC 2:</b> Increase access to programs that impact Social Drivers of Health (such as financial, education, mental & physical health)                                  | Family Resource Center |
| STRATEGY 2:<br>Increase Community<br>Outreach and Education                      |   | <b>TACTIC 1:</b> Develop accessible public awareness outreach strategies to inform Irvine children, youth and families in areas where they live, work, and play             |                        |
| STRATEGY 3: Explore Development of Youth Outreach Wellness Center or Teen Center |   | TACTIC 1: Identify possible existing facilities that could support this function  TACTIC 2: Identify potential operating model to support health, wellness, and development |                        |

# GOAL #3 - Support Healthy Child Development and Increase Readiness for School

|   | YEAR 1  | YEAR 2  | YEAR 3 |
|---|---|---|--------|
| STRATEGY 1:<br>Improve the Social and<br>Emotional Wellbeing of<br>Young Children and Their<br>Families | TACTIC 1: Increase parents and families understanding of child development, particularly the connection between social and emotional development and behavior and mental health, by dissemination of public awareness and education materials | TACTIC 2: Expand awareness of parent education opportunities and other support services for children and families   |        |
| STRATEGY 2: Support the Development of a Stronger Child Care  |   | <b>TACTIC 1:</b> Build community awareness of the value of the early childhood education workforce  |        |
| Workforce   |   | TACTIC 2: Identify professional development needs and work with community partners to provide or connect to training opportunities for early learning professionals |        |
|   |   | <b>TACTIC 3:</b> Provide training opportunities to City recreation staff and external family, friend and neighbor child care providers                              |        |
| STRATEGY 3: Increase Access to Quality Early Learning Opportunities                                     | learning opportunities in public spaces   | <b>TACTIC 2:</b> Provide training to licensed child care centers and family child care homes on County subsidy programs   |        |

| GOAL #4 - Strengthen Healthy Youth Development   |  |   |   |
|--|--|---|---|
|  | YEAR 1   | YEAR 2  | YEAR 3  |
|  | <b>TACTIC 1:</b> Collaborate with the Office of Health & Wellness to effectively and consistently implement prevention and education programs and activities |   |   |
|  | <b>TACTIC 3:</b> Explore expansion of the Youth Outreach Division, including SEAMS programs, to all schools from K-12  |   |   |
|  | <b>TACTIC 4:</b> Promote healthy social media and digital device use among children and youth  |   |   |
| STRATEGY 2:<br>Implement Mentorship,<br>Leadership and Civic<br>Engagement Opportunities | <b>TACTIC 1:</b> Explore new and/or the expansion of existing youth and peer to peer mentoring programs  | TACTIC 2: Implement a Youth in Government program or Community Services (CS) internship opportunity  TACTIC 3: Implement leadership skill development education and programming opportunities |   |
| STRATEGY 3: Expand Community Service and Volunteerism                                    | <b>TACTIC 1:</b> Explore opportunities to expand the Youth Action Team to district elementary school sites   | <b>TACTIC 2:</b> Increase outreach to the community regarding volunteer opportunities for underserved populations   |   |
| STRATEGY 4:<br>Improve Post-Secondary<br>Success   | <b>TACTIC 1:</b> Support the expansion of school district Advancement Via Individualized Determination (AVID) programs                                       | <b>TACTIC 2:</b> Expand Youth Outreach services for college preparation and career planning.  | <b>TACTIC 3:</b> Establish City internal career development resource center with City-based work and internship opportunities |

| GOAL #5 - Support a Safe, Secure, and Inclusive Community                           |   |   |  |
|---|---|---|--|
|   | YEAR 1  | YEAR 2  | YEAR 3   |
| STRATEGY 1:<br>Increase the sense of<br>belonging                                   | TACTIC 1: Utilize Community Centers as venues for community engagement  TACTIC 2: Support events that foster community pride and belonging                                | — ·   | <b>TACTIC 3:</b> Empower and provide resources for families to host neighborhood events that promote engagement and connection |
| STRATEGY 2:<br>Expand Multilingual<br>Outreach and Support                          | <b>TACTIC 1:</b> Explore models of education and public awareness in multiple languages   | <b>TACTIC 2:</b> Establish partnerships for effective education and public awareness of City resources at faith based or cultural centers | <b>TACTIC 3:</b> Expand staff translator or multilingual program   |
| STRATEGY 3: Prioritize Spaces, Services and Programming for Underserved Populations | <b>TACTIC 2:</b> Establish partnership with school district McKinney Vento programs to support accessible programming   |   | <b>TACTIC 1:</b> Allocate and/or increase staff resources to serve targeted neighborhoods and specific populations             |
| STRATEGY 4: Support City-wide Inclusivity and Equity Efforts                        | TACTIC 1: Link underserved communities to available resources  TACTIC 3: Explore cross-sectional staffing models to include Disability Service Aides at Community Centers | <b>TACTIC 2:</b> Develop training model to equip staff in supporting underserved communities  |  |

# RECOMMENDED ACTION

Advise the Community Services Commission to recommend City Council adopt the Strategic Plan for Children, Youth and Families 2025 through 2030.



# REQUEST FOR IRVINE CHILDREN, YOUTH, FAMILIES ADVISORY COMMITTEE ACTION

**MEETING DATE:** 

AUGUST 28, 2024

TITLE:

STRATEGIC PLAN FOR IRVINE CHILDREN, YOUTH AND

**FAMILIES 2025-2030** 

**Director of Community Services** 

## RECOMMENDED ACTION

Advise the Community Services Commission to recommend City Council adopt the Strategic Plan for Children, Youth and Families 2025 through 2030.

## **EXECUTIVE SUMMARY**

In Fall 2022, the City of Irvine (City) partnered with Health Management Associates, Inc. (HMA) to perform a planning process for the development of a five-year Strategic Plan for Children, Youth and Families. The City adopted the first Children, Youth and Families Strategic Plan in 2008 (2008-2013), followed by an update from 2013 through 2018. The Irvine Children, Youth and Families Advisory Committee (ICYFAC) is an advisory body to the Community Services Commission (CSC) tasked with providing ongoing review and evaluation of the City's children, youth and family related initiatives, and therefore advises on related strategic planning efforts.

The process to develop a new five-year Strategic Plan for Children, Youth and Families 2025 through 2030 (Plan), transpired from Fall 2022 through Summer 2024. Steps taken include a landscape assessment, data mining and data mapping, stakeholder engagement and community outreach, planning sessions with ICYFAC Sub-Committee members and City staff, and coordination and alignment with the new Office of Health and Wellness. Information gathered in this process led to the development of five goals: Enhance Cross Sectional and Interdepartmental Engagement; Reduce Health Disparities; Promote Healthy Child Development and School Readiness; Strengthen Healthy Youth Development and Support a Safe, Secure and Inclusive Community. These efforts yielded a comprehensive record of recommendations to address the needs of children, youth and families in Irvine. A draft of the Plan (Attachment) is presented for ICYFAC review.

## **ANALYSIS**

At its regular meeting on August 25, 2021, ICYFAC recommended a new and updated Strategic Plan for Children, Youth and Families. Funding for the Plan was approved by

Irvine Children, Youth and Families Advisory Committee August 28, 2024 Page 2 of 2

City Council on October 26, 2021, and HMA was contracted in Fall 2022 to assist with development of the Plan. HMA led an extensive outreach planning process to aid in the development of a strategic plan reflective of community input and responsive to community needs. The process was carried out over several months and included broad engagement efforts through a community survey (offered in seven languages), youth survey, twelve focus group meetings, three community town halls, fourteen small group forums, and input from ICYFAC, ICYFAC Sub-Committee members, and City staff from the Office of Health and Wellness and Community Services Department. These outreach efforts explored needs, gaps in services, current resources and programs, and best practices to further support the Irvine community.

Utilizing the extensive data collected, guiding principles and five goals with corresponding strategies and tactics were identified. These principles include a prevention and equity focused population-level approach, incorporating partnerships and a measurement/evaluation process to ensure effectiveness.

The Plan is designed to be implemented by the Office of Health and Wellness and Community Services Department, in collaboration with a variety of partners. Once adopted, City staff will regularly present Plan outcomes to ICYFAC. Ongoing monitoring, evaluation and feedback from ICYFAC will ensure the Plan remains relevant to community needs and responsive to changing conditions for children, youth and families who live, work and play in Irvine.

## **ALTERNATIVES CONSIDERED**

- ICYFAC may opt not to advise CSC recommend City Council adoption of the plan. This would delay the presentation to CSC and City Council until after November 2024.
- 2) ICYFAC may opt to advise CSC to recommend City Council adopt the draft Plan with recommended edits.

## FINANCIAL IMPACT

The Plan will be an essential ongoing endeavor, driving programming, staffing allocation, and resource deployment for functions of the Office of Health and Wellness and Community Services Department. Funding for initial implementation of the Plan is included in the City Budget for Fiscal Years 2023-25. Funding for subsequent years will be requested through the City's budget approval process.

REPORT PREPARED BY Kristin Auer, Community Services Manager

# **ATTACHMENT**

Draft Strategic Plan for Irvine Children, Youth and Families 2025 through 2030

City of Irvine

Strategic Plan for Children, Youth, and Families FY 2025-2030

\*DRAFT\*

# Contents

| Strategic Plan Development                          | 3  |
|---|----|
| Approach  | 4  |
| Strategic Goals                                     | 5  |
| Appendices  | 14 |
| Appendix A. Strategic Plan One-Pager                | 14 |
| Appendix B. Summary of Stakeholder Outreach Efforts | 15 |
| Appendix C. Primary and Key Data Sources            | 15 |



# **Executive Summary**

The City of Irvine, with support from Health Management Associates Inc., developed the City of Irvine Strategic Plan for Children, Youth and Families 2025 through 2030 (Plan). The purpose of the Plan is to provide a vision, identify goals and action items, which will guide the implementation of City of Irvine's programming and services to effectively meet the diverse and changing needs of children, youth and families in Irvine. The Strategic Goals build and expand upon current efforts to realize the City's vision to **create and maintain a safe community where children, youth and families thrive emotionally, physically, academically, and socially.** 

# Strategic Plan Development

The 2025 – 2030 Strategic Plan for Children, Youth and Families focuses on priorities for the Community Services Department and the Office of Health and Wellness while recognizing a broader array of services and resources available from other City departments, community partners, and providers to improve outcomes for children and youth.

# Community Services

- School Based Programming
- Youth-related Program & Activities
- Volunteerism

- Inclusivity & Equity
- Multicultural focus
- Evaluation & Metrics
- Prevention & Education

# Health & Wellness

- Navigation Services
- Child Care Coordination
- Mental Health
- Social Drivers of Health Support

The Community Services Department launched the strategic planning process in Fall 2022 to produce a five-year Strategic Plan for Children, Youth and Families in Irvine. The first phase of planning included an extensive landscape assessment that considered both qualitative and quantitative data to identify current community assets and gaps. In addition to reviewing publicly available data (e.g., Annual Report on the Conditions of Children in Orange County, California Health Kids Survey, California Department of Education data), the City also conducted a range of stakeholder engagement activities. These included over 20 focus groups; interviews; town halls; and other meetings with students and representatives from community organizations, city staff, Irvine Unified School District, and elected officials. The City also administered two surveys – City of Irvine Youth Survey and City of Irvine Community Survey – to capture student and family perspective on community

needs, access to services and supports, and program priorities. In total, the surveys garnered over 2,300 responses (1,856 students *and* 554 community members)

With the launch of the Office of Health and Wellness in 2023, the two departments came together to create a joint strategic plan to express shared goals and priorities. A group comprised of representatives from the Irvine Children, Youth and Families Advisory Committee (ICYFAC) and from City departments convened during multiple sessions in 2023 and 2024 to review and respond to data findings and make recommendations on strategic priorities.

# Methodology

An important element of the strategic planning process was defining the City of Irvine's role and value within the larger set of programs and resources provided by key partners such as school districts, health care providers, faith and cultural groups, and other community organizations. The Strategic Plan is grounded in the following five key principles that define what the City – both Community Services and the Office of Health and Wellness – is well positioned to lead. Together, these serve to define the City's approach to promoting the health and development of children, youth, and families:

- PREVENTION-FOCUSED: Promote healthy behaviors, prevention and educational opportunities, resources and supports for early intervention, and connect people to each other and community resources.
- **POPULATION-LEVEL APPROACH:** Support, fund, or expand models that aim to reach those who live, work and play in Irvine through a given method or intervention.
- EQUITY: Make intentional and targeted investments to reach populations where there are disparities in access, lower levels of engagement in services, and/or higher risks for poor outcomes.
- PARTNERSHIP: Recognize and build upon existing community resources and partnerships to support City priorities. Where there may be gaps, explore the City's capacity to take a more active leadership role development of new initiatives.
- MEASUREMENT AND EVALUATION: Commit to ongoing evaluation and measurement of strategies, goals and tactics to ensure effectiveness.

# **Strategic Goals**

Through a collaborative, data-driven, inclusive process, the City arrived at **five goals** that describe the City's approach to supporting children, youth and families over the next five years. The **strategies** describe how the City will accomplish these goals; **tactics** describe the specific actions that the City will undertake to advance the strategies. The City is committed to on-going measurement and evaluation to track progress over the five-year period while maintaining the capacity and flexibility to be responsive to emerging needs and trends.

# Goal 1: Enhance Cross Sectional and Interdepartmental Engagement

Strategy 1.1: Develop Models to Support Navigation Services

Strategy 1.2: Establish a Mental Health Collaborative

# **Goal 2: Reduce Health Disparities**

Strategy 2.1: Provide Support to Families in Need

Strategy 2.2: Increase Community Outreach and Education

Strategy 2.3: Explore Development of Youth Outreach Wellness Center or Teen Center

# Goal 3: Support Healthy Child Development and Increase Readiness for School

Strategy 3.1: Improve the Social and Emotional Wellbeing of Young Children and Their Families

Strategy 3.2: Support the Development of a Stronger Child Care Workforce

Strategy 3.3: Increase Access to Quality Early Learning Opportunities

## **Goal 4: Strengthen Healthy Youth Development**

Strategy 4.1: Increase Mental and Social Emotional Health & Reduce Risky Behaviors

Strategy 4.2: Implement Mentorship, Leadership, and Civic Engagement Opportunities

Strategy 4.3: Expand Community Service and Volunteerism

Strategy 4.4: Improve Post-Secondary Success

## Goal 5: Support a Safe, Secure, and Inclusive Community

Strategy 5.1: Increase the sense of belonging

Strategy 5.2: Expand Multilingual Outreach and Support

Strategy 5.3: Prioritize Spaces, Services, and Programming for Underserved Populations

Strategy 5.4: Support City-wide Inclusivity and Equity Efforts

# **Goal 1. Enhance Cross Sectional and Interdepartmental Engagement**

Interdepartmental or cross-sectional engagement refers to collaborative projects and work that involve employees from more than one department or community-based organization to achieve common goals. Engaging in this kind of collaboration with other departments and non-profits will help drive innovation and overall success in supporting children, youth, and families.

This focus on increased collaboration was a clear theme in stakeholder engagement. A little over half (53%) of community survey respondents agreed that the City of Irvine does a good job of "enhancing and maintaining cross sector partnerships." Input from leaders across the City further emphasized the importance of building on partnership efforts already underway. Interviews and focus groups with leaders of community-based organizations cited gaps in knowledge – not the availability of services – as the biggest challenge to connecting to services, particularly for non-English speaking families.

This goal focuses on opportunities for sharing knowledge and expertise to improve the success on a variety of shared efforts. Strategies include those focused on achieving greater internal City collaboration and external coordination to inform service planning, increase engagement in City services, and address the needs of children and youth.

# **Strategies and Tactics**

# 1.1. Develop Models to Support Navigation Services

- a. Establish a City-wide navigation system with area expert navigators
- b. Link Community Services Department resources to City-wide navigation system
- c. Utilize existing Community Centers as resource hubs

## 1.2. Establish a Mental Health Collaborative

- a. Host quarterly mental health collaborative meetings
- b. Explore inclusion of key community partners

# **Goal 2. Reduce Health Disparities**

The quality of life can differ across groups depending on factors such as family and community, race or ethnicity, education, income, disability, geographic location, gender, or sexual orientation. Individuals or families who identify with one or more of these factors often experience disparate outcomes as compared with others in the community. These recognized health disparities include adverse outcomes in behavior, learning, and social development that are often present throughout youth and continue into adulthood.<sup>1</sup>

Despite significant progress in research, practice, and policy, youth health disparities persist across numerous health areas. For example, African American youth, as compared to white youth, are less likely to get needed diagnostic imaging, face longer waits at emergency rooms, more likely to have surgical complications, and less likely to get diagnosed with and treatment for developmental disabilities.<sup>2</sup> Per a new CDC study, youth who identify as LGBTQ+ reported higher rates of poor mental health and suicidal thoughts and behaviors than their cisgender and heterosexual peers.<sup>3</sup> Many other examples of health disparities, including those in other demographic groups and particular geographic communities in Irvine, exist. (*See data referenced under Goal 5.*)

This goal focuses on efforts to reduce health disparities. Strategies consider how to increase community awareness of existing programs and services; to increase concrete supports to families to address the social determinants or drivers of health; and to establish designated locations across the City where children, youth, and families can access resources and supports.

# **Strategies and Tactics**

# 2.1 Provide Support to Families in Need

- a. Assess need to expand and/or create new programs related to housing, food security, health and mental care, transportation and education
- b. Increase access to programs that impact Social Drivers of Health (such as financial, education, mental & physical health)
- c. Establish City of Irvine Family Resource Center

## 2.2 Increase Community Outreach and Education

a. Develop accessible public awareness outreach strategies to inform Irvine children, youth and families in areas where they live, work, and play

# 2.3 Explore Development of Youth Outreach Wellness Center or Teen Center

- a. Identify possible existing facilities that could support this function
- b. Identify potential operating model to support health, wellness, and development

<sup>&</sup>lt;sup>1</sup> https://www.cdc.gov/healthyyouth/disparities/index.htm

<sup>&</sup>lt;sup>2</sup> https://www.thelancet.com/series/racism-child-health-USA

https://abcnews.go.com/Health/40-lgbtq-youth-considered-suicide-past-year-cdc/story?id=112604907

# Goal 3. Support Healthy Child Development and Increase Readiness for School

Children's early development has a profound impact on long-term outcomes in education, physical health, socialization, and behavioral health. For example, between birth and age three, sensory pathways, such as hearing, language, and cognitive function, are at their fastest rate of development.<sup>4</sup> Building a strong foundation during these early years of life – through, for example, quality early childhood education, prevention and early intervention services – helps young children develop the skills they need to become well-functioning adults.

All public schools in Irvine participate in the Early Development Index (EDI). The EDI is a population-based measure of a child's development in five key developmental areas: physical health, social competence, emotional maturity, language and cognitive development, and communication skills and general knowledge. Irvine has consistently performed above the County average. Irvine's 2022 EDI data shows that 66% of children were developmentally ready for kindergarten (as compared to 52.5% for Orange County as a whole). Among Irvine's kindergarteners, 34% were either vulnerable or at-risk of not being developmentally ready as compared to the County as a whole.

Nearly all parents polled (96%) by the Education Trust West<sup>5</sup> agree that California should be doing more to support the health and wellbeing of infants, toddlers, and preschoolers to ensure they remain developmentally on track from birth throughout childhood. Similarly, input from focus groups with parents of young children and providers in Irvine highlighted opportunities for increased support for child development and school readiness. Focus group participants reported seeing more anxiety in young children, especially post-pandemic, and recommended an increased focus on the social and emotional needs of children. They also recommended parent education on the positive impact of play in developing strong social/emotional skills. Finally, they identified waitlists for childcare for pre-kindergarten children (ages 0-4) as a challenge.

Goal 3 focuses on opportunities to continue to promote healthy childhood development, improve school readiness and increase access to quality early learning opportunities. Strategies consider how to advance a Whole-Child, Whole-Family approach<sup>6</sup> that recognizes that a child's growth and development is impacted by the environment in which they live, grow, and develop. Accordingly, the strategies include activities related to promoting family stability, attending to the physical and behavioral health of all members of the household, and supporting a stronger child care workforce to enhance the capabilities and skills to serve the diverse needs of Irvine children and families.

<sup>&</sup>lt;sup>4</sup> Zero to Three, Why 0-3? <a href="https://www.zerotothree.org/why-0-3/">https://www.zerotothree.org/why-0-3/</a>

<sup>&</sup>lt;sup>5</sup> The Education Trust-West. California Parent Poll: COVID-19 and Early Childhood. <a href="https://west.edtrust.org/california-parent-poll-covid-19-and-early-childhood-2021/">https://west.edtrust.org/california-parent-poll-covid-19-and-early-childhood-2021/</a>

<sup>&</sup>lt;sup>6</sup> First 5 Association of California. A Whole-Child, Whole-Family
Agenda. https://first5association.org/wpcontent/uploads/2021/04/F5ACA WholeChildAgenda 2021 3.pdf

# **Strategies and Tactics**

# 3.1 Improve the Social and Emotional Wellbeing of Young Children and Their Families

- a. Increase parents and families understanding of child development, particularly the connection between social and emotional development and behavior and mental health, by dissemination of public awareness and education materials
- b. Expand awareness of parent education opportunities and other support services for children and families

# 3.2 Support the Development of a Stronger Child Care Workforce

- a. Build community awareness of the value of the early childhood education workforce
- b. Identify professional development needs and work with community partners to provide or connect to training opportunities for early learning professionals
- c. Provide training opportunities to City recreation staff and external family, friend and neighbor child care providers

# 3.3 Increase Access to Quality Early Learning Opportunities

- a. Expand supplemental early learning opportunities in public spaces and community locations frequented by families with young children
- b. Provide training to licensed child care centers and family child care homes on County subsidy programs
- c. Increase collaborations between early childhood education programs and community partners that provide mental health and behavioral supports to child care programs and families

# **Goal 4. Strengthen Healthy Youth Development**

In 2021, the U.S. Surgeon General Dr. Vivek Murthy issued an Advisory report<sup>7</sup> to highlight the urgent need to address the nation's youth mental health crisis. This report outlined the pandemic's unprecedented impacts on the mental health of America's youth and families, while also reminding the nation that these mental health challenges existed long before the pandemic. In May 2023, the Surgeon General released a supplemental advisory report<sup>8</sup> on social media's impact on youth mental health. The report highlighted excessive youth use of social media (an average of 3.5 hours per day with more than a third saying they use social media "almost constantly.").

The City of Irvine Youth Survey from 2023 and qualitative research mirrored national trends in youth mental health. The prevalence of mental health conditions (anxiety and depression) among Grade 7, 9, and 11 Irvine Unified School District (IUSD) students largely matches national data on the most reported mental health issues in public schools. Chronic sadness and/or hopelessness were highest among females, African American, and Hispanic/Latino students irrespective of grade level. During focus groups, City of Irvine middle and high school students cited stress and anxiety, substance use, depression and eating disorders (in descending order) as the most important mental health issues. High school students commented on the highly specific and competitive school environment that requires them to take on a considerable academic and extracurricular load to get into a "good" (i.e., selective) college or university. In those same focus groups, middle and high school students elevated the need for increased access to trained adults and counselors, increased opportunities for peer support, and increased learning and awareness (about how to maintain emotional wellbeing, manage stress, manage conflicts with others, etc.). In addition to youth preferences and needs, key informant interviews with community leaders suggested the need for more family training and educational workshops on child social and emotional development, as well as guidance and resources on mental health.

Goal 4 focuses on opportunities to increase wellness and wellbeing. Per the California Healthy Kids Survey, Irvine youth have higher levels of academic motivation, caring adult relationships, meaningful participation, and school connectedness compared to county and state averages. There's an appetite for ever greater involvement; in the *City of Irvine Youth Survey* (Grades 6-12), at least 70% of youth indicated that they want to be involved and engaged in making Irvine a better place to live, work, play, and go to school. Focus groups with community groups serving children and youth in Irvine rated "social connection and community building" as the top need for Irvine's children and youth. The strategies draw on principles of Positive Youth Development (PYD),<sup>10</sup> which are based on the premise that children and youth succeed and thrive when they have access to networks of supportive adults and opportunities for connectedness.

<sup>&</sup>lt;sup>7</sup> https://www.hhs.gov/sites/defau<u>lt/files/surgeon-general-youth-mental-health-advisory.pdf</u>

<sup>&</sup>lt;sup>8</sup> https://www.hhs.gov/about/news/2023/05/23/surgeon-general-issues-new-advisory-about-effects-social-media-use-has-youth-mental-health.html

<sup>&</sup>lt;sup>9</sup> California Healthy Kids Survey

<sup>&</sup>lt;sup>10</sup> Lerner, R. M. (2009). "The positive youth development perspective: theoretical and empirical bases of a strengths-based approach to adolescent development," in *The Oxford Handbook of Positive Psychology*, eds S. J. Lopez and C. R. Snyder (Oxford: Oxford University Press), 149–163.

# Strategies and Tactics

# 4.1 Increase Mental and Social Emotional Health & Reduce Risky Behaviors

- a. Collaborate with the Office of Health & Wellness to effectively and consistently implement prevention and education programs and activities
- b. Explore increasing the number of School Resource Officers (SROs)
- c. Explore expansion of the Youth Outreach Division, including SEAMS programs, to all schools from K-12
- d. Promote healthy social media and digital device use among children and youth

# 4.2 Implement Mentorship, Leadership and Civic Engagement Opportunities

- a. Explore new and/or the expansion of existing youth and peer to peer mentoring programs
- b. Implement a Youth in Government program or Community Services (CS) internship opportunity
- c. Implement leadership skill development education and programming opportunities

# 4.3 Expand Community Service and Volunteerism

- a. Explore opportunities to expand the Youth Action Team to district elementary school sites
- b. Increase outreach to the community regarding volunteer opportunities for underrepresented populations

## 4.4 Improve Post-Secondary Success

- a. Support the expansion of school district Advancement Via Individualized Determination (AVID) programs
- b. Expand Youth Outreach services for college preparation and career planning.
- c. Establish City internal career development resource center with City-based work and internship opportunities

# Goal 5. Support a Safe, Secure, and Inclusive Community

A safe, secure, and inclusive community is one where people from diverse backgrounds, identities, and abilities feel welcome, respected, safe, and valued. This goal focuses on efforts to increase the sense of belonging for all children, youth, and families and to reduce disparities that affect some key populations in the City of Irvine.

Twenty percent of households enrolled in IUSD are classified as economically disadvantaged. In Irvine, 12 of the 16 schools designated as "Title I schools<sup>11</sup>" are contained within three zip codes – 92604 (4 schools), 92614 (six schools), and 92620 (2 schools). As is often the case in the United States, there is a high correlation between socioeconomic status and race/ethnicity. Two of the three schools with the highest proportion of African American students in IUSD are also located in the 92614 zip code, with all six schools in this zip code having higher than average representation of Hispanic/Latino students (13%-25% compared to a district average of 12%). This geographic concentration of both poverty and race/ethnicity, along with selected indicators of school performance, shows a consistent pattern of disparity. Whether we look at average rates (2019-2021) of high school graduation rates<sup>12</sup>, college eligibility<sup>13</sup>, chronic absenteeism<sup>14</sup>, or non-stability<sup>15</sup>, there are clear gaps for African American/Black and Hispanic/Latino populations, which represent 2% and 12% of IUSD students, respectively.

In the City of Irvine Youth Survey, 12% of middle and high school student respondents self-reported as LGBTQ+. Both that survey and the California Healthy Kids Survey show differences in perceptions, experiences, and attitudes of LGBTQ+ youth compared to their peers. For example, LGBTQ+ students were much less likely to report feeling safe at school. LGBTQ+ student survey respondents were also more likely to prioritize needing help with transportation, finding employment, and accessing resources tied to mental health and well-being. LGBTQ+ youth also perceived access to be more difficult for mentoring (peer and adult), as well as meeting to discuss mental health and wellness.

Students with disabilities (SWD) represent about 9% of IUSD's students, a percentage that is comparable to statewide averages. This population of students represents a wide range or continuum of physical and learning disabilities from mild (e.g., dyslexia) to moderate (e.g., attention deficit hyperactivity disorder) to severe (e.g., individuals classified as emotionally disturbed). With respect to educational performance, SWD typically exhibited the second or third largest achievement gaps of the populations examined.

<sup>&</sup>lt;sup>11</sup> Irvine USD defines Title I schools as those where 20% or more of the student households are eligible for free and reduced priced meals. These 16 IUSD schools receive additional federal funds that are intended to help them close achievement gaps derived from the influence of household poverty. Note: Irvine USD does not allocate Title I funding to high schools.

<sup>&</sup>lt;sup>12</sup> Percentage of students graduating high school in four years.

<sup>&</sup>lt;sup>13</sup> Percentage of high school graduates who completed the entire sequence of A-G courses with a letter grade of C or better and, therefore, were eligible for entrance to both the University of California (UC) and California State University (CSU) systems, as well as other public and private colleges and universities nation-wide.

<sup>&</sup>lt;sup>14</sup> Percentage of students missing 10% or more of the school year. For a typical 180-day instructional year, a student would be coded as chronically absent by missing 18 or more days of school.

<sup>&</sup>lt;sup>15</sup> Percentage of students who were enrolled at the start of the school year (census is typically taken in early October) but changed schools or moved outside the district sometime during the school year. This indicator is a proxy for household mobility, often tied to socioeconomic factors.

Goal 5 highlights efforts both citywide and more targeted efforts to create a safe, secure, and inclusive community. The plan includes initiatives to promote diversity and ensure equitable access to resources and opportunities for everyone. Strategies and tactics aim to establish programs that support underserved groups, create safe spaces for dialogue, foster an environment where cultural differences are celebrated, and promote initiatives that encourage neighborly interactions. Additionally, providing accessible resources and opportunities for engagement, such as community centers, local groups, and volunteer activities, helps build relationships and a shared identity. The strategies also consider how to allocate staff and programmatic resources to support areas and populations with high concentrations of needs and how to create safe, welcoming spaces for learning, recreation, and exploration. By providing training and resources for City staff and community members on issues of equity and inclusion, we are dedicated to creating a welcoming atmosphere for all individuals in our community.

# **Strategies and Tactics**

# 5.1 Increase the sense of belonging

- a. Utilize Community Centers as venues for community engagement
- b. Support events that foster community pride and belonging
- c. Empower and provide resources for families to host neighborhood events that promote engagement and connection
- d. Design a public education campaign to promote engagement and social development among families with young children in their own neighborhoods

# 5.2 Expand Multilingual Outreach and Support

- a. Explore models of education and public awareness in multiple languages
- b. Establish partnerships for effective education and public awareness of City resources at faith based or cultural centers
- c. Expand staff translator or multilingual program

## 5.3 Prioritize Spaces, Services and Programming for Underserved Populations

- Allocate and/or increase staff resources to serve targeted neighborhoods and specific populations
- Establish partnership with school district McKinney Vento programs to support accessible programming

# 5.4 Support City-wide Inclusivity and Equity Efforts

- a. Link underserved communities to available resources
- b. Develop training model to equip staff in supporting underserved communities
- c. Explore cross-sectional staffing models to include Disability Service Aides at Community Centers

# **Appendices**

# **Appendix A. Strategic Plan One-Pager**

# **Goal 1: Enhance Cross Sectional and Interdepartmental Engagement**

Strategy 1.1: Develop Models to Support Navigation Services

Strategy 1.2: Establish a Mental Health Collaborative

# **Goal 2: Reduce Health Disparities**

Strategy 2.1: Provide Support to Families in Need

Strategy 2.2: Increase Community Outreach and Education

Strategy 2.3: Explore Development of Youth Outreach Wellness Center or Teen Center

# Goal 3: Support Healthy Child Development and Increase Readiness for School

Strategy 3.1: Improve the Social and Emotional Wellbeing of Young Children and Their Families

Strategy 3.2: Support the Development of a Stronger Child Care Workforce

Strategy 3.3: Increase Access to Quality Early Learning Opportunities

## **Goal 4: Strengthen Healthy Youth Development**

Strategy 4.1: Increase Mental and Social Emotional Health & Reduce Risky Behaviors

Strategy 4.2: Implement Mentorship, Leadership, and Civic Engagement Opportunities

Strategy 4.3: Expand Community Service and Volunteerism

Strategy 4.4: Improve Post-Secondary Success

#### Goal 5: Support a Safe, Secure, and Inclusive Community

Strategy 5.1: Increase the sense of belonging

Strategy 5.2: Expand Multilingual Outreach and Support

Strategy 5.3: Prioritize Spaces, Services, and Programming for Underserved Populations

Strategy 5.4: Support City-wide Inclusivity and Equity Efforts

# **Appendix B. Summary of Stakeholder Outreach Efforts**

| Activity                        | Total | Stakeholders   |  |
|---------------------------------|-------|--|--|
| Focus Groups                    | 10    | <ul> <li>Students (Middle and High School) (240 students, grades 6-12)</li> <li>Healthcare Providers</li> <li>City Staff</li> <li>Community-based Organizations,</li> <li>Childcare Committee</li> <li>Faith-based/Cultural Leaders</li> <li>Parents of Children with Special Needs</li> </ul> |  |
| Town Halls                      | 3     | <ul><li>Students</li><li>Community Members (2)</li></ul>   |  |
| Meetings                        | 3     | <ul><li>IUSD Representatives</li><li>Councilmember Agran</li><li>Irvine City Manager</li></ul>   |  |
| Interviews                      | 7     | Select Community Leaders   |  |
| City of Irvine Youth Survey     | 1,856 | Middle and high school students (grades 6-12)  |  |
| City of Irvine Community Survey | 554   | Adults living and/or working in the City of Irvine   |  |

# **Appendix C. Primary and Key Data Sources**

- The 29<sup>th</sup> Annual Report on the Conditions of Children in Orange County, 2023
- Kindergarten Readiness Results Early Developmental Index, 2022
- California Department of Education, DataQuest, School Year 2021/22
- California Health Interview Survey, 2021/22
- California Healthy Kids Survey, 2021/22
- CHOC Community Health Needs Assessment, 2022
- OC Community Indicators Report, 2022
- OC Equity Map
- OC Health Care Agency, Mental Health Services Act Needs and Gap Analysis, October 2019

A full summary of key data findings can be found at www.cityofirvine.org/child-care-development/irvine-children-youth-and-families-advisory-committee